

A.S.C. MINUTES for JANUARY 12, 2025

A. Open with a moment of silence followed by the serenity prayer: 2:36 pm by Casey W

B. Reading of:

1. Service Motivation: (Addendum 2) - Stacy J
2. The Twelve Traditions: (addendum 3) - Stacy H
3. The Twelve Concepts: (Addendum 4) - Nate M

C. Open Forum: (up to 15 minutes) (Solution-based discussion on issues raised)

Start Time - 2:40 pm End Time - 3:08 pm

1. Went over website stuff. SEE WEB SERVANT REPORT
2. The Area gave Samantha C a vote of confidence to continue doing what she is doing for the website.

D. Roll Call of ASC:

Executive Committee:

Facilitator- Casey W	Co-Facilitator- Sari M
Recorder- Stacy J	Treasurer- Nate M
RCM- Stacy H	RCM Alt- Samantha C

Sub-Committees:

Lit Chair - Mike VP	PR Chair- Marcy W
H&I Chair- OPEN	PI Chair- Mike H / voted in
Activities Chair- Amber W	Activities Co Chair- Lena G
Phone Line Liaison- OPEN	Web Servant- Samantha C

Visitors: Melissa S, Mark C, Don L, Nate G, Mike H, Iva R, Cory W

GSR's:

Recharge Group - Carter Lake - Mike VP
New Way - Council Bluffs - ABSENT
Vision of Hope - Council Bluffs - Stacy H
Harlan GSF - Harlan - Rod M
Wednesday Atlantic Meeting - Brad B
Let It Be - Council Bluffs - Dave R
New Freedom - Creston - ABSENT
Friday Night Live - Atlantic - Brian V
Against All Odds - Shenandoah - Amber W
Stairway to Freedom - Clarinda - Lena G
New Beginnings - Shenandoah - ABSENT

Just For Today- Red Oak- Michelle S
A Better Life- Glenwood- ABSENT

Vote = 2 TO BLOCK - of groups present = 9

E. Corrections and approval of the last ASC minutes - 9 GREEN (APPROVED)

F. Reports:

Executive Committee:

Facilitator- NO REPORT

Co- Facilitator-

Greetings Area,

We had Atlantic's Annual Caroling Dec 8 th and it was well attend, Thank you all that came! I personally thoroughly enjoyed it.

Following through with what was discussed at last Area, I put 40 packets together with the supplies that we did have for H&I and ordered the rest of what was needed from Literature. The cost is \$55.00. Those packets were brought to subcommittee's today for them to complete and pass out to those who volunteered to pass them out.

Also as requested, I did reach out to Page County Sheriff and Cass County Sheriff and meetings are set for 1/16/25 and 2/7/25. The RCF has not called back.

I am excited for up and coming activities and bringing recovery function into Griswold.

ILS,

Sari M

Recorder-

GREETINGS, From your area recorder,

I hope everyone had a wonderful holiday and a Happy New Year. This month I will be asking for the cost of recorder ink of \$22.25. Everything else is current. I will also be asking this ae to start emailing me all reports from now on so I can get a faster process of the minutes out. I would appreciate this tremendously as typing reports out takes more time. Also I want to let this area know that in May I will be stepping down from my position in hopes that someone else will step up to take minutes. I love doing area service but I need a much needed break for a bit. Thank you for understanding as this was not an easy decision for me. Thanks for letting me serve.

ILS
STACY J

Treasurer-

January 2025 ASC

Starting balance \$2225.61

Donations

Atlantic Wed = \$50

Friday Night Live = \$75

Recharge Group = \$25

New Way = \$10

Just For Today = \$25

Activities Donation (over prudent reserve) = \$560.87

7th Tradition = \$24

Expenses

Rent = \$15 (cash)

Recorder Supplies = \$22.25 (cash)

H&I Supplies (Jail Packet – rubber bands) = \$4.28 (cash)

Literature Expense (H&I Jail Packets) = \$55 (cash)

Ending balance = \$2898.95

RCM-
Greetings Area,

I am glad to have had another successful holiday season. I attended the Interim CAR/CAT with the PLains State Zonal Forum last weekend, and I have attached the document to this report. The motions are found on pages 4-10. I am available by email or text to answer any questions

that your groups may have while reaching a decision. I ask that the GSR's please take these motions back to their homegroups and bring back your groups consensus to the next Area, I need to provide our Area's conscience for these motions to the next Region in February. On that note, I do ask that this be added to the agenda at the February Area to collect this conscience. I am looking forward to the learning day later this month, and as always thank you for letting me serve.

ILS,
Stacy H.
SWINA RCM

RCM ALT- (NO REPORT)

Sub-Committee (Reports & Services):

Literature Chair-

Greetings Area from the literature subcommittee,
Report for December 2024 Submitted for Minutes January 12th 2025
\$4.00 Cash on hand, Cash sales, Wednesday Atlantic \$11.00, Friday Night Live \$28.00 Just For Today \$6.00, A Better Life \$50.00, New Way \$16.00, Total Cash Sales \$111.00, Deposit 12th December 2024 December 15th ordered \$187.75 From ENNA Lit with my own funds which I have yet to reimburse myself, The balance in the checkbook is \$582.71 Checkbook and bank balance agree. Our total Lit Stock is \$2,466.99.

In Loving Service
Mike VP Literature Coordinator

PR Chair-

Greeting area,
Subcommittees are working hard as activities prepare for several events that will be coming up. H AND I is looking forward to getting Cory's resume to take the seat if accepted and we welcome Mike H back to PI. Web service is very busy on creating the new formatted site. We put together packets to be delivered to various places and will be meeting with Page and Cass county jails soon. Thanks for all you do.
ILS Marcy W

H&I Chair- (OPEN)

PI Chair- (OPEN)

Activities Chair-

Greetings ASC, We did confirm that people are bringing 3 main courses to the potluck / mentorship day on the 25th in Villisca. We also confirmed the Chili Cook Off will be hosted in Glenwood. The speakers have been confirmed and we are in the process of ordering trophies. We will be getting together later this month to start to call places for SWINA to be held. We have to have a place locked down by March so that we can make a save the date flyer.

Bids are due-

February- Memorial Day Campout (MAY)

March- Anniversary (JUNE)

April- Basic Function (AUGUST)

ILS
AMBER W

Activities Co-Chair-

Greetings Area, In the Subcommittees meetings we confirmed our Glenwood Chili Cook Off and speaker jam. The flyer has been made and the trophies have been chosen. All speakers have committed to speaking on aspects of service. The potluck/ workshop in Villisca is January 25th. Clarinda and Shenandoah will provide meat with the community of members bringing misc pot luck items. Amber and I intend to get together to make phone calls to lock down a location by March area meeting. Thank You for letting me serve.

mee

ILS
LENA G

Phone Line Liaison- (OPEN)

Web Servant-

Greetings Area,

The BMLT is up to date. The zoom information for area has been removed as voted on in November. If you notice any changes that need to be made please use the submit a meeting change link under the "NA Members" tab once the staging site becomes active. Until the staging site is active, please email info@swina.org any meeting changes that need to be made.

In the January area sharing session we went over the staging website together. The Area decided that the original SWINA minutes will be on the website, unedited. Due to the minutes not being edited (initials taking place of names) the ASC minutes will be password protected with a general password - everyone will have the same password, no username is needed. That password is on the trusted servants list. If someone does not have access to the password, they will have the opportunity to email info@swina.org or submit a request via the contact page on

the website. I will receive both methods of contact on the southwestiowana@gmail.com. Another decision that the Area made with the website was to have 2 different pages for digital literature. The reason for this is because the desktop version works on a mobile device but it is not easily readable. Therefore if someone clicks the "Free NA Literature" tab they will be taken to the page with all literature. From there, the top of the page states "Click here for mobile friendly literature". Below that line is 3 sections of literature; booklets, IP's and Group Readings. All of this literature was downloaded for free directly from NAWS. The mobile friendly literature does not contain images. It is just the titles of the literature. I believe this page is needed due to legal accessibility reasons. The Area also approved to keep the following changes made to the website. The changes made to the home page contain items such as what "SWINA" means, how the Area was formed (taken from SWINA Area's guidelines), having the region's PSA (public service announcement) video on the main page and to have a couple examples of the registered NA logos. The "About NA" tab has 2 pages added. These pages are "Development of NA" and "New to NA" These pages were taken directly from the Iowa Regions website. The "NA Meetings" tab has no changes made. The "NA Events" tab is basically the same. The only difference to the events page is that at the bottom of the calendar, there is a link to the Iowa Region's social events calendar. The "NA Members" tab has a few changes. The page for "My Account" was removed. As far as I am aware, having an account on the SWINA website did not give someone access to more information than not being logged into an account. The JFT & SPAD readings were moved to the "Other Resources" tab so all the literature can be found under the same tab. Under the "NA Members" tab, the "Documents" tab contains a submenu. This submenu contains the pages for ASC Minutes, Area Guidelines and Forms. Once "ASC Minutes" is clicked on, it directs to a password protected page. Once the general Area password is entered the page will redirect to all the ASC Minutes that the Area has from 2010. The password to access the ASC Minutes page is located on the trusted servants list. If someone does not have access to the ASC Minutes they will have an option to email info@swina.org or complete the contact form which directs to the area's web services email. The Area Guidelines and Forms pages are not password protected. The guidelines tab contains the Area's most current guidelines. The Forms page currently only has the literature order form on it. Any other forms that a member feels should be on this page, please let me know and I can upload forms with the web service committee's approval. Under the main tab for "NA Members" a clean time calculator has been added. I also have added a tab for GSR's to submit meeting changes. If there is a change that needs to be made to a meeting, PLEASE use this form!! The final main tab is "Other Resources". This verbiage was "Contact Us" but it was changed to "Other Resources" due to other material added to the tab. The first link under "Other Resources" is a link to the Contact SWINA page. The difference on the Contact SWINA page is the first portion of the page gives the NA Hotline Number, and then an explanation of the purpose for the phone line. I also made sure to give details about being able to text the hotline number to get a list of meetings near the zip code that was submitted via text. After the phone line information there is a small section about how to get ahold of an area committee member via info@swina.org or the contact form. The contact form is then below. The contact form requires a name, email and has a section for the comment or questions. If a group or individual member of a group has suggestions or an idea for the web services committee - please suggest this contact form to be completed. It is the best way to communicate those types of things. The next link under the

“Other Resources” tab is NA Links, which is links to other NA sites. If you or another member has additional links that are not on this page that may be useful to have on the website, please submit the link via the contact SWINA form. The last link under “Other Resources” is Free Literature. I am aware that not everything looks super great on a mobile device. As far as I have noticed it is mainly the PSA & NA Logos on the main page and the main Free Literature page that look funky. I am working on the PSA & NA Logos to look better, as for the free literature page, that was the purpose of the mobile friendly free literature.

Since the website has been approved by the ASC I have reached out to John (Region IT Facilitator) to get the website switched to the live site. I am hoping that this will be completed by February Area. I know John is very busy but I am doing my best to collaborate with him to get this completed.

I suggest that the ASC start to think about a way to electronically archive documents virtually or to the cloud, etc. This is probably one of the best ways to ensure that the ASC can obtain historical documents when needed. I believe that documents are less likely to get lost or become inaccessible if we store them this way instead of on a flash drive or some physical device. I did not discuss this at the January ASC therefore I will bring it up and add it to my report in February.

In Loving Service,
Samantha C.

Subcommittee Recorder-

Meeting start 1:30

PUBLIC relations

We worked on packets for jails and institutions to be disbursed brought the counties in need. We also gave the completed packets to the person whom volunteered to take them where they needed to go. Thank you for everyone whom helped and volunteered.

Activities

We did confirm 3 people are bringing 3 main courses. We also confirmed chili cook off will be hosted in Glenwood. Speakers have been confirmed and we in process of ordering trophies. Will be getting together later this month to start to call places for swina to be held. We have to have a place lockdown by March so that we can save the date flyer.

In loving service, amber

Greetings area in sub committees we confirmed our Glenwood chili cook off and speaker jam. The flyer has been made and trophies have been chosen. All speakers has committed and speaking on aspects of service. The potluck/workshop in villisca is January 25. Clarinda and Shenandoah will provide a meet with the community of members bringing miscellaneous potluck items. Swina is forefront of our planning. Amber and I will intend to get together to make phone calls to lock down a location by March area meeting. Thank you for letting me serve. Love Lena G

Web services

Went over changes made to web page and approved designs and set up of webpage.

Meeting close 2:29

ILS
SHERRY

Groups:

Recharge Group - Carter Lake -

Greetings SWINA from the Recharge Group Carter Lake Given January 12th 2025, Our total attendance for December 2024 was 51 Addicts and 10 children and or supporters. We welcomed 1 Newcomer, celebrated 1 Thirty Days, celebrated 2 Ninety Days, and 1 Twenty Two Years Clean. Our beginning balance was \$37.00, income of \$39.00, expenses of \$40.00, and ending balance of \$36.00. We have an area donation of \$25.00 and a \$4.00 Lit order. Our topics have been coming out of the Basic Text. The coffee is hot, the hugs are warm, and the recovery journey continues at Recharge Mondays, 7-8pm. 3025 Maybrey Ln, Carter Lake Iowa.

In Loving Service,
Mike VP,
Recharge Group

New Way - Council Bluffs-

Greetings Area from The New Way Group.

Report given January 12, 2025. We are a Step Study Guide Group and are currently on Step 5. In December we had 39 addicts. We celebrated Birthdays with key tags and medallions for 2 Sixty Days, 1 Nine months, 1 Six Years, and 1 Nine Years Clean. Our beginning balance was \$48.00. Our total income was \$44.00. Our total expenses were \$56.00 leaving us with an ending balance of \$36.00. Our Lit order is for \$25.00. Our area donation is \$10.00. Come join us Sunday Nights at 6:45p.m. at Broadway United Methodist Church located at 11 South 1st Street Room 205, Council Bluffs, Iowa.

ILS,
Sam M

Vision of Hope - Council Bluffs - (NO REPORT)

Harlan GSF - Harlan -

Harlan GSF Report for SWINA ASC December 2024

Hello From Harlan GSF Recorder,

A good clear message of recovery is being shared at all 3 meetings and attendance has improved at a couple of our meetings. We celebrated two multi-year birthdays (one 12-year and

one 20-year) in December. There were no newcomers or other clean time celebrations noted. There are no area donations but we do have a couple of literature orders. The H&I report of the Shelby County Jail is as follows: Doug & Nate took a meeting in for men. There was one for women, but the inmate was released early so no meeting was taken in. We will offer another one on 1/14/25.

ILS,

Gaylen P.

Wednesday Atlantic Meeting -
Greetings from Wednesday Atlantic meeting.

My name is Bradley B and I'm an addict. Meetings have been going good with an average attendance of 21. We celebrated a 30 day, 90 day, 9 month and two 1 year key tags. We have a literature order of \$71.71 and a donation of \$50.

I.L.S
Bradley B.

Let It Be - Council Bluffs -
Greetings AREA From Let It Be: We have had a good month. The attendance was very very variable. We had about 185 addicts for the month and we have no area donation. We are still recovering from our last lit order which was quite a bit. We had a business meeting, mostly just housekeeping of the group. That's about all I got. Please stop by and see us.

ILS
DAVE R

New Freedom - Creston - (NO REPORT)

Friday Night Live - Atlantic -
Greetings Area from FNL meeting of NA Atlantic. We have had an average of 30 addicts. We celebrated several milestones of recovery. We have a \$75.00 Area donation and a \$700 klit order. I am looking forward to another year of recovery and area activities.

ILS
BRIAN V

Against All Odds - Shenandoah -

We handed out 2 white key tags and 1- 30 day key tag. We have averaged 10 to 12 members on sunday, 6 members at our lit study on Mondays, and 3 to 4 members at our women's meeting the 1st and 3rd thursday of the month. We have had good attendance even through the holidays.

In Loving Service,
Amber W

Stairway to Freedom - Clarinda -

Hello Area,

This month Stairway to Freedom averaged 15-20 members each week. We celebrated 7- white, 5- 30 days, 3- 60 days, and 4- 90 days key tags. The men in the treatment center were very thankful there was an open meeting on Christmas for them to attend. We are grateful in continuing to spread the message of recovery. Thank you.

In loving service,
Lena G
Clarinda GSR

New Beginnings - Shenandoah - NO We have had constant support from members all over REPORT

Just 4 Today- Red Oak-

Good afternoon and Happy New Year. Just 4 Today meeting in Red Oak is doing Great. We were blessed to have our meeting last month on both christmas eve and new years eve. We have had constant support from members all over the SWINA area and for that I thank you all. Our average group size is 16. We handed out 1 white, 1 green, 3 red, and 1-19 year black key rag and medallion. We took in \$108.00 and after rent and our \$25.00 lit order we are donating \$25.00 to area. I look forward to seeing you guys in Villisca on January 25 th and god bless.

ILS
Michelle S

A Better Life- Glenwood- NO REPORT

G. Financial Requests:

1. Stacy J- operation expense for recorder ink \$22.25
 2. H & I jail packets (rubber bands) \$ 4.28 and Literature Expense H&I (jail packets) \$55.00
- Total Expense \$59.28

H. Unfinished Service:

1. Activities Audit- Nate is working on this and try to have it done by next area.

Stacy H- clarified that since activities does not have checks and at times they have had to use counter checks that most of the receipts have been cash receipts so the audit will be a challenge as there are a lot of receipts to go through. This may take a little time.

I. Current Service

1. Service charge from the bank that we are charged- Mike VP went in and changed all the accounts to electronic so we will not be getting mail on it anymore. Hopefully this will stop the service charge from here on out.

Sari M- Nate, will you check the statement to make sure we are not getting charged anymore?

Nate M- Yes, it was there in December 2024 and there was also a \$9.00 deposit which I have no clue where that came in at.

Casey W- Why don't activities have a card?

Stacy H- I do have a card for activities. I have suggested that Amber W get one to.

2. Cory W for H & I-

Sari M- I would like to waive requirements to 1 year for H & I. We will need a resume from Cory. Not currently working steps but can. Has a current sponsor.

Sari M would like to nominate Cory W.

It was also brought up that Cory would have plenty of help from his sponsor and from other members.

VOTE- to waive guidelines to 1 year - 9 GREEN (APPROVED)

We will vote next month for the H&I Position

3. Mike H for the PI Position-

Marcy W would like to nominate Mike H for the PI Position. Mike Accepted nomination. Will need to submit his resume.

VOTE- 9 GREEN (APPROVED)

4. Is everyone okay with the current work that Samantha C has done on the website?

VOTE- 9 GREEN (APPROVED)

5. Leave the PSA on the website

VOTE- 9 GREEN (APPROVED)

Move PSA from the page and leave it where it is at.

VOTE- 9 GREEN (APPROVED)

6. The free downloadable literature. Do we want to keep it?

VOTE- 9 GREEN (APPROVED)

ADD mobile option to see clearly.

VOTE- 9 GREEN (APPROVED)

Putting SWINA as the password and showing it at top of the minutes.

VOTE- 9 GREEN (APPROVED)

- 7, We need a ADHOC Facilitator and committee to update the H&I, PI, and Subcommittee Guidelines.

Go over and update over zoom- Amber W to facilitate this.

Amber W to get a zoom code and send to the recorder so, the recorder can get sent out to Everyone else including all GSR'S

J. Announcements:

If anyone is upset about functions being duplicated on the same days as other peoples functions we are sorry. Sometimes this does happen but we will make every effort in hopes that this does not happen in the future.

K. 7th Tradition: \$24.00

L. Next ASC: February 9, 2025

M. Closing Treasure Report:

Beginning Balance - \$2,225.61

Ending Balance - \$2,898.95

N. Adjournment (Just for Today, Gratitude Prayer, 3rd Step Prayer or Serenity Prayer)
CLOSED AT : 4:07 pm

RESUME FOR PI POSITION-

My name is Mike Hayes, I'm an addict. I have 17 years clean, I also am currently sponsoring a few guys and unofficially sponsoring/helping a few more. I do have a sponsor and attend meetings twice a week. I have been a GSR for Friday Night Live as well as the Atlantic group of Narcotics Anonymous. I have been in the PI position before and also took the PR chair at the end of my last term for SWINA last year. I finished my duties in those rolls and decided not to continue just so I could have a break to take care of life stuff. I was recently nominated for the PI chair position and accepted, then was voted in contingent on my resume being submitted and approved. I feel like although I don't know everything, I do know how to get things done and created a platform previously that I think I can continue to build on and will do my best to understand and know the guidelines for this position as we go. I might add that I am not doing this for status, ego, or with the wrong motivations. I just want to help in an area that tries to help the still suffering addict find recovery successfully.

Thank You for your consideration in this matter,
Sincerely, Mike H

RESUME H&I POSITION- (DID NOT RECEIVE YET)