

SWINA ASC MINUTES FOR MAY 5, 2024

A. Open with a moment of silence followed by the Serenity Prayer at - 2:37 pm

B. Readings of:

1. Service Motivation: (Addendum 2) read by- Nate M
2. The Twelve Traditions: (Addendum 3) read by- Melissa S
3. The Twelve Concepts: (Addendum 4) read by - Stacy J

C. Open Forum: (up to 15 minutes) (Solution-based discussion on issues raised)

Start at- 2:42pm End at - 2:49pm

A. Pat and Amy M is a no go for SWINA

Nate M- Ragbrai will affect Atlantic possibly Creston. How do we want to handle that and meetings? In the past we coordinated something.

Nate asked Sam C if council bluffs does anything?

Sari M- Does council bluffs hold a meeting for this?

Nate M- Glenwood, Red Oak Sunday night and Atlantic Monday night. We can put a flier out on the Regional Website. We have used my parents house before.

D. Roll Call of ASC:

Executive Committee- Casey W
Facilitator - Co-Facilitator – Sari M
Recorder - Treasurer – (TEMP) Stacy J
RCM – Stacy H- (ABSENT) with report
RCM ALT- Samantha C

Sub-Committees:

Lit-Chair – Mike VP
PR-Chair - OPEN
H&I-Chair – OPEN

PI-Chair – OPEN
Activities Chair - Amber W
Activities Co Chair – Iva R
Phone line Liaison- OPEN
Web Servant – Dave R

Visitors - Melissa S, Mark C

GSRs:

1. Recharge Group- Carter Lake- Mike VP- written
2. New Way – Council Bluffs- Sam M- written
3. Vision of Hope – Council Bluffs- Stacy H- absent
4. Harlan GSF- Harlan - Stacy J- written
5. Wednesday Atlantic Meeting -Brad B- written
6. Let It Be - Council Bluffs - Dave R- absent
7. New Freedom – Creston -absent
8. Friday Night Live- Atlantic -Brian V- written
9. Against all odds- Shenandoah - Amber W-written
10. Stairway to Freedom - Clarinda - Amber W- written
11. New Beginnings- - Shenandoah - absent

Vote = 2 to BLOCK of groups present = 6 GROUPS PRESENT

E. . Corrections and approval of the last ASC minutes: Unanimous (APPROVED)

F. Reports:

1. Executive Committee:

Facilitator -

Dear A.S.C. I want to THANK YOU for the opportunity to serve you as facilitator. I will do my best to serve this body and our area. My goal this year is to do my absolute best and be of help to everyone in our area that needs it. Again Thank You for this opportunity.

ILS

CASEY W

Co-Facilitator –

Greetings Area from CO Fac,

My name is Sari and I am an addict. I ask that GSR's please take back to groups the need for

Workgroup Facilitators for H&I, PI, PR and Phoneline. I will manage these to the best of my

ability and serve Area as I can, but we need willing facilitators.

Today for H&I we created a

master list of resources of people who are trained and willing to be back or serve as needed.

For PI, we are asking GSR's to take back to groups willingness to have PI booths at their

perspective county fairs? The groups would be responsible for staffing with individuals who

have been PI trained as we have no PI facilitator. I appreciate the opportunity to serve this

Area.

ILS,

Sari M

Recorder - NO REPORT

Treasurer –

Beginning balance = \$5189.25

Donations-

Wednesday Atlantic = \$50

Recharge Group = \$100 total (\$40 from April & \$60 from May)

New Way Group = \$10 total (\$5 from April & \$5 from May)

7th Tradition = \$10

Expenses

\$15 = Rent to church

\$50 = Operating Expense (ink)

\$274.18 = Stacy Hudson (Region expense)

\$1500 = Regional Donation

Ending balance = \$3520.07

ILS

NATE M

RCM –

Greetings area,

My apologies for missing the area. I do not have a report for today, but I do have a financial request attached for the upcoming Region in Mason city for 2 nights stay. Total request is \$274.18. As it is a longer drive I am requesting the night before as well. As always, thank you for letting me serve.

ILS, Stacy H

Sent from my iPhone

One attachment • Scanned by Gmail

SEE ATTACHED RECEIPT

RCM-ALT – NO REPORT

2. Sub-Committee (Reports & Services)

Lit-Chair –

Greetings Area from the literature subcommittee,

Report for April 2024 Submitted for Minutes May 5th 2024

Lit Orders 217984-86, 217988-90 Cash sales \$309.00, Lit order 217987 Check for \$45.60,

Total deposited on April 20th 2024, \$354.60 I withdrew \$440.00 for the ENNA Lit Order

\$445.83 on March 24th. I have yet to withdraw the \$5.83 to compensate me for the

remainder I took out of pocket. Lit Order 217991 Check for \$35.28 and Order 217992 cash

\$6.00 Total Deposit on 04302024, \$41.28 The balance in the checkbook is \$710.86

Checkbook and bank balance agree.

In loving Service,

Mike VP

PR-Chair -
H&I-Chair – OPEN
PI-Chair – OPEN
Activities Chair -
Activities Co Chair –
Phone line Liaison-
Web Servant –

3. Groups:

Recharge Group- Carter Lake-

Greetings SWINA from the Recharge Group Carter Lake,

Our total attendance for April 2024 was 77 addicts and 11 children and or supporters. We welcomed 1 Newcomer, celebrated 3 Sixty Days, and 1 Eighteen Years clean. Our beginning balance was \$52.00, income of \$92.00, expenses of \$76.00, and ending balance of \$68.00.

We have \$40.00 area donation and a \$7.00 Lit order.

Our topics have been coming out of the Basic Text. The coffee is hot, the hugs are warm, and the recovery journey continues at Recharge Mondays, 7-8pm. 3025 Maybrey Ln, Carter Lake Iowa.

In Loving Service,

Mike VP,

Recharge Group

New Way – Council Bluffs

Greetings AREA from the New Way Group. We are doing stunningly at this time. We are a step study group and are on step 12. In April we had 39 addicts. We celebrated Birthdays with key tags and medallions for 1-newcomer, 1-60 days, and 1-6 months. Our beginning balance was \$27.00. Our total income was \$37.00. Our expenses were \$38.00. Thus leaving us an ending balance of \$26.00. We have no lit order at this time. Our area donation is \$5,00. Come join us on Sunday Nights at 6:45 pm at Broadway United Methodist Church located at 11 south 1st street room 205 in Council Bluffs Iowa.

ILS

SAM M

Vision of Hope – Council Bluffs- ABSENT

Harlan GSF- Harlan
Greetings Area, From Harlan GSF.

For the month of April Harlan has celebrated an average of 4-8 addicts in attendance each week, we have celebrated 4 in between birthdays, we have no lit order at this time, we have no area donations this time.

We are planning our anniversary get together on June 22nd out at prairie rose with a campfire meeting,

Harlan groups are suffering with staying unified at this time, due to some personality conflicts, we are hoping this won't last long so the groups can stay as a harlan group for the addict that still suffers in our area,

ILS

Kim B. Harlan recorder
And Stacy J Harlan GSR

Wednesday Atlantic Meeting

Greetings from the Wednesday Atlantic Meeting. My name is Brad and I am an addict. Meetings have been going good. We have averaged 30 members in attendance. We had 16 newcomers. We handed out 16 white key tags, 7- 30 days, 1- 60 day, 1-90 day and a 5 year medallion. We have a lit order of \$45.00 and an area donation of \$50.00.

ILS
BRAD B

Let It Be - Council Bluffs - ABSENT (NO REPORT)

New Freedom – Creston - ABSENT (NO REPORT)

Friday Night Live- Atlantic

Greetings AREA from FNL. Meetings average 24 addicts. We have had 2-newcomers, celebrated 1-30 day, 1-90 day, and a 5 year. Meetings have been full of positive recovery. We have a lit order of \$66.57

ILS
Brian V

Against all odds- Shenandoah

Dear ASC,

We have had a really good month! We average 8 to 11 members every Sunday. Our Lit study on Monday nights averages 6 to 7 members, and Our women's group that meets the 1st and 3rd Thursdays of the month averages 6 to 7 members. We have welcomed 2 newcomers and handed out 2 white key tags and 1- 9 month key tag. We are looking forward to the Memorial Day Campout.

In Loving Service,
Amber W.

Stairway to Freedom - Clarinda

Dear ASC,

Our meeting is continuing to grow!! They even moved us into a bigger room inside the treatment center!!! We are averaging 10 to 15 members a week, we welcomed 4 newcomers this months and handed out 4 white key tags, 2- 30 day key tags, 1- 60 day key tags, and 1- 90 day key tag. We also told Zion that we would bring extra flyers in so that they can post them in our old meeting room for their outside Zion classes.

In Loving Service,
Amber W.

New Beginnings- - Shenandoah- no report

G. Financial Requests:

- A. STACY J- recorder expense -ink for may and june= \$50.00 (APPROVED)
- B. STACY H- RCM hotel costs for Region 2 nights \$274.18 (APPROVED) 6 green

H. Unfinished Service:

- 1. Guidelines - Need to review with our groups and bring back a vote to next area. ARTICLE 1-10
- 2. Bids for SWINA shirts- Gathering bids will bring back to next area.

I. Current Service

1. Bank account Signatures- Need to get people on the account before next area. Friday afternoons work better need the minutes that reflect when Amber W took over as Activities Chair.
2. Basic event Bids due- Bring back to area in June. Wanting to do a 50's Ice Cream Social.
3. Ragbrai- starts July 21,2024 in Glenwood (Mike VP) and Atlantic July 22, 2024 (Nate M)
4. Phone Line- still open. Melissa S will do some stuff to help her learn the position more for the future.
5. Regional Donation-Starting Balance in treasury is \$5,010.07 that we have. The area agreed to give region \$1,500.00 (UNANIMOUS) 6 GREEN
6. Key Tags- Will be upping the literature stockpile especially white key tags for the treatment center using separate order form. Sari M will reach out to Marcy to let her know what will happen moving forward. Casey and Amber to help bring stuff back if needed.

J. Announcements:

Council Bluffs Group will be doing a GSF at ENNA. Just a FYI

K. 7th Tradition: Area took a 7th tradition of \$10.00

Next ASC: June 9, 2024

M. Adjournment (Just for Today, Gratitude Prayer, 3rd Step Prayer or Serenity Prayer).