

August 11, 2024 ASC MINUTES

A. Open with a moment of silence followed by the Serenity Prayer: 2:43 PM

B. Readings of:

1. Service Motivation: (Addendum 2)- SJ
2. The Twelve Traditions: (Addendum 3) - NM
3. The Twelve Concepts: (Addendum 4) - NM

C. Open Forum: (up to 15 minutes) (Solution-based discussion on issues raised)

Start Time- 2:47 pm End Time- 2:55 pm

- A. DR-There is a new meeting that started in Glenwood. The last location the church itself went under. There will be a new location and the meeting will be requesting a start up kit.
- B. SC- When we start our calendar of events remind everyone that as always when we start new things it takes time for stuff to fluctuate such as attendance, to see how events go. Think of ideas that we can do.
- C. CW- I feel its not worth hiring a DJ because people don't stick around for the dances. Yes we enjoy music but people end up leaving. No use spending money where it's not needed. Could actually use money where it's needed instead.
- D. SM- Just a reminder we need raffle items for SWINA and The Gratitude Dance.
- E. BB- Does all raffle items need to be NA related?
- F. SM- There is nothing that says we have to but it's affiliation that we try to stick to NA things to promote NA itself.

D. Roll Call of ASC:

Executive Committee:

Facilitator -CW

Co-Facilitator – SM

Recorder - SJ

Treasurer – NM

RCM – SH

RCM-ALT – SC

Sub-Committees:

Lit-Chair – MVP

PR-Chair - MW

H&I-Chair – OPEN

PI-Chair – OPEN

Activities Chair - AW

Activities Co Chair – IR

Phone line Liaison- OPEN

Web Servant-SC

Visitors LG, MC, CW, SB

GSRs:

1. Recharge Group- Carter Lake - MVp
2. New Way – Council Bluffs -SM

3. Vision of Hope – Council Bluffs -SH
4. Harlan GSF- Harlan -SJ
5. Wednesday Atlantic Meeting- BB
6. Let It Be - Council Bluffs - DR
7. New Freedom – Creston - ABSENT
8. Friday Night Live- Atlantic - BV
9. Against all odds- Shenandoah -AW
10. Stairway to Freedom - Clarinda -AW
11. New Beginnings- Shenandoah- ABSENT

Vote = 2 TO BLOCK # of groups present = 7

E. Corrections and approval of the last ASC minutes- 7 Green (UNANIMOUS) passed

F. Reports:

1. Executive Committee:

Facilitator -

Dear ASC. I want to thank everyone who helped out with the LUAU and the Ice Cream Social. Both events were great. The LUAU couldn't have had any better weather than it did. It was a beautiful weekend for camping. If you have any willing addicts interested in coming to area, we have several positions still needing to be filled. I want to thank everyone for your service. We couldn't do this without you guys.

ILS

CW

Co-Facilitator –

Greetings Area,

This has been another busy last month. We had 2 people stepping into Service for Subcommittee's. Marcy W in PI and Cory W will be sitting on the H&I committee. Thank you both for your willingness to serve. We successfully had 2 RAGBRAI meetings. Those who attended were grateful we had them. Thanks to Kim P from Red Oak and Mike H from Atlantic for hosting the tenters. The Cass County PI booth was successful.

We provided the public with NA presence and available information. Thank you to Nate, Mike , Brad , Sherry, Brian and Tom for manning the booth. I was able to get Brad and Sherry , PI and H&I trained, Cory H&I trained , Amber and Casey PI trained and Marcy PI trained. Cory and I were able to compile 24 packets for the jail facilities and split them up. 3 of the 6 places requested have been delivered. The Ice cream social was small

but a good time was had. All hoodie orders were turned in and SWINA is set. I will mentor Marcy and Cory in their current roles and I Am hoping after 6 months we can look at voting to bypass guidelines for clean time and move Cory into H&I facilitator. Just giving a heads up. See you all at SWINA.

ILS,

SM

Recorder -

Greetings AREA, Just a reminder please send your reports by email if you can. This makes things much less complicated. I would like to ask that reports be sent to me by the 1st of every month so I can get them out in a timely manner. THANK YOU...

ILS SJ

Treasurer –

Beginning balance = \$3586.18

Donations

New Way = \$10

Recharge Group = \$60

7th Tradition = \$19.75

Expenses

Rent = \$15 (cash)

RCM hotel = \$177.82 (check)

Recorder supplies = \$22.25 (cash)

Key Tag replacement from PI Booth = \$10.08 (cash)

Lit Packets (jails) = \$46.50 (cash)

Regional Donation = \$500 (check)

Ending balance = \$2904.28

RCM –

RCM-ALT –

2. Sub-Committee (Reports & Services)

Lit-Chair –

Greetings Area from the literature subcommittee,

Report for June 2024 Submitted for Minutes August 11th 2024

A Lit order was made to NAWS 06112024 for \$588.62, cash sales, Wednesday Atlantic \$38.00, Friday Night Live \$112.00, Harlan GSF \$10.00, Stairway to Freedom \$37.00, Cash sales to individuals for \$50.00 Total Deposit June 10th 2024 \$247.00, The balance in the checkbook is \$640.01 Checkbook and bank balance agree.

In loving Service,

MVP

Greetings Area from the literature subcommittee,

Report for July 2024 Submitted for Minutes August 11th 2024

I apologize for missing July ASC due to unforeseen circumstances. Cash sales, Wednesday Atlantic \$43.00, Against All Odds \$89.00, Let It Be Check 1009 for \$44.10, Total Deposit July 19th 2024 \$176.10, withdrew \$250.00 For the Lit I got from ENNA for \$258.80, I have yet to get the \$8.80 I took out of pocket. The balance in the checkbook is \$566.11 Checkbook and bank balance agree.

In loving Service,

MVP

PR-Chair -

Web Services is working on heading in the region's direction and getting Email created. They are also working on managing the meeting list. Activities discussed activities that have occurred. They are getting SWINA finalized. Started discussing gratitude dance. H&I has put in a lit order so they can hand out packets to jails and have made phone calls.

ILS

MW

H&I-Chair – OPEN

PI-Chair –OPEN

Activities Chair -

Greetings ASC, Both events went well! The LUAU we had 35 members plus kids. We brought in \$416.00 total between donations, raffles, and pop sales. I reimbursed Iva \$22.00 and myself \$123.00 for ice, pulled pork, and pop. Leaving \$271.00. We had lots of compliments on how good the decorations looked. It was a good turnout. The ice cream social had a smaller turnout with 21 members and families. We had several people dress in 50's attire, We brought in \$64.00 in donations and \$15.00 in 7th tradition. Totaling \$79.00. I reimbursed Sari \$71.00 for ice cream and toppings and gave Stacy H receipts for everything. Everything is in process for SWINA, Iva and I are getting together next Sunday to do final touches. We did get the 18 hoodies ordered so them and the shirts are in process. We ordered 4 cases of precooked, pre seasoned pulled pork at \$278.04. We did have groups agree to bring sides. Harlan- Pasta Salad Atlantic- Baked Beans Shenandoah/Clarinda- Green Beans with Bacon Iva confirmed workshop speakers and she is going to call page county conservation and talk to Charlie about how they want paid and to make sure they have posted that the park is closed to the public August 30th to September 2 for the SWINA event. I am also asking for a vote of confidence for Atlantic Groups to host the Gratitude Dance in Harlan with Activities approval of the flier. We do need raffle items.

ILS

AW

Activities Co Chair –

Greetings ASC, I have reached out to all speakers and workshop people to confirm their service positions and all is well. Amber and I will be going shopping and preparing this weekend for the SWINA campout. Thank You Lena for stepping up to help Amber with the SWINA campout as I will not be there due to World, we appreciate your service.

ILS

IR

Phone line Liaison- OPEN

Web Servant –

Things are going well as far as I know. The web servant services will be handed

off to Samantha C. I have been doing this for a very long time. It's a pleasure to pass it on.

ILS

DR

CO Web Servant-
Greetings Area,

I want to apologize to the ASC for not being in attendance in July. I had some personal stuff going on. I met with John (the Iowa Region Webservant) shortly after the June Area. He informed me that our website has a lot of unneeded information on the back side, the systematic set up. He believes that the SWINA website was created by duplicating the Little Best Region's website. John said that it's highly recommended to not duplicate websites. He suggested a long term goal for the SWINA website would be to create a new webpage. All the information (including the URL) that we currently see now would be exactly the same. The difference is there wouldn't be so many unneeded systematic things and it should help the website run a lot smoother. John said that it is not a task he is able to take on but he would be willing to train the SWINA webservant. John was able to help set up a SWINA email through the region. This email is "info@swina.org". This email address was available under the Iowa Region Websites contact page, but there seems to be a lot of miscommunication between Dave R. and I, and it looks as if it has been removed from the Region's site. A lot of discussion is needed at the August area, then the web servant can get with John to work out the hic-ups in this. But the SWINA email **IS** working. I shared the URL and password with Dave R. As discussed in June, having this email will assist in the area always being able to access what is needed to run our website without using personally made email addresses that use personal email addresses for recovery or needing a phone number to verify before logging in. More discussion on the email situation is needed in August.

I completed some updates on the website & BMLT between the June and July Area. I had the Ragbrai, Ice Cream Social, and the SWINA Campout fliers all posted to the calendar. I didn't get the hoodie order form uploaded onto the website because I was not sure if the Area wanted it on the calendar weekly until the due date or just on the due date, etc. Since this was not an actual event, it was just an order form, I wasn't sure how the Area wanted to go about that. I also didn't have the SWINA Campout service sign up sheet uploaded to the website for the same reason.

The BMLT has been updated according to the list that was passed around at the June Area. It took some time to add the women's meeting in Shenandoah to the list because we do not have an option for every 1st & 3rd Thursday of the month. I wrote it in the "comments" section on the BMLT. If the format does not look as the group would like, please reach out to me and I can discuss another way to have it on the list with John. A meeting at 7:00 PM on Monday's in Shenandoah was also added to the meeting list. The start time for the Monday & Thursday Harlan meetings were changed from 7:30 PM to 7:00 PM. I had a request to change the church name for the Thursday night Harlan meeting, therefore that was completed as well. When I was updating the BMLT, I noticed that some zip codes were not correct. Therefore I googled the addresses to get correct zip codes. As that is probably a very small issue, if you notice any errors with the meeting list please let me know. I will do my best to get to the changes in a timely manner.

John discussed the importance of being as short as possible with using abbreviations and as little words as possible on our meeting list. This is because our Area shares a meeting list with ENNA and we have an abundance of meetings to fit on one page. While having so many meetings is a blessing, we started using the space where people write their phone numbers. As of July 20th, all of the meetings for "The New LiteHouse" in Council Bluffs, takes up an extra line just for the addresses zip code. I suggest that we edit all of those meetings to just read "New LiteHouse" (only removing the word "The") as this would free up 11 lines on our meeting list! I understand the importance of having accurate information on the list but anywhere we can shorten things up while still getting the needed information on the list would help keep a stable format.

In June, the ASC mentioned getting our current minutes posted onto the website. If the area would like minutes posted onto the website, which can be accessed by the public, a discussion is needed on the proper way to do this to protect NA members anonymity. For example, the IRSC decided that a trusted servant removes all members' names on the minutes before the minutes are posted on the website. I recommend doing the same for the SWINA area. I believe it is a task that would not take the webservant(s) long to do. But this would need more discussion during Area as well to figure out exactly what this would look like. This would also require the recorder to send the web servant an editable copy (not a PDF or JPG) of the minutes each month.

In loving service,
SC.
Co-Webservant

NOTE**** THANK YOU DAVE FOR YOUR DECADES OF SERVICE WORK. IT WAS VERY MUCH APPRECIATED****

3. Groups:

Recharge Group- Carter Lake-

Greetings SWINA from the Recharge Group Carter Lake Given August 11th 2024, Our total attendance for July 2024 was 43 Addicts and 7 children and or supporters. We welcomed 1 Newcomer, celebrated 2 Ninety Days, 1 Nine Month, 1 Eighteen Years, 1 Thirty Four Year Clean. Our beginning balance was \$43.00, income of \$81.00, expenses of \$10.00, and ending balance of \$110.00. We have a \$60.00 area donation and \$35.00 Lit order. Our topics have been coming out of the Basic Text. The coffee is hot, the hugs are warm, and the recovery journey continues at Recharge Mondays, 7-8pm. 3025 Maybrey Ln, Carter Lake Iowa.

In Loving Service,
MVP

New Way – Council Bluffs -

Greetings Area from the New Way Group. We are doing spectacular at this time. We are a Step Working Guide Group and are currently on Step Two. In July we had 41 addicts. We celebrated Birthdays with key tags and medallions for 1 newcomer. Our beginning balance was \$62.00. Our total income was \$33.00. Our expenses were \$25.00. Thus leaving us with an ending balance of \$70.00. We have a \$34.00 Lit Order this month. Our area donation is \$10.00. Come join us Sunday Nights at 11 south 1st street room 205, Council Bluffs. The coffee is on and the recovery is free.

ILS, SM

Vision of Hope – Council Bluffs-

Greetings area!

Meetings are going well at VOH. the speaker meetings on Thursday are still a packed house with lots of Experience, Strength, and Hope being shared. We discussed the EIN issue with our bank accounts and will be having further discussion on how to best proceed. More will be revealed. As always thank you for letting me serve.

ILS,

SH

Harlan GSF- Harlan -

Harlan GSF Report for SWINA ASC for July 2024

Hello From Harlan GSF Recorder,

All meetings are going well with a clear message of recovery being shared. However, we are working through a group inventory to help encourage unity. We also recently updated our guidelines to reflect the changes we made in our service structure from 3 GSRs for Harlan to just 1 with a GSR alternate. We enjoyed having a few newcomers at our meetings and celebrating several birthdays, including some that were multi-year clean times. We do not have a new literature order, just a carry-over from last month. We do not have an area donation this month.

The H&I report from the Shelby County Jail is that we are still taking in monthly meetings, but we are struggling to find males willing and able to take meetings in. We owe a huge thank you to Casey W from Shenandoah for helping us with that this past month.

As a trusted servant, SJ. will discuss our vote for the following items during the pertinent time in the meeting. However, I am placing it in the report for additional reference.

- In regards to the Des Moines area opting out of Regional rotation, we are in disagreement. We feel that if expenses are an issue maybe they can check into cheaper locations for rental and we encourage Region to discuss increasing the amount provided to hosting groups. Removing them from the rotation puts an additional hardship on smaller groups that would need to host more often, and ignores the larger issue of inflation for all groups.
- We are not putting any bids in for upcoming events, this includes Regional rotation, Halloween, and the Gratitude Dance. It was the group consensus that we would like to see some unity with the Halloween event with neighboring areas, particularly MANA. Willingness and support in hosting our events has been a struggle and we would like to hold off at this time.

Thank you and ILS, GP.

GSR- SJ

Wednesday Atlantic Meeting-

Greeting from Wednesday Atlantic meeting

My name is Brad B and I am an addict. Meetings have been going well. We have averaged 36 members in attendance and had 12 newcomers this month. We celebrated 12 white, 6 - 30 days, 2 - 60 days, 1 - 90 days, 2 - 6 months and 1 - 2 year medallion. We have a literature order of \$21.21

I.L.S

B B

Let It Be - Council Bluffs -

Greeting Area, I want to let you know that the group is growing well. Our rent takes a huge bite. We have no lit order or area donation at this time. Between 6 to 12 addicts at each meeting.

ILS

DR

New Freedom – Creston - NO REPORT

Friday Night Live- Atlantic-

Greeting Area from FNL in Atlantic. Meetings are strong with 28-30 average and celebrated 5 years. The LUAU was fun as always, good for my personal recovery. Celebrated my 2 years with my sponsor. Grateful to be able to serve at the PI booth at the CASS County fair. We do have a lit order of \$49.93 and no donation at this time. THANKS

ILS

BV

Against all odds- Shenandoah-

All 3 meetings have had a good attendance of 9 to 12 members. We handed out 3 white key tags, 1- 6 month, 1- 1 year and medallion, and a multiple year key tag with a 29 year medallion!

ILS

AW

Stairway to Freedom - Clarinda-

Greetings ASC, Our meetings have continued to Grow. We have been averaging 15 to 20 members. We have handed out 2 white key tags, 1 30 day, 1- 6 month tag and 1 multi year tag with a 6 year medallion.

ILS

AW

New Beginnings- - Shenandoah - NO REPORT

G. Financial Requests:

1. MH- \$46.50 The remainder of stuff for H&I packets 2. SJ- recorder expense for ink \$22.25 3. SH- Regional hotel expense cost for 2 days in Davenport \$177.82 (unanimous) 7 green cards 4. SM- Key Tags replaced from PI Booth \$ 10.08

H. Unfinished Service:

1 vote whether to add Des Moines to area rotation-To add Des Moines into the rotation every 3 years approximately instead of February. They are baffled at the cost of things. It's ineffective for them. Vote was 6 GREEN 1 white (passed)

2. Bank account signatures-Everyone went. Some stuff was discussed and Mike VP will be the contact person for the bank. Waiting to hear back from the bank and they did get all our information.

3. Minutes And Anonymity-Samantha C brought up our full names in the minutes and anonymity. She wants a straw poll to remove personal names to initials only before posting to

the web. Vote was 7 Green (passed) unanimous for initials only.

I. Current Service

1. Bids due for halloween and gratitude dance- Area decided we would support other areas who have a halloween function. Atlantic was given a vote of confidence for their group to host the Gratitude Dance in Harlan this year with activities approval of flier.

2. Changing the New lighthouse on meeting list to save space- Samantha C talked to John at last region. Need to find a way to shorten meeting list because we share with ENNA. If we take out the word "the" in the name we can save 11 to 12 lines which would help. Proposal made to take out the word " the" (PASSED) 7 green unanimous.

3. SWINA service calendar- 3 to 4 weeks ago we only had a SWINA calendar. One of our events did not get posted. We need a new SWINA calendar so our events we be posted on both calendars. SWINA Events Calendar. VOTE was

7 Green (PASSED) unanimous

4. Regional Donation- Amber W proposed we give \$500.00. (passed) 7 Green cards unanimous.

5. Secretary for Sub Committees- Nominated was Sherry B. Do we want to change in our guidelines and add this? 7 Green (UNANIMOUS) more will be revealed.

J. Announcements:

The Drug Problem Fliers will be passed out at area in September so the groups can put them out in October.

K. 7th Tradition: Area will take a 7th tradition to be used to offset the cost of area. \$19.75

L. Next ASC: September 8, 2024

M. Treasurers Closing Report:

Beginning Balance- \$3,586.18

Ending Balance- \$2,904.28

N. Adjournment (Just for Today, Gratitude Prayer, 3rd Step Prayer or Serenity Prayer).