

# SOUTHWEST IOWA NARCOTICS ANONYMOUS

MAY 21 , 2023 AREA MINUTES

WIFI PASSWORD- CASS 51535

1. Open: Moment of silence followed by the Serenity Prayer by Gary R @ 2:30pm

2. Readings:

- a. Twelve Traditions- Stacy J
- b. Twelve Concepts - Melissa S
- c. Service Motivation- Kim B

3. Sharing Session Open 2:36 pm Closed at 2:46 pm.

A. Stacy H- 2 Regional Things to discuss today. Still looking for someone for archives. If interested, contact Stacy H. Also June 3rd- Mana is hosting region. This will show people how things are run. Saturday is subcommittee business and Sunday it's like our area but on steroids.

B. Brian V- Where is everyone today?

C. Dave R- There is a new meeting at the Omni Center called Open Circle. they meet in Room 112. They would like to be put on the meeting list. Questions if they are ready to be put on with a bigger picture. Seems as if they are coming with different Social Backgrounds.

4. Roll Call

## Executive Committee

Facilitator -Gary R  
Recorder -Stacy J  
RCM -Stacy H

Co-Facilitator -Casey W  
Treasurer - Jan S- absent with report  
RCM-ALT - Sari M- absent no report

## Sub-Committees:

Lit-Chair -Mike VP  
H&I-Chair -Wendy C- Absent  
Activities Chair -Samantha C  
Phone line Liaison-Dave R

PR-Chair - Mike H- absent  
PI-Chair -OPEN  
Activities Co Chair -Kim B  
Web Servant -Dave R

Groups:

1. Recharge Group- Carter Lake- Mike VP
2. New Way – Council Bluffs- Sam M
3. Vision of Hope – Council Bluffs- Stacy H
4. Straight Friends – Villisca- Absent
5. Harlan GSF- Harlan- Melissa S
6. Wednesday Atlantic Meeting- Mike H
7. Let It Be - Council Bluffs- Dave R
8. New Freedom – Creston- Absent
9. Friday Night Live- Atlantic- Sari M
10. New Beginnings- Shenandoah- Not Represented / Absent
11. Sisters of Serenity- Council Bluffs- Not Represented
12. Stairway To Freedom- Clarinda- Brian V
13. Red Oak NA Meeting- Absent
14. Against All Odds-Shenandoah- Joanne M

Vote= 5 to Pass

# of groups present= 7

Visitors: Mark C

5. Reports

A. Executive Committee

Facilitator: Verbal

Co Facilitator-

Dear A.S.C.

I would like to thank you all for the opportunity to be Co-Facilitator. I will do my best to help our area grow and improve. Bart asked at the last area what our goals are for this year. My goal as Co-Facilitator is to get as many addicts involved in area as possible and to help in any way I can. I am very excited for the new year and it's possibilities. On another note I will not be at next area I will be in Colorado visiting family.

I.L.S

Casey W.

Treasurer-

May Report 5-22-23

Balance as of March 21,2023

\$990.47

Expenses for April 16,2023

UMC Griswold- rent	\$15.00	\$975.47
Marlene Atilano -Ink	\$18.07	\$957.40
Marlene Atilano- Ink	\$106.72	\$850.68
Deposit March Donations	\$161.00	\$1011.68
Deposit April Donations 4/20	\$420.00	\$1431.68
Expense Stacy H	\$130.23	\$1301.45
Stacy H special request \$89.50 at a later date		

NOTE: I picked up Bank Statements from April 22-March 31,23 for the cost of \$72.18. However I deposited \$72.18 back into account to cover that charge.

BALANCE as of 5-22-23 \$1301.47

Recorder-

Hello from your area recorder. Things are going good. I did order ink last month for printing purposes. The amount came to \$106.72. This included 2 combo packs and 2 black ink. I will order again when its time to print again. Any Questions or concerns please let me know. THANK YOU!

P.S. A little reminder that emailing is much appreciated when it comes to sending me your reports. it works out for copying and pasting purposes. No offense but it's so hard to read everyone's writing. Sorry.

ILS  
STACY J

RCM- no report

RCM ALT- no report

B. Sub Committees

H&I Report- no report

PR- no report

PI- open

PhoneLine- no report

## Webserver-

There is not much really to report. I believe everything is on the website that's supposed to be there. If not please let me know as always this is your website not mine so please visit it look it over and let me know if you see anything amiss. My goals are just to maintain the website and that's all I've got.

## Literature-

Greetings Area from the literature subcommittee,

Report for April 2023 Given May 21st 2023

Lit orders 077218 to 077223 and 077226 \$445.00 cash, 077224 and 077225 Checks Total \$134.46 total deposited \$579.46 withdrew cash \$510.29 on 04252023 for NAWS Lit Order. The balance in the checkbook is \$393.40 Checkbook and bank balance agree.

In loving Service,

Mike VP

## Activities-

# Activities Report 5.21.23

## Greetings Area

During Subcommittees Activities expressed how we needed someone in charge of the activities supplies for the Memorial Day Campout as it has been stated that I will not be there. Casey took responsibility to get the coffee supplies to Pioneer Park. Thanks Casey! Activities was able to get a coffee pot for \$7.36. What to be done about music/DJ for the Luau was also discussed. I spoke with Mike D. He did not want to commit at the moment but if he does DJ it will be \$150. We also discussed just using downloaded music with the speakers and microphone that was donated. This will be our backup plan. I just emailed Dave the Luau flier to post on the website. The flier has already been submitted to the Regional Webservant. The Pioneer Park Reservation Forms have been delegated to

Kim to get filled out and sent back to Pioneer Park. I did already speak with them and they have the dates we just need to get the forms into them ASAP. I have already emailed Kim all the information to complete that. Believe it or not plans for SWINA need to start forming. I need ideas for Workshops, Facilitators, and who the speakers will be. We also plan to have bids by the June Area. Next Area we will need to look at what we want to do with the Saturday Night Meal. Bring ideas please! Jesse M. would like to DJ SWINA again this year. He has asked for 3 shirts (I do not have the sizes at this moment). If we go this route, I strongly suggest we do what was done last year for him, which can be discussed later. Kim is going to run a zoom meeting in hopes to discuss workshops and leaders more - if we do not get many suggestions during Area. This meeting will be held June 4th, 2023 at 12PM.

Meeting ID: 785 941 6238 Passcode: 8Fy9iY

We need people to participate in activities to make SWINA happen! Kim and I cannot do this alone.

Joe's Porta-Pots still needs to get paid, this will get done as soon as we get the activities debit card

(activities does not have checks).Also once we get the activities debit card the trophies for the Luau and SWINA will be ordered, as well as Lei's for the Luau.

ILS,

Samantha C.

May 21st, 2023

Co Activities- no report

### C. Groups

#### Recharge-

Greetings SWINA from the Recharge Group Carter Lake,

Our total attendance for April 2023 was 54 addicts. Our beginning balance was \$71.00, income of \$53.00, expenses of \$70.00, and ending balance of \$54.00. We have an area donation of \$40.00 and a \$16.00 Lit order. Our topics have been coming out of the Basic Text. The coffee is hot, the hugs are warm, and the recovery journey continues at Recharge Mondays, 7-8pm. 3025 Maybrey Ln, Carter Lake Iowa.

In Loving Service,  
Mike VP,  
Recharge Group

#### New Way-

Greetings Area from The New Way Group.We are doing great at this time. We are a Step Working Guide group and we are on step 3. During April we had 78 addicts. We celebrated Birthdays with key

tags and medallions for 2-Newcomers, 1-60 Days, 1-6 Months and 1-Year. Our beginning balance was 30.00\$. Our total income was 70.00\$. Our expenses were 30.00\$. Thus leaving us with an ending balance of 70.00\$. Our Lit Order thus month is 49.00\$. Our area donation is 10.00\$.

ILS,  
Sam M

Visions Of Hope- no report

Straight Friends- No report

#### Harlan GSF-

Hello Area From gsf in Harlan

Overall meetings are going good with a strong message of recovery being shared. We have been averaging 5-12 addicts a week. We have a lit order of \$ 22.00 and have an area donation of

\$20.00 We gave out 2 marbles we had 2 newcomers, We did take a jail meeting in for May the women that went in were Stacy J and Jan S and the guys Johnny C and Doug S took a meeting into the jail thank you. Also today we brought flyers for Harlan anniversary celebration that will happen on July 6th.

ILS  
Your GSR  
Melissa S

Living Clean- not represented

Sisters In Serenity- not represented

Atlantic Meeting- no report

Let It Be-

Greetings from Let It Be. We are moving along nicely. We had 270 addicts at the meeting over the month. We seen 6 newcomers. 3-30days, 4-60days, 5-6months, and 1-multi year oh and MYSELF. I got 38 years and got a chip for that. We have no donation or lit order. we had one last month so we are stocked up and please stop by and check it out. That's all I got.

ILS  
DAVE R

Friday Night Live- no report

Against All Odds-

My name is Joanne. I am the new GSR for the Against All Odds Meeting in Shenandoah. The meeting is doing well. We have had an average of 9 addicts per meeting. We have not handed out any key tags this month and have no lit order.

ILS  
Joanne M

GOALS- continue to grow the meeting and have a lit stock so that we have it available when it's asked for.

Stairway To Freedom-

Greetings Area from Stairway To Freedom Group of NA in Clarinda. We had 6-10 addicts in attendance. We are working to keep recovery growing. We have started to have another meeting on Mondays at 7pm at Zion outpatient meeting. They started it on May 15th, 2023. We will see how it goes.

Im looking forward to the Memorial Day Campout. The fellowship and to be outside hanging with my family.

Goals- My personal goals are to remain clean, stay positive, and focus on what I can do to help fellow addicts looking to find recovery.

Red Oak NA Meeting- no report

New Freedom- not represented

6. Correction and approval of minutes – Passes- (UNANIMOUS)

7. Financial Request-

- A. Stacy H- \$89.50 Heartland Inn for Car/Cat Attendance (unanimous) 7 Green passed
- B. Porta Potties- \$37.16 old bill from last SWINA. Casey W will drop it off and get receipt (unanimous) 7 Green passed

8. Old Service

- A. Who will get mail next month? Mike VP will pick it up
- B. Meeting List update- Casey W will get with Dave R on a Couple Changes
- C. Ad-Hoc committee- Looking into the Community Center in Harlan and Saint Michaels in Harlan. Stacy J will report back with both on price and details.
- D. Opening accounts- Stacy J will meet with the Bank and find out what we all need to make this happen. Need a debit card for activities. Sam will be on vacation.
- E. Open Positions- PI ( public information) Take Back to your groups please

9. New Service

A. Flood Meetings- Monday night Never Alone Group in Harlan at Saint Michael's Rectory from 7:30pm to 8:30pm address 1912 18th street harlan iowa 51537

B. New Beginnings- It's at the ClubHouse and does not want to be a part of our area. Do we keep them on our meeting list? The guy who was doing it will not be here either. They have Good Meetings and attendance. YES to leaving them on the list and YES to taking them off our Agenda.

C. Sisters In Serenity- Might of went to ENNA area. Dave R will find out and bring back to this area. Yes to this.

10. Next area location- Griswold

Next ASC, June 11, 23

7th Tradition- \$10.00