

SWINA ASC Minutes

MARCH 12, 2023

1. **Open-** 2:30 pm by Bart W

Reading of:

- a. Twelve Traditions- Jan S
- b. Twelve Concepts- Sari M
- c. Service Motivation- Kim B

2. **Sharing Session Open 2:35 pm Closed at 3:00pm**

- A. Sari M- ask why we have subcommittees before the area if we are not doing them.
- B. Mike H- HAs SWINA 38 art for everybody to look at and vote on.
- C. Switched our dates for APRIL due to Easter and MAY for mothers day. It is mentioned later in the minutes.

3. **Roll Call**

a. Executive Committee:

Facilitator- Bart W

Co-Facilitator- Gary R

Recorder- Stacy J

Treasurer- Jan S

RCM- Stacy H

RCM-ALT- Dave R

b. Sub-Committees:

Lit-Chair- Mike VP

PR-Chair- OPEN

H&I-Chair- OPEN

PI-Chair- Mike H

Activities Chair- Samantha C

Activities Co Chair- Kim B

c. Groups:

Sisters In Serenity-Council Bluffs- Samantha C

New Beginnings- Clarinda- Brian

Recharge Group-Carter Lake- Mike VP

New Way- Council Bluffs-Sam M-

Vision of Hope- Council Bluffs-Stacy H

Straight Friends- Villisca- Alan C

Harlan GSF- Kim B

Atlantic Meeting- Mike H

Let It Be-Council Bluffs- Dave R

New Freedom- Creston- ABSENT NO REPORT

Red Oak Messengers Meeting- Terrance M

Friday Night Live- Atlantic- Sari M

Against All Odds Shenandoah – Casey W

Living Clean- Shenandoah- not represented

EXECUTIVE REPORTS

Recorder-

Sorry for my absence today and had to join on zoom. Things on zoom were a little choppy so I did the best I could under the circumstances I had. I apologize if anything is missing. I tried to hear everything that needed to go in the notes.

ILS

STACY J

TREASURER

Balance as of February 12th 2023 was \$1,252.68

Deposit of group donations was \$495.12 leaving a balance of \$1,747.80

The groups that donated were Wednesday night Atlantic group Friday Night live new way recharge group
visions of Hope and 7th tradition...

February expenses

Rent for Griswold UMC \$15.00. Leaving balance of \$1,732.80

Janet Snyder for recorder supply \$43.74

(Stapler, Staples, ink, 2 reams paper) leaving a balance of \$1,689.06

Regional donation \$500 leaving a balance of \$1,189.06 as of March 12th 2023

ILS

Jan Snyder

LITERATURE REPORT

Greetings Area from the literature subcommittee,

Report for February 2023 Given March 12th 2023

Lit orders 077208 to 077211 \$206.00 cash deposited on 02172023. withdrew cash \$161.52 on 02272023
for ENNA Lit Order. Orders 077212 and 077213 for Cash \$75.00 which is still on hand. The balance in the
checkbook is \$346.66 Checkbook and bank balance agree.

I regrettably was unable to attend the chili cook-off because I had to work. I hope the learning day was
productive and everyone had a good time.

In loving Service,

Mike VP

RCM – Stacy H- No Report
RCM-ALT- No Report
PHONE LINE- No Report
ACTIVITIES CHAIR- No Report
ACTIVITIES CO CHAIR - No Report

d. GROUPS

Recharge Group carter Lake-

Greetings SWINA from the Recharge Group Carter Lake. Our total attendance for February 2023 was 61 addicts. Our beginning balance was \$66.00, income of \$60.00, expenses of \$35.00, and ending balance of \$91.00. We have an area donation of \$60.00 and a \$21.00 Lit order. Our topics have been coming out of the Basic Text. The coffee is hot, the hugs are warm, and the recovery journey continues at Recharge 7-8pm Mondays, 3025 Maybrey Ln, Carter Lake Iowa.

In Loving Service,
Mike VP,
Recharge Group

New Way, Council Bluffs -

Greetings Area from the New Way Group. We are doing great at this time. We are working out of The Step Working Guide and we are currently on Step Two. In February we had 54 addicts. We celebrated Birthdays with key tags for 3-Newcomers, 1-30 days, 1-18 months and finally 1-6 years. Our beginning balance was 46.00\$. Our total income was 34.00\$. Our expenses were 50.00\$. Leaving us with an ending balance of 30.00\$. Our lit order is 20.00\$. Our area donation is 5.00\$.

ILS,
SAM

Vision of Hope, No Report

FRIDAY NIGHT LIVE- ATLANTIC

Greetings SWINA Family,
Meetings have been going well. FNL continues to thrive and
share a great message

of hope. We averaged about 20 addicts in attendance. We celebrated a newcomer a 30 day, 60 days, several 8 months and 5 year. We have an area donation of and \$75 and no lit order. I have submitted several Logo's for SWINA and I know there are more being submitted today. On a personal note last night I participated in the SEINA Chili Cook off in Shenandoah and I want to thank those members of the Shen meetings! You guys pulled off a great event without Area assistance due to the weather. It was well I attended, lots of chili and 2 great Speakers! I'm ready to kick off some Spring and Summer activities. I think we have a Region coming to SWINA soon and encourage anyone that is available to attend. It's an awesome experience.

ILS,
Sari M

Harlan GSF,

Hello ASC from Harlan GSF Recorder,

All meetings are going well with a clear message of recovery being shared. We have been averaging from 5-9 members. We celebrated 1 new comer, 3 marbles 1-30 day, 1-60 day, 1 90 day, 1-6month, 1-year and 1-5 year congrats to all the b-days. we have no

lit order we have no area donation for SWINA at this time. We went into the jail the 2 guys that took a meeting in the jail were Doug S and Johnny C Thank u so much for your service
ILS
Melissa S recorder
Kim B GSR

Let It Be, Council Bluffs-

Let it be group is doing well. Donations have come up and we have given out many key tags and medallions. We also have a new floor in the lighthouse. Stop by and check it out. We have no donation or lit order at this time.

ILS

DAVE R

Straight Friends- Villisca

Greetings from straight friends
Our meetings have been averaging 4-5 people per meeting. No key tags given this month so far, our Business Meeting will be held this monday. We have no donations for the area at this time. no literature orders at this time.

ILS

AL C

New Beginnings- Clarinda-

Greetings area from Stairway To Freedom Group of NA in Clarinda. Recovery is STRONG with 6-10 addicts in attendance. We have two newcomers that moved into our area. I have a lit order of 1 basic text and 1 just 4 today book for \$26.00. No area donations at this time.

ILS

BRIAN V

Wednesday Atlantic Meeting

I'm Mike, an addict. So Wednesday nights in Atlantic are still functioning in pretty much the same capacity as usual. Last month however our attendance dropped a little. We still seem to average 10-12 addicts and have recently celebrated a 17 year and 12 year milestone with quite a few of its 1 year and under key tags going out as well. We have covered topics such as "CONTINUE" , "GODS WILL NOT MINE", "Learning to love yourself" as we normally go off of the JFT reading. We might start reading out of the basic text soon just for content and new discussion, more will be revealed. We don't have a lit order at this time or an area donation but will have a donation for next time. 1607 Hazel Street, United Church Of Christ. 7 pm Wednesday nights. Bring us your problems and we will drown them with solutions.

ILS

MIKE H

Against all Odds, Shenandoah

Happy March! Spring is near although the weather doesn't look like it right now. The Shenandoah meeting is going strong. We have had an average of 10-14 members this month. The recovery in Shenandoah is STRONG. We have had several newcomers this month and last but not least the chili cook off was GREAT. We had 50 or so people plus kids. It was awesome. THANK YOU to Stacy H for doing the H&I training day and THANK YOU to all that came out and supported us. We have a lit order of \$17.00

**ILS
CASEY W**

Red Oak NA Meeting-

Hi my name is Terrance and I am an addict in the meeting in Red Oak. It is good we have an average of 4-7 people a week. I have no area donation at this time.

**ILS
Thank You
Terrance M**

**Sisters In Serenity- Council Bluffs- Samantha C (NO REPORT)
New Freedom- Creston- (NO REPORT)**

- 1. Correction and Approval of the minutes- approved/ unanimous**
- 2. Financial Requests -**

Stacy H- Hotel Expense RCM \$130.23

Stacy J- Recorder expense of 2 black ink for printing purposes,

3. **Old Service:**

a. Who will get mail next month- Mike VP

b. Meeting List Update- Mike H says the meeting lists are covered, Dave to check on things.

c. Opening Accounts- Jan has given to Stacy 0749. Stacy to check through all of her stuff for additional things.

d. H&I Needs- Gary R states we need women. Point of contact is KORA

e. interested. New officer at Clarinda who is on fire about bringing in NA.

f. SWINA LOGO'S- Will be a WILD BOAR Breaking The Chains #38
"BREAKING ADDICTION DAILY"

4. **New Service:**

A. FLOOD MEETINGS- New Beginnings in Shenandoah

B. NEW Nominations names are as follow: Will Pick In April

Facilitator- Gary R

Co Facilitator- Casey W

Recorder- Stacy J

Treasurer- Jan S

RCM- Stacy H

RCM ALT- Sari M

Lit Chair- Mike VP

H&I Chair- OPEN

PR- Mike H

PI- OPEN

Phone Line Liaison- Dave R

Web Servent- Dave R

C, Anniversary Activity Bids- Atlantic Has interest in this but we do need bids brought to the area.

D. CAR/ CAT WORKSHOP- Mike H to set up at 309 club in Atlantic on Saturday APRIL 1st, 2023 NOON- 4pm POTLUCK

E. Change of dates of ASC- next ASC April 16, 2023 and MAY 21st, 2023 unanimous vote.

F. Memorial Day Campout- Do we want to bring this back as a current NA event? If informal you camp at your own risk. This will be informal at pioneer park May 26-28 (POTLUCK)

5 Next ASC- APRIL 16, 2023 in GRISWOLD

6. 7th Tradition- \$21.00

7. NEXT REGION- Carroll Iowa- June 3rd and 4th at the Spring Fling

8 . NOVEMBER REGION: REQUIREMENTS

-ADA ACCESSIBLE

-WIFI ACCESS

-TIME- 7:30am to 5pm

-BREAK-OUT SESSION

-REGION DONATES \$500.00 FOR FOOD TO AREA HOSTING

LIGHT BREAKFAST

COFFEE

LUNCH /LARGE GROUP

-HOTEL SPACE AVAILABILITY

-DRIVING SPACE AVAILABILITY

-FLIER WITH CONTACT- 75 to 100 PEOPLE

Resume

Casey Wilson
casey78wilson@gmail.com
Clean Date: July 21,2016

I currently have 6 years and 8 months clean. I have a sponsor that works the steps and his sponsor works the steps as well. I am currently working on the steps myself. I have sponsee's that work the steps also. I attend meetings on a regular basis.

Group Level

- 1) I was the G.S.R. for the Living Clean group for approximately 2 1/2 years.
- 2) I have been the G.S.R. for the Against All Odds group for about a year now.
- 3) I have helped with functions my home group has held.
- 4) I have helped with starting new meetings.
- 5) I have opened the doors for meetings ,made the coffee, cleaned up after the meeting and helped in any way I was needed .

Area Level

- 1)I was Activities Co-Chair for 2 years.
- 2) I was Activities Chair for 9 months, until I had to step down due to an illness in my family. I can explain if need to.

I am indebted to the NA program! I could never give back everything it has giving to me. Service

work as always been a huge part of my recovery since I first got clean and I'm very grateful for the freedom it has given me. It's also how I've gotten to know all the addicts I know which I'm

I am very grateful. It would be an honor to step into this position and serve our area and our commitment

Sari McLaren

SWINA Area

Iowa Region

Clean date: 05-12-2001

I am a sponsor to 8 women on a regular basis

I have fulfilled my 2 year term as Regional Co- Fac and 2 years as Regional Facilitator

I have volunteered to serve for the MZSSNA

I have participated in Zone workshops and World workshops

I attend 3-4 meetings per week vigilantly

I have a sponsor

I work the 12 steps consistently

I am in contact with my sponsor several times a week.

I have a working knowledge of the 12 steps, the 12 traditions and the 12 Concepts and to the best of my ability implement them in all aspects of my life.

I have facilitated fourth step retreats through Narcotics Anonymous

I have held the Group Service Representative Position for 3 years taking our group conscience to Area for 2 different groups

I was merchandise chair for IRNCA XXIX

I have held the Area Secretary position for 2 years, and Harlan GSF secretary for 6 months

I have held the Region Committee Member position taking our Area conscience to the Iowa Region of NA for 2 years and have been active member of PR at Region the last 4 years.

I have been Vice Chair for Activities committee for 2 years, and participated in the Activities Committee for 12 years for this Area.

I have facilitated reviews and provided input for this Area's conscience on the 6th Edition Basic Text of NA, Living Clean the Journey Continues and The Guiding Principles.

I am H & I trained and have carried the message into Pott. Co. womens meeting for 1 year and Shelby Co jail meeting off and on for 8 years. I update the Regional H&I database

I am phone line trained and I have facilitated Phone Line training.

I have been Adhoc Chair for changing Area guidelines and PI guidelines

I have been a phone line volunteer and a volunteer for contacts for Iowa NA

I Facilitated Regional Literature and Insurance workgroups.

I helped start the Harlan GSF serving as Facilitator, Liaison to World and Recorder for the GSF

I have mentored those who have come after me in all of these positions

I have a strong foundation developed from my deep abiding reliance on the God of my understanding.

I have shared my experience strength and hope in meetings as well as through workshops, speaker meetings and recovery functions.

I am passionate about Recovery and Service work. My belief is that I get to serve this fellowship that has saved my life, it is an honor.

Sincerely,

Sari M.

nmclaren@harlannet.com

Resume

Stacy L Jager

jagerstacy@gmail.com

MARCH 15, 2004

This year I will have 19 years Clean
Currently I do have a Sponsor

GROUP LEVEL

1. I have worked the 12 steps several times and I'm currently working them again,
2. I help chair meetings.
3. I have been a GSR several times. Currently I am the GSR for Monday Never Alone in Harlan.
4. I was the treasurer for Harlan's Nobody's Group.
5. I have carried the message of recovery into the Shelby County Jail to help the still suffering addict.
6. I have helped coordinate and organize group functions.
7. I have also been a facilitator for Harlan's GSF Business Meetings.

AREA LEVEL

1. I have done the PR position which stands for public relations a couple times.
2. I have helped with PI which stands for public information a few times.
3. I have been a part of helping when I can with certain activities if I can when needed.
4. I also currently hold the recorder position at the area level now.

MY STRENGTHS

1. I love helping people when I can.
2. I am very organized.
3. I keep good records and notes of things.
4. I am good at multitasking to get things done.
5. I am a perfectionist.
6. I am most definitely usually on time and early for all meetings.

MY WEAKNESSES

1. Its hard for me to take criticism at times because I am a perfectionist.
2. When things don't come off right I tend to get impatient at times.

A LITTLE SOMETHING ABOUT ME:

Service work motivates and drives me to want to HELP the still suffering addict out there. I feel whole and complete when I am a part of doing something For Narcotics Anonymous. Me trying to help anyone or NA as a whole is a part of what keeps me coming back to the rooms of NA. I cannot express enough what service has done for me and my recovery!!

ILS
STACY JAGER

Resume
Janet K Snyder
jksnyder682@gmail.com
June 02, 1982
40 years clean

I have a sponsor and I also sponsor others

GROUP LEVEL:

1. I was previously Treasurer for the Thursday night Nobody's Group and the Monday night Never Alone groups in Harlan.
2. I have been GSR for the Harlan Monday night Never Alone group.
3. I have helped coordinate and organize group functions.
4. I have helped chair meetings.
5. I have worked the 12 steps and I am currently working them again now.

AREA LEVEL:

1. Have served in various positions in sister fellowship at both group and district levels.
2. Currently I am the treasurer for SWINA right now. I have been since April 2022.

MY STRENGTHS:

1. Experienced with keeping financial records
2. I pay very attention to detail.
3. Proficient in writing reports as needed.
4. Good Team Leader
5. Dependable

WEAKNESSES:

Sometimes I have a hard time “hearing” . I use a miracle ear but may still have issues at times. I currently struggle with transportation issues but have been able to still attend the area.

