

SOUTHWEST IOWA NARCOTICS ANONYMOUS

JULY 9th,2023 AREA MINUTES

WIFI PASSWORD: CASS51535

Open: Moment of silence followed by the Serenity Prayer by Gary R at 2:35 pm

1. Readings:

- a. Twelve Traditions- Jan S
- b. Twelve Concepts - Stacy H
- c. Service Motivation- Stacy J

Sharing Session Open 2:40 pm Closed at 2:55 pm.

A. Swina Shirts Bids

Samantha C- We would need ½ of the money upfront for Mary R. Would require a little under \$600.00 upfront so she could get the shirts. Anytime T's prices are about the same.

Gary R-What are the pig colors for the shirts?

Sari M- Can Mary guarantee the color of the shirts?

Stacy H- I would please like to go with Anytime T's so we don't have any conflict

Sari M- Mary R is getting ready to have surgery and feels it would be to much to have her do this.

VOTED- Anytime T- (10 green) Mary R- no

Brian V- Couldn't hear what was being said. It was suggested maybe to move up closer so he could hear what was going on.

Roll Call

Executive Committee

Facilitator - Gary R

Co-Facilitator – Casey W

Recorder - Stacy J

Treasurer – Jan S

RCM – Stacy H

RCM-ALT – Sari M

Sub Committee

Lit-Chair – Mike VP

PR-Chair - Mike H

H&I-Chair – Wendy C (absent)

PI-Chair – (OPEN)

Activities Chair - Samantha C

Activities Co Chair – Kim B

Phone line Liaison- Dave R

Web Servant— Dave R

Groups:

1. Recharge Group- Carter Lake
2. New Way – Council Bluffs
3. Vision of Hope – Council Bluffs
4. Harlan GSF- Harlan
5. Wednesday Atlantic Meeting
6. Let It Be - Council Bluffs
7. New Freedom – Creston
8. Friday Night Live- Atlantic
9. Against all odds- Shenandoah
10. Stairway to Freedom - Clarinda
11. Red Oak Messengers- Red Oak

Vote= 7

of groups present= 9

Visitors: Mark C, Bo E

Reports

A. Executive Committee

Facilitator- Verbal

Co Facilitator- Verbal

Recorder

Hello Area,

From Your area recorder. Things are going okay. I have not had to order anything yet since I had to buy my printer for 2 months. We are good with other supplies. I just don't know how to calculate money and ink used. I will be charged \$18.99 for 500 pages. That's the plan I chose. They will deduct this amount off my debit card at the end of each month. So far it's been free since I bought the printer. If you have any questions or concerns please feel free to ask me. As always please email me your reports thank you.

ILS
STACY J

Treasurer

July 9, 2023

While reconciling the Bank Book with the monthly statements there were some mathematical errors noted in the bank book. First of all it was noted that the total amount of a deposit was not entered. I entered \$373.00 instead of \$390.00 in the book on Dec 16, 2022. Then I noted that there was a huge error made on 1/8/23 in the amount of \$383.04 which was added to the Balance in addition to subtracting \$191.52... This put the balance available way off. Also the area group donations of \$420.00 was made to the bank but I didn't enter the deposit, it was never listed in the book. There was a total of \$16.64 to the groups favor that was added in order to reconcile the bank book leaving a Balance of \$1,327.81 on 6/22/23. The book was audited on 6/25/23 by Mike M from ENNA. He found the numbers to be correct in accordance with the bank statement for May 2023. As of 6/25/23 the correct balance according to both bank and book was \$1,327.81. The Balance according to bank statement for July 8, 2023 was \$1,329.44 which reflects 3 deposits which were not on the bank statements which were made by me to offset the \$144.00 for the cost of 12 monthly statements from the bank due to the fact that I had never logged into the online banking app. I do not feel it's the group's fault for me not following protocol.

As of June 30, 2023- Balance was \$1246.33 which Balances with the bank statement. There was an ATM charge for \$2.50 which occurred because I was having problems getting logged into banking App. I found out that due to various banking updates my name was listed as a signer of checks along with Stacy H and Bart W. I notified Gary R that he would need to follow up with the bank. Also, they did not have me listed for full access to accounts which prevented me from seeing bank statements and bank transactions.

July 9, 2023

Bank Balance 6/30/23	\$1,257.62
Book Balance 7/7/23	\$1,244.34

Reflects charge for 12 bank Statements which I reimbursed back To the group.	+ \$ 144.00
	\$1,388.34

Includes initial charge of \$144.00 (which I later reimbursed) as well as Various bank fees	- \$157.28
	\$1,231.66

Monthly Service Charge	\$12.68
	\$1,244.34
Check deposited but not in Working Balance 7/9/23	- \$71.82
	\$1,172.52

RCM- no report
RCM Alt- no report

B. Sub Committees Lit Chair-

Greetings Area from the literature subcommittee,
Combined Report for May-June 2023 Given July 9th 2023
Lit orders 077227 to 077234 and 077226 \$224.00 cash, Plus Other Cash Sales \$11.00 total deposited \$235.00 withdrew cash \$221.59 on 06272023 for ENNA Lit Order. The balance in the checkbook is \$406.81 Checkbook and bank balance agree.

In loving Service,
Mike VP

PR Chair

Greetings Area, I'm Mike I am an addict. Not alot to report on this month, I got hurt at work, then hospitalized, and am now healing. It threw my game off and I just haven't gotten much done. We Are going to hold a PI booth at produce in the park this month at least once. I took jail packets to the ER in Atlantic as well as a few professional packs and they were well received. I am also giving 7 or 8 to Wendy C for the Creston Hospital as they have requested NA stuff for this facility. I am going to reorder enough stuff for 100 jail packets and plan on including a few more places in our SWINA area. That's all I have for today.

ILS
MIKE H

H&I Chair-

Greetings Area

This month has been productive. I made a list of all the county sheriffs departments and their phone numbers and I have started contacting them. I also have started a list of the various hospitals in our area. I have delivered meeting lists and pull-tab fliers to Greater Regional Medical Center in Creston. Those materials were delivered to the ER, all the clinics, and the Medical/Surgical floor. I contacted the Creston Police Department and was able to deliver some business cards that they are willing to hand out on calls when it seems appropriate. I asked Mike H. for packets and he messaged me that he has them ready. I just need to find a time to pick them up. Thank you for giving me this opportunity to spread our message.

In Loving Service
Wendy C

PI CChair- (OPEN)
Activities- (NO REPORT GIVEN)

Co Activities-

I am so sorry to do this, but I have had some health problems come up that require some attention. I thought I was going to handle being a single mom with 2 service positions as well as having 2 jobs. I have enjoyed my time as Co chair. The experience I have gained, I hope one day when I can get on my feet better that I can serve once again. Thank you to all that have helped me with my job.

Phone Line Liaison-(no report)

Web Servent-

All is well on the website. I still have minutes to post. I apologize for that. I do have the minutes so I will get them on there. As always this is your website not mine. If there is anything other than the minutes missing or needs correction please let me know.

ILS
DAVE R

C. Groups

Recharge-

Greetings SWINA from the Recharge Group Carter Lake,
Our total attendance for June 2023 was 55 addicts. Our beginning balance was \$31.00, income of \$33.00, expenses of \$39.00, and ending balance of \$25.00. We have an area donation of \$15.00 and an \$5.00 Lit order. Our topics have been coming out of the Basic Text. The coffee is hot, the hugs are warm, and the recovery journey continues at Recharge Mondays, 7-8pm.
3025 Maybrey Ln, Carter Lake Iowa.
In Loving Service,
Mike VP,

New Way-

Greetings Area,
from The New Way Group. We are a Step Working Guide Study Group, currently on Step 4. We had 47 addicts. We celebrated Birthdays with key tags and medallions for 1-Newcomer and 3-60 days.
Our beginning balance was \$23.00. Our total income was \$51.01. Our expenses were \$41.01. Thus leaving us with a balance of \$33.00. Our lit order is for \$3.00. Our area donation is \$10.00. Come join us Sunday Nights at 6:45p.m. at Broadway United Methodist Church located in Council Bluffs at 11 South 1st Street Room 205.
ILS,
SAM M.

Visions Of Hope- (NO REPORT)

Harlan GSF-

Hello area from your GSF in Harlan,

Greetings Area, we have been sharing a clear message of recovery. We had 1 visitor, we have had the pleasure to hand out 4 marbles one 18 months congrats to George F and a 33 year to Rick S congrats to all b days. Overall meetings are going well. We have been averaging 8 to 15 addicts a week.. We have no lit order or no area donation at this time
ILS
Your Gsf Recorder
Melissa S
GSR
Stacy J

Wednesday Atlantic Group-

Greetings Area. I am Mike. I am an addict. So Wednesday nights remain an intimate meeting with attendance from 7-12 on average. We have a good group of addicts that remain faithful to making this thing happen and keeping the lights on for anyone looking for a good meeting on Wednesday Nights in our area and will continue to do so! Our treasurer is having trouble making it to meetings so we didn't get an area donation this month but will have one for next month. We lost a big part of our meeting last week in its passion "BOB" and he will be missed but will be thought of every time we meet from this day forward. So our group took a group consensus to not be a hybrid and still offering zoom meetings going forward and the vote came back "NO" as we only have 1 person "Today" enough to make that happen anyways and very little attendance on zoom since covid is done. We will be helping the same members in the event that we need to reset zoom in the future.

ILS
MIKE H

Let It Be-

Greetings area. Let It Be has been doing quite well lately. We have had one just for today, 1- 90 day, 1-60 day, 1 newcomer and 1-30 day chip. We have had 87 members per week and we have a \$100.00 donation.

ILS
DAVE R

New Freedom- (no report)

Friday Night Live

Greetings SWINA Family,

FNL continues to share a great message. I have not been to FNL in 5 weeks other than this Friday. This summer has been very busy with recovery and Family things. We celebrated 1 year and 6 months but I am unsure what the rest of the month entailed. We averaged 16 in attendance, we have a Lit order of \$31.08 and \$100 Area Donation. I am excited for the Luau this coming weekend. I attended IRCNA with a couple women in recovery and had a blast. The speakers were very good. I also attended the Anniversary meeting in Harlan and the speakers knocked it out of the park. The next Region is in August in Dubuque. On a personal note, the man who helped save me from my addiction and stepped up to be my Dad went home to be with my beloved Joanna on the 4 th . My heart is broken. I can not express has this has shaken my soul but I know

what he would have wanted and because of that I will continue. We will be doing a celebration of life on September 28, 2023 at my place from 5-7pm for anyone who knew Bob B and wants to come share favorite memories and stories.

ILS,

Sari M

Against All Odds

Greetings from Against All Odds. We are excited for the SWINA Luau Potluck at Pioneers Park coming up this weekend, July 15-16th. Dinner is on the 15th with a speaker meeting after. Please bring a side dish to share if you are able. The suggested donation is \$5.00, and as always, no addict is ever turned away due to lack of funds. We look forward to seeing everyone there.

Our group has continued to maintain an average of 10 people in attendance at the Sunday meeting and continue to meet on Mondays at 7 pm for Step Study, as well as the Women's group on the 1st and 3rd Thursdays of the month at 7 pm.

We have two speaker meetings coming up the first will be for the women's group on Thursday July 20th with Margie B from Omaha and on Sunday, July 23rd Mateo is coming to speak.

The women's group would like to be added to groups requesting support in an effort to reach out to other women in our area so that we can continue to carry the message forward.

We gave out a total of 2 white, 1 orange, 2 green and 1 multiple year key tags in June, and have no literature order or donations for area at this time.

Thank you for the opportunity to share and be of service.
Joanne M.

Stairway To Freedom- (no report given)
Red Oak Messengers- (no report)

6. Correction and approval of minutes – 9 green (APPROVED)

7. Financial Request:

a . Stacy J- operating expense for ink for recorder \$18.99

8. Old Service

- A. SWINA- We need volunteers for Games, set up, tear down, clean up, registration table, and selling of shirts
- B. New Beginnings meeting online- crossed off of agenda
- C. Open Circle — need to visit. Dave R and Gary R to go check it out.
- D. Opening accounts at US Bank. When? Gary R and Casey W to go Friday July 14th, 2023 at 9 am They will also check on some charges that are on the account bank statement.

9. New Service

- A. Jan's treasury refund- Mike H suggested we give it back, She made a mistake and did not misuse the funds. WE TO A VOTE (passed) 9 green cards
- B. Regional news- Need a flier by the next area for this. Sari M to make it.
- C. Who gets mail? Mike VP
- D. Meetings in need of support
 - 1. Women's Meeting in Shenandoah 1st and 3rd Thursday of the month 7pm youth

center behind church 811 South Center Street

2. Clarinda Wednesday- Stairway To Freedom

3. Shenandoah 1st and 3rd Thursday- Against All Odds

E. Activities Nominations- Please take back to your groups. We need nominations and both positions up after SWINA CAMPOUT.

10. Next ASC location- Griswold — August 13, 2023

11. 7th Tradition- \$17.00

12. Close Meeting