

## SWINA ASC MINUTES May 15, 2022

1. Open: Moment of silence followed by the Serenity Prayer @ 2:30 pm by Bart W
2. Readings:
  - A. Twelve Traditions- Gary R.
  - B. Twelve Concepts – Alex T
  - C. Service Motivation- Stacy H.
3. Sharing Session turned over to Gary R at 2:35 pm Closed at 3:00
  - A. Mike VP mentioned the Breaking the Cycle group is doing well. Gary R had concerns about the time of other meetings being at the same time. Mike VP mentioned how those are not SWINA meetings and they had put their meeting directly before previous meetings.
  - B. Gary was wondering about the No Matter What group and what had happened to it. Appears to have changed name to Messengers in Red Oak.
  - C.

### 4. Roll Call

#### Executive Committee

Facilitator – Bart W.

Co-Facilitator – Gary R.

Recorder - Absent.

RCM – Stacy H.

RCM-ALT – Alex T.

Treasurer – Jan S.

#### Sub-Committees:

Lit-Chair – Mike VP

PR-Chair -Open

H&I-Chair – George R.

PI-Chair – Absent.

Activities Chair – Samantha C.

Activities Co Chair – Kim B.

Phoneline Liaison - Absent

#### Groups:

1. Just For Today – Absent

2. Recharge Group - Absent w/report

3. New Way – Mike VP

4. Vision of Hope – Samantha C.

5. Straight Friends – Absent

6. Harlan GSF- Kim C.

7. Atlantic Meeting – Jaime K.

8. Let It Be - absent.

9. New Freedom – Absent

10. Friday Night Live- Alex T.

11. Against All Odds - Absent

12. NO Matter What - Absent

2/3 vote= 4 to pass

# of groups 5     **5 Green**

Visitors: Melissa S

### 5. Reports

#### A. Executive Committee

#### **Facilitator Report:**

### Outgoing Facilitator 5-15-22

Greeting Area: You all have accomplished so much this last year! I'm very proud to have been part of an Area that pulls together to get things done! I'm excited to see all that gets accomplished with new people in new positions! Thanks for allowing me to serve!

In Loving Service

Sari M.

### In coming Facilitator Report 5-15-22

Greeting Area: I am not sure will the next year will take us, but I hope in that we will keep caring the message along the way. My hopes are that we will reach out to the groups that are having a hard time keeping the doors open or that just haven't been able to send representation to the ASC.

In Loving Service

Bart W

### **Recorder: Absent**

### **RCM:**

Out Going RCM Report 5-15-22

Greetings Area: I don't have a lot to say as I leave this commitment except that it has been an honor representing this ASC at Region. I am sure that Stacy and Alex will keep the good work moving forward.

In Loving Service

Bart W

### **RCM Alt:**

Hello Area!

I am so excited to be going to Region on June 4th and begin my services as the RCM-Alt. I look forward to learning more at the regional level and bringing that all back to you! Thanks for allowing me to serve.

ILS,

Alex T.

### **Treasurer:**

No Report

Verbal from recording:

Starting balance of 1376.04. one check for 15 rent. 3 deposits from today of 60, 50, and 200. Gives us a ending balance of 2270.04? The recording was not clear.

Gary R is still wrapping up and passing the baton to Jan S

## B. Sub Committees

### **Literature:**

Greetings Area from The Literature Subcommittee

I am Mike and I am an addict.

Lit order 776344 Deposit 04122022 From ASC to Lit \$37.45, Lit order 776343 Check 1026 for \$34.65, Lit orders 776338-776342, 776345 Cash \$146.00, plus \$2.00 COH, for a total deposit of \$182.65 on 04152022. I withdrew \$200.00 cash on 04242022 and gave ENNA Lit \$195.00 to restock leaving \$5.00 Cash on hand. The balance in the checkbook is \$263.60 Checkbook and bank balance agree. Small housekeeping note, when I checked the group starter kit receipt I noticed that I skipped 2 Six Month Keytags an additional \$1.10 cents. I do not deem it necessary to do anything except moving forward to note the actual group starter kit cost is \$38.55

If you go on the council bluffs group support forum on facebook there is a flier for a sixtieth anniversary edition of The Little White Book. It looks like it may be a special order only item, perhaps even a limited edition. I will ask Jonny C if he has any information.

In loving Service,

Mike VP

### **H&I:**

No report from the H&I chair. I did receive this. The attachment mentioned will be attached at the end of the minutes.

Hello!

Here is the link to the Google Doc list of who we have willing to go into the jail. Kyle will need your date of birth and full name. Please take a look and plugin any missing information. Attached is a PDF version of the list in case you do not have Google Docs. If that is the case, please reply with the appropriate information and I will enter it.

There is an H&I training day scheduled for May 28th. This is for both NEW and OLD members who either need to be trained or would like a refresher. See the attached flyer for more information.

I DO NOT HAVE EMAILS FOR MELANIE, BRENDA, OR DENNIS!!! If someone has their email please forward this to them!

If you think that there are others interested - feel free to forward the flyer and direct them to Stacy J. or me. The requirement is 1 year clean, but if someone is close to that and interested, now is a good time to get trained.

Thank you!

ILS,

Gaylen P.

### **Activities:**

Greetings Area,

There is quite a bit of stuff that activities will be needing to achieve to prepare for the Luau and SWINA campout. For the Luau the donation of the pig has been confirmed.

DJ's have been looked into for the dance but one has not been booked yet. We need volunteers to dig the hole for the pig by 12PM Friday, if you know anyone, please contact Kim or I! Moving onto SWINA. I did receive the logo from Alex and started working on the flier. Once we have the main speaker and spirituality speaker set I will email the flier to all the GSR's. If they do not have a way to print the flier either I will take them one or make arrangements for them to obtain one. We need to discuss the Main speaker and Spirituality Speaker today. If anyone has any ideas on workshops, games and facilitators we could also get started on those as well otherwise please bring ideas in June! Also, discussion on what we will be doing for the dinner on Saturday night, whether we will be catering or having the area providing the food (area meat and group side dishes). We need to talk about some price suggestions as well due to inflation.

ILS,  
Samantha C

**Public Information:**

Greetings area my name is Mike, I'm an addict.

In the last 30 days I have had to move from one residence to another and my office has not been put back together yet.... and I am currently enroute from Arizona back to Iowa as we speak, with very precious cargo. I have spoken with Peggy down at Zion in Clarinda and am currently working on getting her meeting materials as they have opened a women's meeting but have no supplies (literature). I am requesting a meeting starter kit for their cause, if we could make that happen that would be awesome. I am currently receiving emails about H&I trained people to perhaps attend live meetings again in our jails & institutions and I am under the understanding that Harlan jail is ready to start that process and I am willing and able to help that if and when they ask. I am very much still in the game, but the last 30 days have been difficult for me. I appreciate your patience, next month will be a much healthier report. In loving service, Mike.

**Phoneline Liaison:**

Absent / No report

C. Groups

**Just for Today:** Absent

**Recharge Group:**

Given May 15th 2022

Greetings SWINA from the Recharge Group Carter Lake. Our total attendance for April 2022 was 40 addicts. We welcomed 2 Newcomers and celebrated 1 Thirty Days clean.

Our beginning balance was \$49.00, income of \$38.00, expenses of \$57.00, and ending balance of \$30.00. We have an area donation of \$20.00 and a \$4.00 Lit order.

The recovery journey continues in Carter Lake with our topics coming from our Basic Text. In the fellowship hall at 3025 Mabrey Ln for one hour starting at 7PM on Monday night.

In Loving Service,  
Mike VP,  
Recharge Group

**New Way:**

Greetings Area from The New Way Group NA.

The recovery journey continues at New Way. For April 2022 We had a total attendance of 86 addicts. We welcomed 2 Newcomers, celebrated 1 Thirty Day, 3 Ninety Day, 1 Six Month, 1 Nine Month, and 1 One Year Clean. Beginning balance \$41.00; Donations \$75.00; Expenses \$67.00; Ending balance \$49.00; We have an ASC donation of \$20.00 and we have a \$10.00 lit order. We are finishing Step 7 in the Step Working Guide.

Sunday New Way Group is now meeting in room 205 on the second floor at Broadway United Methodist, 11 S 1st St, Council Bluffs, 6:45-7:45pm. Coffee is hot, and hugs are warm. Come work steps with us.

ILS,  
Mike VP

**Visions of Hope:**

Greetings Area,

Visions of Hope has had a total of 149 addicts this month. We celebrated 3 newcomers, 2 30 days, 2 60 days, 1 90 days, 1 6 months, 3 9 months, 3 1 year and 2 18 months. The 7th tradition contribution total was 214.61 and rent was 175.69. We have a literature order of 58.28. We also have an area donation of 200. As always we are looking for speakers on Thursday nights at 7pm.

ILS,  
Samantha C

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**Straight Friends:** Absent

**Harlan GSF:**

Hello From Harlan GSF

All meetings are going well with a clear message of recovery being shared. We celebrated 1- 90 day We have a literature order of \$9.45 we have no area donation for SWINA at this time.

ILS  
Melissa S

**Atlantic Meeting:**

Unfortunately. I have recently had to work on several meeting times.

Based on averages we have had 11 to 14 addicts per meeting. We have had a 3 year, and a 42 year, and personally 7 months. There is great recovery at the meetings as always. We have a \$60 donation this month  
ILS Jaimie

**Let it Be:** Absent

**New Freedom:** Absent

**Friday Night Live:**

Hello Area!

Friday Night Live is alive and well with an average of 29 people in attendance this last month! We celebrated a 21 years, a 3 years, a 2 years, three 6 months and multiple 30, 60 and 90 days. We have a lit order of \$144 and an area donation of \$50. If you're seeking passionate recovery, come see us LIVE FROM ATLANTIC, it's FRIDAY NIGHT LIVE!

ILS,  
Alex T

**Against All Odds:** Absent

**NO Matter What:** Absent

6. Correction and approval of minutes – **5 Green**

**Financial Request:**

Stacy H has expense for the upcoming Region which she has booked but will submit at the next area

7. **Old Service**

- A. Anniversary function is all cool. Flyers are out.
- B. The business cards were passed out last month. Feed back tabled to next area.
- C. Mike VP to check for mail next month
- D. Gary R has taken care of bank letterhead
- E. Rebecca wanted the workshops: Sponsorship, Coping with Mental Health, Walk the Walk, Youth and Ageing in NA

8. **New Service**

- A. New H&I meeting @ Zion. Men Only. Open to outsiders. Staff / Non Area sponsored. **Stacy H to take to region for clarification.**
- B. Make \$500 donation to region
- C.
- D.

10. Next area location - Griswold

**Next ASC June 12, 2022**

**CLEAN & FREE AREA  
OF NARCOTICS  
ANONYMOUS**

**41<sup>ST</sup> AREA  
ANNIVERSARY**

**COME AND HELP US  
CELEBRATE!**

**UAW HALL  
Waterloo, IA**

**2615 Washington St.**

**JUNE 25, 2022**

**Doors Open at 1 p.m.**

**Speakers Start at 3 p.m.**

**Dinner @ 5 p.m.**

**Main Speaker at  
7 p.m.**

**Dance, Raffle &  
Fellowship to Follow**

**Suggested  
Donation \$8**

**Contact Information:  
Felicia C. 319-464-4444  
Steve K. 515-204-8162**

**Bring a Covered Dish to  
Share if You Wish!**

# SWINA ANNIVERSARY PICNIC



**JUNE 25TH, 2022**

**3PM-9PM**

**FUN! FELLOWSHIP! GAMES! FOOD!**

**1300 SUNNYSIDE LANE**

**ATLANTIC, IA**

**(CAMBLIN'S ADDITION @ THE TOP OF THE PARK)**

**THIS IS A POTLUCK PICNIC; BRING YOUR FAVORITE DISHES. THERE ARE GRILLS AVAILABLE TOO.**

**WE WILL BRING COOLERS TO KEEP FOOD COOL. THE SHELTER HAS OUTLETS FOR ELECTRICITY.**



**SOME GAMES WILL BE PROVIDED BUT FEEL FREE TO BRING YOUR OWN. THE PARK DOES HAVE DISC GOLF + LOTS OF GREEN SPACE FOR LAWN CHAIRS FOR SPECTATORS + CONVERSATION.**

**HOSTED BY THE ATLANTIC GROUPS  
CONTACT: ALEX T. 712-254-3012 / MIKE H. 712-249-9131**



# SWINA Luau 2022



**Saturday July 16th, 2022**



Dinner at 5:00 PM  
Meeting at 6:30 PM  
Dance and DJ to follow  
Dinner \$5



No addict turned away for lack of funds!!  
Hog Roast will be provided

***Please bring a side dish to share!***

Pioneer Park

Shenandoah, IA 51601



North Side of HWY 2, between AVE I and Hackberry AVE



Camping is available on a first come first serve basis. \$15 for Electrical \$6 for Non-Electrical

Campfire meeting held  
Friday July 15th at dusk

**Volunteers needed to help dig the hole  
For the hog by 12PM on Friday July 15th!**



For questions please contact  
Samantha C. at 402-936-4524 or  
Kim B. at 712-592-3641

# Spring Fling

10am-10pm, June 11th, 2022



Hog Roast!

Bingo, 50/50, two Speakers, a Workshop,  
Fellowship, Music/Dancing, lots of food.

## Location:

West Minister Presbyterian Church,  
1285 3rd Ave SE, Cedar Rapids, IA 52403

For Questions Call: Terrell (641)750-6085

\$10 suggested donation for dinner  
No addict turned away for lack of funds!

# 2<sup>nd</sup> Annual L.A.N.A Campout

June 17-19, 2022

Buena Vista County Park- Bur Oak Campsite

377 440<sup>th</sup> Street, Peterson, IA

## LET'S GO CAMPING



Friday: Campfire NA meeting @ 8pm

Saturday: Potluck Lunch (Meat provided, bring your favorite sides)

Speaker following TBA

Raffle (must be present to win)

Bring your favorite yard games

Campfire NA meeting at Dusk

Sunday: Fellowship and closing





# MANA 2022 CAMPOUT

June 10, 11, 12 • Grant Park Auburn, IA

## Friday:

**7PM**

Fireside Meeting

NA Literature  
will be available  
for purchase all  
weekend.

No addict turned  
away.

## Saturday:

**11AM**

Fireside Meeting

**6PM**

### MANA Annual Grill Out

We will provide the meat  
(Free Will Donations Accepted)

Please bring a side dish to share

Following the meal we will have  
a Meetingt, Raffle, and  
A Clean Time Countdown.

## Sunday:

**11AM**

Fireside Meeting

For more information  
text 712.660.2733.

Donated  
Raffle Items  
are Welcome!



Canoe/Kayak Float

Sun, Jun. 19, 2022

12:30 pm Seven Oaks, Boone, IA

Brought to you by Basic Meditation Mtg.

\$52 per canoe

(2 persons)

\$41 per kayak

(1 person)

Pay \$ to Pat D. (515-778-8524)  
by Thurs. Jun. 15

Bring a lunch to share!

You must arrive by Noon!  
(or be disqualified)



TWIN CITIES LGBTQ & FRIEND NA

# 4TH ANNUAL QUEER JAM 2022

Celebrate Life in Recovery  
Living Clean

Saturday, June 25th  
5PM - 10PM

Bryn Mawr Presbyterian Church  
420 Cedar Lake Road

