

SWINA ASC MINUTES March 13, 2022

1. Open: Moment of silence followed by the Serenity Prayer @ 2:30 pm by Sari M
2. Readings:
 - A. Twelve Traditions- Stacy J.
 - B. Twelve Concepts – Samantha C.
 - C. Service Motivation- Jaime K.
3. Sharing Session turned over to Bart at 2:35 pm Closed at 2:45
 - A. Staci H. – Looking for volunteers to IRCNA hospitality room – take to your home groups
 - B. Dave R. – Looking for volunteers to H&I – take to your home groups
 - C.

4. Roll Call

Executive Committee

Facilitator - Sari M.

Co-Facilitator – OPEN

Recorder - Dave R.

RCM – Bart W.

RCM-ALT – Staci H.

Treasurer – Gary R.

Sub-Committees:

Lit-Chair – Mike VP

PR-Chair -Open

H&I-Chair – George R.

PI-Chair – Mike H.

Activities Chair – Samantha C.

Activities Co Chair – OPEN

Phoneline Liasion- Dave R.

Groups:

1. Just For Today – Absent

2. Recharge Group- Absent w/report

3. New Way – Mike VP

4. Vision of Hope –Bart W.

5. Straight Friends – Absent

6. Harlan GSF- Stacy J.

7. Atlantic Meeting – Jaime K.

8. Let It Be - Dave R.

9. New Freedom – Absent

10. Friday Night Live- Mike H.

11. Against All Odds-Absent

2/3 vote= 4 to pass

of groups 6

6 Green

Visitors: Melissa

5. Reports

A. Executive Committee

Facilitator Report:

Greetings Area ,

I attended Subcommittee's today and I am looking forward to the new transitions coming. I did get the Updated Guideline's sent/ IF GSR's could please print a copy for their meetings that would be great. I attended the Chili cook off and it was well

attended. Thank you everyone for the great chili and activities and Harlan groups for a wonderful function. Ashley and Heather did a great workshop and I want to thank them as well for coming and facilitating our workshop. Nominations are opened today and voting will take place next month. I am excited to see all who have made the decision to serve. I heard last night that Service work is an expression of my Gratitude! Let's get to business!

ILS, Sari M

Recorder:

I have looked at some of the emails to nawebservant@gmail.com and see many reports already posted, thank you much. Just want to remind everyone to send your reports if you haven't already.

ILS, Dave R.

RCM:

Greetings Area,

We had a wonderful region meeting in Des Moines last month and were able to get a lot accomplished. We have an Area copy of the new SPAD book, and this is one of the items that will be discussed for approval during the CAR/CAT. I turned in a receipt for my hotel room for \$123. Having a dog show at the same time as Region was a dangerous prospect, but I persevered in spite of myself. We also had a great time visiting local meetings, and their Luau event.

Phone line is still being trialed. Test number 712-435-2248. Please test and provide feedback. Still need volunteers for the phone line as well. Contact phone@iowanana.org

Billboards are on hold for now.

Behind the walls was able to get 5 volunteers and will be offering more training to those who are willing.

Still need nominations for PR recorder. Callie nominated. Unanimously voted in.

Full area minutes –

Open discussion :

Zoom meetings having challenges for representation at Area. Barry clarified that regional guidelines do not require a physical location for the meetings and that the other guidelines can be met by virtual meetings if they so choose. Michelle clarified that this is a national and world discussion that is going on as well. I voiced that we are currently able to have Hybrid Area meetings. Discussion ensued. No motions made.

Planning session is scheduled for August. Will be a questionnaire of some sort sent out to the areas to provide feedback to Region on the needs of the area from Region. If needed, Board members from Region can come to Area to help facilitate the consensus. If our area needs to be present for this to be done, we need to let the board know today.

Treasury Audit – Treasury is in need of an Audit. It was noted that Jeff has experience with auditing. Jeff expressed willing to assist in this regard. Este recommended at least 2 years of audit as that was his term.

Chad asked about clarification of status of articles of incorporation.

RD team – Zonal level discussed challenges to trusted servants. Most regions have those trusted servants are self funded. Zonal is asking what the regions are doing with the parameters for funding for zonal representation. Denny asked for clarification on the question – clarified the question was if we feel that Zonal should fund these trusted servants. Discussion was held on what the Zonal budget is. Currently the Zonal budget is minimal and a lot of the funds go to NAWs. Need consensus from Areas to bring to zonal in May. Este expressed concerns that it would be paying zonal reps for their service since some areas are completely self funded.

RD team – CAR/CAT discussion. In the future, how often does the WSC need to meet face to face, and how to ensure that virtual participants are able to fully participate. The question is if we need a 2 or 3 year cycle. 2 years is current, and 3 years will reduce expensed to the region. 3 years would require changes to the guidelines and require a longer period of commitment from the trusted servants.

Old Business:

Incorporation is now on file with the state

Guidelines change to location requirements for IRSC. Take to Areas for groups consensus. Changes working from consideration to requirement of ADA compliance and internet accessible. Also needs to be large enough for breakout sessions and time availability more clearly defined.

Moving web services to the XC board. Vote passed. Take back to the Area to gain consensus of revising the guidelines to reflect this.

IRCNA bids – bid from FASANA and QCANA. Vote is required today to allow for contracts to be executed in a timely manner. FASANA won the blind vote for IRCNA 2023.

Taxes – sec. of state was kicked back prior to the end of the year. Refiled in January. This is approved by the Secretary of State. Still unsure of the status with the IRS. Question of tax filing status for 2021. Proposal made to skip filing for 2021 since our current incorporation was not filed until 2022.

Financial Request:

RD team requests \$1300 for travel to Zonal meeting in SD. This is within their budget.

New Business:

Gambling license discussion. Minutes changed to reflect MRVANA's opposition to the proposal.

Minutes approval – discussion ensued on start times – unanimous approval with change of MRVANA opposition reflected.

Proposal to start IRSC on Saturday and Sunday at 0900.

Discuss with area on how to do the area inventory planning session talked about in the open forum. Suggestion made to have board to area service meetings- board members will not call on their own area. RC will reach out to RD's to schedule if desired.

April 16th 1000 for next regional assembly zoom meeting.

Discussion on listing of needed equipment so that we can have regional equipment so that personal equipment does not need to be used. Question was raised on who is responsible for transport and set up of equipment. Further discussion will be held at a later date.

WSC donation treasurer recommended \$2000. Decision was made to send \$1500 to world and 500 to PSZFNA

It was an informative weekend, and as always, thank you for letting me serve, ILS, Stacy H.

Treasurer:

Bank balance \$2340.88

Checkbook balance \$2185.08

One check outstanding: 155.80

ILS, Gary R.

B. Sub Committees

Literature:

I am Mike and I am an addict.

Lit orders 776329, 776331-776333 Cash \$110.00, plus \$6.00 COH, for a total deposit of \$116.00 on 02192022. I withdrew \$110.00 cash on 02202022 and gave ENNA Lit \$103.00 to restock leaving \$7.00 Cash on hand. The balance in the checkbook is \$240.59 Checkbook and bank balance agree.

In loving Service,
Mike VP

Activities:

Greeting Area,

I want to thank the Harlan group for hosting the chili cook off. It was a great learning experience and we had a good turnout. The total of door donations and beverage sales were \$154.50. I have three receipts for supplies that were bought for the event which comes to a total of \$89.15. This gives the event a profit of \$65.35. Stacy H. and Sari M. verified that I contributed \$60 for door change. This is not included in the total of sales of \$154.50. I will be asking for a reimbursement of \$149.15. Aaron A. is currently in possession of the activities supplies. I will be in contact with him to get the supplies before the next Area. Last week, Gary R., Stacy H., and I went to the bank to set up an activities account. The banker stated she would need to get back to us about the documents that were required to create the account. Gary R. will provide more information during today's area. I would like to propose that we increase the price of pop to 75 cents due to the increase of price at the store. The SWINA 2022 campout is around the corner! Logos will need to be turned in today so they can be voted on in April! I want to thank the Area for allowing me to be of service.

ILS,
Samantha C

Public Information:

Greetings Area, I'm Mike, an addict.

In the last 30 days I really haven't done much, I'm awaiting call backs from a few facilities and following up with small stuff. I did get a new PSA Emailed and we are eager to get it on our local radio stations.

I have listened to it and would like our Area Trusted Servants to listen to it and approve it today so we can all have a voice in this before it goes out. I'm still very much in the game and look forward to serving in this fashion going forward.

ILS, Mike H.

Phoneline Liaison:

I made a mistake. I had been planning to go to region, but, didn't know about Bart's hip surgery and didn't make arrangements with Stacy. Arghh. Consequently I didn't make it to the regional phoneline sub-committee, and have nothing to report.

However, I have a schedule of the current phoneline schedule and will get ahold of Mark F. and see what he would like from me. More will be revealed.

ILS, Dave R.

C. Groups

Just for Today: Absent

Recharge Group:

Greetings SWINA from the Recharge Group Carter Lake. Our total attendance for February 2022 was 40 addicts. We welcomed 2 Newcomers, celebrated 2 Six Months, and 1 Five Years clean.

Our beginning balance was \$53.00, income of \$36.00, expenses of \$57.00, and ending balance of \$32.00. We have an area donation of \$10.00 and a \$38.00 Lit order.

The recovery journey continues in Carter Lake with our topics coming from our Basic Text. In the fellowship hall at 3025 Mabrey Ln for one hour starting at 7PM on Monday night.

In Loving Service,
Tamra B,
Recharge Group

New Way:

Greetings Area from The New Way Group NA.

The recovery journey continues at New Way. For February 2022 We had a total attendance of 51 addicts. We welcomed 2 Newcomers, celebrated 1 Five Years, and

1 Seven Years Clean. Beginning balance \$38.22; Donations \$103.78; Expenses \$99.00; Ending balance \$43.00; We have an ASC donation of \$20.00 and we have a \$19.00 lit order. We are in Step 6 in the Step Working Guide.

Sunday New Way Group is now meeting in room 205 on the second floor at Broadway United Methodist, 11 S 1st St, Council Bluffs, 6:45-7:45pm. Coffee is hot, and hugs are warm. Come work steps with us.

ILS,
Mike VP

Visions of Hope:

Greetings from Visions of Hope Group

Our meeting attendance for this month was 98 Addicts with one newcomers and one 90 days. Our 7th Traditions was \$223.11 and Rent \$207.00. We are asking anyone with an interested in sharing there message to come share with us on Thursday nights, talk to one of the group's members and we can get you one the setup for a date. We also had someone step up and take over the chairperson for the Thursday night meeting.

Bart W

Straight Friends: Absent

Harlan GSF:

All meetings report that meetings are going well with a clear message of recovery being shared. We celebrated one newcomer, one 60-day key tag birthday, and one 11-year birthday. No groups reported literature orders or area donations.

Harlan GSF is nominating Stacy J. for the ASC Recorder position.

We would like to propose a new idea to Activities from the Chili Cook-Off in the future. A member expressed some concerns about how chili judging is performed and thought it would be fairer to judges blind testing. However, it is important in NA that everyone has a voice in all things. So, we are proposing that there be 2 categories of "winding" chili – People's Choice and Judges Choice. This is just a suggestion for the future.

Thank you for allowing me to be of service, Gaylen P.

Atlantic Meeting:

Greetings. There have been many attending regular meetings. We are small but mighty. We are having attendance of 11 to 16 people. We recently have had a 9-month, 6-month, and 90-day birthdays. The friendship, fellowship and spiritual connections are strong. It was a privilege to celebrate 38 years with Bart. There was a 90-day birthday at the same time, just as inspiring.

ILS, Jaime K.

Let it Be:

Let It be has been moving along just fine. The recovery is strong we've had about oh 10 to 16 addicts at each meeting occasionally going up to about 25 we had a \$33.91 lit order between meetings here and we have a donation of \$100 at this time. We've

given out many newcomer chips and a lot of medallions thanks to the Oxford houses. Things have been going really well.

ILS, Dave R.

New Freedom: Absent

Friday Night Live:

Greetings Area, I'm Mike, and addict.

So, Friday Night Live is healthy and happy. I personally attend almost every meeting and the things I see happening every time I walk in the door are just such a positive vibe and experience that I can't help but feel we are carrying the message of recovery to the best of our ability with the guidance of our long-time members and just an honest approach.

So, we are still averaging 20-25 addicts per meeting. New comers are still trickling in, and milestones are being celebrated pretty steady. We have a 150-dollar donation today and a small lit order.

309 Elm St. Atlantic Iowa 7pm every Friday night if you got a seat, we got a chair for ya!

ILS, Mike H.

Against All Odds: Absent

6. Correction and approval of minutes – 6 Green

Financial Request:

Samantha C. - \$49.15 for Chili Cookoff

7. **Old Service**

A. CAR Assembly – Will be: 04.2.22 at 309 Club in Atlantic at 1pm - 309 Elm Street, Atlantic, IA

B. Nominations: Facilitator: Bart W. - Co-Facilitator: OPEN. – Recorder: Stacy J.

– RCM: Staci H. – RCM alt: OPEN – Lit Chair: Mike VP – H&I Chair: George R.

- PI Chair: Mike H. – Activities: Samantha C. – Activities Co-Chair OPEN –

- Phoneline Liaison: Dave R. – Treasurer: Gary R. – Public Relations Chair: OPEN

C. Bids for Anniversary Function – Need by next month – Deadline.

D. Report on Cards and ordering? – Tabled for next Area

E. Who will get mail next month? – Mike VP

F. Logos for SWINA – Table for next Area

G.

H.

8. **New Service**

A. PSA - Approved with corrections – 6 Green

B. Activities recommendations: Increasing pop from 50¢ to 75¢ - Approved

C. Motion from Gary R. whether Mike needs 2nd sig in case of incapacitation:

Approved 6 Green

D. Motion from Gary R. to have letter to band after elections to be in 2 separate letters. – Approved 6 Green

10. Next area location- Griswold

Next ASC April 10, 2022

Resumé's for Executive Committee elections:

Bart Wheelock

Group service

GSR, Treasurer, and Secretary

ASC service

Chairperson, Vice-Chairperson, Treasurer, RCM, RCM-Alt, and Facilitator

Subcommittees

Literature Stockpile, Activities Chairperson and Treasurer

Region

Regional Treasurer

Subcommittees

Literature Vice Chairperson, IRCNA Chairperson, Guidelines, Co-Treasurer IRCNA,

In loving service: Bart

Phone (402) 677-9233

bartwheelock@ymail.com

Stacy L Jager
jagerstacy@gmail.com

MARCH 15, 2004

18 years Clean

I have a Sponsor

GROUP LEVEL

1. I have worked the 12 steps several times and I'm currently working them again,
2. I help chair meetings.
3. I have been a GSR several times. Currently I am the GSR for Saturday Serenity in Harlan.
4. I was the treasurer for Harlan's Nobody's Group.
5. I have carried the message of recovery into the Shelby County Jail to help the still suffering addict.
6. I have helped coordinate and organize group functions.
7. I have also been a facilitator for Harlan's GSF Business Meetings.

AREA LEVEL

1. I have done the PR position which stands for public relations a couple times.
2. I have helped with PI, which stands for public information a few times.
3. I have been a part of helping when I can with certain activities if I can when needed.
- 4.

MY STRENGTHS

1. I love helping people when I can.

2. I am very organized.
3. I keep good records and notes of things.
4. I am good at multitasking to get things done.
5. I am a perfectionist.
6. I am most definitely usually on time and early for all meetings.

MY WEAKNESSES

1. It's hard for me to take criticism at times because I am a perfectionist.
2. When things don't come off right, I tend to get impatient at times.

A LITTLE SOMETHING ABOUT ME:

Service work motivates and drives me to want to HELP the still suffering addict out there. I feel whole and complete when I am a part of doing something For Narcotics Anonymous. Me trying to help anyone or NA as a whole is a part of what keeps me coming back to the rooms of NA. I cannot express enough what service has done for me and my recovery!!

ILS: STACY JAGER

Gary S. Ruderman

NA SERVICE RESUME

Clean date: May 22,1992

Has a sponsor. Sponsors.

CHICAGO

1993 – GSR A

1995-1997 GSR

Various other positions including meeting chairs 1997 -2002

2004-2006 H&I committee and led bi-weekly meetings in a closed facility

ATLANTIC, IA

2007-2022 chairperson for several meetings, GSR for several meetings,

Treasurer for Atlantic's Group

2018-2022 SWINA area Treasurer

IOWA REGION PHONELINE SCHEDULE

FOR : Sunday February 20, 2022

START	END	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00 AM	3:00 AM	Mike D.	Ullonda S.	Sue T.	Sue T.	Mark C.	Jon S.	Michelle B.
12:00 AM	3:00 AM	Jon S.	Mike D.	Mike D.	Ullonda S.	Heather M.	Emily D.	Jon S.
12:00 AM	3:00 AM		Mark C.	Mark C.	Heather M.	Sue T.		
3:00 AM	6:00 AM	Shane R.	Ullonda S.	Mark C.	Mark C.	Chad L.	Ullonda S.	Kent K.
3:00 AM	6:00 AM	Chad L.	Kathy N.	Kathy N.	Kathy N.	Kathy N.	Kathy N.	Michelle B.
3:00 AM	6:00 AM	Michelle B.						Ryan B.
6:00 AM	9:00 AM	Kent K.	Riley M.	Riley M.	Kristi W.	Kristi W.	Kristi W.	Ryan B.
6:00 AM	9:00 AM	Shane R.	Kristi W.	Kristi W.	Jim D.	Kate A.	Jimmy G.	Riley M.
6:00 AM	9:00 AM		Christine M.		Christine M.			
9:00 AM	12:00 PM	John B.	Gilbert M.	Emily D.	Gilbert M.	Alania Q.	Emily D.	Ashley T.
9:00 AM	12:00 PM	Scott D.	Laura H.	Alania Q.	Christine M.	Emily D.	Riley M.	Help Needed
9:00 AM	12:00 PM		Bobby E.	Bobby E.	Bobby E.	Bobby E.	Gilbert M.	Help Needed
12:00 PM	3:00 PM	Scott D.	Matt V.	Ceven M.	Dennis W-K.	Emily D.	Dennis WK	John B.
12:00 PM	3:00 PM	Kent K.	Dennis W-K.	Help Needed	Josh L.	Jim D.	All.	Ryan B.
12:00 PM	3:00 PM	Susan W.	Amber W.	Help Needed				
3:00 PM	6:00 PM	Jay F.	Anieta W/M.	Scott D.	Jim D.	Joey B.	Don T.	Val V.
3:00 PM	6:00 PM	RJ	Josh G.	Christine M.	Sam T.	Christine M.	Christine M.	Help Needed
3:00 PM	6:00 PM	Andrea S.	Ashlie C.	Joey B.	Scott D.	Barry B.	Jim D.	Help Needed
3:00 PM	6:00 PM		Stephanie S.					
6:00 PM	9:00 PM	Anessa O.	Josh G.	Xavier J.	Adam W.	Pat K.	Nick A.	Ryan B.
6:00 PM	9:00 PM	Xavier X.	Melinda D.	Scott D.	Todd R.	John S.	Todd R.	Emily D.
6:00 PM	9:00 PM	James F.	Nick A.	Josh G.	Nick A.	Devin M.		
9:00 PM	12:00 AM	Anessa O.	Ryan W.	Sara D.	Brad H.	James F.	Sara D.	Herather M.
9:00 PM	12:00 AM	Sue T.	James F.	Kerry B.	Kerry B.	Kerry B.	Kerry B.	Sara D.
9:00 PM	12:00 AM	James F.	Sara D.	Heather M.	Jay F.	Jay F.	Anessa O.	Brad H.