

SWINA ASC Minutes January 9, 2022 – Version 5

1. Open: Moment of silence followed by the Serenity Prayer @ 2:30 pm by Sari M

2. Readings:

- a. Twelve Traditions-Stacy J
- b. Twelve Concepts -Samantha
- c. Service Motivation- Melissa S

3. Sharing Session turned over to Aaron at 2:30 pm Closed at 2:40

- A.
- B.
- C.

4. Roll Call

Executive Committee

Facilitator – Sari M
Recorder - Dave R
RCM – Bart

Co-Facilitator – Absent
Treasurer – Gary R
RCM-ALT – Absent

Sub-Committees:

Lit-Chair – Mike VP
H&I-Chair –Absent
Activities Chair - Open

PR-Chair -Open
PI-Chair –Mike H
Activities Co Chair – Sam

Groups:

1. Just for Today –Absent
3. New Way – Mike VP
5. Straight Friends – Absent
7. Atlantic Meeting – Jaime
9. New Freedom – Absent
11. Friday Night Live – Mike H.

2. Recharge Group Absent with Report
4. Vision of Hope – Bart W
6. Harlan GSF- Stacy J
8. Let It Be - Dave R
10. Against All Odds-Absent

2/3 vote= 2 to block

of groups present= 6

Visitors: Melissa, Sara

5. Reports

A. Executive Committee

Facilitator:

Greetings Area,

Happy 2022! We have several things we need to accomplish today such as setting Areas events, and setting up schedule for review of Area Guidelines.

Flyers are available today for the Chili cook off and the have chosen a workshop which flyer is here today for that as well. Atlantic Christmas Caroling was a blast! It was well attended and I want to thank all who attended. Looking forward to the work we do in the New Year!!

ILS,

Sari M

Recorder:

Nothing to report. The last minutes were hard as few sent in their reports. If reports are not handed in or sent to naweb servant@gmail.com they will not go into the minutes. There is no such thing as a verbal report. Please write them down.

ILS Dave R.

Treasurer:

1.9.2022

Treasurer's report

Bank balance \$2,229.13

Checkbook balance \$2,229.13

The money for the Activities will be folded in the SWINA general fund until someone assumes that committee.

ILS. Gary R.

Literature Stockpile

SWINA LIT REPORT GIVEN January 9th 2022

Greetings Area from The Literature Subcommittee

I am Mike and I am an addict.

Lit orders 776319-776321 Cash \$24.00, 776317 check for \$53.02, and 776322 check for \$37.45 for a total of \$114.47 deposited 12142021. Orders 776320 for \$69.00 for PI transferred by treasurer to Lit account on 12172021. I withdrew \$220.00 cash and gave ENNA Lit \$213.00 to restock leaving \$7.00 Cash on hand. I made a deposit COH \$7.00, Lit order 776318 \$4.00, Order 776323 Check \$40.11, and Order 776324 for \$17.00 cash for a total of \$68.11 on 12232021. Order 776325 PI Lit transferred from ASC \$80.50 bringing the balance to \$252.55 Checkbook and bank balance agree.

In loving Service,

Mike VP

RCM Report 12-12-21 (wasn't included in last months minutes)

Greetings Area: Region was held in Hiawatha Iowa November 20th and 21st Hiawatha City Hall & Community Center with most areas in attendance. The 40 - year Anniversary Celebration of the Iowa Region was be held in Hiawatha Iowa

after Saturday service is completed. It was a very good celebration with good support from around the region.

The next Region will be held in Des Moines Iowa February 19-20, 2022. Iowa State Fairgrounds Animal Learning Center 2nd Floor, E 34th Street.

Open Floor:

Application for incorporation was rejected do to us not having a legal entry.

Banner display cost.

Iowa gambling licenses

Meeting formats

International Property Trust

Start times.

Agenda:

Unfinished Service

Vote for Recorder - Brian J Approved

Vote for Co-Recorder - Jennifer B Approved

Vote for Treasurer - Chad L Approved

Vote for Co-Treasurer - Jess R Approved

YAP phone Approval Tabled until ready

Proposal - Guidelines Article 6, Sec. D - Approval? (Wi-Fi, ADA, and meeting space requirements) Tabled

New Service

Review progress of Budgets / Fiscal Year Ending – Esti Approved

Committee work group coordinators approval Approved

IRCNA bids Tabled

RD Expense over budget of \$500.00 was approved so they can attend Zonal meeting in Nebraska that while cover the CAR & CAT motions.

Regional Assembly will most likely be done over Zoom sometime in April.

PR's Billboard project was approved with \$4000.00 budget.

Web Servant position was transferred to a Regional Board position. Approved

IRCNA Banner Holders to display during convention for \$1928.00 was approved.

WSO Donation of \$300.00 was approved.

Area Considerations:

Spiritual Principle a Day Book Project Approval Draft to be distributed to RCM's next region.

QR Code available directing users to the Iowa Regional Website.

Taxes: wanting to hire an accountant to file our taxes until our 501C3 status has been completed.

Hotel expense \$403.00

In Loving Service

Bart W

RCM Report 1-9-22

Greetings Area:

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In Loving Service

Bart W.

B. Sub Committees

Public Information

Greetings Area!

I'm Mike, an addict,

Well Happy New Year and here we go! In the last month I have finally completed the first jail packet commitment to 6 of our local jails and institutions with the exception of Cass County. I hope soon to be able to speak with them and include them in this much needed information and get these resources in the hands of those addicts as well.

I do have enough supplies to put together 30 more of these packets and plan on re0contacting the facilities that we have already supplied to offer our resources as needed.

That being said let's talk about some P.I. goals for the coming year. As far as what I am doing now with the jail packets, I just hope to improve relations with all of our local institutions and be pre-emptive in the needs of our local jails an institution and streamline not only the efforts but also the results of our work. I

would also like to get our sound bites for local radio up and running again, and maybe a little more often. I would like to have a bigger presence in the opportunities for P.I. booths and look forward to recognizing those opportunities more clearly going forward.

Also, the subject of bringing meetings back to jails is heavy on my mind and as soon as this Omicron variant stuff slows down, I would like to address that as well.

In closing I want you to know I appreciate all the help I receive and will continue to look for opportunities to further carry the message to the addict still suffering in all I do.

ILS. Mike H.

C. Groups

Atlantic Groups

Solid recovery in Atlantic Wed. Night group of NA. We are averaging 11 - 15 each week and recently marked a 30 key tag.

In loving service,
Jamie

Recharge Group

December 2021 Recharge Group Report

Given January 9th 2021

Greetings SWINA from the Recharge Group Carter Lake. Our total attendance for December 2020 was 34 addicts. We welcomed 7 Newcomers.

Our beginning balance was \$29.00, income of \$32.00, expenses of \$30.00, and ending balance of \$31.00. We have an area donation of \$20.00 and a \$4.00 Lit order.

On a somber note, we lost a group member who's sudden passing came as a huge shock to all of us. Matt R died on the 28th of December. Our hearts and prayers go out to his friends and family during this time of sorrow and grief.

In Loving Service,
Mike VP,
Recharge Group

New Way Group

New Way Group given January 9th 2022
Greetings Area from The New Way Group NA.

The recovery journey continues at New Way. For December 2021 We had a total attendance of 46 addicts. We welcomed 2 Newcomers, and celebrated 1 One Year Clean. Beginning balance \$28.00; Donations \$44.00; Expenses \$42.00; Ending balance \$30.00; We have an ASC donation of \$5.00 and no lit order. We are on Step 4 in the Step Working Guide.

Sunday New Way Group is now meeting in room 205 on the second floor at Broadway United Methodist, 11 S 1st St, Council Bluffs, 6:45-7:45pm. Coffee is hot, and hugs are warm. Come work steps with us.

ILS,

Mike VP

Let it Be Group

Let it Be has been moving along just fine and the recovery is strong. We've had about 10 to 12 addicts at each meeting occasionally going up to about 20 we had a \$212 lit order between areas, and we don't have any donation at this time, but I'm sure we will next month. We've given out a lot of newcomer chips and a lot of medallions. Things have been going really well.

ILS, Dave R

Visions of Hope

Greetings area from VOH grp.,

During the month of December, we had 110 addicts. There were 2 newcomers, one 30 day and one 90-day key tag celebrations.

Due to an ongoing lack of attendance, the group voted to close Wednesday's 8pm meeting. Leaving 7pm meetings, still, on Monday Tuesday and Thursday evenings. We are pleased to announce the return of Thursday night speaker meetings to VOH and are currently scheduling speakers to share their experience strength and hope. If you know anyone who may be interested, please contact any of VOH's home group members including myself, Stacy H, Bart W. or Barry B.

Upcoming speakers are Michelle B. from Council Bluffs on January 13th, Barry B. from Council Bluffs January 20th, Steve H. from Council Bluffs January 27th and Jose L. from Guthrie Center on Feb. 3rd.

Thank you, area.

In loving service Erich B. VOH

Harlan

Hello ASC from Harlan GSF.

Overall meetings are going well with a strong message of recovery with an average of 5-12 addicts in attendance with 1 newcomer. We have celebrated a few birthdays with two 30-day key tags given out, 1 9-month key tag given out and a 1-year tag given out. Congratulations to the birthdays!! We also have an area donation of \$130.00 and no lit order at this time. Thank you.

ISL, Mel F

Friday Night Live

Greeting Area,

I 'm Mike, an addict.

“Friday Night Live” is healthy and happy as we enter into the new year! Our attendance is solid as we are averaging 25 addicts per meeting over the last month and are seeing new comers trickle in here and there. We have celebrated numerous milestones, and have run completely out of white key tags as well as a few of the other colors that indicate positive growth in early recovery. We have “lit” order for \$103.43 to restock our depleted literature and are making a \$60 Area donation today. Recovery and Unity are strong in Atlantic so if you ever are in need of a good meeting and or a great cup of coffee... We Got a Chair for Ya!!

ILS. Mike H.

6. Correction and approval of minutes –

7. Financial Request: Stacy J receives \$50 for church to host Chili Cook Off

8. Old Service

A. Open Positions for Area especially Activities - tabled

B. CAR Assembly

C. Guidelines Review-AdHoc **Every** Sunday 6:00 Zoom ID: (87669041699)

D. Password: (113339)

E.

F.

G.

H.

9. New Service

A. Discussed Regional donation - \$500?

B. Region meets in February


C.


D.

10. Next area location- Griswold


Next ASC February 13, 2022



 **FASANA NB - Valentine's Dance**
Saturday, February 12

 **Hillside Wesleyan Church**
2600 1st Ave NW, Cedar Rapids, IA 52405, USA

 3pm - 10pm

 iowa.region.na@gmail.com