

## SWINA ASC Minutes

December 11, 2022

1. **Open-** 2:42 pm

2. **Reading of:**

- a. Twelve Traditions- Gary R
- b. Twelve Concepts- Stacy H
- c. Service Motivation- Kim B

3. **Sharing Session** - Start- 2:48 pm End- 2:51pm

a. Bart W- In regards to the chili cook off. Council Bluffs Groups are looking for a place. March 11,2022 location to be determined.

Gary R- Can you Dave R check into a Service Learning Day?

Dave R- Yes I can check into it.

Stacy H- I did save the date flier for March 11, 2022 . Please put this in the minutes that it was offered please.

4. **Roll Call/Visitors**

a. Executive Committee

Facilitator- Bart W

Co-Facilitator- Gary R

Recorder- Stacy J

Treasurer- Jan S

RCM- Stacy H

RCM-ALT- Alex T ( ABSENT)

b. Sub-Committees:

Lit-Chair- Mike VP

PR-Chair- OPEN

H&I-Chair- George R ( ABSENT)

PI-Chair- Mike H (ABSENT)

Activities Chair- Samantha C

Activities Co Chair- Kim B

Phone Line- Dave R

Web Servent - Dave R

c. Groups:

Recharge Group- Mike VP

New Way- Sam M

Vision of Hope- Stacy H

Straight Friends- Chantelle S (ABSENT) with report

Harlan GSF- Kim B

Wednesday Atlantic Meeting- Mike H (ABSENT) with report

Let It Be- Dave R

Friday Night Live- Sari M (ABSENT) with report

Sisters In Serenity- Samantha C

New Beginnings- Amber W (ABSENT) with report

Red Oak NA Group- Terence M

Against All Odds- Casey W

d. Groups present- 8 TOTAL

e. Visitors- NONE

5. **Reports:**

Facilitator- NO REPORT

Co-Facilitator- NO REPORT

Recorder- NO REPORT

Treasurer-

Balance 11-13-22	\$1540.49
Expense 11-13-22 church rent	\$1525.49
Expense 11-13-22 recorder (Marlene Atilano)	\$1488.16
ink that totaled \$37.33	
Cash Expense 11-13-22 (Mike VP)	\$1481.16
starter kit that totaled \$7.00	
Deposit 11-25-22 totaled \$173.00	\$1654.16
Ordered Checks totaled \$66.52	\$ 1587.64
Balance as of 12-11-22	\$ 1587.64

ILS

JAN S

RCM – Region minutes November 2022

RD presentation: CAR overview and preview –

CAR is expected to be released on November 30 th . Each region will receive a printed copy. It will be available for download on the website.

CAT is expected to be released on January 30 th .

February 5 zonal CAR/CAT workshop

February 18 th IRSC CAR/CAT workshop

WSC April 30 th - May 6 th Washington DC

Awareness – reminder to include that the 1-800 number can be texted for meeting locations based on zip codes. Consider adding to the meeting list.

Jan 7 th 10 am for zoom training for the phone line. Flier to be posted to the website. Will be recorded and posted to the website as well.

Full group Sharing session

Este – discussion on 501C3 benefits – request to draft actions and benefits for the region to share with the Areas and groups.

Mana reinstating voting rights – added to business agenda

Motion to address Zoom meetings for region moving forward.

Discussion was held. Will need a proposal

to add to the guidelines if this needs to be actioned on. SCANA made proposal and is now added to new business.

Per Marie, Mark F sent in a proposal regarding sales tax exemption for the areas and groups. Cost should not exceed \$200 for fees to the IRS. As we had the to opt in to reestablished per groups.

Sharing session closed.

Mana voting rights reestablished.

All 12 groups present. 3 votes to block

RD – Plains State did join the US zone. HR list is being developed from Zonal. If interested, please tell

Tonia. South Dakota is doing better, and no longer expecting to need to fold. CECK is 96 days away.

AD – CAR/CAT was referenced. WSO updates – member contributions have increased. Currently at 50%

of goal. Reminder of ability to donate online. World is still running understaffed. They did update

Database software. A gift version of the SPAD should be available soon. Virtual meetings were discussed

regarding their ability to be seated. The Iran region has dissociated themselves from World for printing.

Decision was made by the RSC without consultation with the groups. Virtual Meeting Basics is now board approved and available in the Toolbox.

Zonal Forum workshop – Question of if the goals and needs originally identified are still being met as well as new needs being identified and met. Zoom assistance and PR support. IT support as well as the BMLT are all being maintained by PSZFNA. Visibility of members is still an issue as well as Fellowship Development still is lacking. Funding is still an ongoing issue. Not all regions have a liaison and support for SBTW work. Sharing knowledge between regions is a hurdle that is not able to be addressed via a report. These will all be workshopped and a plan will be developed. Feb 4-6 Zonal meeting in Grand Island. No financial request is required for this trip at this time.

FD – New scavenger hunt prize will be a grab bag from NAWS. Monthly zoom meetings will still be held.

Guidelines – Barry has finished his tenure. Guidelines are completed. Kathy from IC has been nominated to fill open position. Voted in unanimously.

Insurance – nominations are needed by next Region. Accounts are all current and no claims have been filed.

Webservices – John O from Lakes is nominated.

Financial requests – Reid - \$136.34 for purchase of previously agreed upon IT equipment. This is above the previously approved amount. \$100 for tote for gear and USB hub.

Mark - \$200 request to the group that assisted in incorporation.

Straw poll unanimous

disapproval. Motion struck.

Unfinished service – IRCNA 40 bids – One bid from CAFANA, and SLANA. Bid packets are were disbursed.

Elections:

Facilitator – Reid C. elected

Co-Facilitator – Matt S. elected

R2D2 – Denny V elected

Committee facilitator – PR Laura H. elected

FD – Ashley elected

Guidelines – Kathy elected

Webservices – John O elected

Insurance – Heather M elected

Archives – Katie C nomination accepted – tabled until next region.

IRCNA standing – Aisha B elected

Budgets: passed

New Business:

Proposal to Draft document to educate the benefits and needs of the 501C3 status. Suggestion made to refer to guidelines and treasurer to determine guidelines necessary. Straw poll to send to guidelines.

Proposal to continue Zoom Region meetings. Consensus met, not unanimous. Sent to guidelines for consideration of what that looks like.

Motion from FASANA to purchase speakers for breakout groups for Zoom. Purchase of 2 more.

Estimated cost \$200-\$500. Motion passed unanimously.

RD handout reviewed.

Closing treasurer report –

2260 region donations

12035.50 closing balance

World/zonal donation 1000/500 suggested

ILS  
STACY J

RCM-ALT-

Greetings Area,

I apologize for not being able to be there in person. I started a New job in late October and have been assigned every

other weekend. This happens to be the weekend of the area each month right now. Due to several factors I will not be able to fill the duties of RCM- ALT. I am going to be stepping down to allow someone who can properly fulfill this position to take it on. I appreciate the opportunity to serve in this capacity and other positions at area through the years.

ILS  
ALEX T

a. Sub-Committees:

Lit-Chair-

Greetings Area from the literature subcommittee.

Lit orders 816329, 816330, 816332, 816339, 816341, Cash \$411.00, Orders 816331 and 816340 checks totaling \$277.21 total Deposit \$688.21 withdrew cash \$702.00 on 11-22-2022 for order to

ENNA for \$702.20. The balance in the checkbook is \$162.65  
Checkbook and Bank balance agree. Order 816342 for PI #311.50  
is pending until ASC Treasurer receives checks.

ILS

MIKE VP

PR-Chair- OPEN

H&I-Chair- NO REPORT

PI-Chair-

Greeting Area I'm Mike an addict This last month has gone  
by quickly. I did receive all the materials I asked for to distribute 70  
jail packets to our respective institutions and jails. We are

now including Corning Adams County, as well as Cass County to  
the list. I am currently putting them together and will have them  
where they need to go very soon. I really don't have much to add to  
this report other than that I am paying attention to my  
responsibilities and doing the best I can.

In Loving Service

MIKE H

Web Servent-

The web site is doing fine. I think it's up to date with events in  
the Iowa Area last I looked there wasn't a lot of events going on. I  
go to the Iowa site and put things in there that are in the Iowa  
Region and it looked like it was getting a little bit thin the last

time I looked but, if there are any comments or criticisms please let  
me know and I will address those as quickly as I can.

ILS

DAVE R

Phone Line-

The phone line is going and I have a training video and some training literature. If anybody wants to do the training just let me know and I will get the material to you. All the times are open and I think we have had 1 person from here get into the phone line. Barry and Michelle have been doing the phone line forever but there's plenty of room for more.

ILS

Dave R

Activities Chair- Greetings Area,

The past month has been very busy for the activities committee. I want to thank the Atlantic groups for hosting the Gratitude Dance. I also want to thank all the groups and individual addicts who donated food and took time to make the food! The event turned out wonderful and there were many addicts at the dance. I believe approximately 70+ were in attendance. At the last subcommittees it was decided that tickets for the wooden epoxy bench would be sold for \$10 each. We sold 57 tickets therefore \$570 was collected from the epoxy bench raffle. Our total income collected was \$1,103.91. We had expenses of \$330.30. Those expenses were \$150 for the DJ, \$125 for the Venue, \$14.98 & \$40.32 from Walmart for supplies. Total proceeds after expenses taken out were \$773.61. At the last area I notified everyone that we would have a zoom meeting Sunday after the Gratitude Dance, November 27th. I apologize for not getting the zoom information out until the very last minute. During the zoom meeting it was decided that we would get approximately 40 toys for the Holiday Party. We also discussed making cookies for people to decorate as an activity. Alex and I were baking the cookies, Stacy J. was going to prepare the frosting and Kim was going to get toppings. Due to life on life's terms a couple things had to be shifted and Stacy J. helped bake cookies and got toppings for the cookies. We also discussed buying a set of books for the newcomer. This set included a SPAD, BT, and JFT from the literature stock. The total for this was \$36.70. The Holiday Party was well attended. I thank the Harlan group for hosting as well as

those who supplied food! A special shout out goes out to Casey and huge thanks as he played Santa during the event and did very well! We would like to keep him in mind for next year as he mentioned interest in continuing to help next year! I bought a total of 42 toys from Five Below, Walmart and Dollar Tree. Due to buying supplies and toys together I do not have an exact amount spent on toys but can give an estimate of \$242. The total amount spent for the whole event was \$477.83, this includes rent and the purchase of the NA literature for the newcomer. Funds brought in from the Holiday Party totalled \$342.25. We may have spent a little on doing an activity during the event by having cookies to decorate but it went well, kept the kids occupied for a bit and everyone seemed to enjoy it. Let's look a little forward now. We need bids today for the chili cook off / Service Learning Day. Also, we would like ideas for the service learning day from subcommittees and Area. The Area/Activities also need to be thinking if we need to put on a Memorial Day Function. If so the bid needs to be in February. Looking for SWINA logos sooner than you think!! SWINA logos are due at March ASC! It will come way before you know it, please push it with your groups! I will not be at the next Area in person due to being out of the state, I hope to be on zoom if it's

up!

ILS,

Samantha C

(All Receipts attached below)



**DOLLAR TREE**  
 Store # 4087 (712) 896-3116  
 3800 North Drive  
 Ste 100  
 Council Bluffs IA 51503-7727

DESCRIPTION	QTY	PRICE	TOTAL
WATERCOLOR TEMPERA 5PK	1	1.25	1.25
WOOD BEAD RING W/PEWEE 10.7X5.6	1	1.25	1.25
ARTIST BRUSHES SET	1	1.25	1.25
WOOD ANIMAL 4 ASTD 3D	1	1.25	1.25
WOOD ANIMAL 4 ASTD 3D	1	1.25	1.25
WOOD CHALK BOARD 18.5X24X1CM	1	1.25	1.25
WOOD ANIMAL 4 ASTD 3D	1	1.25	1.25
ARTIST BRUSHES SET	1	1.25	1.25
PAPER LABELS CRYST PAPER 40CT	1	1.25	1.25
WATERCOLOR TEMPERA 5PK	1	1.25	1.25
METALLIC PONY BEADS	1	1.25	1.25
WOOD BEADS	1	1.25	1.25
WOOD BEADS	1	1.25	1.25
STRETCH LACE	1	1.25	1.25

Sub Total \$18.75  
 SALES TAX \$1.31  
 Total \$20.06  
 Cash \$40.00  
 CHANGE \$19.94

NEW SHOP ON-LINE AT DOLLARTREE.COM  
 \* We will gladly exchange any unopened item \*  
 \* with original receipt. We do not offer refunds. \*  
 5747 04087 04 041 2360667 12/09/22 10:01  
 Sales Associate: Tony

**SUPER SAVER**  
 WE SELL FOR LESS  
 1141 N BROADWAY  
 Council Bluffs, Iowa 51503  
 Phone 712 333-8778  
 EMAIL STOREDIRECTOR@GREATSTORES.COM

\*\*\*\*\* Welcome to SUPER SAVER \*\*\*\*\*  
 Your Store Manager is Matt Morrison  
 Your cashier today is SELF CHECKOUT 21

MONITOR 24" 24"	12.99	8
DEPOSIT 1.20	1.20	F
SC LIMIT2 PEPSI 24PK	2.99	8
DEW 24 PK	1.20	F
PEPSI 24 PK	2.99	8
DEW 24 PK	1.20	F
***** BALANCE	41.42	
Cash	21.00	
CHANGE	0.00	
12/07/22 18:39	12	21 150 2021

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\*\*\*\*\* Welcome to SUPER SAVER \*\*\*\*\*  
 Your Store Manager is Matt Morrison  
 Your cashier today is SELF CHECKOUT 21

PEPSI 24 PK	10.99	8
DEPOSIT 1.20	1.20	F
SC LIMIT2 PEPSI 24PK	2.99	8
DEW 24 PK	1.20	F
***** BALANCE	10.81	
Cash	11.00	
CHANGE	0.19	
12/07/22 18:39	12	21 151 2021

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Give us feedback @ survey.walmart.com  
 Thank you! ID #: 784PKLPM2B

**Walmart**  
 712-366-3326 Mar-WILLIAM  
 3201 MANAWA CENTRE DR  
 COUNCIL BLUFFS IA 51501

STW 01965 OP# 009031 TE# 31 TR# 01466	
DBLTXRED 085428100811	8.88 X
GV LINADE260 007874200225 F	5.48 N
SUBTOTAL	14.36
TAX 1	7.00 %
TOTAL	14.98
DEBIT TEND	14.98
CHANGE DUE	0.00

EFT DEBIT  
 14.98 TOTAL PURCHASE  
 US DEBIT \*\*\*\*\* 2475 I O  
 REF # 233000205868  
 NETWORK ID. 0081 APPR CODE 748107  
 US DEBIT  
 AID A0000000980840  
 AAC 08820AF483A3CC73  
 TERMINAL # SC010110  
 11/26/22 14:20:57  
 # ITEMS SOLD 2  
 TC# 9422 0913 1215 0896 2236

Low Prices You Can Trust. Every Day.  
 11/26/22 14:21:01

Give us feedback @ survey.walmart.com  
 Thank you! ID #: 784PKLPM2B

**Walmart**  
 712-366-3326 Mar-WILLIAM  
 3201 MANAWA CENTRE DR  
 COUNCIL BLUFFS IA 51501

STW 01965 OP# 009031 TE# 31 TR# 09786	
FOAM CUPS 007874201449	1.72 X
CUTLERY 068113157392	2.44 X
DX 100Z 70CT 004200016237	7.46 X
GV 250 PKM Y 007874223340	2.26 X
PEPSI 24 PK 001200000017 F	10.78 X
IA DEPOSIT 007874234424 F	1.20 N
MT DEW 24 PK 001200000088 F	10.78 X
IA DEPOSIT 007874234424 F	1.20 N
SUBTOTAL	37.94
TAX 1	7.00 %
TOTAL	40.32
DEBIT TEND	40.32
CHANGE DUE	0.00

EFT DEBIT  
 40.32 TOTAL PURCHASE  
 US DEBIT \*\*\*\*\* 2475 I O  
 REF # 232600705479  
 NETWORK ID. 0081 APPR CODE 516015  
 US DEBIT  
 AID A0000000980840  
 AAC E4524F34E222FB  
 TERMINAL # SC010931  
 11/22/22 15:35:21  
 # ITEMS SOLD 8  
 TC# 4486 9092 7196 9947 4531

Low Prices You Can Trust. Every Day.  
 11/22/22 15:35:26

Activities Co Chair- NO REPORT

b. Groups:

**Sisters In Serenity, CB-  
 Greetings Area,**

**Sisters in Serenity had a total of 36 women in attendance in November. We brought in a total of \$69.02. The group purchased a Turkey and Ham to donate for the Gratitude Dance. Our ending balance \$84.21. We have no donation or lit**

**order. We are continuing with our rotating format but as Decembers 5th Saturday in NYE the group has decided to do a regular meeting instead of a speaker and potluck. The meeting is in need of a treasurer or secretary. Please join us Saturday at NOON!**

**ILS**

**SAMANTHA C**

**Recharge Group,**

**Greetings SWINA from the Recharge Group Carter Lake. Our total attendance for November 2022 was 47 addicts. We welcomed 1 newcomer, celebrated 2 ninety days, 1 six month, 1 nine month, 1 one year, 1 three year, and 1 seven years clean.our beginning balance was \$83.00 income of \$63.00, expenses of \$93.00 and ending balance of \$53.00. We have an area donation of \$40.00 and no lit order.**

**The recovery journey continues in Carter Lake with our topics coming from our Basic Text in the fellowship hall at 3025 Mabrey Ln for one hour starting at 7pm on Monday Nights.**

**ILS**

**MIKE VP**

**Recharge Group**

**New Way Group CB Report Given December 11,2022**

**Greetings Area from the New Way Group NA, The recovery journey continues at New Way. For November, 2022 We had a total attendance of 39 addicts. Beginning Balance \$88.00 Donations \$43.00 Expenses \$96.00 Ending Balance 35.00. We have an ASC donation of \$20.00 and no lit order. We are on Step 12 in the Step Working Guide.**

**Sunday New Way Group is now meeting in Room 205 on the second floor at Broadway United Methodist, 11 S 1st Street, Council Bluffs , Iowa 6:45 to 7:45pm. Please be on time because the church wants us to keep the doors locked and let attendees in. At 645pm the door keeper will go upstairs. Coffee is HOT, and HUGS are warm.Come work steps with us.**

**ILS**

**SAM M**

**Vision of Hope, CB -**

Greetings area,

Things are going well at Visions of Hope. We currently have served 91 addicts, celebrates three birthdays and after paying rent have 227.57 in the bank. We have a lit order for some SPAD's and have no area donation at this time. As always, thank you for letting me serve.

In Loving Service,

Stacy H

**Straight Friends, Villisca -**

Greetings from Straight Friends Group In Villisca! We are still struggling with attendance but we do a dedicated 5 to 6 regulars that show up every Monday Night. Due to a generous donor our rent is paid up through March. We have not given out any key tags this month. We have no donation for area now.

In Loving Service

Chantelle S

**Harlan GSF –**

Hello From Harlan GSF

All meetings are going well with a clear message of recovery being shared. We have been averaging from 6-9 members. We celebrated 1 newcomer a 3 yr b-day, 2-30 day keytags, 2 marbles were handed out. We have no area donation for SWINA at this time.

We have had no requests for the jail. We have a lit order of \$10.11 we are looking forward to the holiday bash. The halloween party went well thanks for all that attended

ILS

Melissa S recorder

Kim B GSR

### **Friday Night Live, Atlantic –**

Greetings Area, I'm traveling back from Phoenix. Life has been busy this last few months. I will get in the swing of things after the 1st of the year. Meetings continue to be very well attended. Between 30-40. Recovery is still hopin. We have an area donation of \$200.00 and a literature order of \$44.45. The Gratitude Dance was a success. Thank You all who attended, cooked and helped serve. We are having our annual Christmas

Caroling in Atlantic on the 18th at 6pm. Meeting behind the 309 club. Hope everyone will join and spread some Holiday Cheer.

ILS

SARI M

### **Wednesday Atlantic Meeting-**

**Greetings Area I am Mike an addict. My apologies for not being there today but, I have some personal things to**

**take care of today. Things at the Wednesday Night meeting are going well. Our attendance is solid averaging 15 addicts pretty steady going into the close of the year. We are having an influx of newcomers as of late and they are returning which is refreshing and nice to see. Our 7th tradition is stable and today we have a literature order of \$22.50 and a donation to area in the amount of \$128.00 . We want to send an invite to all to come join us and share in the solutions rather than the problems. 7:00 p.m. United Church Of Christ 1607 Hazel Street Atlantic Iowa every Wednesday night**

**In Loving Service**

**MIKE H**

**Let It Be, CB. -**

Greetings Area, things at Let It Be are going well. we have been having an uptick in our attendance which is appreciated. Things had been going a little light there for awhile but now are picking back up. We have used a lot of white key tags lately. and key tags of all sorts. The prudent reserve is at about where it needs to be so we have no donation or lit order at this time. I would like to just appreciate MIKE VP for all that he has done for us in literature and being available while keeping his lit stockpile there at the lite house.

ILS

DAVE R

**Red Oak NA Meeting- NO REPORT**

**New Beginnings, Clarinda-**

**Greetings from New Beginnings in Clarinda. We have had good attendance on Wednesdays with an average of 10 people coming. We handed out 1 newcomer key tag this**

**month. At this time we are sorting out questions of rent since the meeting is held at the Zion Recovery Center. We have no area donation this month**

**In Loving Service**

**Amber W**

**Against All Odds- Shenandoah-**

**Dear ASC,**

**The Shenandoah meeting has been doing great. We have had anywhere between 9-14 members this month. We have given away 1- white tag, 1- 30 day key tag, 2- 60 day tags, 2-90 day tags and a 2 year coin. We do not have an area donation or lit order at this time**

**ILS**

**CASEY W**

**1. Correction and Approval of the minutes – UNANIMOUS**

**Financial Requests -**

- a, Recorder- Stacy J- Ink and Paper \$42.10 UNANIMOUS
- b. Mike H- PI- lit order - jail packets and stock \$311.50 UNANIMOUS
- c. Stacy H- RCM Hotel Expense- \$191.52 UNANIMOUS

**2. Old Service:**

- a. Who is going to get mail? Mike VP will pick it up.
- b. Phone line- Dave R has information if anyone wants to be trained.
- c New Years Eve Function with ENNA- they just want us to support them and if possible bring a side dish to share
- d. Holiday Bash- went well in activities report today.

e. meeting lists- They are updated

f. Chili Cook off Bids- Council Bluffs to put in a bid for March 11, 2023.

Location to be determined. more will be revealed.

g. Opening Accounts- Villisca doesn't know what's going on with the account. The numbers were not working. Don't have an update on this cannot be called non profit.

3. **New Service:**

a. RCM Alt- Stacy H showed concern for Alex T. Gary R will talk to her and report back to the area. Tabled to next month

b. PI Expenses- Literature needs paid \$311.50. Mike H has not ordered anything for 3-4 months so he will need this to do packets and restock his stuff. APPROVED (Unanimous)

c. Regional Donation- Tabled till next month

d. Activities- right now they have a \$300.00 prudent reserv

4. Next ASC to be held on JANUARY 8, 202

5. Close Meeting

Flood Meeting- Harlan Saturday Serenity Meeting SCCO/ Heroes Attic 5-6 PM

7 th Tradition- \$17.00