

SWINA ASC MINUTES March 10, 2019

1. Open ... Moment of silence followed by the Serenity Prayer

2. Readings:

- a. Twelve Traditions – Stacy J.
- b. Twelve Concepts – Stacy H.
- c. Service Motivation – Mike VP

3. Sharing Session

Stacy J – Ordered more meeting lists and pulltab fliers and paid for them out of pocket. Should she make a financial request or just submit a receipt. Per Gary, as long as it is within the allotted budget, a receipt will be sufficient.

Mike H. – Question about starter kit for the new group. He was under the understanding that Area would cover this cost, but it is still showing the amount due. Sari clarified the protocol for having area pay for the start up kit, with Literature making a financial request to cover the expense.

Stacy J. asked for clarification for when it needs to be printed on the meeting lists. After three months of meetings (which will be when the new meeting lists are to be printed) the new group will be added.

4. Roll Call

Executive Committee:

Facilitator – Bart W.
Recorder – Stacy H.
RCM – Dave R.

Co-Facilitator - ABS
Treasurer – Gary R.
RCM-ALT - Open

Sub-Committees:

Lit-Chair – Holly G.
H&I-Chair – George R.
Activities-Chair - ABS

PR-Chair – Sari M.
PI-Chair – Stacy J.
Activities- Co-Chair - ABS

Groups:

- | | |
|------------------------------|---------------------------------|
| 1. Discovery Group - Dave R. | 2. Just For Today - ABS |
| 3. Living Clean - ABS | 4. Recharge Group – Tamara |
| 5. New Way – Kenny S. | 6. Vision of Hope - Caitlyn |
| 7. Straight Friends - ABS | 8. Harlan GSF – Stacy J |
| 9. Atlantic Meeting - Alex | 10. Let It Be - Crystal |
| 11. New Freedom - Paul | 12. Straight Edge - Alisa |
| 13. Perfectly Broken - ABS | 14. Friday Night Live – Mike H. |

Visitors – Mike VP, Melissa S., Mark, Amanda, Amanda,

5. Reports

Facilitator –

Facilitator Report

Hello Area:

Here we are again approaching the time of year for nominations for are areas trusted servants. I hope we have come with some great ideas for are servants to take us into the next year.

I feel like we have completed some good work in the last year getting word out, adding a couple new meetings and strengthen existing meetings.

The area of concern I have has to with the unity or lack of between the cities and towns in our area. This concern comes from looking around the rooms while attending functions throughout the area and seeing very little support outside of the local NA community. I for one know I need the fellowship as a hole for my ongoing recovery.

The learning day yesterday was not very well attended not even by the local community of Council Bluffs. I for one was very disappointed; we have these learning days in order to pass on information for making NA stronger and develop unity.

Thankyou
Bart W.

Recorder – Stacy H. – No Report
Treasurer – Gary R. –

March ASC

Bank balance \$ 1446.59

Checkbook balance \$ 646.59

Outstanding \$800 to region

Submitted ILS, Gary R

Lit-Chair –

Hello Area

We had a bank balance from last month of 25.12. Deposit was made on 3/1/19 for 127.00, balance was then at 152.12. Ordered some Literature at 143.62, which took balance to 8.50. Deposited 50.00 from another Literature order on 3/6/19. Balance stands at 58.50.

I have a receipt for 2 receipt books I had to buy for Literature in the amount of 10.21.

I'm asking all GSR's please pay close attention to any special orders you will be needing and give me 2 months to get. And they must be PRE-PAID as Literature just does not have the extra money to make these purchases in advance.

Especially on medallions.

Also, I will be setting up the online banking and it will be done by next Area.

ILS

Holly G

PR-Chair –

PR Facilitator Report:

It was voted and determined that this Area want to keep the PR Facilitator Position. PI has nominations of Stacy J for facilitator. PI needs to know if packets were distributed and where from the GSR's.

H&I had no report this month.

Webservices report did not make it to me due to change of email and phone number. I am asking this PR committee members to think about having PR contact companies such as SWITA for ticket (free) to about getting rides to meeting as this would be a mental health meeting and who or how we go about this for our disabled members.

ILS Sari M

Activities-Chair –

Dear ASC,

First off I apologize for not making it to area as I have had lots of vehicle problems this week. I would like to say that I was hoping for more people at the chili cookoff. Not a lot of people from out of Council Bluffs were there. We need unification from our whole area! With that said, the workshops were great!

Thanks to those who facilitated them. We had some great Chili. I would like to thank all who made Chili. Our winners were Bart W and Megan M. I gave them a free SWINA 2019 registration. Now to the financial part. I spent \$83.54 on pop, ice, and food supplies. I paid Michelle B. \$21.46 for supplies for workshops plus \$50.00 for rent to the LiteHouse for a grand total of \$155.00 in outgoing expenses. We brought in a total of \$82.00.

ILS,

Casey W.

Discovery Group -

Greetings area.

The discovery group is doing well. We are a small group so we vary between 5 and 10 meetings each week. Recovery and sharing is doing great. Stop out give us a try. We have no area donation at this time.

ILS

Dave R

Living Clean –

Dear ASC,

The Living Clean Group is doing good. We handed out one new white keytag this month. We have about 5 – 6 addicts per meeting.

ILS,

Casey W.

Recharge Group –

Hello ASC,

At Recharge we are experiencing growth with eyes that are open to see recovery, willingness to learn with discussions coming out of our Living Clean.

Our average attendance is 21 -22 addicts every week.

We celebrated 1 – 90 day and 3 – 6 months.

Area donation of @\$20

Lit order of \$19.12

Beginning balance of \$28.00

Received - \$88.95

Expenses - \$35.95

In Loving Service,

Tamra B.

New Way – Kenny S. –

Greetings SWINA from the New way Group in Council Bluffs from February 10th, 2019

Our beginning balance was \$76.00, income of \$47.00, expenses of \$40.00, which had an ending balance of \$83.00. Our attendance was 13-24 addicts. We welcomed 3 newcomers, 2 – 30 day, 2 – 90 day, and 1 – 18 month keytag and medallions. We have a pending lit order of \$45.92. We also have a \$20 ASC donation to area.

We are currently working on step 5 in the stepworking guide. The coffee is hot and the hugs are warm. Come join us.

In loving service,

Kenny S.

Vision of Hope –
Hello Area,

Meeting attendance did go down slightly this month and might have something to do with all this snow and cold weather. We had a total of 208 addicts last month. 6 newcomers, 4 – 30 days, 1 – 60 days, 1 – 90 days. We had a total of \$173.84 in the 7th tradition and no area donation at this time. Thank you for letting me be of service.

In Loving Service,
Caitlyn S.

Harlan GSF –
Hello ASC,

From your Harlan GSF. Overall meetings are going well. We have some service positions open and seeking to fill those. We have a total of \$49.63 in lit orders and a \$30.00 Area donation.

ILS,
Gaylen P
Stacy J./GSR

Atlantic Meeting –

Hello family,

This month we had an average of 8 addicts per meeting. Our message of recovery is strong. We got all our PI packets out. We are excited to welcome the new "Friday Night Live" meeting in Atlantic. We have no lit order and an area donation of #40.

ILS,
Alex T.

Let It Be –

Greetings SWINA,

The Let It Be group had 28 addicts in attendance for the month of February. We welcomed 4 newcomers and celebrated 4 – 30 days, 2 - 90 days, 1 - 9 month, 3 - 1 years, 4 multiple years. I do not have any new information on my possible move to Des Moines but I am guessing right now that I more likely will not be moving but I am not 100% sure yet.

In Loving Service,
Chrystal

New Freedom –

Hello Area,

Greetings from New Freedom Group. It's been a long time. We are trying to get reorganized. We currently have 3 meetings in Creston. Monday at 7PM, Wednesday 7PM, Friday 8PM with 6 – 12 addicts. We have a \$300.00 Area donation.

ILS,

Paul S.

Straight Edge –

Straight Edge is getting small but still alive on Tuesday nights at 7 PM.

I am picking up a lit order of \$22.455 for Key tags.

I did have to start having to carry keytags with me from the meeting due to them being stolen at our meeting place at Sion.

In Loving Service,

Alisa M.

Friday Night Lights -

Greetings from the "Friday Night Live" group..My name is Mike..Im an addict..

We have averaged 17 addicts in attendance and have had more than a few new comers being a New group..lol but to be more specific since we opened we have had 2 addicts show up that were in my humble opinion "new" meaning they were outside of the people in our area that we reached out to when we opened our first meeting, and already wurking the program.

We celebrated in our 3 meetings so far 1 marble for 11 months clean time, gave out 1 white booklet at our second meeting, and at our 3rd meeting we gave out 1 red key tag for 90 days clean time and 1 glow in the dark key tag for 1 year clean.

We have taken in a total of \$104.20 in donations over our 3 meetings. We have had expenses and time spent in supplying the things needed to open this new meeting. Literature,coffee,snacks,NA logos,and things of that nature that make a meeting not only be legitimate and authentic, but look like one as well.All these things were donated so far at no cost as we feel that building a prudent reserve is paramount to the survival and longevity of this gruop and its primary purpose. We have a free will donation of \$40.00 from a member rather than a percentage of our donations as to not take from our balance so soon as we need to buy things like basic texts and other literature related expenses as well as meeting supplies.

In addition at our last meeting we voted on a name and approved "Friday Night Live" as our new meeting/group name. Also we talked about elections for trusted servants and various positions for our new meeting and will be holding elections in 2 weeks from now as we need to see which members will stay in attendance to better fill these positions.

Also would like to mention special thanks to The Atlantic Group members for helping us get going they were key players in starting this thing..also thank you to Area for all their support as well..

"In Loving Service" Mike.

7. Correction and Approval of Minutes motion passed 9 green
8. Financial Request and 7th Tradition

\$85.64 – room for region - approved
\$105.80 H&I for discharge packets – 9 green approved
\$42.14 for fuller starter packet – 9 green approved
\$10.26 for receipt books - approved
Website fees \$93.48 - approved

- A. Nominations
 1. FACILITATOR
 2. CO-FACILITATOR
 3. RECORDER – Caitlyn by Stacy
 4. TREASURER – Gary will remain in the role if the ASC is willing
 5. RCM – Bart by Sari
 6. ALT-RCM – Stacy by Caitlyn
 7. PUBLIC RELATIONS COORDINATOR – Stacy J. by subcommittee
 8. PUBLIC INFORMATION COORDINATOR – approved by subcommittee in subcommittee
 9. HOSPITALS AND INSTITUTIONS COORDINATOR - approved by subcommittee in subcommittee
 10. WEBSITE COORDINATOR - approved by subcommittee in subcommittee
- B. Chili cook-off and learning day – reported on in the activities report
- C. Anniversary Dance Bids – Discovery Group would host, if no one else will do it.
- D. IRCNA bid 2021 – Work is still in progress. Tabled for this ASC

9. New Service

- A. Website funding – addressed earlier
- B. Yard signage – addressed in RCM report. Sari elaborated on it being a bulk purchase and divided up around the state. Volume and cost have not been determined. Discussion tabled.
- C. Nominations needed next month. Make sure to send service resumes to Stacy to be emailed out to the GSR's.

10. Announcements

Make sure to let Stacy J know when the packets are distributed in the areas. She needs to know by next ASC.

11. Next ASC April 14, 2019