

Southwest Iowa Narcotics Anonymous

Minutes for April 10th, 2016

I. Opening:

The meeting was called to order @ 2:05 p.m. by Bill D. with a moment of silence followed by the Serenity Prayer.

II. Readings: requested the following be read:

“The Twelve Traditions”, read by Stacy J.

“The Twelve Concepts”, read by Rick H.

“The Service Motivation”, read by Mike VP.

III. Roll Call/Visitors:

Executive Committee:

Facilitator: Bill D.

Co-Facilitator: Mike VP.

Recorder: Absent w/ Amanda J. taking notes

Treasurer: Brandon S.

RCM: Nate M.

RCM Alt.: Brandon S.

Sub-Committees:

Literature Chairperson: Mary R.

Activities Chairperson: Alisa M.

Co-Chair: Laura W.

PR Sub-Committees:

H&I: Rick H.

PI/Phoneline Liaison: Sari M.

Web-Servant: Dave R.

Groups:

Harlan GSF: Stacy J.

Straight Edge: Alisa M.

Discovery Group: Dave R.

Just for Today: Alisa M.

Living Clean: Absent

Let It Be: Absent

Recharge Group: Mike VP

New Way: Adam S.

Reaching Out: Absent

Visions of Hope: Absent

Simple Serenity: Mike R.

Straight Friends: Laura W.

New Freedom: Absent

ACW: Absent

There were 8 out of 15 voting groups at area. **Visitors:** Cyndie H., Sky W., Ben J., George R., Laurie R.

III. **Correction & Approval of Minutes:** Approval of minutes made and passed.

IV. **Reports**

Executive Committee:

Facilitator: Greetings ASC, I want to thank everyone for allowing me to serve as your Area Facilitator this past year. I have learned a lot from this service position. We have quite a bit on the agenda today. I want to invite our Higher Power to guide us as we go thru business today. Welcome to all the newcomers to Area Service.

ILS, Bill D.

Co-Facilitator: Greetings Area from your Co-Facilitator. I have contacted George R. about Pottawattamie County Jail. He says that due to changes made with

their personnel they are in process of redoing some of their files which put us in a holding pattern. We are still looking for them to contact us. I am sorry I missed the chili cook off. I am looking forward to Anniversary, Memorial Day, and Luau. I look forward to the warmer weather and all the opportunity recovery gives us to enjoy the good weather. ILS, Mike VP

Recorder: Absent no Report

Treasurer: Not received

RCM: Not received (verbal)

RCM Alternate: Not received

Sub-Committees:

Literature Committee: Verbal Report not received

Activities Chairperson: Greetings Area, So the Chili Cookoff yesterday was nothing short of disappointing!! I do have the treasure report of the function however it was a loss of funds and could have been a lot better supported had the hosting group actually attended. I would like to thank the CAR/CAT attendees for their willingness to vote, eat, and donate to the cause and Congrats Sari for 1st place (out of 2)!! We really hope that attendance is up at the Anniversary Dance and are looking forward to seeing you all there! The prizes for the Cook-off have been donated to be raffled off at the dance. We will need to know the amount for the DJ and are issuing a check today for \$50.00 to the hosting group for rent of the facility. Activities is also looking for bids of T-shirts and

Catering for SWINA and will hopefully have some interest in getting some subcommittees going to assist with the function!! We will have sign up sheets and more details next area! ILS, Laura and Alisa

PR Sub-Committees: Greetings Area from PR Facilitator,

It has been an honor and a pleasure to have served this area. I'm disappointed in the attendance at the chili cook-off but thank you Laura W for coming and bringing Chili. I believe there will be great things coming out of this Area going forward. I have brought all PR items today and will pass those on to the new PR Facilitator. I will see you all around.

ILS

Sari M

H&I: Hello Area, Held a training session in Shenandoah. Planned and held a workshop and training session at area on 4-10-16. There were 10 people present. I would like to thank everyone who participated. No other news to report.

ILS, Rick H.

PI/Phone Line Liaison: Verbal

Web-Servant: All is well. I haven't been feeling well this month. I will give more attention going forward. Let me know if anything is lacking. Dave R.

Group Reports:

Discovery Group: All is well. 8-10 members each week with a few newcomers. Dave R.

Just for Today: Greetings Area, Just For Today is averaging 5-10 addicts. We had a few newcomers and visitors this last week. Exciting our meeting will be moving to the free medical clinic on square due to central location and people that walk can get there easier. When the time comes I will change that on Website. ILS, Alisa M.

Living Clean: Absent no report

Harlan GSF: Never received.

New Way: Greetings ASC from the "New Way Group" Narcotics Anonymous, Things are going well at "New Way" We had average attendance of 17-22 addicts. We had total donations of \$33.51 and expenses of \$32.25. We have no donation and no lit order. We are started Step three in the Step Working Guide. The coffee is hot, and a consistent message of hope in Narcotics Anonymous continues to be carried at New Way. Come join us. 6:45PM Sundays 11 S 1st St Rm 210 in Council Bluffs, IA.

LIR, New Way Group NA

Reaching Out: Absent

Straight Friends: Greetings Area, All is well in Villisca this month. We've had several newcomers attend and get the experience of recovery and the old timers just keep coming back! Spring is in the air and we had a lit order of \$43.17 this month and no area donation at this time! ILS, Laura W.

New Freedom: Absent

Visions of Hope: Absent

Simple Serenity: Hi family, Our meetings are dwindling a little bit with an average of 5. We could sure use some support. So if you've got a Thursday night open, we'd sure love to see you. One of our members (Laurie) received her 5 year medallion on the 19th of last month. ILAS, Mike R.

Recharge Group: Greetings SWINA ASC from "The Recharge Group", Our attendance averages from 4-8 addicts per meeting. We had total donations last month of \$19.00 and \$33.94 total expenses We have a \$10.00 ASC donation this time and no literature order. Our mantra is "just for today just stay!" Our topic usually comes out of "It Works How and Why" or "Living Clean". The Recharge Group is a family friendly meeting, friends, family, including children, are always welcome. Come check us out sometime. Monday 7pm 3025 Mabrey Ln. Carter Lake IA.

LIR, The Recharge Group NA

Straight Edge GSF: Greetings Area, Straight Edge is going strong. 9-15 addicts every week. I have been trying to get people in our group involved in service and functions but not happening except Amy H. did take on as Sec. position. ILS, Alisa M.

ACW: Absent

One Life to Live: Absent

Let It Be: Absent no report

Financial Requests: All operating expenses passed.

Sharing Session: Turned over to Mike VP. at 2:30 pm

Sari- Keeping our unity 1st. If recovery comes 1st being a good mother, etc appends. Has seen times where it doesn't come first and it cripples the fellowship. Chili cook-off was one of those times. Want to encourage not letting personal conflicts out of the meetings and keep yourself in a chair. Need to support our functions and not wasting 7th tradition money by throwing it out the window. Does have faith that wonderful things are to come from SWINA. Principles before personalities.

Laura W.- Props to the area that was at SWINA chili cook-off. To make light of every situation is vital.

Alisa M.- Changing of the guard. Trying to share experience about service work and it's struggling. Share about the positivity about service work. And what service work has given back to his/her recovery. Can't be negative because it runs people off.

Mike VP- It's about commitment to service work. Attraction rather than promotion. When we go into service we are ambassadors for NA just like when we go into H&I.

Amanda J.- It's overwhelming taking that jump into service work. So maybe emphasizing that it's not that scary.

Close sharing at 2:45 pm.

Unfinished Services:

A) Pott Co. Jail- George R. Applications in but not contacted @ all changing of the guard and they will contact us.

B) Outreach-Nate Sari tried to reachout-waiting pattern accountability. Mike VP will be the person for point of contact.

C) Region Facilitator positions—for workshops and PR....Brandon going to next region.

D) Activities research on music device for functions update - more research needed- Activities committee to come back with concrete information. Mary offered to donate sound system, Laura looked up lights, and need to contact glenda.

E) Memorial Day Campout- flyer (any activities) flyer made by Alisa M. emailing out but no copies to send out- Nate making copies.

F) Flyer for Anniversary Dance? May 14th- flyer has been sent out to all GSRs by email. Once corrected it will be sent to region and Area.

G) Area Facilitators-Open & Close Noms- Facilitator-Mike VP, Co-Facilitator-Dave D., Recorder-Glenda C., Treasure-George R., RCM- Brandon S., RCM Alt=Dave R., Literature Chairperson-Mary R., H&I Chairperson-Rick H., PR Facilitator-Stacy J., Phone line- Stacy J. to bring back names, Webservant- Dave R. All Nominations passed....

Current Services:

A) Sub committees need to be meeting before Area.

B) SWINA?- Ben J. wants to be on SWINA committee needs logos by next month.
GSR take back to groups.

C) Campsites for SWINA will be reserved but not yet.

D) Haven't been getting events on web sites- Dave R. has been made aware of this.

E) Move Area next month (Mother's Day) – New date will be May 15th.

Announcements & Flood Meeting: Get to a Meeting!!

Motion to close meeting at ???