

**Southwest Iowa Narcotics Anonymous
Minutes Sept 13, 2015**

I. Opening:

The meeting was called to order @ 2:03 p.m. by Bill D. with a moment of silence followed by the Serenity Prayer.

II. **Readings:** requested the following be read by:

“The Twelve Traditions”: Nate M.

“The Twelve Concepts”: Mike A.

“The Service Motivation”: Shelby S. C.

III. Roll Call/Visitors: no visitors

Executive Committee: Groups:

Facilitator: Bill D.

Co-Facilitator: Mike VP.

Recorder: Ronda H.

Treasurer: Brandon S.

RCM: Nate M.

RCM Alt.: Bob Z.

Groups Present:	Sub-Committees:
Harlan GSF: Rick H.	Literature Chairperson: Mary R.
Straight Edge: Bob Z.	Activities Chairperson: Laura W., co-Chair
Discovery Group: Dave R.	
Just for Today: Shelby S C.	PR Sub-Committees:
Living Clean: Mike A.	H&I: George O.
Simple Serenity: Mike R.	PI/Phone line Liaison: Sari M.
Straight Friends: Laura W.	Web-Servant: Dave R.
Groups Absent	Adhoc Archives- Dave R.
New Freedom	Adhoc Guidelines- Mary R.
Visions of Hope	
ACW	
One Life to Live	
Recharge Group	
New Way	

There were 7 out of 13 voting groups at area.

III. Correction & Approval of Minutes: Approved

IV. Reports

Executive Committee:

Facilitator: Bill D. verbal report

Co-Facilitator: Mike VP. verbal report

Recorder: Ronda H. verbal report

Treasurer: Brandon S. – No current report. Will have report by next Area meeting.
ILS, Brandon S.

RCM: Nate M.

Greetings from your RCM,

We attended Region in in Spencer last month. Saturday Morning I attended the outreach workgroup. We are still early in the stages of developing this, but have made some progress. I did inform them that our Area already has a point person and one of our goals is to reach out to some of the towns/groups that have either stopped their meetings or are not being represented at area (such as Atlantic). We have one area in the southeast part of the state that is non-existent, and that will be one of the first goals for the Regional outreach committee to see what can be done to assist.

The Literature workgroup has been eliminated for the time being. The Traditions workbook project is in its final stages. The workgroup will start up again as needed in the future.

The Insurance workgroup is slowly moving forward getting some quotes for a policy, there is a decent chance there will be a bid proposed at the November Region.

Region is still in need of a co-treasurer. The current Treasurer's term is almost up and he will not take it again. Also phone line facilitator at Region his term is also almost up. If anyone is interested please let me know. I have brought some new flyers today and my receipts from the last 2 Regions.

ILS, Nate M.

RCM Alternate: Greeting from IRCNA 8-16-15. During region we discussed many things at the workshop. The outreach number for Southwest Iowa NA is 515-817-3178. The website is naa180@gmail.com. Please inform new groups what this is. The CAR assembly will be held in March or April of 2016. Literature and Region treasure nominations will also be made.

ILS, Bob Z.

Sub-Committees:

Literature committee: Mary R.

I sold 88.44 at SWINA and have some literature left which I brought today. We have a literature order in with Wisconsin WRSO for \$243.76 but don't know when we will receive it. Gene W. passed away on Aug. 26, 2015. We have \$145.00 in the prudent reserve and I am asking this body if it is okay to use it to buy literature so we have more on hand, until we get our order from WRSO.

The following is the message I received by email and it is also on the Wisconsin WRSO Facebook page:

Hi everyone, on behalf of the WRSO, I would like to offer our sincere condolences to all for the loss of our friend. I would like to let everyone know that we will continue to operate as usual and fill your literature and merchandise needs. Please have patience with us as we also transition through this rough period.

In loving service,

Shawn P.

ILS, Mary R.

Activities Chairperson: Mike R.

SWINA was another success. Minimal Rain, Minimal Injuries, Maximum Fun. It has been an honor to serve you for the last year. With all confidence I now turn over the Activities Chair to Alisia M. and Laura W.

ILS, Mike R.

Activities Treasure Report: Mary R.

We started off with \$442.00. Pop and water were 26.99. Rent on building was \$75.00. Food was 30.41. DJ, Mike 150. Total spent was 282.40, leaving a balance of \$117.60. There are receipts for everything except the building rent.

Bank account \$117.60.

Donations \$125.00

Hoodie Money \$395.00

Total \$757.60

Spent before SWINA:

\$500.00 to Union Jack (down payment on shirts)

\$26.27 printing

\$12.28 supplies (board and receipt books)

\$189.16 Food, pop, and water

Total spent \$727.71

\$29.82 remaining

SWINA:

\$1616.75 (69 registrations @ \$5 and 75 meals @ \$5 = \$720, sale of 46 T Shirts = \$552, and pop sales and raffle tickets = \$344.00.) 2 t-shirts were given to speakers and 2 t-shirts were left over.

Checks to:

\$200.00- DJ, Jeff

\$600.00 Union Jack

\$400.00 next Activities

\$416.00 Balance

\$1281 was taken in for camping fees (\$345 in the box and a check to Page County for \$936.00)

\$40.00 was turned in by Laura W. for late registration fees, given by NA members who attended and did not pay at SWINA.

Total: \$456.00 to Area

When all the checks clear the bank it will have a zero balance and the activities account will be closed. I would like to thank the area for giving me the opportunity to serve as your activities treasure for the last two years. I have grown very much in this position.

Something to think about, moving forward, maybe we should go back to charging \$2.00 for the kids meals at SWINA and the LUAU.

ILS, Mary R.

PR Sub-Committees:

H&I: George O. verbal report

PI/Phone Line Liaison: Sari M.

Greetings Area from your PI Facilitator,

I attended Region in August. Awareness has decided to hold off on mailings for other RCM's to turn in information for the mailings. Awareness has requested the funding to purchase the other PSA's needed to have all cross over states covered. Those PSA's should be delivered by next Region in November and will be dispensed for airing. Awareness will have completed its goals as a workgroup after the Regional mailing in November and will disband. I have the packets for the pull tab flyer day. October is typically the flyer month but each group can do as their group

sees fit. I would like to have flyers completed by the end of October. A ledger has been given with all packets. You can use them or not, it is up to each group. I will dispense to the volunteers the radio stations and newspapers that we need to contact to update our information. Thank you volunteers. I printed meeting lists as we have not had them in quite some time and the one on the web has not been accurate, but it is now.

I was contacted by Waubonsie in Clarinda and they are holding a health fair October 10th and would like NA to host a booth. There is no charge and we have enough in the PI budget to have some IP's and literature available to host it if we have some volunteers willing to service it. The time slot is 9:00AM to 1:00PM. I have the NA sign and we have enough Literature if this area agrees to host.

Lastly, I think it would be prudent to purchase a new stamper for roughly 15.00 as our last stamper is missing.
ILS, Sari M.

Web-Servant: Dave R. verbal report

Adhoc Guidelines: Mary R. Guidelines done. Sari M. will type and send out for review and approval from Area.

Adhoc Archives: Dave R. made a motion to dissolve Adhoc Archives due to lack of interest.

Group Reports:

Discovery Group:

Verbal

ILS, Dave R.

Just for Today:

Greetings Area! The JFT group has averaged anywhere from 8 to 15 addicts throughout this last month. We have handed out 5 white key tags, 1 30 day tag, 1 60 day tag, and 1 year tag. We brought in enough money to cover rent and coffee and have no Area donation at this time.

I had a great time at SWINA and am very grateful to be here with you all today.

ILS, Shelby S C.

Living Clean:

My name is Mike and I am the new GSR for the Living Clean group. Our Average weekly attendance is approx. 4. We have not had any newcomers. Our average 7th tradition is approx. \$3. We have no Area donation at this time.

ILS, Mike A.

Harlan GSF:

Greetings Area, Meetings have been going well. Never alone has averaged 12-16 members this month with no clean time celebrations. We donated \$90 to the newcomer fund. We currently have \$154.00 in the newcomer fund. The Wednesday group is small but continues to meet. Thursday's group had no report but meetings are going well. They gave out a 10 year medallion and several white tags. Saturdays Serenity meeting had no report. Harlan's Saturday Anniversary Celebration will be held on 10-17-15. Fliers are being made. Many of our members attended the Luau and SWINA. We are looking for volunteers to help out with PR; contacting newspapers, radio stations, and keeping PSA's up to date. We have also discussed how to increase participation and attraction to

service work. Ideas included rides to meetings, phone calls, lit inventory, volunteers for flyer day, meeting clean up, co-chairs, and general service positions etc. We are preparing for flyer month in October, rounding up volunteers to handout pull-tab flyers, listing meetings in the area. We discussed having GSF workshops every 3-4 months, along with the GSF meetings, providing mentorship to all new or current service members. Nate M. has volunteered to reach out to current service members to determine any needs for support at this time. We are looking forward to functions and fellowship this fall.

No literature order.

ILS, Erin S.

Straight Friends:

Straight Friends is going strong, averaging 10 to 15 addicts a week. Had a great time at SWINA, and I am excited to start my new role as Activities Co-Chair. Straight Friends brought a bid for hosting the Holiday Bash. We would be honored to host it as we have in the past. Good to see everyone.

ILS, Laura W.

Simple Serenity:

We want to thank the folks from SWINA for attending our meeting in Sidney. It was awesome to see the room filled. We have \$100.00 donation for Area.

ILS, Mike R.

Straight Edge:

Greetings Area, Straight Edge. Clarinda is growing in numbers. We currently have 10 to 12 members in attendance. We have not had new members or passed out newcomer key tags. The dance went well with many attending.

ILS, Bob Z.

New Way: Absent

One Life to Live: Absent

ACW: Absent

Recharge Group: Absent

New Freedom: Absent

Visions of Hope: Absent

Financial Requests: \$120.00 Activities to help with the meal.

Sharing Session: Turned over to Mike VP. 2:15pm- closed 2:45pm

A. Sari M. informed the committee that she had been contacted by Waubonsie Mental Health, requesting that NA put up a booth at the Health Fair on October 10th.

B. Sari M. shared WOW moments from Des Moines, providing information and ideas about service work awareness; service position cards, service structure posters, and hosting workshops prior to Area meetings to address various issues.

C. Adhoc archives; how to archive information

Close sharing and moved onto Unfinished Services.

Unfinished Services:

A) Pott. Co. Jail update- George O. verbal

B) Audit-Activities audit will be ready by next Area, October 11, 2015. Joe W. and/or Marc M. from ENNA to audit the area and activities checking accounts.

C) Area Guidelines- Mary R. and Sari M. continue to work on the Area Guidelines.

Current Services:

A) Activities- Laura W. accepted donations of Turkeys (3) and Hams (3), from the groups, for the Gratitude dance in Harlan. Flyers are on the Web.

B) Straight Edge (Villisca) group was unanimously voted in, to host the Holiday Bash.

C) Bids for New Year's Eve will be extended to the next Area meeting.

D) Mass mailing-Sari M. requested a new stamper for the mass mailing with a unanimous vote in favor.

E) Waubonsie Health Fair- Ronda H. and Mike A. volunteered to set up a booth at the Waubonsie Health Fair on Oct. 10, 2015, from 9 AM to 1 PM. Shelby S. C. also volunteered to help at the Health Fair.

F) Flyer day packets-Sari M. passed out packets. Pull-tab Flyers will be hung up in various business with the NA phone line # and the NA website.

G) Dissolving Adhoc- It was favorably voted to dissolve some of the Adhoc archives. There was discussion about how to store minutes and activities information in the future. Information will be documented in the Guidelines. There will be a workshop on the technology of archiving information for future reference.

H) Financial Request- Mary R. requested \$100.00 to replenish literature while WRSO is in transition. All were in favor to restock the literature.

I) Area workshops- Sari M. will pick a topic for our first Area workshop on Oct 11th, 2015 beginning at 1 PM. The Area will then determine workshops as a group.

Announcements & Flood Meeting:

* Clean time celebration at New Way tonight.

* Next ASC – October 11th 2015 at 1:00pm (workshop) and 2 PM ACS meeting

Motion to close meeting at 3:39 pm passed.