

**Southwest Iowa Narcotics Anonymous
Minutes Dec. 13, 2015**

I. Opening:

The meeting was called to order @ 2:15 p.m. by Bill D. with a moment of silence followed by the Serenity Prayer.

II. Readings: requested the following be read by:

“The Twelve Traditions”: Mary R.

“The Twelve Concepts”: Brandon S.

“The Service Motivation”: Sari M.

III. Roll Call/Visitors: Lauri R.

Executive Committee: Groups:	Groups Present:	Sub-Committees:
Facilitator: Bill D. Absent	Harlan GSF: Nate M	Literature Chairperson: Mary R.
Co-Facilitator: Mike VP.	Clarinda Straight Edge: Alisa M.	Activities Chairperson: Alisa M.
Recorder: Ronda H.	C.B. Discovery Group: Dave R.	Activities co-chair: Laura W.
Treasurer: Brandon S.	Red Oak Just for Today: Alisa M	
RCM: Nate M	Shenandoah Living Clean: Julia W.	
RCM Alt.: Bob Z.	Sidney Simple Serenity: Mike R.	PR Sub-Committees:
	Villisca Straight Friends: Laura W.	H&I: Rick H
	Creston New Freedom: Absent	PI/Phone line Liaison: Sari M.
	C.B. Visions of Hope: Absent	Web-Servant: Dave R.
	C.B. ACW: Absent	
	Carter Lake One Life to Live: Absent	
	Carter Lake Recharge Group: Absent	
	C.B. New Way: Mike VP.	

There were 8 out of 13 voting groups at area.

III. Correction & Approval of Minutes: Approved

IV. Reports

Executive Committee:

Facilitator: Bill D. - **Absent**

Co-Facilitator: Mike VP. -verbal report

Recorder: Ronda H. -verbal report- **please email reports to recorder.**

Treasurer: Brandon S. –

Treasury Report for December 2015

Greetings SWINA ASC,

Ending Balance for November ASC = \$407.53

Total Expenses from November ASC = \$353.47

*Outstanding Checks Paid in November = \$15.60

Total Deposits from November ASC = \$116.00

Deposits: \$116.00

Friday Discovery Group = \$100.00 (597056)

7th

Tradition = \$16.00 (597057)

Expenses: (\$369.07)

Nate M. (RCM) = \$250.00 (#1299) (Fall IRSCM)

Sari M. (PI) = \$13.08 (#1298)

Ronda H. (Recorder) = \$4.39 (#1297)

Griswold UMC (Rent) = \$30.00 (#1296)

Mike VP. (P.O. Box) = \$56.00 (#1295)

*Glenda C. = \$12.00 (#1280)

*Glenda C. = \$3.60 (#1284)

Beginning Balance for December ASC = \$407.53

ILS, Brandon S.

RCM: Nate M. –

Greeting Area from your RCM,

I attended Region in Algona in November. Due to the adverse weather conditions we went on Saturday morning and stayed one night instead of two, so I have \$73.91 to return. We did get the treasurer position filled by our very own Bill D, however the co-treasurer position is very important and that has not been filled. Insurance adhoc has received some vital information and a new facilitator that is moving forward with a Company that already insures other NA Regions. Outreach has changed their name to Fellowship Development and has charged with acquiring a point person from each area and setting specific goals for the Region and each individual area. Awareness has given out the PSA's to each Area that has bordering states and I have the Iowa Missouri PSA. I will need a volunteer to get that to the TV station that borders us in the south. They also have given the postcards and out compiled addresses for us to mail out. We will need some volunteers to help PI get those out. Awareness met its goals and has been disband. I was voted to move into the HI Facilitator and will continue to update with changes and try to meet the new goals for H&I for this term. Shane R has moved into the PR facilitator as well, but Co-facilitator is needed. Denny will stay as Phone line Facilitator but we need a co-coordinator as this will be Denny last term and someone will need to be changed. Conferences needs a Coordinator but they did set some goals and a budget with the guidance of a member that has sat on that workgroup. IRCNA bids are open to all Areas at next Region. There has been one bid from SANA that needed to be worked on in order to be accepted, hopefully they will bring a full bid next Region. Marie was accepted as Region recorder. Budgets were proposed and I will give a hand out so everyone has the breakdown. We will vote on it at January Area. Our bid for the Car assembly has been accepted and SWINA will be hosting in Creston at the Chili-cook off April 9th flyers available. We did a \$2000.00 world donation. I want to mention that I hand out a RD handout for RCM that is extremely important for GSR's to take back to their groups. That hand out had a lot of what is in my report and some other important information to be shared.

ILS

Nate M

RCM Alternate: Bob Z. -verbal

Sub-Committees:

Literature committee: Mary R.

We sold \$84.30 in literature orders. We have all of our literature from GSO. Our stock pile is where it should be and we have \$145.00 in the bank ILS, Mary R.

Activities Chairperson: Alisa M. / co-Chair- Laura W.

We need to start collecting toys for the Holiday Bash. Santa has been confirmed! Looking forward to the Gratitude dance in Harlan on November 28th. Just a friendly reminder; if you are bringing a turkey or a ham it would be great to have it cooked and ready to go when you bring it. Keep in mind that bids are due in January for the Chili cook-off. We might want to start thinking about it! We have a DJ, Chris B., lined up for the New Year's Eve dance. ILS, Alisa M and Laura W.

Activities Treasure Report: Laura W.

The account balance for Activities is \$370.15. We are stocked up on plates, bowls, spoons and forks. The Straight friends have donated enough pop and water for a few functions. Thank you Straight Friends for your donation. ILS, Laura W.

PR Sub-Committees:

H&I: Rick H.

Hello Area from H&I, Nothing new to report. As was said at last area C.B. jails were on hold for now until we hear from C.B. groups. If anyone knows of a jail or other institution that would be interested in starting a meeting feel free to contact me. ILS, Rick H.

PI/Phone Line Liaison: Sari M.

Greeting Area from the PR Chair,

I attended Region in November and have seen a lot of progress and projects that have come to an end. PSA's are done, postcards are out and we have much work to do in this Area. I am hoping that we could meet in January as a subcommittee in Lieu of a workshop to get some work completed as a group. I ask that this be placed on the agenda and this would be just for January Area. We can ask again down the road if more is needed. We have Radio

stations to be contacted, post cards to be addressed, Newspapers to be contacted and some facilities to contact to update meeting lists and flyers. I hope to get some committee members to assist, I already have a few.

ILS

Sari M

Web-Servant: Dave R. -verbal report

Group Reports:

Discovery Group: Dave R. –verbal report

Just for Today: Alisa M.-verbal report

Living Clean: Julia W. verbal report

Harlan GSF: Nate M.- verbal report

Straight Friends: Laura W. – verbal report

Simple Serenity: Mike R.

Greetings Family,

The meeting is still going with our core group of 5. We would sure welcome any visitors. The doors WILL be open for Christmas Eve and New Years Eve for those who wish to join us.

ILAS, Mike R.

P.S. Simple Serenity reached its 5 year mark on 12/2

Straight Edge: Alisa M.-verbal report

New Way: Mike VP- verbal report

One Life to Live: -Absent

ACW: -Absent

Recharge Group: Absent

New Freedom: -Absent

Visions of Hope: Absent \$100.00 donation

Financial Requests: \$17.53 for guidelines

Sharing Session: Turned over to Mike VP. At 2:40 PM

- A. Pott County Jail: Mary R requests \$49.17 from H&I for texts and pamphlets
- B. SWINA Activities account- \$158.00 back to area following the Gratitude Dance.
- C. 2016 Regional CAR Bid- April 9th, in Creston. Flyers available
- D. Seeking a co-treasurer for Region.
- E. January workshop- assist with PI efforts at 1PM prior to Area meeting.

Current Services:

- A. Area CAR workshop bids are due by March 2016.
- B. Regional Budgets- refer to the handout Quarterly handout from the Iowa Regional Delegate Team.
- C. Regional Nominations- also see handout
- D. Bid to host IRCNA (Iowa Regional Convention of Narcotics Anonymous) in February 2017.
- E. Left over literature to jails.
- F. Rick H is the new H & I facilitator.

Close sharing at 2:45 PM and moved onto Unfinished Services.

Unfinished Business:

- A) **H and I workshop from Region-** tabled until February
- B) **January Workshop-** Assist with PI updates

A huge THANK YOU, to Mary R for facilitating our 3rd Area workshop. The topic was 7th Tradition.

Announcements & Flood Meeting:

- * We will host the CAR assembly on April 9th 2016.
- * Next ASC – January 10th 2015 at 1:00 PM (workshop- PI assistance) and 2 PM (ACS meeting)
- * Close meeting at 3:15 PM