

**Southwest Iowa Narcotics Anonymous**

**Minutes for September 14th, 2014**

**I. Opening:**

The meeting was called to order @ 1:34 p.m. by Sari M. with a moment of silence followed by the Serenity Prayer.

**II. Readings:** requested the following be read:

“The Twelve Traditions”, read by Nate M.

“The Twelve Concepts”, read by Bill D.

“The Service Motivation”, read by Glenda C.

**III. Roll Call/Visitors:**

**Executive Committee:**

Facilitator: Sari M.

Co-Facilitator: Bill D.

Recorder: Glenda C.

Treasurer: Brandon S.

RCM: Nate M.

RCM Alt.: Absent

**Sub-Committees:**

Literature Chairperson: Mary R.

Activities Chairperson: Mike R.

**PR Sub-Committees:**

H&I: Paul S.

PI/Phoneline Liaison: Absent

Web-Servant: Absent

**Groups:**

Harlan GSF: Rick H.

Straight Edge: Absent w/report

Discovery Group: Absent

Just for Today: Absent w/report

Living Clean: Bob C.

One Life to Live: Absent

Recharge Group: Mike VP

New Way: Tim L.

Reaching Out: Absent

Simple Serenity: Mike R.

Straight Friends: Absent

New Freedom: Paul S.

Visions of Hope: Absent

ACW: (Cindy P.) Absent

There were 6 out of 14 voting groups at area. **Visitors:** Mary P., Terry D., Barry B.

**III. Correction & Approval of Minutes:** Approval of minutes made and passed.

#### IV. Reports

##### **Executive Committee:**

**Facilitator:** Greetings Area from Your facilitator, I want to thank all who came and supported the SWINA campout and especially those who served our fellowship that weekend, I felt it was well attended and a great time in spite of the rain. I attended the CB GSF Oct 7<sup>th</sup> and I will let Paul S report on the end result. I believe we have some very exciting news this area and are moving in some good directions. Hope everyone has a great area.  
ILS, Sari M

**Co-Facilitator:** Greetings from the Co-Facilitator, I want to thank everyone that helped at SWINA. It was a great turn out. Hope everyone had a good time. Looking forward to the upcoming events. It's great to see C.B. hosting an event again.

ILS, Bill D.

**Recorder:** Greetings Area, Grateful to be here! Great time at SWINA and very inspirational for me. Just what I needed. I have a financial request of \$5.60 for copies of minutes and agenda.

ILS, Glenda C.

**Treasurer:** Verbal Report

**RCM:** Greeting Area from your RCM,

I attended Region in August in Waterloo. I owe the area 2.98. I sat in on H&I and literature. In Literature they are encouraging the website for delivering personal input on the Traditions and hoping for some areas to host another workshop. Material for the workshops is available at [www.na.org/traditions](http://www.na.org/traditions) and areas are encouraged to train the trainer. H&I is wondering if there is a need for data base and will be looking into it more for H&I meetings. There are several questions that H&I has brought to the table and feels more time is needed to discuss H&I issues. We will try to have a solution before next Region. I have been reporting Zion is an H&I meeting and Region had concerns with this being an Open meeting. That has been cleared up by our H&I chairperson and Zion is not an H&I meeting and wishes to remain an open meeting. The insurance is still in the works but Adhoc is gathering more information and hopes to have more answers at November Region. The Multi zonal Service Symposium is September 26-28<sup>th</sup> in St Louis and all are encouraged to attend. P3 is having trouble fulfilling the need at current capacity and is looking into Plain States Zonal to possible takeover. More will be revealed. In the conferences workgroup they were preparing for the Iowa Corrections Conference October 9<sup>th</sup> in Altoona. They have all volunteers they need for the conference and literature necessary. Phoneline states volunteers are doing a better job but we still need to ensure Logs are getting completed. Currently this is happening only about 1/3 of the time. Manning will be hosting a Phoneline training November 1<sup>st</sup> prior to the

Halloween Dance. Education has revamped their goals and I believe that a train the trainer solution would work best and we could have web services give a website training before each Region to promote what the website can do. Web services is now reporting to Regional committee and not PR. They have had some difficulty with emails that have been sent to the website not getting through. They have a temporarily solution and hope to have it corrected shortly but some flyers may not have been received. I have the Regional Surveys and have a copy for each GSR. This is for the planning of the 2015 year. It can go back to each group and be completed and can also be completed as an AREA. It is up to this body as to how they want them completed. I need these back by October area and must be back by November Area in order to be turned in at November Region. Please remember that SWINA is hosting Region in November in Harlan Iowa and I highly encourage everyone to attend especially Saturday for PR subcommittees (everyone can participate). I have the 300.00 check for Regional cost and will need a check for 150.00 to pay for the site. We will need volunteers to help cook and serve for this 2 day event.

ILS, Nate M

**RCM Alternate:** Absent no report

### **Sub-Committees:**

**Literature Committee:** We sold \$214.57 and we bought \$249.20 All is well with Lit. Stock pile is up and well.

**Activities Chairperson:** Treasurer Report: we sold 46 shirts @ \$15 each = \$690, we had 90 registered addicts @ \$5 = \$450, We had 110 meals @ \$5 = \$500, we sold raffle tickets 3/\$1 = \$426, TOTAL in sales = \$2,066. We had a total of 91 camping fees for a total of \$1363. Total income = \$3431 = and Total expenses = \$3,105.31. We had \$200 start-up and \$96 newcomer fund = \$296. Total funds = \$3727 and Total expenses = \$3105.31 = Net Income \$621.29 2 shirts were given to raffle and 2 shirts were given one to each speaker. Checks written are #853 Union Jack - \$1097.71, #854 Page County - \$1365, #855 SWINA Area - \$371.69 Balance in bank for Activities - \$250 given by Mary R.

Report from Facilitator: Accepting bids for Gratitude Dance and Christmas Bash today. Looking forward to a year of good clean fun. Remember bids for New Years Dance are due next area. Mike R.

### **PR Sub-Committees:**

**H&I:** Hello Area, My apologies for missing the last two months. I am back on a normal schedule. I attended the CB GSF last Sunday to see what SWINA can do to help with the Pott. Co. Jail meeting. I believe we have a plan in place to get this going in the right direction. We have flyer out to get people informed to be at the next Oct 5 CB GSF. ILS, Paul S.

**PI/Phone Line Liaison:** Greetings SWINA from PI and Phone Line-

I don't have a lot to report however there are some important issues regarding the phone line that everyone needs brought up to date on.

It is still an issue that we aren't filling out phone logs when calls come in. This is an expectation for our volunteers and needs to be done regardless of if you get the call or not so we can ensure the system is working properly and that volunteers are answering calls consistently. If there are questions on how to fill this out please let me know.

Many items have been updated on the website regarding phone line including local contacts list, instructions for setting up a user account on the website, a copy of the phone line guidelines and a "cheat sheet" for phone volunteers to use when answering calls.

We are still looking for a regional phone line co-coordinator if anyone is interested or has suggestions please let myself or Dennis know.

I believe we are going to hold off on actually doing the PI/H&I training at Region in November however there will be workshops and we will be able to hold trainings at another time to get individuals involved and trained. Nate may have more information on this however that was what I gathered from talking to Barry at SWINA.

Finally as a reminder if your meeting site, time, or days have changed at all please update them on the website as well as let me know so I can update our printed meeting lists. If each GSR can go to the area website and check the printed PDF version of the meeting list as well as the meeting list search option to ensure their local meetings information is correct and let me know it would be appreciated.

Hope all is well and as always thanks for letting me serve!

ILS, Brad H

**Web-Servant:** Absent no report

**Group Reports:**

**Discovery Group:** Absent no report

**Just for Today:** Just for Today is going well. We have been averaging around 7 addicts per week. We have paid rent so we have no area donation and no lit order. Sorry I could not attend but I am working. ILS, Alisa M

**Living Clean:** Greeting Area, Meetings are doing well. I myself am doing a trial on Friday noon meetings. Had a great time at SWINA and looking forward to next year. We have an area donation of \$15.

ILS, Bob C.

**Harlan GSF:** Hello Area from the Harlan GSF, Meetings are going well with an average of 4-20 addicts. Wednesday Anybody's Group and Saturday Serenity are struggling with attendance of 4-6 addicts but we are keeping the doors open and there has been some good sharing. Monday Never Alone wanted to relay they had a great time at SWINA campout. They celebrated a one year and had a newcomer. Wednesday Anybody's group is gathering their own readings. They have a Lit order of 8.16. Saturday Serenity has a Lit order of 15.40. Keep the date Oct 11<sup>th</sup> open for their 8<sup>th</sup> annual fall celebration. Flyers are available today and will soon be on the website if not already. Please come help us celebrate and expect some great fellowship. We have no area donations this month. Hopefully we will have one in October.

ILS, Mel O , GSF Secretary and Rick H, GSF representative.

**New Way:** Hello Area, Things are going good at the New Way Group. We're currently on Step 12. And we're about 10-20 people that come to our meeting a week. We have an area donation at this time of \$20.

ILS, Tim L.

**Reaching Out:** Absent no report

**Straight Friends:** Absent no report

**New Freedom:** Hello Area, Our attendance is picking up with 4-9 addicts the last couple weeks. We donated \$230 to SWINA campout for port-a-potties. SWINA campout was great.

ILS, Paul S.

**Visions of Hope:** Absent no report

**Simple Serenity:** Need support. Submitting bid for Christmas Bash today. Need to update meeting address on Web. (correct on Listing) ILAS, Mike R.

**Recharge Group:** Verbal report

**Straight Edge GSF:** Greetings SWINA from Clarinda's Straight Edge Group, Thursday meetings continue to thrive with an average attendance of 13-16 addicts per night. Sundays however have been a struggle as there have been nights that no one has shown up for the meeting and mainly its just 2 or 3 of us there. We will continue to spread the word of this meeting and are going to change to format to an open topic meeting where we may do step study 1 time per month in hopes of attracting better attendance. We have had 2 90 days celebrations as well as one newcomer this month at our Thursday meetings. The meetings will soon be changing locations however permanent location is yet to be finalized as the current building we are in being sold and they are going to have to be doing some renovations in their

new location so we may be in a temporary location for a month or so. I will keep this updated on the website for people to check on. We have no area donation at this time and no lit order.

ILS, Brad H

**One Life to Live:** Absent no report

**Financial Requests:** All operating expenses passed. \$5.60 for Secretary. Passed!!

**Sharing Session:** Turned over to Bill D. at 2:06 pm

Sari has discussion on a couple things. And that is Region being hosted @ campgrounds which would cut down on cost. This is a possibility so take back to your groups. And Area used to be at 2:30 but now at 1:30. Propose to be at 2:00? Mike R. making sure warm/dry area as far as the area we live in hosting at lodges. Barry B. commented about Okla. General Service Area cost was \$25/person member cooked all weekend lots of fellowship with this idea and it does save lots of money. Several locations in IA to make this happen. As far as Area leave at 1:30. Nate M. wondering if we change area back to 2:30 to get other to show up. Sari M. will send out email to see if groups would be here if the time is changed back.

Nate M. giving a big Shout out to SWINA Area for the above and beyond help that went out for Jeff (DJ) who blew his tire on trailer. Made the calls and people stepped up. WooHoo!!!!

Paul S. about Mont. Co. Jail 3 men/3women It's working. Sari commented on Shelby Co. Jail Not been meetings and getting short answers when call. Came to a solution- Main guy will call back personally and in touch with Sari. Resolve the problem.

Barry B. talked about a workshop at Region and would like to do it at next Area called "Why do I serve?" Barry can be here when area starts @ 1:30 and do it during sharing session. No one opposed so it is on the schedule for next area. Please plan on attending.

**Close sharing at 2:21 pm. Break 5 mins and resumed at 2:32 pm. (silence followed by serenity prayer)**

**Unfinished Services:**

A) Pott Co Jail- Met with CB last Sunday see if there is any support to do this? Oct 5<sup>th</sup> to sign up and see if the support is there. Paul S. is doing point person until can get established. Paul S. will help do first few meetings to make sure runs smoothly. Willing bodies from across river to go in but need to be there Oct 5<sup>th</sup> to fill out the papers. After the 5<sup>th</sup> Paul S. will take forms in for approval. Women's contact Mary R.

**B)** SWINA Report- Mary R. gave summary report and it's in with activities report. No questions.

**C)** H&I/PI workshop at Region- Barry B. related that there really isn't any time for a workshop. And the best way to get answers to your questions is to show up and can be found during sub committees @ Region. Paul S. is gonna need a training day after Oct 5<sup>th</sup> for addicts who signed up for jail meeting. Also MANA is doing a workshop on Nov. 1<sup>st</sup>. Truly a passion get to the ones already out there. There is stuff already in the works.

**D)** Bid for Gratitude Dance- Council Bluffs GSF is holding this function at Broadway Methodist church on Nov. 29<sup>th</sup> Passed with Area. Mike R. said he would bring flyer to next area.

**E)** Christmas Bash Bid- Simple Serenity has bid on this and it has passed according to guidelines cause there was no other bid. It will either be the 13<sup>th</sup> or the 20<sup>th</sup>. They are waiting to hear back from the church. Flyer to come.

#### **Current Services:**

**A)** Workers for November Region—Soup/Sandwich day or Pasta Day Donuts in the morning Maybe make some fruit available. Budget is \$150.00 GSR please take back to groups with a sign-up sheet and bring back to next area and included set up and clean up.

**B)** Regional Survey- It's a plan to focus on 2015. Can be done as a group or individually. GSR take back get more input and bring back to next area. Put on agenda for next area.

**Announcements & Flood Meeting:** Sidney 7:00 Thursday United Faith Church

Oct 5<sup>th</sup> Council Bluffs GSF 3:00, Oct 11 Saturday Serenity Anniversary Potluck after the 5:00 meeting @8<sup>th</sup> & Farnam, Harlan Wednesday meeting 11:30, Living Clean Friday Noon in Shenandoah.

October ASC to be held on the 12th in Griswold, IA.

V. Motion to close meeting at 3:15 pm passed

VI. 7<sup>th</sup> Tradition for Area was \$14.00