

**Southwest Iowa Narcotics Anonymous**

**Minutes for May 5, 2013**

**I. Opening:**

The meeting was called to order @ 2:42 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer.

**II. Readings:** Laura W. requested the following be read:

“The Twelve Traditions”, read by Brad H.

“The Twelve Concepts”, read by Stephanie H.

“The Service Motivation”, read by Barry B.

**III. Roll Call/Visitors:**

**Executive Committee:**

Chairperson: Laura W.

Vice-Chairperson: Stephanie H.

Secretary: Glenda C.

Treasurer: Absent w/report

RCM: Bill D. w/no report

RCM Alt.: Absent w/no report

**Sub-Committees:**

Literature Chairperson: Mary R.

Activities Chairperson: Heather K.

**PR Sub-Committees:**

H&I: Gary H.

PI: Absent w/report

Phone Line Liaison: Brad H.

Web-Servant: Bill D. w/no report

**Groups:**

Let It Be: Absent w/report

Straight Edge: Brad H.

Discovery Group: Dave R.

Just for Today: Alisa M.

Living Clean: Absent

Harlan GSU: Stacy J.

More Will Be Revealed: Mary R.

New Way: Absent

Reaching Out: Absent

Stairway to Freedom: Absent

Straight Friends: Cheryl I.

New Freedom: Absent

Visions of Hope: Absent

Simple Serenity: Absent

Recharge Group: Absent

Acceptance, Courage & Wisdom: Mary R.

There were 5 out of 16 voting groups at area.

Visitors: Paul S., James I., Barry B.

#### **IV. Correction & Approval of Minutes:**

Motion to approve minutes made and passed. Dave R. moved, 2nd by Brad H. and passed unanimous

#### **V. Reports**

##### **Executive Committee:**

**Chairperson:** Greetings Area,

Thank you for allowing me to serve as your Chair once again...I'm honored to be a part of this wonderful group of people.. I would also like to congratulate the other nominees who have taken on new positions as well .... I'm confident that you will all do well with those and we will all make a great team...I would like to take this opportunity to welcome some new faces to the area level and thank them for their service as well...alisa m gsr for jft, red oak...and cheryl l gsr for straight friends, villisca...

I of course am looking forward to another awesome year of fun and excitement and will be mentoring my young sponsees as well in their new postions...thank you all for being here today as the reschedule was short notice and, I will in the future be sure that everyone is notified to the best of my ability...And a special shout out to Glenda C for her hard work (as secretary) and toleration of the new Chair!!

Until June.....ILS, Laura W

**Vice-Chairperson:** Greetings Area,

Thank you all for voting me in as Vice Chair. This is a new and learning experience. Please be patient with me for I am still learning and seeking understanding. I will though by next month have set myself up with an email address so I won't be so lost when it comes to serving my duty as your Vice Chair. Once again thank you for allowing me this opportunity.

ILS, Stephanie H.

**Secretary:** Greetings Area, I'm going to start with a request of if area is extended 15 mins or whatever and people have to leave early, please do so quietly and the rest need to stay seated so your secretary can get all the notes for the minutes. I have a financial request of \$7.06 for copies of minutes. Also please check if I have all correct information on trusted servant list. I understand some never got minutes for last month.

Thanks ILS,

Glenda C.

**Treasurer:** Beginning Balance \$521.71

Expenses:

1205 Mary R (Supplies)	\$ 19.90
1206 SWINA Lit Comm (Grp Start Kt MWBR )	\$ 78.20
1207 Glenda C (ASC Minutes Copies)	\$ 7.06
1208 Bill D (RCM Team Adv For Region)	\$250.00
1209 Griswold United Methodist (Donation Room Use ASC)	\$ 15.00

Income:

Straight Friends	712940	\$25.00
Harlan GSU	712941	\$100.00
Seventh Tradition	712942	\$17.00
Total Income		\$142.00
Total Expenses		\$370.16
Ending Balance		\$293.55

**RCM:** No Report

**RCM Alternate:** No Report

**Sub-Committees:**

**Literature Committee:** Greetings area from the Literature committee, all is well. Last month we took in \$123.58 in sales and \$203.99 from the area to bring stock pile where it belongs. Two lit orders were placed with a total of \$302.98; we had a total of \$327.57 a difference of \$24.59. As of now our lit stock amount is where it should be at \$1156.21. It state that we should have 2 Living Clean books in stock we have none, do we want them in stock, I had orders for 4 of them today? Please email me at [maryriyana3@cox.net](mailto:maryriyana3@cox.net) or text me with your lit order by 8pm on Saturday before area and your order will be at area. We have one new group requesting lit, they are on the meeting list and been a meeting for 4 months now. World Services have discontinued all audiotapes, audio cds and cd-rom and 25 pocket literature racks. You can purchase the Basic Text the It Works and Sponsorship book in elit at Amazon and iTunes. Special collector edition of the Living Clean and the Just For Today are on sale for \$30 at the World Service Office. ILS, Mary R.

**Activities Chairperson:** Greetings SWINA ASC. I have completed the Flyers for the luau and the basic dance and brought some with me today for groups to take back with them. Brandon S and Mary made suggestions for speakers I listed those names on the flyer if these speakers are not ok I will just change the flyers. I did not receive any new logo ideas nor did I get any votes on the ones I emailed out so I am not really sure where this leaves us for artwork for SWINA campout. Here is a list of what needs to be done this month

- A. Discuss speaker for Basic Dance
- B. Begin discussion on workshop titles, facilitators and games for SWINA
- C. Begin discussions on Main Speaker and Spirituality Speaker for SWINA
- D. Vote on SWINA logo
- E. Get bids for T-shirts for SWINA (Suggested 3 bids)
- F. Get SWINA flyer made
- G. Contact Pioneer park and Book shelter for Luau confirm booking of shelter for SWINA ( Page County Conservation (712) 542-3864)
- H. Discussion on food for SWINA

Thank you very much for you help on these topics.

In Loving Service

Heather K

**PR Sub-Committees:**

**H&I:** Hello everyone, We've had a good turnout at Jail in Mont. Co. 5 female inmates and there were 4 male inmates. Both Went Well. Zion meetings have been real good on Sat. Nights. Could use a few new speakers. I'm working on that, but Sat. Nights people seem to be busy. There were no women and 4males at Harlan Jail. All going

well there. Paul has been a great help in getting me acknowledged to everything and I personally would like to thank him for that. With that being said I thank you for your time,. Look forward to our next area meeting.

Yours truly, Gary H. (your H&I Addict)

**PI:** Greetings Area, First I apologize for not being in attendance today, my family is having dinner and celebrating Mother's Day today because the children both have to work next week. As the new PI Chair I have only a few things to report this month. First I've reached out to Karen Rodriguez with Healthy Homes Family Service in Avoca, but I have not heard back from her as of yet. We were to do a booth in Shenandoah, as you know, but due to weather we did cancel this event. There are some differences about the drug court presentation that I have not talked with Barry about yet. I've been told that 4<sup>th</sup> District in Iowa is included with a larger presentation: as soon as I know exactly from Barry what is actually happening I will further report this. On a personal note, I have purchased and am studying the PR Handbook and Guide to Local Services so hopefully I can be of greater service to this area and Narcotics Anonymous. Thank you for allowing me to be of service.

ILS, Steve H.

**Phone Line Liaison:** Greetings Area

I will keep this short and sweet! A couple concerns I have to note this month. I have on two occasions attempted to send out emails to all members in our area (11 by my current count) who are on the volunteer list and on both occasions despite asking for a return email from everyone regardless of if they are still on the volunteer list or not I have only received responses from 2 people. I bring this up with great frustration for a couple of reasons. 1. I can't fulfill the duties of my position to the best of my ability if I don't receive the help of others in keeping the list updated and 2. If you are not answering your emails are you answering the phone during your scheduled times? I don't want it to come across like I am being a butt however I ask that those of you that are here and have not responded please do so ASAP and to the GSR's please take this message back to your home group so that any volunteers whom are there will also check their email and respond. I have a list of those that are on my list if you would like to get with me afterwards I can see if it is that I have an incorrect email address or if you should be taken off the list.

On a different note but along the same lines, this Monday Mark has made the monthly Skype meeting mandatory for all admin personnel. The feeling is that as a whole there has been an apathetic attitude from the workgroup as a whole the past couple months (mainly due to the fact we have had only 2-3 people at the meeting the past 2 months) I will be on the call and will email out to all volunteers any pertinent information following the meeting however as always

feel free to join the meeting via Skype if you would like. It's Monday night at 8 pm and usually only last 45 minutes to an hour.

Now away from the "negative Nancy" attitude and on to the good stuff!! I am excited to be having the area 800 line training on Saturday of the Memorial Day campout!!! Let's get the word spread and get as many people there as possible to get trained. Even if they can't volunteer right now getting trained now is a good opportunity and then when their schedule frees up and allows the can join the schedule down the road. I hope to see everyone at the end of the month!!!! In Humble Service, Brad H

**Web-Servant:** No Report

### **Group Reports:**

**Discovery Group:** Verbal Report

**Just for Today:** Greetings Area, Just For Today group is doing well. We have averaged about 15 or so addicts. We gave away 2- 1year key tags and 30 day and 90 day. We have had several newcomers. Very Exciting!! We are looking forward to activities coming up. We have no are donation and we did have an \$11.61 lit order. P.S. I am celebrating 15 months clean today. ILS, Alisha M.

**Living Clean:** No Report

**Harlan GSU:** Greetings Area from the Harlan GSU, Meetings are going strong, we average 12 on Monday, 15 on Thursday and had a total of 30 for the month of Saturday meeting. We have a combined lit order of \$22.75 and a combined area donation of \$100. We have 2 GSRs whose terms are complete and we have replaced Mondays GSR already. Thanks Nate M. and welcome back to service. We are still looking for a GSR for Saturday but fell confident that position will get filled. Please come join us in June for the Anniversary meeting of Monday Night. We will have a speaker and cake and Ice Cream. Flyers are available. We are also buttoning up details for our recovery motorcycle run on August 4<sup>th</sup>. We hope all will come. We plan on games and fellowship while the ride goes on and a dinner after the ride. More will be revealed. We have given a unanimous approval of the minutes with a few suggested changes. Looking forward to all the summer events and the phonenumber training at the Memorial Day campout. This will be Stacy's last area, Thanks Stacy for your service and Matt O. as well!!

ILS, Stacy J.

**New Way:** Absent w/no report

**Reaching Out:** Absent/no report

**Stairway to Freedom:** No Report

**Straight Friends:** Greetings Area, Straight Friends is doing well as always. We have had a few 60 day clean times. Our attendance was an average of about 25 for the month. Also Zion people have been attending Straight Friends. I would like to thank Gary H. for providing the transportation. We are proud to announce we have two 2 year birthdays

this month, myself Cheryl I. and my husband James I. With that said until next month.  
Lit order: \$7.70 and Area donation: \$25.00 ILS, Cheryl I.

**New Freedom:** Absent, no report

**Visions of Hope:** Absent/no report

**Simple Serenity:** Absent No Report

**Recharge Group:** Absent w/no report

**Straight Edge:**

Greetings SWINA area from Straight Edge group. Recovery continues to be strong in Clarinda as we have seen an average attendance of 9-11 addicts around the table each week. We have welcomed one newcomer this month as well as celebrated a 30 day and 9 month clean time birthday. In addition we had the opportunity to welcome to our meeting and help celebrate a 26 year birthday with a fellow addict visiting the area from Colorado. It was very uplifting and inspiring to hear of his journey and story this past week in our meeting and we are grateful to have had him join us.

Regretfully we have no area donation this month nor any literature order! We have several that are looking forward to the Memorial Day campout at the end of the month and we would like to welcome anyone who would like to come a night early to join us that Thursday for meeting at 7 in Clarinda! ILS, Brad H

**Let It Be:** Greetings Area family from the Let It Be group of Narcotics Anonymous, First I apologize for not being in attendance today, my family is having dinner and celebrating Mother's Day today because the children both have to work next week. Our meetings are going well. We have been averaging 15-20 addicts seeking recovery at our meetings. I have to give a huge thank you and an "Atta Boy (girl)" to Mary R. who came in and inventoried our group literature, and with her help we are back up to speed on literature inventory. Today we have a literature order of \$59.30 and regretfully we have no area contribution sat this time Thank you for allowing me to be of service.

ILS, Steve H.

**Acceptance, Courage & Wisdom:** Meetings are great about 20-25. Mary R.

**More will Be Revealed:** Meeting going well about 15-20 in attendance. No area donation and no lit order. ILS, Mike H.

**VI. Financial Requests:** More Will Be Revealed \$51.77 (starter kit) Mary R. \$203.99 (lit. chair) Motioned by Brandon S. and 2<sup>nd</sup> by Bill D. All other Area operating expenses were approved. unanimously

**VII. Sharing Session:** Laura W. turned over to Stephanie H. at 3:19 pm

Mary R.- Activities like Memorial campout not SWINA, when did it become a function?

Brad H.- Voted on 3 months ago for san 800 line training for cost purposes and would be brief.

Heather K.- Stating not on calendar events.

Paul S.- If area does flyers then should be area activities.

Alisha M.- Glad that there is flyers to be known about the function.

Dave R.- whether it stays or not? Leave up to activities.

Brad H.- If in guidelines should it stay?

(tabled to next area)

Barry B.- make sure area decides when it meets not the officers. Always should know by end of last area.

Barry B.- Regional workshops feel free to contact Barry if had questions.

Closed Sharing sat 3:30 pm

RESUMED Area at 3:42

### **VIII. Unfinished Services:**

**A)** Drug Court- PR presentation get one involved contact Amanda. Zonal forum to Omaha July 20-21. Requesting funds from this area of \$100. Can we extend invites to outside PO? Barry says Yes. If we fund it can we get feedback brought back. Gary H. would like to go. Is it taken out of H&I or PI budget... tabled to next area cause only a few members there this month.

**B)** Staple-free literature has been taken care of.

**C)** LOGOS for SWINA have been voted on. (see Heather K. for details of logo)

**D)** Spiritual speakers for SWINA and facilitators. Take back to your groups.

**E)** Meetings lists tabled.

### **IX. Current Services:**

**A)** Literature Stock—Living Clean Books ( 5 votes) Also, starter kits(standard) Basic Text, 5 key tags of each, and IPs (main 5). Should there be a Just For Today in starter kit? Suggested to take back to meetings. What they would like and bring back to Area next month.

**B)** Treasurer Audit- Regional treasurer (Denny) to do audit. Barry B. will contact Bill D. to get with Mike VP.

**C)** Literature Audit- was requested by Mary R. to have one done. Tabled to next month.

### **X. Announcements & Flood Meeting:**

Flyers for Creston Fun Run (Paul S. contact) Go to a different meeting in the area☺

### **XI. June ASC to be held on the 9th in Griswold, IA.**

Laura W. close meeting 4:25 pm Dave R. motioned and Alisha M. 2<sup>nd</sup>.

