

Southwest Iowa Narcotics Anonymous

Minutes for March 17, 2013

I. Opening:

The meeting was called to order @ 2:35 p.m. by Mike R. with a moment of silence followed by the Serenity Prayer.

II. Readings: Mike R. requested the following be read:

“The Twelve Traditions”, read by Stephanie H.

“The Twelve Concepts”, read by Dave D.

“The Service Motivation”, read by Sari M.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Mike R.

Vice-Chairperson: Laura W.

Secretary: Absent w/ report

Treasurer: Mike VP.

RCM: Brandon S.

RCM Alt.: Bill D.

Sub-Committees:

Literature Chairperson: Mike D./ Mary R.

Activities Chairperson: Absent

PR Sub-Committees:

H&I: Paul S.

PI: Sari M.

Phone Line Liaison: Brad H.

Web-Servant: Mike R.

Adhoc: Laura W.

Groups:

Let It Be: Steve H.

Straight Edge: Brad H.

Discovery Group: Dave R.

Just for Today: Alisa M.

Living Clean: Dave D.

Harlan GSU: Stacy J.

More Will Be Revealed: Absent

New Way: Mike VP.

Reaching Out: absent

Stairway to Freedom: absent

Straight Friends: Stephanie H.

New Freedom: Absent

Visions of Hope: absent

Simple Serenity: Absent

Recharge Group: Absent with report

Acceptance, Courage & Wisdom: absent

There were 8 out of 16 voting groups at area.

Visitors: Gary H.

IV. Correction & Approval of Minutes:

Motion to approve minutes made and passed. Bill D. moved, 2nd by Brandon S. and passed unanimous. (Sari wanted to thank secretary for getting minutes typed up and out even with everything going on in her personal life)

V. Reports

Executive Committee:

Chairperson:

Thanks for attending the Chili Cookoff. It was grand! It's been a pleasure serving you over the last year.

ILAS,

Mike R.

Vice-Chairperson:

Greetings Area, My report begins by apologizing for being "silent" today. I've picked up this new religion that requires me to be completely speechless on Sundays!! Just Kidding!! However if I try to speak, nothing comes out. (I know you're all very excited! Shut up!) As you know I've been ADHOC for the ASC guidelines review. I've gone over the suggested changes and agree that the most of them are legit. I do think that we should bring back the 7th tradition at the ASC meetings and have those \$'s go toward donations and/or rent, or coffee, etc. I've kinda been doin this on my own, however I'm not complaining. But I will not be able to retype the new adendums in and would be more than willing to let someone else do that!! With your approvals, my ADHOC responsibility will be fulfilled. Also, I need to report that nominations are here & I know that my next step is to be chair. But I'm up for a promotion at my job & I may not be able to attend Sunday ASC if I get it. I won't have confirmation of this position until the end of this week and there's still a possibility that I may not get it at all. So I'm not sure how the ASC would like to proceed with this, however, it may be easier to nominate another perspective chair. I will let you all know either way via email or text, but however we would like todeal with this will be supported by me as well!! I love you ALL!!!

P.S. Congrats Gary H. on 2 yrs!!

ILS,

Laura W.

Secretary:

Greetings Area, Sorry I was unable to attend today cause of prior obligations to my childrens activities. I want to say thanks to Sari M. for emailing who is not registered or who needs to be updated with world. I do have extra copies of forms to send in or its available to update online @ NA.org. Just a thank you for getting reports to me. I do have a financial request of \$7.00 for copies of minutes.

ILS, Glenda C.

Treasurer:

Beginning Balance \$638.11

Expenses:

Auto Service Chg \$2.00 Tax .14 for counter check to Region	\$ 2.14
1195 Wal Mart (ASC Supplies)	\$13.46
1196 Griswold United Methodist (Room Use ASC)	
\$15.00	
1197 Glenda C (ASC Minutes Copies)	\$ 7.00
1198 Sari M (Trad Workshop \$2.46, Print mtg lst \$51.36, Order post cards \$60.00)	
\$113.82	
1199 Brandon S (Copies of flyers fr Region)	\$63.24

Income:

Voided Check 1105 to ENNA	\$14.40
New Way 2925	\$ 5.00
Recharge 2926	\$ 5.00
Clean and Free (Closing Bal.) 2927	\$ 8.42
Let It Be 2928 M.O. 50943453131	\$40.00
Seventh Tradition 2929	\$15.00
Straight Friends 2930	\$25.00
RCM Team (Reimburse unspent adv. for IRSC)2931	\$75.16
Visions of Hope Group (Check 1529) 2932	\$18.00

Total Income	\$205.98
Total Expenses	\$214.66
Ending Balance	\$629.43

RCM:

Greetings, Another month and another Region have past us by. There are a few important things I need to share with you in my report and a couple things I hope to discuss in open forum. Last month at ASC several topics were brought up to be taken to Region. Ragbrai is coming up soon and the discussion at region was that the areas visited would try to organize meetings to coincide with Ragbrai coming through their cities. Sari has more details on that. The Council Bluffs groups met last Monday to talk to about several issues. They have 8 out of 10 CB groups and about 20 addicts in attendance. Amongst some of the topics discussed were creating a GSU (Group Support Unit). They plan to meet again on April 1 at 7pm, same location. A flyer should be out soon. Sari brought up a point about the literature for institutions having staples in them. At region I was told that the literature has been available, staple free, from World Services for some time now. Our area literature chair can special order staple free items or they may be ordered directly from na.org. I have asked bill D. to cover Regional PR committee happenings at the Winter Region. In business we went briefly over the budgets and they were approved with ease and no squabbling. The region has decided to do some research on CBDM (Consensus Based Decision Making) and have a Skype meeting. The meeting was held on March 5th, I haven't heard any news from the meeting. The Policy Adhoc hopes to have the CBDM policy complete by the June region. Involvement is encouraged, if you would like to know more contact myself or Bill D. IRCNA 31 hangs in limbo. Normally, at this time of year, we would have bids for IRCNA to bring back and have the groups vote on. Due to unfortunate circumstances with the bid process, we do not. I believe it was lack of guidance from IRCNA standing that led to the results we saw in the bids. Regardless, in June your RCM will need prior consent from the GSR's to vote on a bid. Bids for IRCNA 31 have been opened to all areas, we hope that they will come back with acceptable bids. There are a lot of event coming up in the next few months with spring and summer right around the corner. Zit was almost impossible for me to print off all the flyers for events in our region and surrounding regions, so please take a look at the ones I have provided. I encourage you to explore the websites of the Iowa, Show-Me, Nebraska, South Dakota, and Kansas regional websites. Lots of things to do in the next year. Also I have included a flyer for the bus trip to Philly for the 35th World Convention of NA. Thank you for allowing me to serve as your representative to the Iowa Region. I have gained more than words can express from this service position, I will always be grateful for this opportunity. Although I will not be able to continue to be a resource for this area. Bill and I are returning \$75.16 from the last region. Our treasurer will find receipts that total \$181.84. So we actually had \$43.16 to return, however the difference in the hotel cost from the cheapest and where we stayed was about \$32.00

With Gratitude, Brandon S.

RCM Alternate:

Greetings ASC from the RCMA.

The Iowa Regional Public Relations Committee met February 16, 2013 in Des Moines. The PR workshops have been very busy and productive, completing all their goals assigned to them! This is a first the PR workshops.

Phone line is up and running with many success stories. The main success being in an addict contacting the 1-800# and ending up starting a new meeting in Leon, IA. They currently have 37 volunteers manning the 1-800 phone line, answering over 300 calls last month. Mark wants all Areas to understand that the 1-800# is for getting an addict to a meeting and not a Help line.

H&I is still working on Train the Trainer Workshops, compiling a database for facilities serviced by Region. They are using Skype meetings to communicate to H&I Facilitators.

Web Service is updating the Regional web site in an effort to make everything flow in a more orderly format. They are developing a Can (template) for Areas to use if they wish to port their website to the Regional Website. The SWINA Website doesn't need any changes to be able to port to the Regional Website since Barry B designed both websites and are pretty much the same already. Barry B was appointed the Regional Website administrator. There were 13,725 hits on the meeting list, 761 hits on IRCNA Convention XXX, and 580 hits on What to Expect from NA.

1-800 Awareness is researching new PSA's at a cost of \$45 for 4 PSA's. They have two Post card templates ready, I believe Sari M has them and needing an Area conscience on them. They are also looking into any problems of PSA's overlapping boundaries of other States and Regions. They have dropped the Yellow Page idea of getting the 1-800# listed.

Conferences have a date set for the Correction's Conference on May 8th in Ames, IA. And the Governor's Conference on April 2nd in Des Moines, IA. With cost coming in \$500 less than budgeted for. The Mental Health Conference is still being worked on to get a date and location set.

Drug Court workshop has found it next to impossible to hold a state wide presentation to Drug Courts. They have sent out information to Areas for contacting the Drug Court to see about a presentation for them. They have refocused their duties to get more Regional Members trained to do professional presentations.

RAGBRI workshop was created to coordinate meetings for the week RAGBRI travels thru Iowa, Sari M was appointed chair.

In Loving Service

Bill D.

Sub-Committees:

Literature Committee:

Greetings Area,

I want to apologize for not making it out there on the 17th of March. I had missed most of last week at work and couldn't miss more.

We had a \$300.81 Lit Order. I did a complete inventory of all of our stock pile. I don't have the number in front of me, but I can tell you this: There is a little bit more missing than what there is "over stock." About 168 under what is supposed to be there and about 140 over what we are supposed to have.

My conclusion is that people don't order back exactly what left and order things that didn't need ordered. Don't understand how it could get that far off, but it is. And of course being an addict I'm gonna say, that I had nothing to do with it because I feel that I put a 100% into it and added things that we needed and have been spending Literally days on this and loving it at the same time.

It has been an honor to serve with you all and if I was rich, you could all just order from me and I would send them to you in the mail and cover shipping.

Love you all and see you at Areas I can make.

ILS,

MIKE D

Activities Chairperson:

No Report

PR Sub-Committees:

H&I:

Greetings Area, H&I is going well. Red Oak jail meeting in Feb. 4 males and 2 females Mar. 2 males and 2 females attending. Harlan jail meeting in Feb. had 4 males and 2 females attending. Zion Saturday night meeting is going well. Brad and Alisa speak at the meeting. The seed is being planted.

INS,

Paul S.

PI:

Greeting Area from the PI Chair,

I have brought both of the post card templates for you to decide which ones you want for the post cards. I will order them this month. I have also been told the we are not currently working on business cards at the 800 awareness group at Region. So we will have to order our own. We can either purchase them through Michigan service office which have print on the back and we will not be able to use our stamper, Or we can create our own and print. I have brought several options. I would like to finalize today so we can get them ordered as well. I have organized the RAGBRAI meetings across Iowa and I am still waiting on flyers but I believe each stop except Knoxville will have a meeting. More will be revealed. If anyone has any PR surveys please hand them in today. I looked up all the SWINA meetings and sent out those that needed updates. I printed 300 meetings list for today. I did have one meeting change that came in after I had printed and that was for Atlantic. They have closed their Friday meeting and Tuesday you must inter through the ER and the meeting is in the Behavioral Health waiting room. I contacted ENNA and their was no changes on their side. I am hoping that their will be someone willing to take on the PI position at Area. It has been challenging and very rewarding. Thank you for letting me serve as your Area PI chair. I will try to have all postcards sent out and business cards distributed to each group before a New chair takes over. I am looking forward to the Chili cook off, the workshop and the traditions awareness on that day. As spring is around the corner I am anxiously awaiting our warmer events.

I have a financial request for \$51.36 for meeting lists, \$2.46 for material for Traditions workshop, and \$60.00 for postcards and business cards. Total \$113.82

In Humble Service
Sari M

Phone Line Liaison:

Greetings SWINA Area

I just have a few things of note with regards to the phone line this month.

First I would like everyone to take back a couple things to their home groups to help me out.

1. Please ask that anyone who is on the volunteer list check their email and respond back to me to ensure I have correct info as far as who should be on the list, their contact info etc... I sent an email out a couple weeks ago and have only received 3 responses which make it tough for me to know for sure if there are still able to carry the line or not. One big reason for this is we have had volunteers recently who have said they were unaware they were on the volunteer list and schedule and I want to do my part to help alleviate this confusion in the future.
2. If you could also take back to your home groups that we are always looking for volunteers to take any spots on the schedule (be it one 3 hour block a week or more if they are able). We have unfortunately lost a couple of volunteers recently due to health

concerns and other obligations which have limited their time and ability to carry the line at this time so our list is going down rather than up. Reminder just 6 months of clean time a phone and internet access is all that is required and it's a great opportunity to get involved in some service even if you have limited time.

That brings me to my next point, I would like this area to discuss having a phone line volunteer training day in the near future. I was thinking possibly in April however we are kind of running out of time so maybe in conjunction with the Memorial Day campout???? I have our regional training coordinator willing to help as well as the phone line coordinator we just need to say ok and when!!!

Just a couple more things of note from our recent Skype meeting. We had our first inappropriate "perverted" call to the system a couple weeks ago. A male called making some inappropriate comments to a female volunteer. It was oddly enough during the only time slot we had 2 female volunteers taking the line. Anyway the volunteer handled it well and we are currently closely monitoring it if we would have this happen again to try to track down the number and culprit.

Finally the phone.com site that is used to route calls and store our call logs has been updated making it much more user friendly so if a call is missed, lost, etc.. or a log isn't filled out Mark is able to track who and why much easier and can touch base with the volunteer to see if there were any problems we can or need to fix. With that said we want to share a big "kudos" to all the volunteers that are carrying the line for getting the call logs filled in a timely manner. We had over 50 calls last month and only a few logs were missing so that is vast improvement. Keep up the great work!! As always thanks for allowing me to serve this area in this capacity. Keep doing great things in recovery!!!

ILS, Brad H

Web-Servant:

Made several meeting updates and posted flyers (many times). I will speak to Barry B. again about ponting the website. Requested changes have been made to help pages.

ILAS, Mike R.

Group Reports:

Discovery Group:

Verbal: Going to move meeting time to 8:00pm rather than 8:30pm other than that everything is going well. Dave R.

Just for Today:

Hello Area, I'm done, I quit, I'm finished, I'm through. I'm giving up the GSR spot and I'm giving it away to Alisa. (lol) Really I have loved serving I have so many family things going I must step down. Alisa will do a great job and we are lucky to have her.

Thank you again for letting me serve. I will still be seeing you all at events that are fun!!
P.S. I'll be back so enjoy the break from me.

ILS, Kim P.

The Just For Today meeting of Red Oak is doing Good. Our attendance range from 10-15 people. Happy 1 year to Jody and Kelly this month. We do not have an area donation this month but we did pay our rent for 6 months. I am stepping up to fill GSR position and am very excited to be doing service work again.

ILS, Alisa M.

Living Clean:

Greetings Area from Living Clean, Attendance has been good on average of 10 members. We have given out a 6 month and a 9 month keytag. Along with a newcomer tag. No area donation at this time and no lit order.

ILS, Dave D.

Harlan GSU:

Greetings Area from Harlan GSU, All is well here with the Harlan Groups. The GSU seems to be working very well for Harlan and we are glad to be participating in the trial run. We elected Rose Y. as secretary for the GSU. March we had an average of 24-25 addicts per week in attendance, with a 5 year and a 4 year clean time celebration! We had a combined lit order of \$8.74, with no area donation at this time. We have several Area nominations. Nate M. was elected Vice Chair, Bill D. was elected webmaster. And Bill S. was elected RCM Alternate. Both the Monday and Thursday groups are going strong, and our Saturday group has been seeing an average of 6 addicts in attendance. We have Rod M. and Kenny K. taking the meeting in to Shelby County jail for the men and Stacy J. and Sari M. taking the women's meeting. We completed the PR survey, went over the PI guidelines, and voted on postcards to be ordered. We have some exciting things in the planning stages for Harlan NA, and recovery is strong and alive here with many good changes on the horizon. Looking forward to the Chili Cookoff/Service Learning Day and the Traditions Workbook Project on March 16th in Nodaway, IA. Spring is in the air and recovery is fresh and strong here in Harlan. Looking forward to spending time with our NA family and enjoying some good clean recovery fun soon!!

ILS, Harlan GSU (Stay J.)

New Way:

Greetings ASC from the "New Way Group" Narcotics Anonymous,

Things are going well at New Way. We had attendance this last month of 9-16 addicts. We had one ninety days, one six months, and one one year clean this month. We have a lit order of \$5.57 and a five dollar donaton to the ASC.

Seventh Tradition is being met, The topic is on step Nine, the coffee is hot, and a consistent message of hope in Narcotics Anonymous

continues to be carried. Come join us
6:45PM Sundays 11 S 1st St Rm 210 in Council Bluffs.
ILS
Mike VP

Reaching Out:

Absent/no report

Stairway to Freedom:

Absent/no report

Straight Friends:

Greetings Area, Straight Friends is doing well as always. Celebrated a few birthdays this month, but the one that stands out for myself is my husband of 2 yrs. Congratulations on his behalf and all the others with their clean time birthdays. We as a home group have also tried to have attendance to join us at our local restaurant for further fellowship after meeting. In doing so, we find that the newcomers tend to open up and feel the befriending of our meeting. The chili cookoff was a success at least everyone left with full bellies. Although the dance was canceled we exchanged with a great meeting. As always had a wonderful time. Would like to thank Straight Edge for co-hosting and helping with the clean up. With that said, until next month. Lit order: \$19.19 and an Area donation: \$25.00

ILS, Stephanie H.

New Freedom:

Absent, no report

Visions of Hope:

Absent/no report

Simple Serenity:

Absent No Report

Recharge Group:

Greetings SWINA ASC from "The Recharge Group". We are currently in the process of trying to fill trusted servants positions. However the rent is paid, coffee is hot, and the message is being carried. We had attendance of 8-13 addicts last month. We gave out two Welcome, two thirty days, two ninety days key tags and one ten year medallion. We have a \$13.06 lit order, and an ASC donation of \$5.00. It bears noting that we are a

family friendly meeting, friends, family, including children, are always welcome. Come check us out sometime. 3025 Mabrey Ln. Carter Lake

LIR,
Recharge Group

Straight Edge:

Hello SWINA Area from Straight Edge Group in Clarinda! It's been a pretty uneventful past month but that is ok as we are still carrying the message to addicts each day!! We have had a steady attendance of around 8-10 addicts weekly at our meetings and seem to have welcomed a newcomer each of the past few months which is great. In addition to 1 newcomer tag we also gave out two 30 day key tags as well as a 90 day this past month. I wish we could get more people involved in service work but as long as they are staying clean and coming to a meeting that is top priority at this time! We will have a lit order this month of \$17.77 but no area donation.

On a personal note I had the privilege of attending the Saturday meeting out at Zion 2 of the past 3 weeks where I also got to share my story. It was an awesome experience for me and very beneficial in my recovery so thanks for that. Also a big "atta boy" to Paul and Gary for the work they are doing with that meeting as I thought it was ran very well and I was very impressed with how encouraged and excited the staff and residents were to have that meeting in their facility.

Finally, it was great to see everyone at the Chili cook-off last night. I thoroughly enjoyed hearing all four of the speakers talk about their story in becoming acceptable, responsible and productive members of society. Thanks to you all for everything you do to make recovery so strong in our area!!!

ILS

Brad H

Let It Be:

Greetings SWINA from the Let It Be group, Meetings are picking up. We have filled the open chair for the Monday meeting by Shelly A. We have a literature order of \$52.90 and an area donation of \$40.00. I had a great time at the chili cookoff and thanks for all the help with my flat tire. Thank you all for celebrating my 1 year birthday, which has been my best year in recovery.

ILS, Steve H.

Acceptance, Courage & Wisdom: Absent no report

More will Be Revealed: Absent no report

VI. Financial Requests: Area operating expenses all approved. Sari- \$60.00 (\$30 for business cards and \$30 for post cards. Brandon- \$63.24 for copies.

VII. **Sharing Session:** Laura W. turned to Bill D. at 3:40pm Brandon S.- considering a consensus based workshop training @ Region. He recommends we do same thing. Doesn't need info now but would like it by June Region. Paul S.- since our literature is available staple free he would like to have some on hand ASAP. Paul will get ahold of them to get our 20 free staple free lit. Brandon S.- has 4 extra Let It Be books he will give to Paul to take to Zion. This literature came from extra literature that zonal got for an indian reservation in South Dakota. Zonal distributed this to Regions and we got it to take to Leon where they are starting a meeting. We had some left over which is why we are sending 4 to Zion. Steve asked about what its like to get into Pottawatomie County Jail he asked Paul to try and get ahold of them to at least get literature in to them. Paul asked they take back to Council Bluffs meetings to see if they have resources to start meeting. Paul will contact them to get literature to them at least. Closed Sharing Session @ 3:52pm.

Area resumed @ 4:02pm

VIII. **Unfinished Services:**

1) Nominations- Service resumes need to be given to secretary either today or email ASAP. Brandon S. motion to open nominations and Bill D. 2nd. Approved unanimously. Chairperson- Laura may or may not be able to fulfill she will know next month. Brandon nominated Nate M. from Harlan.

Vice Chair- Mike R. nominated Brian V. (would like to get back involved) Laura nominated Stephanie H. from Villisca. Stacy J. nominated Nate M. from Harlan.

Secretary- Sari nominated Glenda C. to remain as secretary.

Treasurer- Bill D. nominated Mike VP to serve again.

RCM- RCM Alt becomes RCM so Bill D. becomes RCM.

RCM Alt- Stacy nominated Bill S. from Harlan.

Lit Chair- Bill D. nominated Mary R.

H&I Chair- Paul nominated Gary H. from Villisca

PI Chair- Mary nominated Steve H. from Council Bluffs

Phone Line Liason- Sari nominated Brad H.

Brandon S. motioned to extend area 20 minutes Dave D. 2nd.

Web Servant-Sari nominated Bill D. Dave nominated Mike K.

Brandon motioned to close nominations Bill D. 2nd

2) PI Guidelines- Bill D. took over for Sari as she had to leave. Brandon S. motion to approve PI Guidelines. Approved unanimously.

3) 800 training days- Brad asked to have 800 phone line workshop 7:00pm Saturday of Memorial Day campout. Brandon motion to approve and Dave 2nd. Mike R. will add to current flyer.

IX. Current Services:

Dave open current business Brandon 2nd

1) SWINA logo and theme needs approved next month take back to your groups to bring to next area.

2) Give RCM team ok to vote on bids for IRCNA—passed group conscience

3) Basic Dance in August- we need bids by next area. Need bids, time place, date, financials. Area will pay up to \$60 for food and pay hall rental.

4) Bill D.- flyers for luau which is in July need to be done by next area. Activities Chair needs to get this done. July 19-21, 2013.

5) Brandon- Area subcommittees doesn't feel like we get anything done during this time. He feels like we should do something productive. Maybe have our committees meet or do GSR training. Table this till next area.

6) Brandon- come back with group times, address and look at Regional Website to compare info to ensure its correct.

Brandon motion to close current business Gary 2nd.

X. Announcements & Flood Meeting: go to Shenandoah Wednesday noon meeting or a meeting you haven't gone to before.

XI. April ASC to be held on the 14th in Griswold, IA.
Meeting closed @ 4:50 pm.

SERVICE RESUMES:

Brad H. Resume

- Clean Date 7/25/2012
- Have had a sponsor since beginning of August 2012 and am currently in process of working steps (slowly but surely!!!!)
- GSR of Straight Edge Group in Clarinda since September 2012 (got our group back into attendance at area after an extended absence)
- Phone Line Liaison since December 2012 for SWINA area
- Have taken calls on the phone line during various scheduled times since February 2013
- Spoke at Zion inpatient NA speaker meeting in Clarinda
- Co-hosted Chili cook-off
- Assist with giving rides to members at various meetings in area
- Assisted with creating Meeting lists
- Assisted with creating template for our business cards

Mary R.

Clean Time 11-4-99

Swina Area Service

Public Information Chair for Two Years

Lit Chair for Two Years

Activities Chair for Two Years also work on activities for many years Been GSR and Alt GSR and
Treasure for different groups in N.A.

Have an NA sponsor and sponsor women in NA Working and have worked the Twelve Steps of
NA.

Know the Twelve Traditions of NA.

And have had many other position at the group, area, region and world level in Narcotics

Anonymous.

I have the willingness to service this area to my best ability.

ILS

Mary R.

Steve H. – Service resume

My clean date is 03/15/2012

Oct. 2012 – present: GSR for the Let It Be group in Council Bluffs

Oct. 2012 – present: I chair the Tuesday Let It Be meeting at noon in Council Bluffs

2008-2009 GSR for Another Sunday Night group in ENNA

I sponsor 1 man, I attend as many meetings as I possibly can with my schedule, I go to at least 4
meetings a week. For the last year I have gotten involved with NA more than I ever have. I feel,
for the first time in my life I truly have the desire. I work full time and go to school part time for
addiction counseling.

Thank you for your consideration.

In Loving Service,

Steve H.

Greetings Area,

I have been clean for 17 years, I have a sponsor, I sponsor people and I attend meetings.
I have held numerous positions at the meeting level in Harlan. I have been GSR and
treasurer, and currently I'm point person for the Harlan GSU. At area level in SWINA I
have been chair, vice-chair, RCM, RMC Alternate, Activities Chair, Activities Vice Chair, I

also served on the H&I and PI committees. I served on the Close Encounters Committee as Chair, Vice Chair, Treasurer, Hospitality Chair, Hotel Liaison, and member at large.

ILS, Bill S.

Bill D.

February 24, 2008 2006-2007 GSR for Harlan's Never Alone Group, 2007 Group Treasurer for Harlan's Never Alone Group, 2010-2011 GSR for Harlan's Nobody's Group, 2010-2012 Activities Chair for SWINA, 2012-present GSR for Harlan's Nobody's Group, 2013-present RCMA for SWINA. I currently do not have a sponsor. I have worked the Twelve Steps 2X. I have a working knowledge of the Twelve Traditions. I attend at least 2 meetings a week regularly.

ILS, Bill D.

P.S. I'm grateful for what I have in my life today, instead of disappointed and angry for what I don't have!!!

Glenda C.

Clean date- October 14, 2011 2012- present Treasurer for Harlan's Never Alone Group. November 2012- Present Secretary for SWINA. I have a sponsor and attend at least 2 meetings a week if not more. I do have the willingness to get/keep myself involved in recovery life.

ILS, Glenda C.

Mike VP

Here is a somewhat thumbnail sketch of my service resume; I've held all group, Most Area, and some Regional positions. Almost all of these on multiple occasions. I have an NA Sponsor, am a Sponsor, working knowledge of NA steps, Traditions, and Concepts.