

Southwest Iowa Narcotics Anonymous

Minutes for July 14, 2013

I. Opening:

The meeting was called to order @ 2:31 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer.

II. Readings: Laura W. requested the following be read:

“The Twelve Traditions”, read by Mary R.

“The Twelve Concepts”, read by Cheryl I.

“The Service Motivation”, read by Sari M.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Laura W.

Vice-Chairperson: Absent

Secretary: Glenda C.

Treasurer: Mike VP

RCM: Bill D.

RCM Alt.: Bill S.

Sub-Committees:

Literature Chairperson: Mary R.

Activities Chairperson: Heather K.

PR Sub-Committees:

H&I: Absent

PI: OPEN

Phone Line Liaison: Absent w/report

Web-Servant: Bill D.

Groups:

Let It Be: Absent

Straight Edge: Absent w/report

Discovery Group: Dave R.

Just for Today: Absent

Living Clean: Dave D.

Harlan GSU: Nate M.

More Will Be Revealed: Absent

New Way: Mike VP.

Reaching Out: Absent

Stairway to Freedom: Absent

Straight Friends: Cheryl I.

New Freedom: Paul S.

Visions of Hope: Absent

Simple Serenity: Absent

Recharge Group: Dan K.

Acceptance, Courage & Wisdom: Absent

There were 6 out of 16 voting groups at area.

Visitors: Barry B., Sari M., Diane L.

IV. **Correction & Approval of Minutes:** Motion to approve minutes made and passed. Bill D. moved, 2nd by Dave R. and passed unanimous

V. **Reports**

Executive Committee:

Chairperson: I had a great time at IRCNA 30. I am very excited for the Luau and SWINA. I hope to see everyone there.

ILS, Laura W.

Vice-Chairperson: Absent no report

Secretary: Greetings Area, I got Area Guidelines revised again and copies are on the table for your convenience. I ask if anyone wants anything on the agenda for next area, please email or get ahold of me. I have a financial request of \$18.39 for copies of Area guidelines and minutes.

ILS, Glenda C.

Treasurer: 07/13 Beginning Balance \$224.6

Expenses:

1209 Griswold United Methodist (Donation for room use July 2013)	\$ 15.00
1214 Bill D (RCM Team Expense Copies unpaid from June)	\$ 37.87
1215 Glenda C (Copies ASC Minutes \$6.63 Guidelines \$11.76)	\$ 18.39

Income:

New Freedom Ck 1078	712947	\$50.00
New Way	712948	\$ 5.00
Recharge	712949	\$ 5.00
Seventh Tradition	712950	\$18.00
Visions of Hope CK 1540	712951	\$20.00

Total Income	\$ 98.00
Total Expenses	\$ 71.26
Ending Balance	\$251.34

RCM: Verbal report

RCM Alternate: Greetings ASC , Due to ill health I'm going to have to give up my alternate RCM position. I really thought I could do this but my first weekend proved otherwise. I had to leave and come home early because of being sick. So until I get things under better control I'm just going to have to step down I want to thank you for the opportunity to serve.

ILS, Bill S.

Sub-Committees:

Literature Committee: All is well with the Literature Committee. We sold \$138.23 in Lit sale and \$111.00 lit order was placed. I have a bank statement if anyone needs to see them.

ILS, Mary R.

Activities Chairperson: Greetings Area

I apologize for my absence the last few months I have been very busy with family. I understand this causes an issue with timeline things getting done which is why I hope we have some nominations for activities chair for the next year.

I believe everything is a go for the luau this next weekend. We have Mike as the DJ and the pig is being donated the rest is potluck. I will be there to set up and decorate but I have a wedding to attend that evening so Mary and Laura have agreed to take money for the dance and dinner.

As for the Shirts for SWINA I was unable to get bids but I know Competition Graphics out of Savannah MO will be cheaper than any other bid that will come in as I am donating my time. We will be doing grey shirts with two colors pink and black. I will email out preorder for hoodies, zip up and embroidered hats with only the NA logo and the words SWINA 28 if that is ok with this area. It has been brought to my attention that registration could be reduced as we don't have the expenses at pioneer we used to have at aldersgate. My suggestion is from \$10 to \$5. Jeff G from Marshalltown will be the DJ for SWINA campout. I have Adam as the main speaker and Shawna as the spiritually speaker all I need now are workshop and facilitators. I will need these so I can get the fliers to Mary to get printed.

I am off the next few weeks so now is the time for me to get things done that need to be done so please let me know what I need to get done.

Mary has offered to take care of SWINA meal for \$104 I have given her a check for that.

Heather K.

PR Sub-Committees:

H&I: Absent no report

PI: OPEN

Phone Line Liaison: Greetings Area

Not a lot to note on the phone line this month. Things continue to be going well and we are still getting a large number of calls to the line monthly. There have been a couple calls recently that brought an issue about keeping meeting lists updated to the surface. If meeting lists aren't

updated it makes the phone line difficult to be useful, luckily the individuals who have taken the calls took the extra steps and made more calls to get correct meeting information but this is just a reminder to update addresses, times, days etc of meetings in your area regularly.

There are several phone volunteers that are taking vacation this month and next leaving some time slots with only 1 or 2 people to take calls so if any volunteers are available for extra shifts in the next couple months be sure to email and let Mark and Tammi know.

For current volunteers please remember to keep Mark, Tammi, and myself informed if the schedule is not working for you. Also, reminder to get those call logs filled out whether its completed call or missed call.

As always we are looking for volunteers so help spread the word and get people in contact with me so we can get them trained and get involved with service.

In Humble Service

Brad H

Web-Servant: Verbal report

Group Reports:

Discovery Group: Verbal Report

Just for Today: Absent no report

Living Clean: Greetings area from the living clean group meeting attendance has been steady at about 7 to 12 addicts a week. This month we have given out a 30 a 60 a 90 and 9 month key tags. We are looking forward to The Luau and The Basic Dance. Come as out sometime the coffee is hot and the sharing has been inspirational.

ILS, Dave D.

Harlan GSU: Greetings from Harlan- All three meetings have been doing well with a strong message of recovery being over the last month. There been a 23 year, a 21 year, 2 year, and a few key tags go out over the last month. We has a great turn out for the 25th anniversary meeting of the Never Alone group, Sari did a great job sharing her message of recovery. We are also looking forward to the 1st function for the anniversary of the Thursday night nobody's Group on August 4th, which will consist of a recovery run and food and games in the park- flyer is out. Looking forward to the upcoming events to finish out the summer.

ILS, Nate M.

New Way: Greetings ASC from the "New Way Group" Narcotics Anonymous, Things are going well at "New Way" We had average attendance since last ASC of 5-12 addicts. We had a one year, one six month and one 30 days clean time celebrated. We had total donations of \$39.06, lit sales of \$10.00, and total expenses \$59.28, We have a lit order of \$16.73, and an ASC donation of \$5.00 today. We are finishing Step 12 this week in the Step Working Guide. The coffee is hot, and a consistent message of hope in

Narcotics Anonymous continues to be carried at New Way. Come join us. 6:45PM
Sundays 11 S 1st St Rm 210 in Council Bluffs. ILS, Mike VP

Reaching Out: Absent no report

Stairway to Freedom: Absent no report

Straight Friends: Greetings Area, Straight Friends is doing fine as always. We have an average attendance of 15. We had 1-30 days and 1-60 days clean time. Lit order \$9.30. Area Donation NONE. ILS, Cheryl I.

New Freedom: Verbal report

Visions of Hope: Absent no report

Simple Serenity: Absent no report

Recharge Group: Greetings SWINA ASC from "The Recharge Group", Things are going well at Recharge. Attendance is steady 9-11 addicts. We had a one year, 3 six months, 1 ninety day, 1 thirty day and 2 Newcomer tags given out last month. Total donations of \$14.93, total expenses of \$28.39 we have no lit order, and an ASC donation of \$5.00. It bears noting that we are a family friendly meeting, friends, family, including children, are always welcome. Come check us out sometime. Monday 7pm 3025 Mabrey Ln. Carter Lake IA. We will be time anniversary. There is also a new meeting in Carter Lake-"One Life To Live" meets at 8:00pm on Thursdays at Lakeview Bible Church 1651 Avenue "Q" This is an open meeting of "NA".

ILS, Dan K

Straight Edge: Greetings SWINA area from Straight Edge group. Meetings are going strong in Clarinda and we have maintained an average of 8-12 addicts each week around the table. We have had a few (3 to be exact) newcomers to the meeting this past month in addition to a couple of faces that hadn't been around the table for a while coming back to the meeting. With the exception of the 3 newcomers it wasn't a big birthday month however there are a couple milestone birthdays coming in the next few weeks we will be celebrating at our meetings. Several attendees have been inquiring about upcoming events so hopefully we will see a good turnout for events in the next couple months. We will not have an area donation but do have a \$6.67 lit order. As always feel free to stop in and join us at The Hope Center on the east side of the square in Clarinda on Thursday nights at 7:00 pm.

ILS, Brad H

Let It Be: Absent no report

Acceptance, Courage & Wisdom: Absent no report

More will Be Revealed: Absent no report

VI. Financial Requests: Bill D. \$37.87 All other Area operating expenses were approved unanimously.

VII. Sharing Session: Turned over to Barry B. at 3:15 pm
Sari encourages to keep up with having the best area around by mentoring new people in their positions. Don't eliminate them. Give them lots of encouragement. Bring people together. Already lost a good person, so let's keep everybody.
Sari also suggested local meetings print own meeting lists. Detour some of the cost.
Dave R. questioning why flyers aren't on website but only at area meetings.
Bill D. pick up flyers at Region that weren't SWINA. When stuff is brought, but not distributed waste of money. GSR can go to website and print for pennies.
Sari M. RCM go out to ENNA and surrounding areas and bringing back.
SWINA not on ENNA and visa versa.
Barry B. states can put on Iowa website. Commenting on the first thing that was said is we get what we get when voted in.
Dave R.-- we should be mentoring in a caring and sharing way.
Barry B.- Tried to mentor but was refused.
Dave R. person should be approached personally.
Sari M. states we should use this as a tool going forward.
Barry B.—Direct things to whole committee not just one person. Plain and simple, need to be careful who is elected to committee and not just warm bodies.
Bill D.- GSR and Alternate both should come so they can step up. Some positions don't have alternates. States he tagged along with Brandon S. to learn RCM when he was RCM Alternate. Activities Chair noms are suppose to be today, but none are here.
Break at 3:35 pm Resumed at 3:45 pm

VIII. Unfinished Services:

- A) Literature Audit.- Contacted Mike D. but still needs to look. Can Mary R. contact US Bank to get 12 months. Or World to get statements. Voted and 6 approve. Mary able to call who she needs to call.
- B) \$100 for zonal- Barry B. withdrawing because of financial status. (6 votes)
- C) Workshops-1) Spirituality Not Religion Paul S./ ?? 2) Commitment to service Bill D./Laura W. 3) Traditions Sari M./?? 4) Reachout to Newcomers ?
??/? Approved to turn it to Heather to get facilitators.
- D) Speakers for SWINA- Adam from Storm Lake and Shawna G. from Oskaloosa.
- E) Area Audit- Mike VP will get things to Barry B.

IX. Current Services:

- A)** Luau flyer modified- Can't be done doing differently going forward. Making it campout later fine otherwise just as is should be on flyer.
- B)** SWINA Flyers- Have been taken care of. Comment of flyers are not readable on Website. Thoughts of just putting agenda on website.
- C)** Thank you card- Heather will be taking care of the card for Arlene who donates the hog every year for the Luau.
- D)** Bids for Halloween Dance!!! Villisca Straight Friends stepped up to host. Waiting to find out when other areas are having their functions. Don't need on same days. TABLED.
- E)** Take back to groups for nominations of Activities Chair need to be voted on at August Area. One nom. is Nate M.

X. Announcements & Flood Meeting: GET TO A MEETING!!

XI. August ASC to be held on the 11th in Griswold, IA.

Laura W. close meeting 4:34 pm Motion by Dave D. and 2nd by Dan K.