

Southwest Iowa Narcotics Anonymous

Minutes for April 14, 2013

I. Opening:

The meeting was called to order @ 2:47 p.m. by Mike R. with a moment of silence followed by the Serenity Prayer.

II. Readings: Mike R. requested the following be read:

“The Twelve Traditions”, read by Bill D.

“The Twelve Concepts”, read by Brandon S.

“The Service Motivation”, read by Steve H.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Mike R.

Vice-Chairperson: Absent

Secretary: Glenda C.

Treasurer: Mike VP.

RCM: Brandon S.

RCM Alt.: Bill D.

Sub-Committees:

Literature Chairperson: Mary R.

Activities Chairperson: Heather K.

PR Sub-Committees:

H&I: Paul S.

PI: Sari M.

Phone Line Liaison: Brad H.

Web-Servant: Mike R.

Groups:

Let It Be: Steve H.

Straight Edge: Brad H.

Discovery Group: Dave R.

Just for Today: Alisa M.

Living Clean: Terry D.

Harlan GSU: Bill D.

More Will Be Revealed: Mary R.

New Way: Dan K.

Reaching Out: Absent

Stairway to Freedom: Sheila H.

Straight Friends: Stephanie H.

New Freedom: Absent

Visions of Hope: Absent

Simple Serenity: Absent

Recharge Group: Mike VP.

Acceptance, Courage & Wisdom: Absent

There were 11 out of 16 voting groups at area.

Visitors: Gary H., Bill S.

IV. Correction & Approval of Minutes:

Motion to approve minutes made and passed. Bill D. moved, 2nd by Brandon S. and passed unanimous

V. Reports

Executive Committee:

Chairperson:

Greetings Family, I want to thank you all for the opportunity to serve you over the last couple of years. It has been an honor and a privilege. I have been contacted by Tarkio NA and they are looking for willing addicts to speak on the 3rd Sunday of the month. Anyone interested please see me after Area and I will give you the contact information. Let's have a great meeting.

ILAS,

Mike R.

Vice-Chairperson: Absent no report.

Secretary:

Greetings Area, Sorry for last month's absence, kid's demanded my attention!! Not much to report. Thanks for all who email me reports, It helps tremendously. Thanks to Brad H. for taking notes for me last month. I want to thank everyone for letting me serve as your secretary. I have a financial request of \$24.08 for copies of minutes. And I am happy to say I have 18 months TODAY!!!!

ILS, Glenda C.

Treasurer: Beginning Balance \$629.43

Expenses:

1200 Glenda C (ASC Minutes Copies)	\$
24.08	
1201 Griswold United Methodist (Donation Room Use ASC)	\$
15.00	
1202 Brandon S (Copies of flyers fr Region)	\$
4.65	
1203 Sari M (PR Copies)	\$
15.23	
1204 SWINA Lit Comm (Grp Start Kt MWBR \$51.77 Bring stock back up \$203.99)	
\$255.76	

Income:

Seventh Tradition		\$17.00
PR Sale of extra stamper add back to budget	712933	\$10.00
Living Clean	712934	\$80.00
Harlan GSU	712935	\$10.00
Let It Be 2928 M.O. 682582437	712936	\$30.00
New Way	712937	\$10.00
Recharge	712938	\$10.00
Visions of Hope Group (Check 1531)	712939	\$40.00

Total Income	\$207.00
Total Expenses	\$314.72
Ending Balance	\$521.71

RCM:

Greetings SWINA, Not much to report on this month. Please check out the flyers and events for our area and the surrounding area and region(s). Thank you for the opportunity to serve NA, it has been a journey filled with learning, giving, and growing. I am confident that Bill D. will succeed as RCM and carry the message through regional service.

ILS, Brandon S.

RCM Alternate: Verbal report.

Sub-Committees:

Literature Committee:

Greetings area from the Literature committee, all is well. Last month we took in 191.38 and placed a lit order of 198.30. This is a difference of \$7.08. As an area we audit the lit stock at area last month. As of now our lit stock amount is \$952.22 it should be at \$1156.21 a difference of \$203.99. This amount will bring the stockpile where it belongs. It states that we should have 2 Living Clean books in stock we have none. I was told by member last area that they were owed this book to them we need to give out four and only had three. I did place the order for one and gave it to the group it was owed to. Please email me at maryriyana3@cox.net or text me with your lit order and it will be at area. I will always have with me all lit orders from groups and any lit order that was placed for replacement for the last area for anyone to view. And the bank book at any time will be asking for financial request of \$203.99 to bring the stock pile up.

ILS,

Mary R.

Activities Chairperson:

Greetings SWINA area I am sorry I was unable to make it last month but I had plans with my family. The chili cook off I feel went over well I know my family and I had a great time. Thank you very much to Sari M, Brandon S, and Steve H for speaking I learned a lot from all of you. I would like to give a big thank you to Sari M for facilitating the traditions workshop. I am sorry that I changed the plans up and decided to have a meeting instead of the dance, but I feel that we had some great fellowship. After I paid for the supplies and gave Mike \$30 for his travel expenses we were able to deposit \$97 but that means it was a success again thank you all.

We are a bit behind schedule for 2012 Activities. As per the timeline bids were due this month for the basic dance, as well as logos for SWINA campout. So GSRs please take this back to your groups and email me at kammererheather@gmail.com any logos that would like to be summited so we can vote on them at May area. As for the basic dance is anyone willing to bid on the dance today so I can start making the flyer this week?

We do have the Memorial campout flyer done thank you Sari. My computer crashed in the middle of making the luau flyer so it will not be finished until this week. I will have it checked by two other members of area and to the web servant by Friday.

I am very sorry that I have been slacking on my responsibilities as activities we have been having some family issues but I believe that I have my priorities in check and I will do my best to stay on track. Thank you all for your support and prayers these past few months things have been a little rough, but thanks to all of you and the support from around the tables I have been able to make some sense of things and still celebrate 6 years clean.

In Loving Service

Heather

PR Sub-Committees:

H&I:

Hello Area, First of all I would like to thank this Area to allow me to be of service to this area for H&I the last 2 1/2 years. Its helped me more than you will ever know. Jail meeting in Red Oak had 5 men and 4 females. Thanks Gary for making the phone call. Zion is doing well also. Always needing speakers. In closing this chapter, I will be still involved with H&I and Area in one form or another. I have not got a hold of Pottawanamie Jail yet but will this following week.

In Great Loving Service,

Paul S.

PI:

Greeting Area from your outgoing PI Chair,

I have some really good things to share. Our postcards and business cards have come in. I will be dispensing the business cards to each group for the pharmacies that they provided on their list. I allotted 20 for each pharmacy. Posts cards have been mailed to the Dr's offices and clinics that were provided as well. I was given a contact for Healthy Homes Family Services in Avoca. I was told they are interested in getting an NA meeting in the Avoca area. I did make contact and have left my contact information. They were preparing for an audit but will get back to me when they can. I will pass this information on to the incoming PI chair person. I have made spread sheets and an information packet for the new chair as well. I am happy to report that we met the goals that we set forth for this last year and I am so grateful for the support this area has given. We hosted IRCNA, added several H& I meetings, hosted a H & I training day ,completed 2- 800# training days and have active members that service our 800#, held a flyer month, hosted a traditions workshop, created, ordered and dispensed out post cards and business cards, updated local newspapers, contacted and ran PSAS's on local radio stations, purchased our own rubber stamp, held a traditions workshop, reviewed and updated our PR guidelines and have reviewed our Area guidelines. . This area is amazing and I can't say thank you enough for allowing me to serve this area as your PI chair. This position has brought so much personal growth and fulfillment to my life. It has clearly been the most rewarding are position I have held. I will remain as a PR subcommittee member and as a mentor/resource for the new Chairperson if they will have me. I see more good things to come for NA in SWINA. I believe that we will still reach more addicts with a presentation to Drug court in CB and keeping current with the 800 awareness group. None of this would have been possible without this area pulling together and doing the footwork. You all deserve a big pat on the back! I will be passing on the PR surveys to the new Chair so they can see any areas we need to improve on.

I have a financial request for \$15.23 for copies postage and an overage for the postcards and business cards and the traditions workshop information that was sent on to the Regional Lit Chair. I am returning 10.00 from the sale of our second stamp.

I have made copies of all items necessary to continue on with this position and will send everything I have as an electronic document.

In Humble Service,

Sari M

Phone Line Liaison:

Greetings Area

Not really anything new to note this month from the phone line. We are lacking in participation of our monthly Skype meetings so are hoping to find a way to get more participation in those

whether it be change the day and times or just getting the word out better. Currently they are the first Monday evening of the month at 8 pm. If you would like to join us and are unsure how to use Skype or need added to the list please let me know.

Continue to spread the word about needing volunteers and about the phone line training coming up next month. I have traded a few emails with Mark and Bob (our regional training coordinator) may be available to come help with the training however I said we would need to discuss further if there is an expense that would come with him doing this. I haven't heard back on what or if there is an expense so at this point I will just plan on doing the training myself however I will let everyone know if I find anything different out.

As always I will close with thanks to the Area for letting me serve in this capacity!!!

ILS

Brad H

Web-Servant:

I have posted all minutes, flyers and meeting changes that I have received over the last month. I am withdrawing my nomination for web servant at these nominations, but will always be available as an alternate and willing to help in any way possible.

ILAS, Mike R.

Group Reports:

Discovery Group: No report.

Just for Today:

Greetings Area, The Just For Today meeting of Red Oak is going well. We have averaged between 10-20 addicts this last month. We recently moved our meeting temporarily to our new church and due to the old church going up for sale. We will be staying at the new church at 2300 N. 8th St. (Red Oak). We will need that changed on the meeting list. We have a lit order of \$2.76. We have no area donation.

ILS, Alisa M.

Living Clean: Verbal report.

Harlan GSU:

All is well here, attendance is up and newcomers are coming in steadily. Our group conscience was taken and area nominations voted on. H&I work is continuing at Shelby County Jail, Bill D. and Rod M. and Glenda C. and Brenda D. will take the meeting in. Thursday group is planning an anniversary Recovery Run with food and games to follow on August 4th (Sun). Mondays group has planned on June 17th for it's anniversary with a

speaker meeting , cake, and Ice cream. Sari M. will share her recovery story. Saturday Serenity meeting is in the planning stages of moving to a handicapped accessible location. Details at next Area. We had an average attendance of 33 addicts. We had a combined lit order of \$41.90 with a \$10 area donation.

ILS, Harlan GSU (Bill D.)

New Way:

Greetings ASC from the "New Way Group" Narcotics Anonymous, Things are going well at New Way. We had attendance this last month of 10-18 addicts. We had We had total donations of \$43.91, total expenses \$35.57, and balance of \$20.50 this month. We have an ASC donation of \$10.00 today and no lit order. We will be starting Step 10 this week in the Step Working Guide. The coffee is hot, and a consistent message of hope in Narcotics Anonymous 6:45PM Sundays 11 S 1st St Rm 210 in Council Bluffs. ILS, Dan K

Reaching Out: Absent/no report

Stairway to Freedom:

Hi, Meetings are doing good. The meetings are getting little bit bigger.

Sheila H.

Straight Friends:

Greetings Area, Straight Friends is doing well, Attendance staying approximately 10-30 addicts per week. Celebrated lots of birthdays this month including multiple years Heather of 6 years, and myself of 2years. Having several newcomers thru Zion treatment center attending as well. Although unfortunately we have lost a fellow addict (Shawn Hackenbury) through the cunningness of addiction. Prayers go out to family & friends. Chili cookoff was a success for all our hungry fellowship members. DJ got lost, we instead chose to have a meeting. Thank you Clarinda Straight Edge for co-hosting and thanks to everyone who participated. Lit order \$11.04 and no area donation.

ILS, Stephanie H.

New Freedom: Absent, no report

Visions of Hope: Absent/no report

Simple Serenity: Absent No Report

Recharge Group:

Greetings SWINA ASC from "The Recharge Group". We had attendance of 8-10 addicts last month. Total donations of \$26.19, total expenses of \$28.06, we have no lit order, and an ASC donation of \$10.00. It bears noting that we are a family friendly meeting, friends, family,

including children, are always welcome. Come check us out sometime. Monday 7pm 3025 Mabrey Ln. Carter Lake IA.

LIR, Mike VP

Straight Edge:

Greetings SWINA Area from Straight Edge Group!!!! It has been an awesome month in Clarinda as we have really picked up our average attendance and have had between 12 and 14 addicts around the table. Recovery is spreading in Clarinda and the meetings have been very productive and filled with passion and excitement! With the increase in attendance we welcomed several newcomers this month, 8 to be exact, in addition to the newcomers we have also given away a number of key tags, celebrating 4-30 days, 1 60 day, 1 90 day, a 1 year and a multiple year (2). If you all can't tell I'm very excited to see the numbers go up and I hope that we can continue to keep people coming through the doors and joining or fellowship every week.

An a separate note just to keep everyone informed I did have a conversation with our treasurer as our rent hadn't been getting paid in a timely manner however I hope to have this situation resolved and will keep a close eye on it in the future.

We have a lit order of \$17.10 this month but no area donation.

ILS, Brad H

Let It Be:

Greetings SWINA ASC, The Let It Be group is doing well. Meetings are gaining ground as the weather is warming up. We average 13 addicts seeking recovery a day; 5 days a week. We have a \$13.31 literature order and a \$30 area donation.

ILS, Steve H.

Acceptance, Courage & Wisdom: Absent no report

More will Be Revealed:

Meeting going well. We meet every Friday @ 6pm @ 410 So.16th St. in Council Bluffs @ the 500 Club. Would like to have a start-up kit.

Mary R.

VI. Financial Requests: More Will Be Revealed \$51.77 (starter kit) Mary R. \$203.99 (lit. chair) Motioned by Brandon S. and 2nd by Bill D. All other Area operating expenses were approved. unanimously

VII. Sharing Session:

Mike R. turned over to Brandon S. at 3:26 pm

Heather- paying for a DJ when everybody gone at 10pm when raffle is done.
\$150 for 2 hours?

Bill D.- Mike flexible for lower fee; remembering his equipment and travel to functions.

Mike R.- Booking from 7-10pm only?

Brad H.- Reason to start hr earlier

Heather- Nothing done on time..

Steve H.- Believes not too much. Already gives a great deal.

Bill S.- pay attention to events.

Sari M.- dances are for the newcomer who is looking for fun and its our way of connecting.

Paul S.- Anniversary Dance gone because of attendance. Meeting would be better.

Alisha M.- Agreeing with Sari in getting the newcomers involved.

Steve H.- when do book; point of accountability if work gets in the way.

Brandon S.- do better with a dance rather than not a dance

Bill D.- Start and end and raffle time set.

Paul S. let groups know that it doesn't have to be a dance .

On agenda for next area.

Sari M.- Meeting updates (swina: regional) Web servant or PI responsibility?

Web link back on? Put on agenda for next area.

Closed Sharing session @ 3:38 pm

Area resumed @ 3:48 pm

VIII. Unfinished Services:

1) Nominations-

Chairperson- Laura- 11 votes

Vice Chair- Stephanie H.-10 votes, 1 abstain

Secretary- Glenda C.- voted in

Treasurer- Mike VP.- 10 votes, 1 abstain

RCM- Bill D.- 10 votes, 1 abstain

RCM Alt- Bill S.- 11 votes

Lit Chair- Mary R. – 10 votes, 1 abstain

H&I Chair- Gary H.- 11 votes

PI Chair- Steve H. 10 votes, 1 abstain

Phone Line Liason- Brad H.- 10 votes, 1 abstain

Web Servant- Bill D.- 10 votes, 1 abstain

2) Drug court Presentation- Go forth and support this w/ council bluffs doing a GSU now. Dan K.- don't look down on card signees. Bill D. – support from PR Comm. w/ Steve H. Sari M.- responsibility of H&I done by June. Paul S.- table til next area.

Extend meeting 15 mins @ 4:28 pm motion Bill D. 2nd Steph H.

- 3) PI Guidelines- email out new take to groups and bring back.
- 4) Basic Dance Bid- Brandon S. Shanendoah @ Riverton.
- 5) SWINA Logo- take back to groups.
- 6) Doing a PR Committee instead of sub-committee meeting only 1 report given

IX. Current Services:

- 1) No longer Anniversary Dance- it will be Spring Fling in April

X. Announcements & Flood Meeting: Sydney looking for addicts.

XI. May ASC to be held on the 5th in Griswold, IA.

Mike R. close meeting 4:45 pm Brandon S. motioned and Bill D. 2nd.