Southwest Iowa Narcotics Anonymous

Generic Minutes for September 2012

I. **Opening:**
The meeting was called to order @ 2:50 p.m. by Mike R. with a moment of silence followed by the Serenity Prayer.

II. **Readings:** Mike R. requested the following be read:
"The Twelve Traditions", read :Brandon S

"The Twelve Concepts", read: Sari M

"The Service Motivation", read: Mary R

III. **Roll Call/Visitors: Barry, Gary**

Executive Committee:

Chairperson: Mike R.

Vice-Chairperson: Absent W/Report

Secretary: Absent W/Report

Treasurer: Mike VP.

RCM: Brandon S.

RCM Alt.: Bill D.

Sub-Committees:

Literature Chairperson: Mike D.

Activities Chairperson: Heather K.

Saturday Serenity: Absent W/report

PR Sub-Committees:

H&I: Paul S.

PI: Sari M.

Visions of Hope: Mike D.
Simple Serenity: Absent

Groups:

Clean & Free: Absent

Carrying the Message: Mary R

Discovery Group: Absent

Just for Today: Absent

Living Clean: Brandon S.

Never Alone: Matt O.

Nobody's Group: Jennifer B.

New Way: Mike VP.

Reaching Out: Absent

Stairway to Freedom: Sheila H.

Straight Friends: Stephanie.

New Freedom: Absent

Web-Servant: Mike R.
Straight Edge: Brad H.

Straight N Grateful: Absent

Let It Be: Steve H. Recharge Group: absent W/report

There were 10 out of 19 groups at area this month.

Visitors:

IV. **Correction & Approval of Minutes:**
Bill D. Motioned to Approve

Matt O. Second

V. **Reports**

Executive Committee:

Chairperson: I enjoyed SWINA and getting to do some service work. We've got a lot to do today so please keep reports short and sweet. Did not get missing meetings contacted as only contact list I can find only has numbers for meetings who have been showing. ILS Mike R.

Vice-Chairperson:Greetings area (from afar), I apologize for my absence this month, my life usually revoloves "around" NA, but NA moved so I guess something has to give, huh? I really hope last weeks recovery run was a "roaring" sucess and would like to report that I "know" SWINA was!! I had a great time and the games were truely very entertaining and really made the event! Thank you activities committee! And while that point is up, I would also loke to say for whatever reason it's worth, I would love for Heather K to remain our activities chair no matter where she is located! She has my vote!! Looking forward to our next event and a reminder of the xmas Bash in Villisca as well!! Special thanks to you all & Stephanie for reporting for me!! ILS Laura W.

Secretary: Greetings Area: Please excuse my Absence today I am presently attending the 2012 Hair and Beauty Expo for school which has been planned since June.I had an amazing time at the Swina Campout, thank you for all those who did all the amazing work to make it enjoyable. And a special thank you for allowing me to be part of the Step one Workshop, this program continues to ALWAYS help me grow.I have made 4 copies of the updated contact list and this was emailed to all. I made 5 copies of minutes if anyone would like one and emailed those as well.I talked to Laura in turns said she would talk to Sari about taking Secretary notes and collecting reports, and I will get September minutes prepared and Emailed to everyone.Other than this all is Great.In Loving Service,Denise Arad

Treasurers Report September 2012

Beginning Balance $329.90

Expenses:

1173 Griswold United Methodist (Room Use ASC) $15.00

1174 Sari M for Harlan Tribune (printing) $63.47

1175 SWINA Lit Comm for H&I and RCM Alt GTS $20.63

Cash Mike VP to Office Max Receipt book and a copy $10.04

Income:

Activities from SWINA Check 498 $1046.56

Iowa Region H&I Learn Day Nov. Check 1369 $150.00

Brandon S Returned Check 1163 $20.00 and $35.44 RCM exp refund $55.44

Let It Be Money Order $30.00

Visions of Hope Group Check 1482 $25.00

Total Income $1307.00

Total Expenses $109.14

Ending Balance $1527.76

RCM:

RCM Alternate: Open

Sub-Committees

Literature Committee: Literature ordered $227.20, $6.25 in bank ILS Mike D.

Activities Chairperson:

Greetings Area, from the Activities Chair.

Again I would like to thank this Area for allowing me to serve as Activities Chair; it has strengthened my Recovery far beyond my expectations.

SWINA XXVII was a great success. I was amazed at the number of Recovering Addicts in attendance. The Main Speaker was awesome; I could really connect to his story and enjoyed talking with him afterwards. The feedback I got was that the games were what made the weekend fun. I suggest we bring the games back to SWINA in the future.

I want to thank everyone that helped at SWINA XXVII. It really showed that this is an AREA Sponsored Event, and that the SWINA AREA knows how to ROCK A CAMPOUT. A special thank you to Sari M. for all the extra help she put forth, and Mary R. for the amazing food she prepared. Thanks to the Workshop facilitators for sharing your time and recovery with us. Thanks also to the Game facilitators, you're thinking out of the box and time preparing the games is what the Recovering Addicts want to see at SWINA. A heart felt thank you to our speakers, for sharing their Recovery stories with all of us.

There were 62 registered addicts this year with 521 years of recovery between them. By the number of addicts at the Saturday night meal and dance there was far more Addicts and Recovery Time than that. I estimated we served 100 Addicts Saturday night, WOW what a turn out.

Our expenses for SWINA XXVII were $1,193.52. We took in $245.00 in hoodie preorders and $1,870.57 at SWINA. Leaving a balance of $1,296.56 in checking. $250.00 will go to Heather K. for her prudent reserve as the new Activities Chair and $1,046.56 to Area. We do have SWINA XXVII t-shirts left for sale; if anyone still wants a t-shirt please get with Heather K.

Thank you for the opportunity to serve as Activities Chair for the past two years, and I am looking forward to serving this AREA as RCM Alternate and GSR for Harlan's Thursday night group of NA.

In Loving Service, Bill D.

IRCNA: Absent no Report

PR Sub-Committees

H&I: Hello area, Zion Treatment Center is going very well having more volunteers coming in. And even have a couple people from Omaha volunteer. Also contacted John Stungal the Deputy Sheriff of Montgomery County in Red Oak to get a meeting started in the Jail. They are looking at Wednesday Evenings 6-7 pm then 7-8 pm. My only concern is the support for male meeting. There is support for the female meetings. I have a meeting with John Stungal September 21 at 2pm. Gary is also in attendance. More will be revealed after that meeting. I have a financial request for _____. Learning day for Gratitude doors will be open at 12pm. ILS Paul

PI: Hello Area from your PI Chair,

There have a lot of exciting happenings in NA in Iowa. I want to personally thank all those who have attended trainings, signed up to serve either by answering the phone line or being willing to go on 12 step calls or give rides. It is a wonderful service to the still suffering addict. As a reminder if you have signed up to answer the phone, you must pull up on the www.iowa-na.org website the current meeting list, contact document and call log to be ready to answer at your scheduled time. In order to see the phone documents you will need, you must create and account and then email (through contact us link) to inform the webmaster that you are on the volunteer list to answer the Phone Line. This is to ensure you are given the correct rights to view these documents. They are not open to the public. Please enter any call that you receive for the hotline in the call log. There are listings for call type, completed, dead air and hang up. If you have any questions please contact Brandon or myself. If you need hard copies, please Mark F right away. We have been given a Phone Line packet to use for each member that is signed up to answer the phone. I pose the question to this Area, "Do we want to pay for the cost of copying a packet for each member? Please remember to communicate with the Coordinator and Facilitator. If they call you it is important to return their call promptly and be in contact at least once a month. The new schedule will be out September 7th. Schedule will not change unless you get a call or you ask to change it. I am asking Area if they want or feel we need to hold another #800 phone line training? My suggestion would be to wait until after the first of the year in order to see if we have any interest at that time.

The next big item is that Iowa regional Website has been updated and is up and going. It is a great resource tool! Check it out! It has many capabilities that it didn't have before. Area's of Iowa that do not have their own website can now have a page on the Regional website and get their information out.

I have received the contacts from the Governor's conference. One contact was for Omaha and that information has been sent to ENNA via their contacts on the ENNA website. They have responded to the email and will take care of them. I have made contact with the other 2 providing a current meeting list. They are requesting local contacts as well. I have brought sheets to sign so I can send. I have sent all GSR's the document to take back to their groups. Please, encourage members to sign up. It is for 12 step calls and rides locally and can be provided to the Regional web so when an addict in this area needs help, we can be there. I will also be gathering information on Drug court for the two people at the Governor's conference that have requested them. The information that I gather on Drug court will also be going back to region. Ullonda S. and I have been asked to research and bring back for Region in November.

We have a new committee under PR at region. It is called the #800 awareness committee. They are developing ideas and ways to get the #800 out to the public. They have created goals for 1-3 months, 3-6 months, 6-9 months and 9-12 months. I would like this area to think about purchasing Narcotics Anonymous cards with the 800 to place at Pharmacies around our area or purchasing a rubber stamp for use to create the cards. The other items in the 1-3 month time frame; are a flyer day, which we already have slotted for October. This committee will develop informative letters to be sent to Doctors offices, Clinics, Jails and treatment centers. They will

be made available for all areas to use. I request the GSR's to compile a list in their towns for us to have for distribution in this area. We are looking into the cost of using post cards vs. the cost of an actual letter. More will be revealed. They will also be developing the PSA's for Iowa. Once they have been completed I will get them out to our local radio station's/ cable companies. Thank you GSR's for gathering the information for contact.

We have two Area's in Iowa that are really struggling, MANA and LANA areas. November Region is slotted for MANA area. They have secured a place to host Region. Region pays for the facility and the food for lunch both days has been donated. Region is asking that the surrounding areas help with manpower. It doesn't consist of much, opening up, like putting out food, cleaning up, making sure coffee is on and closing the facility. I have been in touch with some members of the MANA area and hoping to inspire some excitement about Region coming as a Resource for them. We would love anyone who wants to come and experience Region to come. There is so much going on to grow NA. It isn't often this close to our area.

We have a group out of Moline Illinois that has shirt sales that contributes books to prisons. They are called BYOB bring your own shirt. Shirts are 20.00 and anyone interested we can email the order and send a check. Please let Brandon or I know. This is similar to Project Primary Purpose in Omaha.

We have an H & I learning Day coming up in November prior to the Gratitude Dance and I encourage anyone interested come join us for a great workshop!

I wanted to share some interesting data. NA now speaks 74 languages and has Literature translated in 41 languages. Way cool! The New living clean book is available now at a cost of $8.75 and the Commemorative Basic Text is also out for $30.00.

Lastly, Josh from ENNA contacted me about reviewing and updating the meeting lists that ENNA has with our meeting lists on it. I told him I would need to discuss at Area. I also let him know that we had begun using the 800 for Iowa and would not be using the 402 number with ENNA any longer. I forwarded a copy of my email to Mike R as well. I have not heard back from Josh, but will follow through with what this area requests.

On a personal note, SWINA 27 was a huge success. I want to thank everyone for pulling together to ensure it was successful! The hard work and dedication to the workshops and the games really made a big difference! This Area Rocks! I also want to thank Bill D for his hard work the last 2 years as our Activities Chairperson. This was his last function in this role and he provided a great service to our area. A very special thanks to Mary, the food was wonderful even with all the electrical trouble!

Financial request from PI budget for $63.47.

ILS Sari M

Web-Servant: Flyers added. Google maps for events working, but not yet for BMLT. New Template added for site. New Lit Form on site. ILS Mike R.

Group Reports

Clean & Free: Absent No Report

Discovery Group: Dave Absent/No report

Just for Today: No Report

Living Clean: No Report by written nor Email

Never Alone: Greetings Area, I have a Lit order of $22.61 and no area donation. Thanks Sari for rinning Business Meeting and Thanks Mary R for Food @ SWINA. FNA Matt O.

Nobody's Group: Greetings SWINA ASC, From Nobody's Group in Harlan. We continue with an attendance with 15-19 present. We have a lit order of $31.22 and no area donation at this time. ILS, Jenn B.

New Way: Hello Asc From The New Way Group,things are going well at New Way. We have no Lit order or ASC donation this month. Attendance has been up and down,some weeks 10-15+ anothers 4-8. We continue to carry the message working from the Step Working Guide currently on Step Four. SWINA came just in time cause I really needed a stress break which is what I got. Thanks to all those who worked to make it such a great time. If you happen to be in the neighborhood on Sunday, come see us.In Loving Service, Mike VP

Saturday Serenity: Hello area from Saturday Serenity in Harlan. Meetings are going well with a small number of addicts, but recovery is always good. This month we have no area donation and no lit order. On another note the Hayrack ride has been set for October 13, 2012. The meeting will start at 5pm with a potluck to follow at 6 and off to the orchard at 7:30 pm. There is a flyer for that. Also just wanted to let everyone know that a few months ago the treasurer had the bag for the meeting stolen out of his car. Since then this addict has paid back the money and all is well. If anyone has any questions please feel free to let me know. Sorry I could not be here today, I will miss you all. Hope to see you all next area. ILS, Stacy J

Stairway to Freedom: Greetings Area, the meetings are doing ok, we are getting more people comingin. I had alot of fun at SWINA. ILS, Sheila H.

Straight Friends: Greetings Area, Straight Friends is doing well as always. Attendance has dropped some sharing at an average of 15 addicts per week. Celebrated few BDays (1) 1 yr, (1) 18 mnths, (1) 6 yrs and welcomed two new comers. Had a great time at the SWINA campout and had a wonderful time being part of it & participating in activities. Workshops well appreciated. Just waiting for the xmas bash to come our way to Villisca. Lit order of $33.35. An area donation of $0.00 at this time. ILS, GSR Stephanie.

New Freedom: One report from Paul you can read his H&I report

Visions of Hope: Greetings area from VOH, SWINA was fun and thanks all for making it happen. Our meetings are doing well, we have a $39.88 lit order and a $25 area donation. Attendance is picking up and we are grateful for that. Thanks Mike D.

Simple Serenity: Report given for Web Servant and Chair0

Recharge Group: Greetings ASC from The Recharge Group,Our attendance has averaged around 5 addicts.We have no Area donation or lit order this month. We arecarrying the message, making Seventh Tradition, and keep-ing the door open. In Loving Service,Recharge Group

Carrying the Message: Meeting not doing good one or two addicts are attending every week. One week we had ten people but that was once in two months. Rent is paid. But meeting may have to close if no one starts attending. We need help... ILS, Mary R

Let It Be: Good Afternoon, my name is Steve, I am the new GSR of the Let it be Group. This month we have an average of 10-15 people at our meetings. We have had 10 newcomers, (1)30 day, (4) 60 day, (3) 90 day, (3) 6 months and (5) multiple years. We have a area donation of $30 this month and a $34.73 Lit order. ILS, Steve H.

Financial Requests:

Sharing Session: Phone line Sari- any questions on 800 #

Sheila-Having trouble **Brandon S** will help her and Barry is changing to must have Internet Access

Heather K When changing that **Barry** Up and Coming Shortly **Sari** Communication a must

Barry -Region will provide packets**Paul**: want people to be trained

Steve -If H&I trained ENNA does it count for SWINA& Visa Versa??? **Paul**-Never Hurts

Brandon S- what level access do you want RCM to have? **Mike R-**BMLT&Events

Heather K-May move 2 ½ hours away **Mike R:**take a look as it happens

Bill D: Does she still have willing ness??? **Brandon**- Bill D needs guide to local service

Mike R: Consensus ok to get GLS for Bill

Unfinished Services:

A. Ties W/ ENNA: Put 800# on the meeting List. PI person to review their meeting list_ Can we supply our new list for review. For Iowa info contact 800 Reg Web. Sari_ meeting list ok. Will contact all groups leave on ENNA list if ok. Add 800 #. Disconnect activities- approved 8-1-1. Mike R will contact ENNA. Christmas Bash-Villisca-New Years Red Oak.

B. Timeline- Finished-Approved/ Adhoc-dissolved

C. RCM ALT-Bill D. -Voted & approved (8-1-1abstain) Brandon Close Sheila Second.

VI. **Current Services:**

A. Mana- Support Nov Region

B. Flyer Day-Pull tabs out/ October Flyer Month

C. Paul- Ham-Cooked

Mary-Turkey and Gravy-cooked

Steve Turkey - Many will cook

Steph-Turkey- Cooked

Harlan Groups two remainder Hams

Heather- Do potatoes

VII. **Announcements & Flood Meeting:**

A. **Carrying the Message- Tues @ Mohm's Place**

October ASC to be held on the October 14, 2012