

Southwest Iowa Narcotics Anonymous

Minutes for November 11, 2012

I. Opening:

The meeting was called to order @ 2:30 p.m. by Mike R. with a moment of silence followed by the Serenity Prayer.

II. Readings: Mike R. requested the following be read:

“The Twelve Traditions”, read by Brandon S

“The Twelve Concepts”, read by Bill D.

“The Service Motivation”, read by Brad H.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Mike R.

Vice-Chairperson: Laura W.

Secretary: Open

Treasurer: Mike VP.

RCM: Brandon S.

RCM Alt.: Bill D.

Sub-Committees:

Literature Chairperson: Mike D.

Activities Chairperson: Heather K.

report

PR Sub-Committees:

H&I: Paul S.

PI: Absent with report

Phone Line Liaison: open

Web-Servant: Mike R.

Groups:

Clean & Free: Absent

Straight Edge: Brad H.

Discovery Group: Absent

Just for Today: Absent

Living Clean: Brandon S.

Never Alone: Matt O.

Nobody’s Group: Jenn B.

New Way: Mike VP.

Reaching Out: Absent

Saturday Serenity: Absent with

Stairway to Freedom: Sheila H.

Straight Friends: Stephanie H

New Freedom: Absent

Visions of Hope: Mike D.

Simple Serenity: Absent

Recharge Group: Absent with report

Let It Be: Steve H.

There were 9 out of 18 voting groups at area.

Visitors: Jake W, Brenda K and Karie P.

IV. Correction & Approval of Minutes:

Motion to approve minutes with correction made and passes. Mike D moved, 2nd by Brandon S. and passed unanimous.

V. Reports

Executive Committee:

Chairperson:

Mike R. no report

Vice-Chairperson:

Laura W. no report

Secretary:

Open

Treasurer:

Beginning Balance \$1489.56

Expenses:

Cash Griswold United Methodist (Room Use ASC)	\$15.00
1179 Postmaster (1yr POBox 1134)	\$52.00
1180 Brandon Stevens (RCM Exp to Region)	\$170.00
Auto US Bank (100ct Duplicate Checks)	\$22.95

Income:

Visions of Hope Group Check 1486 Ref 2907	\$50.00
Let It Be Money Order 16965 Ref 2908	\$50.00
New Way Cash 2909	\$5.00

Total Income \$105.00

Total Expenses \$259.95

Ending Balance \$1334.61

Mike VP.

RCM:

Greetings Area, Another IRSCM month has approached us. I have a financial request of \$170.00 for region. this will cover \$98.00 for the room for 1 night and fuel cost. The room would have cost \$62.00 if I had a credit/debit card and paid online in advance. I plan to cover the additional \$36.00 cost of the room either myself or by splitting the cost with Bill D. Today I need to have a group conscience on the regional nominations. If anyone would like to see or hear their service resumes I do have those available. I will also be passing around a packet of papers that IRCNA needs information for, I will explain further during the sharing forum today. Final IRCNA policy guideline changes are lengthy and I doubt we have time to go through all the changes, so I would like to just hit some key points. There are several motions to be made at region and I either need GSR conscience on these motions or allowed to make these decisions as your trusted servant. Either way I would like to present these motions today to the GSR's can decide what they would like to do. Also, our regional phonline chair has some questions he would like me to present to the area, a few of them I can answer with confidence. Others I will need input. In the SWINA area we have a regional H&I Learning Day/Gratitude Dance on November 24th. Please show the Region and our Area spirit by showing up to learn and have fun in the fellowship. Two meetings have started in SWINA, one in Council Bluffs at the 500 club on Wednesdays at 5pm (I believe), and the other also on Wednesdays in Shenandoah at noon at 303 Walnut Street. The Carrying the Message group has closed due to lack of support.

With Gratitude,

Brandon S.

RCM Alternate:

Bill D, no report

Sub-Committees:

Literature Committee:

Total inventory is 1237.01. We had a 288.92 order with a remainder of 1.88 in the bank. I did a thorough inventory of all literature. We have a total of 1237.01 in stock. I passed around a sheet with all that we have on it. We have a surplus of some things and negative for many more. The total of things missing is 110.95. This would put our total inventory to 1347.96

Living Clean books are out and are a great read. If you want one let me know and I will bring them to the next area after you order any.

Thanks , Mike D.

Activities Chairperson:

Greetings SWINA area:

US bank has contacted me to let me know that chair Mike R needs to go into US bank in person with a letter saying that I have permission to open an account for activities fund. I have forwarded the email to Mike R so he knows what needs to be done. As of this time there is \$250.01 in the account. Laura W spoke with Mary R about toys for the Christmas bash and she is more than happy to do this. I would like to see each group to donate any amount to Mary R to help would be appreciated. I will not be in attendance at Dec area due to work commitment I will email a report to the new Secretary before the meeting. For the gratitude dance the turkeys and hams have been taken care of and I have purchased pop myself until I am able to access the funds from the account. If there is anything else I should be doing please let me know.

In loving service
Heather K.

PR Sub-Committees:

H&I:

Absent, no report

PI:

Greeting Area from your PI Chair,

I apologize for not attending area today but I have a family commitment. Recovery has taught me to be a better member of my family. I will keep this brief. I am hoping that Mary was able to create the qualifications for the Phone Chair (Liaison) position and that we can find a willing addict to fill that position. I am also just reminding everyone to please support Region in Lake City on Nov 17th and The Gratitude Dance & HI learning day November 24th. I have emailed Brandon about the Local contact list adhoc ideas and hope GSR's brought input from their groups. If you want to turn in your pull tab sheets of places you supplied pull tab flyers to, you can and I will keep it for next year but you may want to keep a copy so you can periodically check to make sure it isn't empty. We can replace if need be. You can send with either Bill or Matt or Jenn or Stacey. Thanks Guys! Lastly, I hope we are compiling a list of Dr's offices, clinic's and pharmacies for postcards and business cards. I will have a better idea on those and the PSA's after Nov region. I do have one item of concern to bring up. We set up a facility to get literature from our area. We met with them in August 10th. Two months later it was reported that we were unsure how to handle their purchasing of literature. Unfortunately, they needed to get supplies in and had to go directly to world because of our delay. I am hoping that we can find a solution to this so that going forward we do not have this problem. It is a poor reflection on this area.

ILS Sari M

P.S. I have a correction to the minutes.

In the sharing session it shows that I stated ENNA will donate books for the Stephens center, that is incorrect, what I said was Mary will be requesting a donation from ENNA also.

Phone Line Liaison:

Open

Web-Servant:

Mike R. no report

Group Reports:

Clean & Free:

Absent, no report

Discovery Group:

Absent, no report

Just for Today:

Living Clean:

Living clean has been doing great. Meetings are well attended, an average of 8 to 12 addicts seeking recovery at each of our Sat. and Mon. night meetings. We have celebrated several 30, 60, and 90 day clean time birthdays as well as some 6month and 9month Birthdays. There is a new meeting in Shenandoah Wednesdays at noon (12pm) at 303 Walnut St.

ILS,

Brandon S.

Never Alone:

Greetings from Never Alone we have a \$33.56 Lit order. Attendance is good with a few newcomers. Anyone willing to help out at Gratitude dance would be appreciated.

FNA

Matt O.

Nobody's Group:

Greetings SWINA from Nobody's Group in Harlan. We have had consistent attendance from 9 -16 addicts, also we have had 4 newcomers this month. We have a Lit order of \$7.84 and no area donation at this time. On a personal note, this is my last ASC in my one year commitment to NA service. It is my hope that we will vote in a new GSR on this coming Thursday. Thank you for letting me serve.

ILS,

Jenn B.

New Way:

Greetings ASC,

We have just started Step Five in the Step Working Guide. The doors are open, the coffee is hot, and the message continues to get carried at New Way.

We have a \$4.92 Lit order and ASC donation of \$5.00 this month. Our attendance averages between five and eighteen addicts. We also gave out one Newcomer Keytag this month.

NA continues to grow. Looking forward to the Regional H&I Learning Day and Gratitude Dance in Harlan.

Thanks for allowing me to serve.

LIR

Mike VP

Reaching Out:

Absent, no report

Saturday Serenity:

Greetings SWINA hello from Sat Serenity in Harlan. Meetings are going real well. Still small but always recovery based. This month we have no Lit order or area donation at this time. I want to extend my apologies to Area this month for not being able to be at Area, I have other priorities that came up. Sorry again. I look forward to seeing all of you in December.

ILS

Stacy J

Stairway to Freedom:

Hi! The meetings are doing OK. The meeting getting more people at each meeting and newcomers.

Love

Sheila H

Straight Friends:

Greetings Area. Straight friends is doing great, welcoming 3 new comers and celebrating several Birthdays including the originator of this meeting with her 11 years, also her husband 11 years, 21 yrs and 8 yrs. 3)18months, a 9month and a 90 days. Attendance has strengthened once again averaging 20 -30 addicts per meeting. We also have started a 12 step meeting following the 3rd Monday night meeting of each month. Everyone looking to do step work is welcome. Lit order \$22.72 , Area donation \$30.00 to Mary for Christmas Bash toys.

ILS,

Steph H.

New Freedom:

Absent, no report

Visions of Hope:

No report

Simple Serenity:**Recharge Group:**

Greetings ASC from The Recharge Group,

Our attendance has averaged 4-8 addicts. We have given out one Thirty Day Keytag. We have no Area donation or lit order this month.

We are looking forward to the Regional H&I Learning Day and Gratitude Dance in Harlan later on this month We are carrying the message, making Seventh Tradition, and keeping the door open. Everyone have a safe and happy Thanksgiving.

In Loving Service,
Recharge Group

Straight Edge:

Greetings SWINA from Straight Edge group. Things continue to be going good with our group as we have had an average attendance of around 8-10 addicts this past month. It's been uplifting to see a few new faces walk into our doors and join our loving family. We have given away 5 newcomer key tags as well as celebrated a 30 day, 2-60 days and 3-90 day Birthdays this month. While also welcoming an addict back with multiple years of clean time to our meetings. We put several flyers out around town this past month and planned to get some posted a few more places in the next week. With the Holidays approaching we look to continue to find ways to grow our meetings and wanted to share

that our doors will be open on Thanksgiving Thursday as we plan to have a small pot luck for anyone interested or looking for a meeting. This month we have a Lit order of \$30.37 however no Area donation.

ILS

Brad H

Let It Be:

Greetings SWINA Area from the Let It Be group. Our meetings are going very well. By the grace of a loving High Power we have averaged 16-21 addicts seeking recovery at our meetings. Today we have a \$50.00 donation to Area and no Lit order. We invite you always to join us always Mondays thru Fridays at noon.

ILS

Steve H

VI. Financial Requests:

Nothing noted

VII. Sharing Session:

A. TOPIC FROM STEVE"" STATED THAT THE STEPHENS CENTER WAS VERY APPRECIATIVE OF THE DONATED BASIC TEXTS..THEY EXPRESS THIER GRATITUDE WITH A BIG THANK YOU!

B. BRENDA K (VISTOR)""ANNOUNCED A NEW MEETING STARTING AT THE "500 CLUB" CALLED ACCEPTANCE,COURAGE,AND WISDOM GROUP..AKA "ACW GROUP" 500 Club 410 S. 16th Street Wednesdays at 5:00pm

C. ALSO WS SHARED THAT WE WERE SORRY TO HEAR AND BE INFORMED THAT THE "CARRY THE MESSAGE GROUP" CLOSED, BUT IT HAS INCREASED ATTENDANCE TO THE OTHER NEW GROUP...BLESSING IN DISGUISE..

CLOSED SHARING SESSION AT 335 PM AND TOOK SHORT BREAK...

VIII. Unfinished Services:

A. Phoneline Liaison is still open. BILL D MOVED THAT THIS BE TABLED UNTIL MARY GETS GUIDELINES DONE AND APPROVED...MATT O 2ND ...9=YES...TABLED

B. SECRETARY NOMINATIONS== NEED SOME NAMES OF WILLING AND ABLE BODIES! TAKE BACK TO GROUPS...MATT O MOVED TO TABLE NOMS..BILL D 2ND ..9=YES..TABLED...LAURA W TO FILL IN AS HER VICE CHAIR POSITION REQUIRES HER TO DO UNTIL POSITION IS FILLED...(HELP US ALL!!)

- C. ADHOC REPORT FROM BRANDON S FOR CONTACT LIST===BRANDON WISHES TO RECIND HIS POSITION FOR ADHOC, FOR IT WAS ASSIGNED TO HIM AGAINST HIS PRINCIPLES, AND FEELS THAT THIS SHOULD BE IN THE CAPABLE HANDS OF SOMEONE ELSE.

ALTHOUGH COMPROMISES WERE DISCUSSED FOR THE CONTACT LIST, AND THAT ANYONE W/LESS THAN 6MOS RIDE W/SOMEONE W/ MORE THAN 1YEAR,,,VALID DRIVERS LICENSE AND INSURANCE ARE A MUST,,,NO FEMALE NAMES BE GIVEN TO MALE FACILITIES AND VICE VERSA,,HAVE 2 ADDICTS GIVE RIDES AT ALL TIMES,,AND IF YOU WISH TO REMAIN ANONYMOUS, DONT ADD YOUR NAME TO THE LIST! HEATHER K MOVED TO DISSOLVE ADHOC..MIKE R APPROVE TO DISSOLVE..PAUL S STATED THAT HE WILL GETG WITH SARI TO ORGANIZE LIST AND GUIDELINES...

IX. Current Services:

- A. UPDATED REGIONAL GUIDELINES TO BE APPROVED?...ASC GAVE GROUP CONSCIENCE TO BRANDON S TO HAVE VOTE OF CONFIDENCE
- B. TO FOLLOW ROBERTS RULES OF ORDER TO SETTLE ISSUES OR CONCENSUS?...ASC VOTES CONCENSUS
WORKSHOPS TO BE FORMED IN A FORUM OF TIMES AND DAYS SO THAT OTHERS MAY BE ABLE TO ATTEND TO GATHER INFORMATION FROM REGION?...ASC VOTES YES
- C. REGIONAL NOMINATIONS= ASC GIVES BRANDON VOTE OF CONFIDENCE TO EXTEND HIS VOTES AT REGIONAL LEVEL
- D. PHONE LINE QUESTIONS FROM REGION===REGION WOULD LIKE TO KNOW IF THE \$\$ WE ARE SAVING FROM THE PHONELINE WILL BE AVAILABLE FOR REGION TO USE OTHER PLACES? ASC =YES!

VOTE TO EXTEND AREA 10 MINS...2=NO 7=YES*AREA EXTENDED!

- E. LIT INVENTORY= MIKE D TO UP LITERATURE INVENTORY THAT IS IN THE NEGATIVE OF STOCKPILE
- F. VOTE TO ADD ENNA TO SWINA MEETING LISTS...YES =5..
NO=2...ABST=1....PASSES
- G. REGIONAL DONATION WAS VOTED FOR 600.00..AND APPROVED BY AREA.

X. Announcements & Flood Meeting:

Nothing noted, no flood meeting choosen

XI. December ASC to be held on the 9th in Griswold, IA.