

Southwest Iowa Narcotics Anonymous

Minutes for March 11, 2012

I. Opening:

The meeting was called to order @ 2:34 p.m. by Nate M. with a moment of silence followed by the Serenity Prayer.

II. Readings: Nate M. requested the following be read:

“The Twelve Traditions”, read by Mike R.

“The Twelve Concepts”, read by Bill D.

“The Service Motivation”, read by Mike R.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Nate M.

Clean & Free: Absent

Vice-Chairperson: Mike R.

Carrying the Message: Charlotte S.

Secretary: absent (Sari M.)

Discovery Group: Absent

Treasurer: Mike VP.

Just for Today: Absent

RCM: Tim C.

Living Clean: Absent with report

RCM Alt.: Absent

Never Alone: Nate M.

Sub-Committees:

Nobody’s Group: Jennifer B.

Literature Chairperson: Mike D.

New Way: Mike VP.

Activities Chairperson: Bill D.

Reaching Out: absent

IRCNA: Mary R.

Saturday Serenity: Sari M.

PR Sub-Committees:

Stairway to Freedom: Sheila H.

H&I: Paul S.

Straight Friends: Laura W.

PI: Charlotte S.

New Freedom: Carol H.

Phone Line Liaison: Absent

Visions of Hope: Mike D.

Web-Servant: Mike R.

Simple Serenity: Mike R.

Groups:

Straight N Grateful: Absent

Let It Be: Maud C.

Recharge Group: Absent with report

There were 11 out of 18 groups at area this month.

Visitors: Stephanie, Stacy, Michelle, Dave, Barry.

IV. Correction & Approval of Minutes:

Unable to approve February minutes as no minutes provided.

V. Reports

Executive Committee:

Chairperson: Greetings Area from the area Chair,

I first wanted to say thank you to Mike R. and the "Let It Be" group for putting on the Chili cook-off. I heard a lot of positive feed back from people and enjoyed the topic and discussion myself. Looking forward to the upcoming events and warmer weather.

ILS,

Nate M.

Vice-Chairperson:

Mike R. : No report

Secretary:

Absent no report

Treasurer:

Treasurer:

Beginning Balance \$587.99

Expenses:

1148 Griswold UMC (Use of Room Feb ASC)	\$15.00
1149 Charlotte S (Print {PR-\$34.93}{CAR-\$38.01})	\$72.94
1150 Mary R (Reimburse for Lit Acct Short*)	\$114.49
1152 Barry B. (Website Registration)	\$44.00

Income:

Tim C. Return for unused RCM Exp Adv to RSC	\$60.00
Recharge	\$40.00
Carry the Message	\$20.00
Never Alone	\$40.00
Visions of Hope	\$15.00
New Freedom	\$40.00

Total Income \$215.00

Total Expenses \$246.43

Ending Balance \$556.56

*Mary R Put funds out of pocket to Lit for order shortfall due to price increase and increase cost of shipping without appropriate adjustment.

Check 1151 not used still blank in checkbook
ILS,
Mike VP.

Treasurers Report 11 March 2012

Donations: \$274.52

Expenses: \$ 714.28

Beginning Balance: \$1027.75

Total Donations

Total Expenditures

Ending Balance: \$587.99

In Loving Service,

Mike VP

RCM:

Tim C., verbal report: Villisca CAR was well attended and went great. They have set the bar for all the rest. Notes are attached.

RCM Alternate:

Greeting SWINA,

February 18 was the annual winter IRSCM, in Des Moines. Though we had to crunch all the PR and Business into one day, because of the CAR/CAT workshop Sunday, I believe things went fairly smooth. Concerns and issues demanding immediate attention were discussed and given the attention they needed. When in a crunch we can get the important things addressed, yay us! PR subcommittee was busy as usual and given the time restraints I think everyone would agree that a lot was accomplished. We even started a new workgroup! The Drug Court Workgroup was formed after concerns were shared that the drugcourt facility residence have been disruptive to our meetings and the meeting facilities. There was a lot of support for the workgroup and goals are already set in place for the future of this workgroup. A training day should be taking place @ the June IRSCM for the Drug Court Workgroup. In the Website workgroup we learned that currently there are 279 meeting in the Iowa Region listed on the site. The new website

will offer various options for searching meetings in the Region, from simple searching to specific and advanced.....exciting stuff! On the down side, 16 meetings were removed from the websites meeting list because the meetings are definitely not happening or repeated attempts to contact someone from those groups failed. H&I workshops will be going on later this spring and in the fall, keep posted to the website and with updates from RCM's and RD's. The Regional Phonline workgroup didnt do much because they were awaiting approval of the budget from the service body during IRSCM Business. The budget for the new 1-800 workgroup was approved by simple majority....more will be revealed! IRCNA Standing was very busy, and sort of hectic lol. There were 3 bids coming from three parts of the state FSANA, HANA, and SANA. For me it was a simple choice, but thats up to you and your groups to decide....These are the bids for your 30th Iowa Region Convention of Narcotics Anonymous. Take note that, I wasnt sure what a typical gaurantee request from a hotel should be...so I asked. The answer I received was : Anywhere from \$0.00 (nothing) to \$800 or as high as \$2,500. FSANA Bid – Hotel Rooms are \$99/night \$4,000 Gaurantee requested by the Hotel (Was mentioned that their treasurer would need to pass a credit check to establish a line of credit to avoid having to make a deposit, which caused a lot of questions and discussion from the service body) They said that 10 people are ready to serve on the committee if accepted HANA Bid – Hotel Rooms are \$75/night \$0.00 Gaurantee requested from the Hotel \$27.00 Banquet They said that 15 people are ready to serve on the committee if accepted (This group was expecting the bids to be voted on during this IRSCM, and said that they didnt expect changes to their bid since they have to wait til June to find out but that changes may occur) SANA Bid – Hotel Rooms are \$89/night \$3,600 CASH Gaurantee request by the Hotel They said that 10 people were ready to serve on the committee if accepted

ILS,

Brandon S. SWINA RCM-ALT

Sub-Committees

Literature Committee:

Mike D.: verbal report: literature stock is brought back up to where it is suppose to be. I have a financial request to cover the cost to replenish the Lit. stock.

Activities Chairperson:

Greetings ASC from the Activities Chair. The service learning day/Chili cook-off went very well with a large amount of addicts in attending. Thanks to the “Let It Be” group for holding the event at the Light House. Mike R. did an awesome job of leading the Service Learning on the topic of “What Service Work Has Done For My Recovery.” I really enjoyed him and his speakers message of recovery & service work. Way to go! Thanks to

all the makers of the great Chili's. They were all great as the voting showed of a sway tie for 2nd place. Congrats to the winners of the Chili Cook-Off. Remember to claim your prizes at the upcoming events. Expenses for the Chili Cook-Off: \$88.94 for pop/water, bowls and supplies, \$75.00 for hall rent to the New Light House. Proceeds from pop sales and raffle= \$130.00. We have \$216.06 in checking and \$40.00 in cash.

Up Coming Events:

Anniversary Dance, May 5, 2012, have 2 bids

Memorial Day Campout, May 26,-28, 2012, Pioneer Park in Shenandoah

Luau, July 21, 2012, Pioneer Park, Shenandoah

Basic Dance, August 11, 2012, need a bid from group(maybe a bid from Creston)

SWINA XXVII, Aug 31st-Sept 3rd , 2012, Pioneer Park, Shenandoah

We need logo's for SWINA by May area. Also anyone has any ideas for vendor's to print T-shirt and Hoodies please bring them to May area.

In Loving Service,

Bill D.

IRCNA:

Mary R. – verbal report- everything is going well and on track. 31 rooms left at hotel and shirts have been approved.

PR Sub-Committees

H&I:

Paul S. – verbal report- need to discuss if we want regional learning day prior to the basic Dance to be held in August. Need approval by May ASC.

PI:

Greetings Area from PI,

Meeting lists are here and the website should be going live shortly. Barry B should be able to shed more light on that subject. At the Region we are going to do some training to help the areas engage in a discussion with their local drug court community. Finally, I am pleased to announce that the Region has voted to have the 1-800#. I spoke to Mark F. the activation date looks to be the first part of August. That's all I have at this time.

In Loving Service,

Charlotte S.

P.S. I have a receipt for \$34.93 for meeting list copies that I would like reimbursed for.

Phone Line Liaison:

Absent

Web-Servant: Conversing with Barry about the site move, move will take the site down for about 5 hours so it will be scheduled accordingly. Bad ENNA link on site will be fixed tonight, now that I know where it is.

ILS,

Mike R.

Group Reports

Clean & Free: Absent

Discovery Group:

Absent

Just for Today:

Absent

Living Clean:

Greetings SWINA,

Living Clean Group is still teetering on the edge of closing our doors or moving to a new location. However, the number of addicts in attendance has risen slightly and the 7th tradition has been generous. Hopefully we will be able to float the bills for this month...please keep us in your prayers. We read the 3rd step out of the It Works How and Why this last Monday and looking forward to our next Literature night on Monday March 19th. Please join us and bring some friends to support the meetings on Saturday and Monday Nights @ 8p.m. At this time we do not have any donations or literature order to make this month.

ILS,

Brandon S., Living Clean GSR

Never Alone:

Greetings Area from Harlan's Monday night Never Alone Group. Meetings have been going strong with an average of 14-16 addicts in attendance. We've had several newcomers and a few anniversaries in the last month. We do have a \$23.61 Lit order and a \$40.00 Area donation.

ILS,

Nate M.

Nobody's Group:

Greetings SWINA ASC!

From Nobody's Group in Harlan. Meeting attendance is pretty consistent at around 10-15. Message is always good. We gave out a 1yr and 3yr medallion. Lit order of \$8.43 today and unfortunately unable to make an area donation this month.

In Loving Service,

Jenn B.

New Way:

Verbal report: Finished step 11 and have a small Lit order.

ILS,

Mike VP

Reaching Out:

Absent

Saturday Serenity:

Greetings Area from Saturday Serenity,

Meetings have been small, anywhere from 1 to 5 in attendance. We have no Lit order or Area donation this month and have not had any clean time celebrations. We are looking forward to the sharing of information on the CAR this coming Sat. in Harlan. On a personal note, I enjoyed the Chili Cook-Off and thought it was well attended. Thanks to everyone who participated.

ILS,

Sari M.

Stairway to Freedom:

Hi. The meetings are doing good. There is more people at each meeting and I would like to thank everyone that helped me get the things for the meeting that I need.

Love,

Sheila H.

Straight Friends:

Would like to report that attendance is great, 15-30 peeps and congratulate a member on his hard earned 1 yr medallion, Gary H.! Very Proud. Would also like to thank the CAR rep's for coming to Villisca for discussion on the USSS stuff, although we started bigger than it ended, we had a good turn out there. Area donation= time for IRCNA and Lit order of \$ 60.13.

ILS,

Laura W.

New Freedom:

Greetings Area,

From the New Freedom Group in Creston. Meetings are great in Creston, our Monday noon meeting is avg. 10 addicts. Friday night mtg. is avg. 12-15 addicts and we have passed out a 6yr medallion and 2- 60days. We have a small Lit order today and a \$40.00 donation at this time. We are also looking forward to bidding on the Basic Dance in August.

ILS,

Carol H.

Visions of Hope:

Verbal report

In Loving Service,

Mike D.

Simple Serenity:

Meetings going good with a couple of newcomers. Will be presenting one 6yr, two 4yr and a 3 yr coin next week. We have a \$17.89 Lit order. Thanks to Everyone that helped out with the Learning Day at the cook off. I feel very blessed to have been allowed to take part.

ILS,

Mike R.

Recharge Group:

Absent, with report given by Mike VP

On the 26th of March we are moving meeting to 7:00pm in order to increase meeting attendance.

In Loving Service,
Tamra B

Carrying the Message:

Greetings ASC from the Carrying the Message Group,

Our meeting is growing we average 9 people per meeting. We had 4 newcomers this month and continue to see the “regulars” in Council Bluffs show up and keep coming back. We have a \$66.63 Lit order and a \$20.00 area donation to ASC. We have purchased a set of books to donate to the IRNCA convention.

In Loving Service,

Charlotte S

Let It Be:

Hi my name is Maud and I am the GSR from the “Let It Be” group. Our attendance is steady at about 10-15. We gave away 11 newcomer key tags, 1-1yr key tag, 1-9mth, 3-60 days and 6-30 day key tags for the month of Feb. We don't have an area contribution and I forgot the Lit order.

In Loving Service,

Maud C.

P.S. I heard from people that the Chili Cook- Off and Learning Day was fantastic. I had to miss it.

VI. Financial Requests:

Mike D - \$114.49 to Mary R. for literature reimbursement –Bill D. move to approve, Paul S. 2nd, and passes yes by All.

Charlotte S. – copies of CAR \$38.01 –Mike R. move to approve, Laura W. 2nd, passed with 11 yes

Barry B.- Web license and URL for 2 years- \$40.66 – Mike R moved, Bill D.2nd, passes with 11 yes

VII. Sharing Session:

Lead By Mike R.:

Paul S.- where will SWINA be?- Pioneer Park

Aldersgate will not be ready and will be state park. Not going to work for us. No smoking, quiet by 10:00pm.

Charlotte S.- 800# by August?

Barry- not approved yet. Will begin work on it in June not exactly sure when will be up maybe Sept, Oct, Nov'ish. Depends on how fast work group up to speed.

Charlotte- Need to begin to have a discussion about training for carrying the 800# for those interested in carrying and getting people here to train.

Laura W.- Where did all the fancy flyers for IRCNA go?

Mary R.- can print on line.

Barry B. – Not appropriate for officers to vote- even if they are GSR for a group.

Nate M.- when attendance was low we did away with that rule.

Michelle B.- discussion on solution for issue is to approve to set aside guidelines at each area or change area guidelines.

Sari M. – made a motion to create an Adhock group to review area guidelines as it pertains to XC members voting at area. 2nd by Jenn B. Passed 9 yes, 2 abstained. Nate appointed Sari M. to head up group.

VIII. Unfinished Services:

A. Area Nominations:

Chair- Sari- nominated Mike R. – has willingness

Vice Chair- Laura W. nominated self

Secretary- Sari nominated Carol H.- has willingness

Treasurer- Laura nominated Mike VP.- has willingness

- Mike R nominated Dave H.- has willingness

Lit Chair- Bill D. nominated Mike D.- has willingness

PI- open- Mary R may have interest but needs to hold off for now

HI- Carol H. nominated Paul S.- has willingness

Phoneline- Open

RCM- Mike R. nominated Brandon S.- has willingness

RCM Alt- Open

Webmaster- Nate nominated Mike R. - has willingness

Sari motioned to close all nominated positions and leave open the 3 positions- 2nd by Jenn B. Passed by all.

B. Bid for anniversary Dance: Straight Friends- Laura W from Villisca- \$50.00 rent for bldg. Community Bldg,- Will do food- taco bar- cap at 60.00 for food- Mary R. will bring the cake- Mike D will DJ. Will work

on speakers for the dance. Sari made a motion to approve, 2nd by Carol H. passed by all.

- C. New web page- will be switched over with in a week. It is ready.
Discussed how we wanted default for meeting list, by day of the week or by town. Default by town approved . Will have the ability to search for by both. Flyers can be submitted to Mike R directly or you can log in and get approved and send flyers directly.
- D. Speakers for Anniversary Dance- 27th Anniversary- Mary R- stated it is activities responsibility to find the speakers and bring back to area for approval. Bill D. asked for any suggestions to be brought back to next ASC. Stephanie nominated Laura W- she is willing
Sari nominated Bill D for the male he is willing
Bring any other suggestions to next area
Barry suggested another History of Area- do panel- ask the ASC. oldtimers like Hubb. Get 5-6 people for the panel. Will discuss and vote next ASC.

IX. Current Services:

- A. April and May ASC- these fall on Mother's day and Easter- Laura W. motioned to move ASC to April 15th- 2nd by Charlotte- passed by all. Laura W suggested leave May's date- Charlotte suggested that it interfere's with duty to family. Sari M motioned to move ASC to May 6th- 2nd by Charlotte- passed 9 yes 2 abstained.
- B. SWINA Logo's- need to be in and approved by May ASC. Need submitted in April to be voted on in May.
- C. Written guideline for Activities- Sari M would like to see some sort of timeline with information on what is required for each month for activities to do so there is info to pass on to next activities chair- we have relied heavily on Mary and she has in her head- we need to have it documented. Barry it can be stored on the new Web page. Sari made a motion for Adhock group to gather info from Mary and past Activities Chairs so we have record of what is due when and who we go to. 2nd by Jenn B. Approved by all. Nate appointed Bill D. to head it up.
- D. IRCNA BID- email from TIM for attachment- 3 Bids given – take back to groups-
 - 1. SCANA- Siouxland- Stoney Creek Inn- room rate 89.00 hotel guarantee 3600.00 Michelle M Chair- Sioux City IA- Theme- Na can survive without US but we can't survive without NA
 - 2. FASNA- Freedom and Serenity- Cedar Rapids- room rate- 99.00 - hotel gurantee 4000.00. Deposit 0. Someone will have to apply for a

line of credit for the 4000.00. - Chair Vanessa- Theme- We must not use no matter what.

3. HANA- Heartland Area- Marshalltown- room rate- 75.00 with international breakfast- guarantees 0. Deposit 0. 1 room comp'd for every 30 booked. Banquet cost 27.00 per person Chair- T-Bone- Theme- Rebuilding our fractured personalities.
Vote is due next Region in June. Please put on agenda for next area.

- E. Bids for Gratitude Dance and Basic Dance- Basic Dance- need place, cost, food, speaker. Due next area. Also Gratitude is a ways away but need to decide if we are doing a Regional HI Learning Day in conjunction. This needs to be decided by May ASC.
- F. Books for IRCNA- Mary R requested that Area purchase a set of books for IR CAN convention- cost around \$30.00- take back to groups to vote at next ASC.

X. Announcements & Flood Meeting:

- A. MikeR. moved to close, 2nd by Charlotte S., passed with 12 votes.

XI. April ASC to be held on the 15th in Griswold, IA.