

Southwest Iowa Narcotics Anonymous

Generic Minutes for June 2012

I. Opening:

The meeting was called to order @ 2:45 p.m. by Mike R. with a moment of silence followed by the Serenity Prayer.

II. Readings: Mike R. requested the following be read:

“The Twelve Traditions”, read by Brandon S

“The Twelve Concepts”, read by Jennifer B

“The Service Motivation”, read by Mike VP

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Mike R.

Clean & Free: Absent

Vice-Chairperson: Laura W.

Carrying the Message: Mary R

Secretary: absent

Discovery Group: Dave R.

Treasurer: Mike VP.

Just for Today: Kim

RCM: Brandon S.

Living Clean: Brandon S.

RCM Alt.: Nate M

Never Alone: Matt O.

Sub-Committees:

Nobody’s Group: Jennifer B.

Literature Chairperson: Mike D.

New Way: Mike VP.

Activities Chairperson: Bill D.

Reaching Out: Absent

IRCNA: Kim (Chair)

Saturday Serenity: Absent

PR Sub-Committees:

Stairway to Freedom: Sheila

H.

H&I: Paul S.

Straight Friends: Stephanie

PI: Sari M.

New Freedom: Absent

Phone Line Liaison: Open

Visions of Hope: Mike D.

Web-Servant: Mike R.

Simple Serenity: Absent

Groups:

Straight N Grateful: Absent

Let It Be: Maud C.

Recharge Group: Tamara

There were 11 out of 18 groups at area this month.

Visitors: Stacy, Barry, Colleen, Denise

IV. Correction & Approval of Minutes:

Motion to approve minutes

- Brandon S motioned
- Sheila 2nd
- 10 Yes

V. Reports

Executive Committee:

Chairperson:

- **Contact groups that have not been to ASC for several months to check things out**

Vice-Chairperson: No Report

Secretary: Open filled by Denise A

Treasurer:

Treasurer Report:

Beginning Balance \$415.69

Expenses:

1162 Griswold United Methodist (Room Use ASC) \$15.00
 1163 Brandon S (For Travel Expense To RSC Adv) \$20.00
 1164 Mike D (SWINA Lit order made on his card) \$345.76*

Income:

Carry the Message	Check 2040	\$35.00
New Way	Cash	\$50.00
Nobody's Group	Cash	\$40.00
Literature	Cash + Checks	\$345.76*

Total Income \$125.00

Total Expenses \$35.00

Ending Balance \$505.69

*Since the deposit from Literature and the Check to Literature for the order were equal I did not include either in income or expenses because they are separate business and cancel each other out.

Treasurers Report June 2012

Donations: \$125

Expenses: \$35

Beginning Balance: \$415.69

Total Donations:

Total Expenditures:

Ending Balance: \$505.69

RCM:

Greetings Swina, The annual spring Regional Service Committee was held last weekend in Hampton, Iowa. Mary R, Charlotte S, and I attended.

PR: When PR started on Saturday we were schooled in the purpose of a work group (IE. to get shit done). People have been jumping work groups to attend a brand new work group. Leaving work unfinished and work groups poorly resourced. Everyone quickly agreed, then with a few excuses and grumbles we continued progress.

Alegent Health-Penik in Glenwood wants literature! Maybe the SWINA PI can give Linda a call and see what if there's anything further we can do for them.

- **Phone Line Work Group:**

1. Goal-To be up and running by August IRSCM
2. Two work shops/ learning days coming up. Flyers available here today
3. Looking to get people trained at the work shop/learning days so they can take it back to their groups/areas to train more people. Need as many people as possible for this phone line.
4. Each volunteer will sign up to answer the phone line during hours they indicate, for two weeks.

5. Each area is encouraged to compile a crisis/referral contact list.
6. Region is seeking someone to act as an assistant coordinator for the phone line.
7. Areas should be looking at No cost PSA's, fliers, etc. for when the phone line is up

- **Web Services:**

1. 284 Meetings listed online.
2. 201 Contacts signed up for regional meeting lists by email

There is a need for content on the regional Website. If there are any events, updates, meeting info, or other NA related content you would like to see on the website let us know.

Website coordinator needs our meeting I.D. Numbers. I will try to get as many as possible but if each meeting could get these I.D. Numbers from www.NA.org website please forward them ASAP!

Region needs Web Servant Alt.!!! Please let me know if you are interested or have someone in mind who might be.

NEW Website coordinator is Dave T. (remember Mark went back to 1-800)

- **H&I:**

Fall Regional H&I presentation to be held in Harlan November 24th. \$150 Check to be sent to us **NEED H&I COORDINATOR!!!!**

- **Exhibits:**

The region held two exhibits this spring. The first was the Governor's Conference on Chemical Dependency and Substance Abuse April 3rd and 4th. 3 contacts were made at this exhibit and a lot of IP's and meeting lists were handed out. The second was the Corrections Conference on May 9th and 10th. At this conference 59 contacts were made and 64 meeting lists along with numerous IP's and various information being handed out. The contacts from each conference are being sifted through by the Regional Secretary/PR co-facilitator Kathy N. ...She will be sending out the contact information to their respective Iowa Region areas. I placed my name on the list for these contacts to be sent. When I receive them I will then forward them to our PI chair person. Immediately following this, these contacts should be a response from the SWINA PI chair person.

- **After PR we had a Drug Court Mock Presentation/ Work shop.** Very informative and helpful. This Work shop was the result of the Drug court Work Group formed in February.

There was a dinner afterwards and a speaker to follow. The speaker had a message of recovery that varied from the usual upbeat speech. This speaker really hit home with a lot of people. His honesty and Ability to persevere with recovery through the worst moments of his life were astonishing testaments to how this program works, life on life's terms.

- **IRSCM-Business**

In open forum we talked about

1. The contacts from the two exhibits and how to proceed with responding to them

2. The Concepts Work shop getting pushed back because of PR, RD work shops, and other reasons. We came to a decision that we would make time for the Concepts Work shops if PR or RD work shops don't require that space on the agenda.
3. IRCNA Standing Policy revisions are out for review. I have two copies, one of which I would like to keep, you are welcome to make copies or I can upon request. I believe they are also available online at www.iowa-na.org Mary R made mention that in section V111 sub-section C. the issue of "significant other" was not revised after multiple people gave input and requested it be revised. I would like to know if this committee would approve making a motion that this part of the IRCNA Standing policy be revised to not include "significant other".

- **Business**

IRCNA 30 Bid Section- Heartland Area! (Tbone-Chair, Dale B-V.Chair, Carmen-Treadure, Deb-Co-treasure)

Motion was brought to the floor to give the Regional Policy Ad Hoc better ability to do their job. Approved.

USFA- Bob our RD -A wanted discussion from the region on the issue of attending the USFA this June, I offered the area's input. No discussion followed, so the chair person elected that we move on with business since we could as an Area give our input Online.

Nominations: Charlotte S. is now IRCNA Standing Vice Chair (NEED TREASURER FOR STANDING!!!) In reports from region we found that other Areas are experiencing lack of participation and attendance at their ASC's SANA Mania is coming up soon! GSR Learning Day in SCANA in near future, LANA can not commit to weekly H&I meetings because of lack of human resources in their area.

- Treasury Report:

Ended with \$3598.57

Made a donation to World for \$1,000.00

Our RD dave a report on the WSC and I will share this information with you, but i'm not going to until next month. She has more to share in August and I will give that information during our August ASC meeting

In Loving Service, Brandon S.

RCM Alternate: No report

Sub-Committees

Literature Committee: Total Intake \$231.82 Amount ordered \$222.59 remaining \$9.23 Mike D

Activities Chairperson:

Greetings ASC from the activities Chair I contacted Paige County conservation to reserve the upper pavilion for the Luau and SWINA Ive talked with Brian V about the hog for the Luau. So everything is set for the Luau on July 21, 2012 @ pioneer park.

Creston's New Freedom group has secured a place for the basic dance on August 11, 2012. Fliers are out. I am still needing ideas for SWINA's speakers, workshops and activities.

Last month I made a couple of mistakes with the activities Checking account first off I forgot about the deposit from the anniversary dance until the friday after the dance, so there were 3 checks that hit the account with no funds in the account. I paid the \$81 in fees, second I reported that we made \$400 for the dance and that there was a \$400 deposit and \$40 cash. I counted the cash in the deposit so there was a \$360 Deposit. So after a \$2 service charge on the account we have \$181.94 in checking and \$40 in cash

In Loving Service, Bill D

IRCNA:

We are down to the last stretch. Things are done and payed for. We need a lot of Volunteer's and your volunteer list's need to get to Brandon S today Thank you. Come join us. This convention will not be back in this part of Iowa for some time. Come and experience this awesome time in our recovery. (P.S) Please get registered!! If you want a room there are a few left, so book them. Banquet tickets are limited so get them. Time is running out. 2week 24 days

In Loving Service, Kim P

PR Sub-Committees

H&I: No report

PI:

Hello Area from PI chair, I apologize for not making last area or 1st region, we will try not to let that happen anymore. We now have our house listed and should be free'd up. I reviewed the PI sub-committee guidelines, but have questions about where I get the PR Hand book and guide to local service. I would like names & numbers of resources for PI

also. I did want to know if this area had a direction they would like this committee to go? First thought for this area was if any groups wanted to tackle county fairs in their area? Let me know.(P.S) I will forward a sign up sheet for ER & contact list for the 800 #. GSR please print off for meetings and give back to me for July ASC

In Loving Service, Sari M

Phone Line Liaison: Open

Web-Servant: Verbal report Given

Guidelines Ad-hock: Hello area from Guidelines Ad Hock, I still have only had one person give input for ideas that being ex committee that is a GSR not vote unless we don't have $\frac{2}{3}$ Majority.

I also thought we could allow ex committee that are GSR's to vote as long as it isn't a conflict of interest or for personal/group gain. I need direction from this area.

In loving Service, Sari M.

Group Reports

Clean & Free: Absent

Discovery Group: Absent

Just for Today: Greetings from JFT, things are going well, we have a new Jail about to be open and have been approached to have meeting's there I have talked to Paul and more will be revealed, when they are opened. Just getting very excited for the convention. There will not be a meeting Friday June 29 @ 11:30 because of the convention. There will be a note on the door letting them know to join us at the Red Coach @ least for the 24 hour meetings! No area donation or Lit order. All our money has been going to get ready for this convention we will catch up later. ILS, Kim P

Living Clean: Greeting SWINA, Living clean meetings attendance is extremely low. On average we have 2 members at our Monday night meeting and 5-10 on Saturday

night meeting. We are in desperate need of 7th tradition donation in order to keep the club house open. I'm not sure how much longer we will be having meetings at this location, as it does not seem logical to continue putting 100% of our 7th tradition into paying bills and having nothing to donate to area services or our literature funds. If it comes down to it we have considered having meetings in the park until suitable meeting places found. Oh, I almost forgot... We are in possession of the SWINA 2005 truly the Best damn home group trophy. It was returned to SWINA at the memorial day camp out by a couple gentlemen from MO. No lit order or donations. ILS, Brandon S

Never Alone: What's up ASC. Due to Nate M stepping down from GSR the insanity of my disease, I'm back. I've been hearing good things about our ASC and hopefully with a bit of growth on my part I can keep my attitude in check and serve Harlan's Monday night meetings as well as my predecessor. With Nate and Sari looking to moving to Atlantic, and a fairly young group overall, hopefully some of our older members will step up to fill the void. Therefore once again I am back. Due to our expenses to our upcoming anniversary/ speaker meeting on June 18 at 8pm , we will have no lit order or area donation at this time. I advise all to come listen to a very good story of the miracle of NA from one of our core members, Rod M. In closing in the words of my "Brown Sugar" Mary R. FNA, Matt

Nobody's Group: Greetings SWINA, From Nobodys group in Harlan. Meetings are going great with average attendance from 10-19. We have recently given out a 90 day key tag. We have a lit order of \$24.17 and able to swing a \$40 area donation. ILS, Jenn B

New Way: Verbal Report

Reaching Out: No report

Saturday Serenity: No report

Stairway to Freedom: Hi the meetings are doing ok they are a little bigger love Sheila H

Straight Friends: Straight friends is doing well and staying strong with attendance of 20 addicts or more per meeting. We welcomed 3 newcomers and celebrated 3 30 days 1 60 day 2 90 days 1 6 month and 1 eleven year birthdays. Also would like to congratulate Laura and Tim on their 5 years anniversary this month sober and clean. Nervous and excited as the convention gets closer. Many from our group have registered to be there. Lit Order of \$30.36 Area Donation we are donating our time and services to the convention

ILS, Stephanie H

New Freedom: No Report

Visions of Hope: Greetings Area, We are doing pretty good with Charlotte leaving we are in the process of replacing the treasure. Our meetings are pretty strong low in 7th still. Other than that all is well. No area Donation this month.

In Loving Service, Mike D

Simple Serenity: Verbal

Recharge Group: Verbal report

Carrying the Message:

Meetings are going well we have about 6-10 addicts in our meetings. We have a \$6.61 Lit order and a \$35 Area donation. ILS, Mary R

Let It Be: Good Afternoon SWINA, I am with Let it be group. We have had an average of 12 people a day at our meetings. We have given away 15 NC, 1) 30 day, 4) 60 Day, 2) 90 Day, 3) 1 yr's, and 3 multi years. We have a \$128.34 Lit order. This is my last area meeting as GSR. I have a new Job and will be working on Sunday's. I have had a great time getting to know you and learning about Area. ILS, Maud C.

VI. Financial Requests:

- Brandon S \$20 to be paid by area for supplies: 9 Approved 2 Abs passes

VII. Sharing Session:

- Started 3:25 pm. Sari reminded us to get permission to use NA logo.
- Barry States that the Web has a copy of the Symbol
- Tamara to talk to Paul about going into Jail for NA meetings
- Bill D will need new Activities Chair for SWINA

- **1991 Original Charter information lost**

VIII.

IX. **Unfinished Services: Started @ 3:45pm**

A. Secretary needs filled Carol Resigned /Filled by Denise A

B. Gratitude dance to get location/ In Harlan in November

C. Activities Games: Jeopardy/ Heather H

Fruit Game/ Michelle B and Barry

Scavenger Hunt/ Mel O and Sari

Sack Race: Laura W and Stephanie

X. **Current Services:**

A. **12 step call list: 6 month clean time requirements needs to be negotiated. Sari to draw up a list of people to do 12 step calls, Paul states 2 people need to take care of 12 step calls. 6 month clean can answer calls and 1 yr clean can do it in person**

B. Public Service needs info on costs for public stations to air 800 # when it comes out. Info to be provided to H&I and PI Chair. Paul and Sari M

C. IRCNA standing Policy up for Revision. Issue is significant other should be defined. We should not be paying for significant other travel and board. Brandon S would like permission to make a motion to change this. 9 approved Bill Motioned and Sheila 2nd. 9 approved 1 opp and 1 absent.

D. Mike D and Mike VP to get Lit Checking account open

XI. **Announcements & Flood Meeting:**

A. _____moved to close, 2nd by _____passed with _____ votes.

XII. **July ASC to be held on the _8th_ in Griswold, IA.**