

Southwest Iowa Narcotics Anonymous

Minutes for September 18, 2011

I. Opening:

The meeting was called to order @ 2:30 p.m. by Nate M. with a moment of silence followed by the Serenity Prayer.

II. Readings: Nate M. requested the following be read:

“The Twelve Traditions”, read by Brandon S.

“The Twelve Concepts”, read by Mike VP.

“The Service Motivation”, read by Tim C.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Nate M.

Vice-Chairperson: absent

Secretary: absent (Sari M. sub)

Treasurer: Mike VP.

RCM: Tim C.

RCM Alt.: Brandon S.

Sub-Committees:

Literature Chairperson: Angel N.

Activities Chairperson: Bill D.

IRCNA: Brandon s. (Vice-Chair)

PR Sub-Committees:

H&I: absent

PI: Charlotte S.

Phone Line Liaison: open

Web-Servant: absent

Groups:

Clean & Free: Angel N.

Runnin N Gunnin: absent

Discovery Group: absent

Just for Today: absent

Living Clean: Brandon S.

Never Alone: Nate M.

Nobody’s Group: Bill D.

New Way: Mike VP.

Reaching Out: absent

Saturday Serenity: Sari M.

Stairway to Freedom: Sheila H.

Straight Friends: Laura W.

New Freedom: absent

Visions of Hope: Mary R.

Simple Serenity: absent

Recharge Group: absent

Straight N Grateful: Craig R.

There were 10 out of 17 groups at area this month.

Visitors: None

IV. Correction & Approval of Minutes:

Motion to approve minutes with correction made and passes. Charlotte S. moved, 2nd by Bill D., and passed with 10 votes. (Correction - \$8.90 for report from Nobody's Group)

V. Reports

Executive Committee:

Chairperson:

Greetings Area!

I had a great time at the SWINA campout and was very pleased with the turnout with everything else going on. Thanks to everyone who helped out with all the service work down there. It was nice to talk to the head park ranger down there and to hear him say we are always welcome down there. I'm looking forward to the upcoming events in the area.

ILS,

Nate M.

Vice-Chairperson:

Absent, no report

Secretary:

Absent, no report

Treasurer:

Donations:

Recharge Gp \$20.00 cash

SWINA Activities \$832.76 Ck 515

Visions of Hope \$100.00 Ck 1438

Living Clean \$25.00 cash

Expenses:

Check Payee Amount

1126 Griswold UMC \$15.00 Donation for use of Room

1127 SWINA Lit Comm \$23.44 Group Start Kit

Beginning Balance \$268.01

Total Donations \$977.76

Total Expenses \$38.44

Ending Balance \$1207.33

RCM:

Greetings Area, here is my report.

Old Business: Bank signature for Regional checking account has been handled. Jamie F. is the Regional treasurer.

The region is working on a state wide phone line 800#. They are doing a workshop on questions and answers and training on Saturday November 12th in Cedar Rapids. It looks as if this phone line is gonna cost approximately \$39.00 for \$1000.00.

IRCNA Standing policies passed for approval.

IRCNA Standing nomination has been tabled due to his absences.

IRCNA Standing Vice Chair nomination for Gary has been accepted and was voted in.

IRCNA Standing secretary was voted and accepted for Yvonne.

IRCNA budget for 2012 is \$500.00, it was accepted.

Funding for RD and RDA to Tulsa Oct 28th-30th for \$535.00 was approved.

Motions that we discussed 1-6 passed and 7 was tabled due to no subcommittee.

There was a financial request for the spending habits of the Iowa Region.

The ADHOC chair was not present.

New Service: Mark S. was nominated for literature chair and was approved.

Motion from IRVANA to make PR a regular subcommittee. We need a vote.

The one biggest setback is the fear of H&I being forgotten about.

Nominations for Regional officers: Secretary Kathy and Treasurer Jamie F, who declined.

Financial Request: 30th anniversary \$525.00 approved, Amanda \$63.00 copies, Mark \$50.00 phone line training.

Next Region – Okoboji November 19th-20th.

Closing balance after expenses \$4475.40.

We were given \$200.00 travel expenses to go to region, our receipts total \$213.96. I am not asking for the differences. P.S. On a different note, our role as trusted servants is coming to an end. It has been a great ride for me but it is about over. It is time to consider a new RCM Alt. to fill Brandon's spot. In my opinion, Brandon will do an excellent job as your RCM.

In Loving Service,

Tim C.

RCM ALT:

Greetings Area! Region PR subcommittee reports are as follows:

Survey: In the works, forming ideas for the next survey. More will be revealed.

Web: Looking for people with skill sets in data entry, technical, grammar, testing, graphic arts.

Benefits for the new website: calendar, contacts, directions, meeting lists, user friendly, system is protectable.

H&I: Talked about getting lost if we went to PR. Areas with volunteers have nowhere to serve. Opening new H&I places to go.

Phoneline: Talked about getting the 1800 number and workshops.

PR workshops in the Quad Cities have been canceled. Thank you SWINA for allowing me to serve.

In Loving Service,

Brandon S.

P.S. Groups – Zonal is in Des Moines in January. We need volunteers for our region.

Sub-Committees:

Literature Committee:

Literature Chair is still learning how to do my duty. Thank you Mary for all of your help. If the groups who want to email me so I can have orders ready for Area. We have \$78.69 in the bank.

In Loving Service,

Angel N.

rastamom0811@gmail.com

Activities Chairperson:

Greetings Area from your Activities Chair. Thanks for all the help at SWINA. I had a great time, as I hope all attending did. We had 59 registered addicts and many more nonregistered addicts. It was great to see the camp ground so full and the weather was perfect. A special thank you and pat on the back to our main speaker, spirituality speaker, and workshop speakers. You all did an awesome job.

FYI, I contacted Rich the park ranger to settle up on unpaid camping fees, he said that "We are square with fees and that he wished all park users were as well behaved as NA members. He has never had any problems or complaint and we clean up after ourselves." I'm very proud to belong to a group that is responsible and productive members of society.

I have 7 3XL and 1 2XL t-shirts left if anyone still wants a SWINA t-shirt. My thoughts on left over t-shirts are to place them on upcoming events raffle tables.

We have \$1,082.76 in checking and \$40.00 in cash.

Flyers are out for Halloween Bash in Council Bluffs, Gratitude Dance in Harlan and we still need a speaker for the Halloween Bash. I'm waiting on confirmation of Christmas bid from Villisca. New Year's Eve, I believe it will be held by ENNA this year. The next upcoming event will be the Service Learning Day/Chili Cook-off in April. Please be thinking about this and getting bids placed.

This has been a very fun and learning experience for me being your activities chair this last year. Thank you for all of your support, input, feedback, and most of all your help. If no one else has the willingness to be activities chair this upcoming year I will be honored to serve again. I feel it is a very important part of our recovery to have events to get together to share our strength, hope, and Gratitude with recovering addicts.

Again, thank you to all of you that helped make SWINA a fun and successful campout. It was a great way to end the busy summer season. I hope that the upcoming year will be filled with as much fun and recovery as this year was.

ILS,

Bill D.

IRCNA:

Greetings Area! We're asking GSR's to ask their groups for ideas on merchandise we should sell; being specialty or just small items to put in registration bags. If you search online or find prices please bring these back as well. Thank You! GSR's, we are going to include a Basic

Text, a Just For Today, and a It Works, How & Why in our centerpieces. They will be given to newcomers at the convention clean time count down. If GSR's could ask groups to donate these books, it would be great to have this Area contributed to the newcomers in our fellowship. Otherwise we are working out the kinks and are happy to be getting contract signed. In Loving Service,

Brandon S.

*Next meeting is Oct 9th at ASC 12:30pm

PR Sub-Committees:

H&I:

absent

PI:

Greetings Area from your PI committee!

I have to admit that not a whole lot got done this month towards PI. I am still in the process of getting information together for all the newspapers in our Area; hopefully that will get done next month.

I am hoping to get a professional day together, inviting all drug court professionals, probation officers, and judges to our day.

I did update the meeting list on the website as well as our regional website. I

I have also contacted the XXXXX Place regarding the meeting. After discussing the issue with XXXX, the meeting will be an open meeting, so the rest of the discussion and preliminary set up is taken care of by two individual addicts.

I have also spoken to Barry B. regarding the SWINA website and I will have information regarding this issue when we reach that part in the agenda.

That's all I got!

Charlotte S.

Phone Line Liaison:

Open, no report

Web-Servant:

Absent, not report

Group Reports:

Clean & Free:

Welcome from Clean and Free. Our numbers have decreased due to lack of RSF gentlemen not being allowed to come to the meeting. We are averaging about 10 people a meeting.

In Loving Service,

Angel N.

Runnin N Gunnin:

Absent, no report

Discovery Group:

Absent, no report

Just for Today:

Absent, no report

Living Clean:

Greetings SWINA family! Living Clean meetings are very well, celebrating another great SWINA camp-out and lots of clean time in just the past few weeks. Literature is being sold and key tags are low so we may be planning to purchase more in October. Attendance is up and down, averaging 7 addicts. We have a donation of \$25.00 this month. We would like to thank Bill D. and everyone who helped put on a fantastic SWINA 26!!! I have heard that everyone had a great time and are looking forward to SWINA 27, as well as the upcoming events in southwest Iowa.

In Loving Service,

Brandon S.

Never Alone:

Greetings Area from Harlan's Monday Night Never Alone Group. Meetings have been doing well with an average of 12-14 addicts in attendance. We want to again thank Bill D. and the activities committee for a great time at the SWINA campout. We are looking forward to the upcoming activities. I hope to see everyone at the 4th annual hayrack ride on Oct 15th in Harlan. We do have a \$42.51 literature order and donated \$60.00 to the newcomer fund at the SWINA campout.

ILS,

Nate M.

Nobody's Group:

Greetings Area from Harlan's Thursday Night Nobody's Group. You can tell that the busy summer months are coming to an end; meeting attendance has grown from 9 addicts to 20 addicts this month. We still have addicts commenting on how much fun they had at SWINA and can't wait to do it again. We are still taking meetings into the Shelby County Corrections Facility with success. We've had addicts coming to meetings after release. We have no literature order or Area donation this month. We donated \$50.00 to the SWINA newcomer fund.

ILS,

Bill D.

New Way:

Hello Asc From The New Way Group,

things are going well at New Way. We have no Lit order or ASC donation this month. I missed two meetings last month One for family because my mom (fr AZ) was in Madrid at my brothers because I was at SWINA. I had an awesome time at our Area's Annual Convention. Thanks to Bill D. the activities Committee, and all who showed and contributed to make it a great weekend. Thanks also to Steve M. who opened the New Way group in my absence. He has agreed to continue to carry the key so we thank him for his continued service.

In Loving Service,

Mike VP

Reaching Out:

Absent, no report

Saturday Serenity:

Hello Area from Harlan Saturday Serenity. Meetings have remained stable with attendance. The message of recovery has been good. We are looking forward to the Oct. 15th Hayrack/Bonfire/Potluck celebrating our 4 years of our meeting. We hope you will come celebrate with us. We have no literature order but we sent \$20.00 for the newcomer fund for the SWINA campout. On a personal note, I had a great time at SWINA. Thanks to all who assisted activities. A great job was done and appreciated.

ILS,

Sari M.

Stairway to Freedom:

Hi! The meetings are doing very well. We have more people coming and some more newcomers.

Love, Sheila H.

Straight Friends:

Greetings Area!

Recovery is strong in Villisca. We've had several newcomers and birthdays that have been celebrated this last month. No Area donation or literature order this month. We would like to extend a big "WOO-HOO" to the activities chair for a successful SWINA and the New Freedom Group from Creston a "thank you" for the additional Porta Potties they donated. Looking forward also to the upcoming events.

ILS,

Laura W.

New Freedom:

Absent, no report

Visions of Hope:

Meeting is going well. We have about 100 to 130 addicts a month. We have a \$100 Area donation and a small literature order. I want to thank everyone at Area for all the hard work you do.

In Love and Service,

Mary R.

*We meet 4 days a week: Mon-Wed @ 8pm, Thurs. @ 7pm. 313 Story Council Bluffs, IA

Simple Serenity:

Absent, no report

Recharge Group:

Greetings ASC from The Recharge Group,

Our attendance has averaged between 5-11 addicts. We gave out a 90 day 6 & 9 Month Keytags and a 16 year Medallion. We also had visitor who celebrated 22 Years clean this last month. We also had two newcomers who came as a result of an ad in the Carter Lake Directory

an annual publication of community services. We have a \$20.00 donation to Area this month as well.

In Loving Service,

Tamra B.

Straight N Grateful:

We have a \$20.00 literature order.

Craig R.

VI. Financial Requests:

New Group package - \$21.43 with increase

VII. Sharing Session:

A. Website – Charlotte – discussion of website last area – Visions of Hope GSR went to Discovery Group and had discussion with added verbiage. Left the situation in not good standing

Tim C. – wants area (Nate) to talk – inform them that it was not our area conscious and not our message that was sent

Brandon – spoke to webmaster – message being sent was misconstrued and he thinks the message had been cleared up – need to contact him

Nate – spoke with webmaster at SWINA and he will do damage control

Sari – point of accountability goes to Mike R. and others need to stay out of it

B. New PI – Charlotte – New PI “Social Media” – put copy of it in minutes

Tim C. – in the notes it said the “Social Media” is a conflict of our 11th tradition – there will be much discussion about this and if it is important to you, you need to read it

VIII. Unfinished Services:

A. Activities Chair – Brandon S. moved to vote for Bill D., 2nd by Sheila H., passed with 10 votes.

B. SWINA page – Charlotte S. – Barry B. will redesign for no cost, Dave will still run it if he is willing – it will be integrated to Regional Website for updates – Nate M. will talk to Dave. Motion to approve the update of the webpage will go to Barry B. once Dave is contacted so there are no hurt feelings, by Sari M., 2nd by Brandon S. An Adhoc committee needs to be formed to assist Barry B. with what will go on the webpage. Nate M. appointed Charlotte S. to head up the Adhoc committee. A list was sent around for willing participants to sign up. A mass email will be sent out to inform everyone when the Adhoc will meet.

C. 800# at Region – Charlotte S. – Region is not there yet – still researching – feels there are still many people who are still tied to their hotline #'s. When it comes to a vote it will be tight. Maybe we should look at doing it here for serving our Area. It's an

option to do this at less cost than what we currently pay. Charlotte will see if Region is even putting it on the next Region agenda. We need further discussion here. It's tabled until next area, so discuss it with your groups. Brandon S. and Mary R. will go to Cedar Rapids in November for the workshop on the 800 phone.

- D. USSC/USAF – deadline for voting is October 21st – the conference is October 28-30th in Tulsa – rooms are \$49.00 and with gas the financial request is \$250.00. Motion to send 3 was made by Sari M., 2nd by Bill D., and passes with 10 votes. GSR's are to take this back to their groups and see what we want them to gather at the conference and votes to make on the proposals.

IX. Current Services:

No current service

X. Announcements & Flood Meeting:

- A. Sheila H. moved to close, 2nd by Mary R., passed with 10 votes.

XI. October ASC to be held on the 9th in Griswold, IA.

SWINA – Trusted Servant’s Contact Information Updated as of 10-8-11

Clean and Free – Angel N. – Lit.Ch.	402-651-6592	Rastamom0811@gmail.com
New Freedom – Paul S. – H&I	641-202-0795	naharleyman@gmail.com
New Way – Mike VP - Treasurer	402-612-8134	iserverna@hotmail.com
2741 Avenue North		
Council Bluffs, IA 51501		
Never Alone – Nate M. – Chair	712-790-1507	nmclaren@harlannet.com
Nobody’s Group – Bill D. – Act. Chair		
	712-579-9875	bdefenbaugh@harlannet.com
Simple Serenity – Mike R. – V. Chair – Sidney, IA		
	712-215-3339	blurrr@itworkz.org
Discovery Group – Dave R. Web	712-322-0394	davelisa2004@cox.net
RCM – Tim C.	712-314-4244	timlc71@yahoo.com
Mary R. –	402-699-4984	maryriyana3@cox.net
Straight Friends - Laura W.	712-303-0440	lwwiechman@hotmail.com
Stairway to Freedom – Sheila H.	712-246-2126	sheilahiggins1@hotmail.com
Live and Let Live – Lisa J.	712-327-8856	asilsmada@live.com
Just for Today – Kim P. – Red Oak	402-669-1994	colene-kay@live.com
PI Chair – Charlotte S.	402-658-5774	CSondag@wd-wpp.com
Secretary – Brenda D.	712-579-2826	bbdn8kids@harlannet.com
Living Clean – Brandon S. Alt RCM	712-246-8778	blueboytrue82@gmail.com
Saturday Serenity – Sari M.	712-733-8804	nmclaren@harlannet.com
Alt. Brenda D.	712-579-2826	bbdn8kids@harlannet.com
Runnin N Gunnin – Alan C.	641-344-7273	alclayton65@g-mail.com
Recharge Group – Tamra B.	402-714-8552	