

Southwest Iowa Narcotics Anonymous

Minutes for March 13, 2011

I. Opening:

The meeting was called to order @ 2:30 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer.

II. Readings: Laura W. requested the following be read:

“The Twelve Traditions”, read by Kim B.

“The Twelve Concepts”, read by Brandon S.

“The Service Motivation”, read by Mike R.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Laura W.

Vice-Chairperson: Nate M.

Secretary: Brenda D.

Treasurer: absent

RCM: Mike R.

RCM Alt.: Tim C.

Sub-Committees:

Literature Chairperson: Mary R.

Activities Chairperson: Bill D.

IRCNA: Kim P.

PR Sub-Committees:

H&I: Paul S.

PI: Charlotte S.

Phone Line Liaison: absent

Web-Servant: Dave R.

Groups:

Clean & Free: Angel N.

Runnin N Gunnin: absent

Discovery Group: Dave R.

Just for Today: Kim P.

Living Clean: Brandon S.

Never Alone: Nate M.

Nobody’s Group: Bill D.

New Way: absent

Reaching Out: absent

Saturday Serenity: absent

Stairway to Freedom: Sheila H.

Straight Friends: Laura W.

New Freedom: Paul S.

Visions of Hope: Mary R.

Simple Serenity: Mike R.

Live and Let Live: absent

There were 11 out of 16 groups at area this month.

IV. Correction & Approval of Minutes:

Motion to approve minutes with correction made and passes. Mike R. moved, 2nd by Mary R., and passed with 11 votes.

V. Reports

Executive Committee:

Chairperson:

Greetings Area! Thank you for attending area today and hello. I'm very excited about the upcoming events and activities. Hope to see everyone in attendance and to step-up and join us for IRCNA in 2012!

ILS,

Laura W.

Vice-Chairperson:

in attendance, but no report

Secretary:

Greetings area! Thank you for the opportunity to serve you. I think I have this figured out, including emailing minutes in PDF form. I have a bill for \$60.00 for printing materials for monthly minutes.

ILS,

Brenda D.

Treasurer: Absent – sent report (Mike VP.)

Greetings ASC! I am Mike and I am an addict. Please accept my sincere apologies for my absence. Thanks to Mary for picking up the treasury so that business can be conducted. Thanks to all the groups for stepping up and bringing solvency back to the Area account. My thinking was that only a miracle would afford us to make a Regional donation. Obviously miracles happen in NA because we did just that. This is your money. We are only stewards. Let continue to endeavor to be responsible.

Last months beginning balance: \$402.45

Total Donations: \$740.00

Total checks written: \$545.27

Beginning Balance Today: \$597.18

I also spoke with US Bank and they said all we have to do is decide which branch we want to hold the new signature card. I'll get with Nate and Laura to get this squared away.

In Loving Service,

Mike VP.

RCM:

Greetings Area,

Last month's Region was long, fairly productive, and very informative.

Open Forum: There were discussions about IRCNA, fellowship donation (bequests in wills), handicap access at region, the state fair booth, 800 number, and the US Fellowship Assembly.

Regional website is being revamped and moved into a new Content Management System which should allow individual areas to make their own updates.

New Business:

1. Motion by QCANA for all recovery meetings to be held in handicap accessible buildings:
Passed.
2. 2012 IRCNA bid: We got it!
3. 800# research extended to June
4. June Region: received \$300.00
5. Financials: Because of expenses, we sent no World donations
6. Flyers on table available 4 with World Service update

Day 2 Workshops: Service Structure, see aforementioned flyer

Leadership: Planning and Scanning

Internet Invisibility (Anonymity): Does Not Exist!

ILAS,

Mike R.

RCM Alternate:

Greetings Area! Region was very busy to say the least.

Let's start with the IRCNA Standing committee – nominations were open for the secretary position and co-treasurer.

IRCNA 28 has sold 57 registrations along with 21 banquet meals. Their main speaker is named Vito and has 50 years clean. There will be a young people's meeting on Saturday along with a pool party and open mic. night on Friday. They have elected a new Co-Treasurer, Mertle F.

Some new guide lines for convention:

1. Vision Statement has been approved
2. Treasurer's term of service will be 2 years.

All changes presented by IRCNA Standing were approved by Region. Another big change in policy states if no area places a bid for convention, all areas will be able to host if not IRCNA Standing will choose and help to put on the convention preferably in area where no convention has been held.

On line registration will now be available for addicts to register on line via Pay Pal with minimal charges approximately \$1.75 per full registration.

Names for the Memorial Plaque need to be submitted by May31st.

IRCNA Standing needs people to step up. Two positions are open at this time.

IRCNA Standing is in the process of getting a tax ID number, more will be revealed.

A motion was passed to give back to IRCNA 28 \$500.00 which was used for deposit. More hotels require a deposit to hold and protect from damages. This additional cost is coming out of startup fund which limits committees to their planning abilities.

1-800 numbers are in the process of the regions interest. The intent of this is to provide phone line access for the entire state of Iowa.

USSC will be attended by members to obtain information at their own expense just for gaining more information.

Opening balance is \$890.51.

Project Primary Purpose is looking for financial support from Iowa Regions.

Literature: Living Clean project approval from is coming out in April.

Spring Fling is coming to the Dubuque Area.

Region is hosting their 30 year Anniversary this year in October in Des Moines.

New Business: Quad City motion, says that region meeting place must be handicap accessible. It passed.

Road travel expense \$250.00, approved

\$1000.00 initial request was rejected.

Next Region is June 4th and 5th.

Closing Balance was \$786.75. See minutes for expenses.

ILS,

Tim C.

Sub-Committees:

Literature Committee:

I think we should look at getting literature somewhere else. We have \$261.06 in backorders at Show Me Region. We sold \$56.59 in literature this month. The IP, In Time of Illness are new, the old ones need to be thrown away. I'm asking for \$55.00 to update our stock pile with all new literature that is out.

ILS,

Mary R.

Activities Chairperson:

Greetings ASC from the Activities Chair. All is going well, even though I'm unsure o what I'm doing. Looking forward to the following upcoming functions; Learning Day and Chili Cook-off in Villisca on April 23rd, the Memorial Day Campout in Shenandoah on May 27th-30th, the Anniversary Dance in Red Oak (date to be announced at a later day in May) and Region in Council Bluffs on June 4th. G.S.R.'s, please take back to your groups that Logo's are needed for SWINA. We have a balance in the checking account of \$233.24 and \$41.40 in cash. Thanks for all the help and support.

In Loving Service,

Bill D.

IRCNA:

We Got The Bid! Charlotte and I will be signing a contract sometime this month. By next area we will have flyers made with all the dates of our IRCNA meetings. We will be meeting once a month until we get closer to the convention, some meetings will be at my home and others will be spread out throughout our area. This way everyone in our area will have an opportunity to be part of this!! Remember, this will take our whole area. Our dates for this convention are June 29, 30 and July 1st of 2012. I'm so excited to get started and to get all of your ideas going!!

In Loving Service,

Kim P.

PR Sub-Committees:

H&I:

Hello Area, Paul addict. I would like to thank everyone that spoke at Zion Treatment Center last month. We had a lot of positive feedback. I have started a letter to be sent to the prison in Clarinda. Looking forward to going to IWCC on March 16th.

ILS,

Paul S.

PI:

Greetings from your PI Committee! Our first PI presentation will be Wednesday the 16th at Iowa Western Community College beginning at 11 am. Due to my work schedule I am unable to attend this event, but I have Paul, Tim, and Mary for sure coming and hopefully Holly from Harlan will be able to attend.

I had issues with the mailing to the 4th and 5th judicial districts due to errors in the meeting lists. The Regional meeting list just got corrected. The mailings will be out this week.

I have updated meeting lists here. I would like to pass a meeting list around so that we can get an update in the specifics of meeting such as: is your meeting handicap accessible, is your meeting open or closed, is it longer than 1 hour, is it candlelight, give all of the specifics so that I can get that information in the meeting list.

Finally we are planning another flier day. We are scheduling this to be done in May. We will not schedule a day just as long as your local communities get it done in that month.

Region has a PI Survey in the Regional website so please go in and take the survey.

I have contacted both the Glenwood and the Atlantic newspapers for pricing on the RAGBRAI meetings. They have both responded but with no pricing as of yet. I have a \$72.18 financial request: \$40.00 for meeting list, \$27.46 for the PI presentation Board, and \$4.72 in tax.

In Loving Service,

Charlotte S.

Phone Line Liaison: absent – sent report (Mike VP.)

Hey Everybody! I am Mike and I am an addict. Not much to report because the Phonenumber meeting, which happens on the first Sunday of the month, also happened to be the last day of close Encounters. Not happening! I do know the phone is being answered and continues to be carried on a rotating basis.

In Loving Service,

Mike VP.

Web-Servant:

All is well. As always – this is your website. Please visit it and report any inaccuracies. All input is welcome.

ILS,

Dave R.

Group Reports:

Clean & Free:

Greetings Area! Clean and Free group that meets on Friday night at 7 pm at Mercy Hospital is doing well. Average attendance is 40 people a meeting. Someone from the group has been attending the METRO meeting. We may be looking at changing our meeting format to adjust to the overflow of the Fed. Halfway House. This month we will make a \$110.00 donation to area.

Angel N.

Runnin N Gunnin: absent

Discovery Group:

All is well. Attendance is about 15. There has been several birthdays celebrated this month – always inspiring. No donation at this time.

ILS,

Dave R.

Just for Today:

Greetings for Just For Today! Things are good; we have a \$20.00 donation and no literature order.

In Loving Service,

Kim P.

Living Clean:

Greetings Area! Living Clean is doing well. We have a few more addicts seeking recovery in attendance at both our Saturday and Monday night meetings, 10 or more on average the last month. We have been reading Basic Text every other Monday; it seems to be going very well. Living Clean has no literature order or donation to make this month. Looking forward to the Chili Cook-off and Learning Day!

In Loving Service,

Yours in Recovery,

Brandon S.

Never Alone:

Greetings Area from Harlan's Monday night Never Alone Group. Meetings have been going well with a great message of recovery being shared. We are averaging 12-14 addicts in the meetings with a lot of new younger faces that keep coming back. We are looking forward to the upcoming functions and nice weather. We do have a \$50.00 area donation.

ILS,

Nate M.

Nobody's Group:

Greetings ASC from Harlan's Thursday Nobody's Group. Meetings in Harlan are going strong and well. We've been averaging 10-15 members attending Thursday night meetings. We had a 3 year birthday this month. We have a \$30.00 area donation.

In Loving Service,

Bill D.

New Way: absent

Reaching Out: absent

Saturday Serenity:

Absent – sent report

Hello Area! Meetings are getting larger; we are averaging 7-12 addicts per meeting. We have no literature order or area donation this month.

In Loving Service,

Kelly K.

Stairway to Freedom:

Hi! The meetings are doing well. We have been getting 9-10 people at each meeting.

Love,

Sheila H.

Straight Friends: Laura W. was present but no report

New Freedom:

Hello, Everybody! New Freedom group is going well with 10 to 14 addicts. We gave our 3 newcomer tags, 1 30 day and 1 1year medallion. We are looking forward for the chili cook-off. We do not have a donation.

ILS,

Paul S.

Visions of Hope:

Meetings are going well. We have a \$24.97 literature order and an area donation of \$150.00. We have about 4 to 11 addicts in attendance.

ILS,

Mary R.

Simple Serenity:

Greetings family! Simple Serenity is rocking in recovery! We had 15 members at the last meeting. Sharing is good and recovery is high.

ILS,

Mike R.

Live and Let Live: absent

VI. Financial Requests:

\$72.18 – PI – printing (see report)

\$45.00 – Tim – gas (RCM)

\$60.00 – Secretary - printing

VII. Sharing Session:

A. PI – Charlotte S. said she attended the USSC (United States Service Conference) and their purpose is to unify the US. More will be shared at a later date by Charlotte.

VIII. Unfinished Services:

- A. Discovery Motion – change the guidelines to remove trusted servants – the guidelines now state that if you miss 2 areas you are removed from the position – motion Dave R. – no second – motion dies
- B. PI – approved – IWCC
- C. Upcoming activities: Memorial Day Campout, Chili Cook-Off changed to the Methodist Church in Villisca, Anniversary Dance is tentatively set for May 7th (if not the 14th) in Red Oak
- D. Region is June 4th and 5th, food and activities will be decided next month.
- E. PI – Charlotte corrected the meeting list
- F. H&I – Paul needs a speaker for Zion on April 9th, the others are covered, and April will cover it.
- G. H&I – Charlotte said she thought plans should be handled locally. Paul said he will give area support by educating local groups individually. Kim said each group should make local plans. Bill suggested we propose to each group and see if they have the willingness (consistently) to keep it going. Charlotte also said she would do PI training at local groups. Mike R. pointed out that it must remain “group” supported, not individuals. Charlotte said that each group should put into writing what the group and facility agree upon and the services that will be provided. Bill D. said he would schedule a training session with Paul and Charlotte.
- H. Mary received a check from Region to pay rent to the church and hotel for June 4th and 5th.

IX. Current Services:

- A. Paul S. discussed the brochures “Behind the Wall”. He said they cost \$0.81 a piece from the Area literature stock pile and that H&I will pay \$32.00 to the literature fund for the brochures.
- B. The brochures, “In Times of Illness,” are no longer stocked in the Area stock pile and the cost \$2.75 a piece. There is currently \$55.00 worth of them. Charlotte S. moved that we donate them to hospitals rather than stock pile them (they can still be special ordered), 2nd by Mike R., passed with 11 votes.
- C. Nominations for all service position were this month and elections will be in April and the seats will be taken over in May. Nominations are as follows:
 - Chair – Charlotte S. nominated Nate M., 2nd by Mary R.
 - Vice-Chair – Laura W. nominated Mike R., 2nd by Dave R.
 - Secretary – Bill D. nominated Brenda D., 2nd by Mary R.
 - Treasurer – Charlotte S. nominated Mike VP., 2nd by Mary R.
 - RCM – Mary R. nominated Tim C., 2nd by Mike R.
 - RCM ALT – Mary R. nominated Brandon S., 2nd by Sheila H.

- Literature Chair – Mary R. nominated Angel N., 2nd by Dave R.
H&I – Laura W. nominated Paul S., 2nd by Bill D.
PI – Mike R. nominated Charlotte S., 2nd by Mary R.
Phone Line Liaison – Brandon S. nominated Mike VP., 2nd by Sheila H.
Web Servant – Brandon S. nominated Dave R., 2nd by Mike R.
- D. Closing Financial Report: Received \$670.00 in donations, paid out \$411.16, ending balance \$259.02.

X. Announcements & Flood Meeting:

- A. Charlotte reminded everyone to grab new meeting lists on their way out.
B. No appointed Flood meeting this month, go to a meeting you normally don't attend and take a sponsee with you.
C. Mike R. moved to close, 2nd by Nate M., passed with 11 votes

XI. April ASC to be held on the 10th in Griswold, IA.

SWINA – Trusted Servant’s Contact Information Updated as of 3-13-11

Clean and Free – Angel N. – GSR	402-651-6592	Rastamom0811@gmail.com
New Freedom – Paul S. – H&I	641-202-0795	naharleyman@gmail.com
New Way – Mike VP - Treasurer/Phone Line Liaison	402-612-8134	iservena@hotmail.com
	2741 Avenue North	
	Council Bluffs, IA 51501	
Never Alone – Nate M. – V. Chair	712-790-1507	nmclaren@harlannet.com
Nobody’s Group – Bill D. – Act. Chair		
	712-579-9875	bdefenbaugh@harlannet.com
Simple Serenity – Mike R. – RCM – Sidney, IA		
	712-215-3339	blurr@itworkz.org
Discovery Group – Dave R.	712-322-0394	davelisa2004@cox.net
RCM Alt. – Tim C.	712-314-4244	timlc71@yahoo.com
Mary R. – Lit Chair	402-699-4984	maryriyana3@cox.net
Straight Friends - Laura W. – Chair – Villisca		
	712-303-0440	lwwiechman@hotmail.com
Stairway to Freedom – Sheila H.	712-246-2126	
Live and Let Live – Lisa J.	712-327-8856	asilsmada@live.com
Just for Today – Kim P. – Red Oak	402-669-1994	colene-kay@live.com
PI Chair – Charlotte S.	402-658-5774	CSondag@wd-wpp.com
Secretary – Brenda D.	712-579-2826	bbdn8kids@harlannet.com
Living Clean – Brandon S.	712-246-8778	blueboytrue82@gmail.com
Saturday Serenity – Kelly K.	712-579-5778	kellyandkim@fmctc.com