

**Southwest Iowa Narcotics Anonymous**

**Minutes for June 12, 2011**

**I. Opening:**

The meeting was called to order @ 2:30 p.m. by Nate M. with a moment of silence followed by the Serenity Prayer.

**II. Readings:** Nate M. requested the following be read:

“The Twelve Traditions”, read by Tim C.

“The Twelve Concepts”, read by Mike D.

“The Service Motivation”, read by Brandon S.

**III. Roll Call/Visitors:**

**Executive Committee:**

Chairperson: Nate M.

Vice-Chairperson: Mike R.

Secretary: Brenda D.

Treasurer: Mike VP. (Arrived 3:56 pm)

RCM: Tim C.

RCM Alt.: Brandon S.

**Sub-Committees:**

Literature Chairperson: absent

Activities Chairperson: Bill D.

IRCNA: Kim P.

**PR Sub-Committees:**

H&I: absent

PI: Charlotte S.

Phone Line Liaison: open

Web-Servant: absent

**Groups:**

Clean & Free: absent

Runnin N Gunnin: Al C.

Discovery Group: absent

Just for Today: Kim P.

Living Clean: Brandon S.

Never Alone: Nate M.

Nobody’s Group: Bill D.

New Way: Mike VP. (Arrived 3:56 pm)

Reaching Out: absent

Saturday Serenity: Sari M.

Stairway to Freedom: Sheila H.

Straight Friends: Laura W.

New Freedom: absent

Visions of Hope: Mike D.

Simple Serenity: Mike R.

Recharge Group: Tamra B. (at 3:56 pm)

There were 10 out of 16 groups at area this month until 3:56 pm and then 12 out of 16 groups.

Visitors: Mary R.

#### **IV. Correction & Approval of Minutes:**

Motion to approve minutes with correction made and passes. Brandon S. moved, 2nd by Mike R., and passed with 10 votes.

#### **V. Reports**

##### **Executive Committee:**

##### **Chairperson:**

Present, no report

##### **Vice-Chairperson:**

Present, no report

##### **Secretary:**

Present, no report

##### **Treasurer:**

Arrived at 3:56 pm, no report

##### **RCM:**

Greetings from your RCM:

We attended Region on June 4<sup>th</sup> & June 5<sup>th</sup> in Council Bluffs, IA, during Old Business the survey results were discussed, which showed that, said services are effective or non-effective based on addicts feedback. There were 24 responses to this survey, and I will attach this survey to my report.

PR Business the following items were discussed:

- a. Nominations for Co-Facilitators for PR were Barry B. and John F. Barry B. was elected.
- b. A Learning Day will possibly take place in August in Des Moines, IA. The Region has requested that because of finances they would like the Learning Day be a multi-topic learning day to allow more information to be presented.
- c. Budgets were postponed until the Region decides on financial priorities.
- d. QCANA Motion: Which stated PR be disbanded for 1 year and the intent was to establish policies that can be followed. This motion failed, after a very lengthy discussion. There was a suggestion to go back to 3 pros 3 cons.

Under the Open Forum the following was discussed:

- a. Amanda (the RD) shared on the service system proposals.
- b. Brandon shared on SWINA's concerns of not being able to purchase Basic Texts.

- c. Charlotte reported that the IRCNA Timelines & Duties were complete and ready for input; they will be posted on the Regional Website.
- d. IRCNA XXVII is pre-selling merchandise, there was some discussion but no decision has been made.
- e. Amanda reported that the Plains States Zonal Forum meeting will be held in Iowa on January 6<sup>th</sup>-8<sup>th</sup>, 2012. This will also be the CAR Report with World Board participation.
- f. Connie of QCANA discussed the next Regional meeting, is it a two day or a one day.
- g. Mark reported that an email was received requesting Basic Texts for the Library at Lester Heights Facility. Donations are being accepted.
- h. Mark also discussed the 30<sup>th</sup> Anniversary Party; they are working on T-shirts and possibly a dinner to go along with this event. They are also looking into having pre-registrations for this event.

#### Old Business:

- a. Nominations for IRCNA Standing No secretary nomination, and the item was tabled. However, Alicia E. was nominated as Treasurer, she read her qualifications, a vote was taken and she was elected.
- b. The 1-800 number was discussed, and it was reported that there were 3 options for this services, Answer Plus had a plan for \$24.88 a month for 600 minutes. It was discussed that each RCM bring back to the August Region the following information.
  - 1. How much money is your area currently spending on a phone-line?
  - 2. Is your Area under any type of contract for their phone-line service, and if so what is the length of commitment?
  - 3. How many minutes are used per month in each Area?
- c. It was reported that after all the discussion regarding possible changes to the Regional bank account it has stayed the same. The Executive Committee still has to get together and get new signers on the account.
- d. The check written to World Services still has not cleared the bank. A motion was made to cancel the check and reissue a check to World Services. Motion passed.

#### New Business:

- a. Motion to amend IRCNA Policy was tabled.
- b. Nominations for IRCNA Standing Chairperson, Greg M. QCANA and IRCNA Standing Vice-Chairperson, Elizabeth. Elections will take place at the August Regional meeting.
- c. Motion from QCANA to suspend PR work for a year failed.
- d. Motion to add Vision Statement to IRSC business passed.
- e. Motion to cease activity of the state fair due to lack of NA funds. Passed. No more state fair – the coordinator will try to reclaim the \$500.00 deposit issued.
- f. There were 7 motions to change policy, which we will vote on these issues at the August Regional meeting.
- g. PR submitted a budget of \$580.00 for 2 learning days, and to pay for the Regional website. Passed
- h. IRCNA requested no budget at this time.
- i. Literature requested \$300.00 budget. Passed.
- j. There was no world donation given at this time.

Thanks for the opportunity to serve,

Tim C.

Regional Committee Member

**RCM Alternate:**

Greetings Area from RCM Alt.

I attended region last week. Following is the report on PR committees. Guidelines workshop we went over the draft of guidelines for PR, copy available. 1-800 workshop, there is lots of talk on the prospective 1-800 number for our region. We will need a coordinator when we move forward. Region is asking each area to submit an expense report on their phonelines. Looking for contract to review and get an idea of what to expect. H&I need men to go into Mount Pleasant to carry the message. H&I would like to work to get Area H&I connected so they can help each other. State Fair, no State Fair... looking into getting the \$500 deposit refunded. The PR survey results are out. We will do another survey soon.

There was a lot of discussing during PR sharing; hopefully the feedback will be more streamlined in the future. There was a lot of information to gather and a lot of great fellowship. Special thanks to Mary for her hard work and service to the Area. Thank you SWINA for this opportunity.

In Loving Service,

Brandon S.

**Sub-Committees:**

**Literature Committee:**

absent

**Activities Chairperson:**

Greetings ASC from the Activities Chair. The Memorial Day campout was a huge success. Thanks to everyone who helped. I was unable to attend the Region function last weekend. I hope all went well. I'm looking forward to the Luau in July. GSR's please take back to home groups that we need bids for the Basic Dance for the 1<sup>st</sup> Saturday in August (August 6). We have a balance of \$72.08 in our checking account and \$44.03 in cash for a total of \$116.11.

In Loving Service,

Bill D.

**IRCNA:**

Greetings from IRCNA! We are getting ready to go to this year's IRCNA to set up our preregistration for the 2012 convention. We have our entertainment wrapped up and just need a contract signed with J. Medicine Hat. We are working with Mike R. to help with our logo. Our next meeting is at the Red Oak Coach Inn in Red Oak at 1:00 pm on June 26<sup>th</sup>.

More will be revealed,

Kim P.

**PR Sub-Committees:**

**H&I:**

Absent, no report

**PI:**

Greetings Area from your PI Chair!

I attended region last weekend and sat in on the PI subcommittee meeting. We decided to continue our work in the 1-800# for the Region, and are looking to hopefully plan some workshops to train addicts to carry the phone. More will be revealed.

As discussed during the subcommittee meeting, I will be looking into the directory for our meetings as well as getting all of our meetings printed in the local papers.

I finally got in touch with the Pott. County Juvenile detention and after some discussion they are willing to take one soft cover Basic Text, but no meeting list.

I feel that I have exhausted all of my resources in finding a place for a RAGBRAI meeting in Glenwood. I think that we go with what we have which is Atlantic. The paper in Atlantic has gotten back to me and cost of the ad is \$75.00 for a 1/8 page.

I will be requesting \$75.00 today to pay for the ad which is within my budget and then additional monies to pay for the soft cover Basic Text.

In Loving Service,

Charlotte S.

**Phone Line Liaison:**

Open, no report

**Web-Servant:**

Absent, no report

**Group Reports:**

**Clean & Free:**

Absent, no report

**Runnin N Gunnin:**

Greetings Area from the Thursday Lenox Runnin & Gunnin Group! Our attendance is low around 2 to 3 people per meeting and we have no support from Creston or other surrounding local NA groups but we manage to still keep the doors open and NA fellowship alive. We have no donations for Area at this time as we struggle just to buy coffee. And also there will be no Thursday meeting June 16<sup>th</sup> because there will be a wedding at the meeting place and we have no other building to hold the meeting at. We will be back on schedule and our meeting will be open again Thursday, June 23<sup>rd</sup>. That is all for now from the Lenox Group.

In Loving Service,

Al C.

**Discovery Group:**

Absent, no report

**Just for Today:**

Greetings from Just For Today. We are doing well. Meetings are up. We have no literature order and a \$20.00 donation. We have been approached about doing a meeting in the new jail to be built for Montgomery County. When this happens we will ask H&I for their help.

ILS,

Kim P.

**Living Clean:**

Greetings Area,

Living clean meeting numbers are down to 6-9 members on Mondays and Saturdays. We have come up with a list of workshops some members would like to see at SWINA. I will be submitting the list today to Activities. At this time we have no literature order and no donation.

In Loving Service,

Brandon S.

**Never Alone:**

Greetings Area from Harlan's Monday Night Never Alone Group. Meetings are doing well with an average of 12-14 addicts in attendance. June 27<sup>th</sup> will be our 22<sup>nd</sup> Anniversary speaker

meetings for the Never Alone Group. Speaker will be chosen this week. There is a flyer available here; hopefully we can have a great turn out again.

ILS,

Nate M.

**Nobody's Group:**

Greetings ASC from Harlan's Thursday Night Nobody's Group. Recovery in Harlan is going strong with an average of 15 addicts attending meetings regularly. We've had a couple of newcomers and a 19 year birthday this month. We have a \$14.08 literature order and no Area donation this month.

In Loving Service,

Bill D.

**New Way:**

Verbal report, Mike VP.

**Reaching Out:**

Absent, no report

**Saturday Serenity:**

Hello Area from Harlan's Saturday Night Serenity. Meetings are small with attendance from 4-7 people. We have had several newcomers. We have a small literature order of \$12.10. We would love to invite anyone to come support our meeting.

ILS,

Sari M.

**Stairway to Freedom:**

Hi! The meetings are doing OK. Have been getting a few more people at the meetings; a total of 6 to 9.

**Straight Friends:**

Greetings Area. It's good to be back as GSR for Straight Friends in Villisca. I'm happy to report that recovery is strong in Southwest Iowa. The Memorial Campout was a descent hit and attendance has been wonderful! We have had at least 2 newcomers per month joining our fellowship and growth is strong and visible. We have no literature order or donation for Area this month. But I am glad to be back to serve.

ILS,

Laura W.

**New Freedom:**

Absent, no report

**Visions of Hope:**

Greetings Area from Visions of Hope. Things are going well at our group. We have pretty good attendance and a few newcomers. We had a \$72.08 literature order and \$80.00 Area donation. There is not much more at this time.

Thanks,

Mike D.

**Simple Serenity:**

Due to schedule and transportation conflicts, attendance has been severely waning. I would like to request and encourage members to stop in, Thursdays at 7pm at UMC in Sidney.

ILS,

Mike R.

**Recharge Group:**

ACS,

Wow! We at the Recharge Group are excited and extremely grateful. We have enjoyed recovery at all 4 meetings. Three of those 4 have brought newcomers. Average attendance is between 8 minimum and 16 maximum. There is no Area donation. We are in no need of financial aid. However, we are in need of white key tags and little white books. Thank you all for your prayers and support. To be more effective as GSR, I would request a GSR handbook.

In Loving Service,

Tamra B.

**VI. Financial Requests:**

\$75.00 – Budget PI (requested by Charlotte S.)

\$12.10 – Basic Text for Juvenile Detention in Council Bluffs

\$87.10 – Total Brandon S. moved to approve, 2<sup>nd</sup> by Dave R., passed with 10 votes

\$50.00 – IRCNA to host hospitality room (requested by Mary R.)

Laura W. moved to approve, 2<sup>nd</sup> by Brandon S., passed with 10 votes

**VII. Sharing Session:**

A. Mary R. shared that no one from our Area showed up at Region last weekend, but people with Region positions to help. She is worried about our Area hosting the IRCNA convention.

- B. Charlotte S. expressed her concern about the Literature Chair not being present. It was shared that she has a sick child. Mary R. said she hasn't set a bank account yet or place an order yet. Nate M. will contact Angel N. to see if she still has the willingness to hold the Literature Chair position.
- C. Charlotte S. requested that everyone visit the 48 page USSC Manual on the website to review it in order to vote on its approval in October. She would also like you to write questions that can be presented at the US Service Conference.
- D. Sari M. shared her concerns about our Area having guidelines/policies for people who share/speak at our functions that they need to follow. Charlotte S. stated that our traditions need to be followed when speaking at a particular meeting. Mike R. stated that we need to use the language of the fellowship you are speaking to. Mike D. shared that he has a reading by Bill W. explaining where we keep our messages clear for each fellowship. Kim P. shared that we need to talk to our speakers before hand and let them know the language they need to use. Bill D. quoted, "Alcohol is a drug". Charlotte S. stated that there is national movement for both sides to use their own language. Sari M. suggested we tell our speakers beforehand. Al C. stated that we need to use some respect when talking to them.

#### **VIII. Unfinished Services:**

- A. Phoneline Liaison is still open. Charlotte S. is willing to gather information for Region. Region is still working out the logistics of the 1-800 possibilities. It will be at least 3 to 6 months beyond the next Region in August.
- B. USSC – Charlotte S. – They want to establish in October. Please review the manual online and give input. She reviewed highlights from the manual and the 3 proposals they are making.
- C. New Starter Kit – add GSR notebook to existing list:
  - 2 of each key tag
  - Set of readings
  - Financial Report Book
  - 3 white books
  - 3 each of the Information Pamphlets
 The item list will be put in the policies, but not the price because it will fluctuate. If more items are needed it will be voted on an individual basis. Sari M. moved to have the New Starter Kit added to the policies, 2<sup>nd</sup> by Brandon S., passed with 11 votes, 1 abstained.
- D. SWINA Workshops – Brandon S. brought a list of suggestions from his group. Two workshops are on Saturday and 2 on Sunday. SWINA flyers need to be out now but no workshop topics need to be listed on the flyers. Approved SWINA workshop topics will include Sponsorship, Steps 6-7, Reservations, and Take Aim at Recovery. Please bring names and suggestions for possible workshop leaders next Area.

#### **IX. Current Services:**

- A. Basic Dance August 6<sup>th</sup> – Kim P. said Red Oak will host – Bill D. will make the flyer – speaker will be approved next month
- B. Literature Orders – Brandon S. moved to order from Wisconsin, 2<sup>nd</sup> by Sari M., passed with 12 votes.
- C. IRCNA – Hospitality room will be from noon to 1pm and people are needed to help host. Chili dogs and chips will be served. \$50.00 has been set aside for food.
- D. Tamra – Recharge Group – requested 6 white key tags, 6 white books, and a GSR handbook. Brandon S. moved to approve, 2<sup>nd</sup> by Mike R., passed with 11 votes and 1 abstained.

**X. Announcements & Flood Meeting:**

- A. Charlotte S. said find a time to review USSC manual.
- B. Nate M. said the Creston Run is June 18<sup>th</sup>.
- C. Brandon S. said the next IRCNA meeting is June 26<sup>th</sup> at 1pm at the Red Coach Inn in Red Oak.
- D. Charlotte S. will celebrate 21 years at the Visions of Hope meeting on Wednesday at 8pm.
- E. Charlotte S. moved to start next Area at 12:30 to review Service Proposals instead of sub-committees, 2<sup>nd</sup> by Brandon S., passed with 12 votes.
- F. Sari M. moved to close, 2<sup>nd</sup> by Bill D., passed with 12 votes.

**XI. July ASC to be held on the 10th in Griswold, IA.**