

Southwest Iowa Narcotics Anonymous

Minutes for July 10, 2011

I. Opening:

The meeting was called to order @ 2:45 p.m. by Tim C. with a moment of silence followed by the Serenity Prayer.

II. Readings: Tim C. requested the following be read:

“The Twelve Traditions”, read by Brandon S.

“The Twelve Concepts”, read by Charlotte S.

“The Service Motivation”, read by Brenda D.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: absent

Vice-Chairperson: absent

Secretary: Brenda D.

Treasurer: Mike VP.

RCM: Tim C.

RCM Alt.: Brandon S.

Sub-Committees:

Literature Chairperson: Angel N.

Activities Chairperson: absent

IRCNA: Brandon S. (Vice-Chair)

PR Sub-Committees:

H&I: absent

PI: Charlotte S.

Phone Line Liaison: open

Web-Servant: absent

Groups:

Clean & Free: Angel N.

Runnin N Gunnin: absent

Discovery Group: absent

Just for Today: absent

Living Clean: Brandon S.

Never Alone: absent

Nobody’s Group: absent

New Way: Mike VP.

Reaching Out: absent

Saturday Serenity: Sari M.

Stairway to Freedom: Sheila H.

Straight Friends: Laura W.

New Freedom: absent

Visions of Hope: Mary R.

Simple Serenity: absent

Recharge Group: Tamra B.

There were 8 out of 16 groups at area this month.

Visitors: Vince P. and Ashley N.

IV. Correction & Approval of Minutes:

Motion to approve minutes made and passes. Sari M. moved, 2nd by Sheila H., and passed with 8 votes.

V. Reports

Executive Committee:

Chairperson:

Absent, no report

Vice-Chairperson:

Absent, no report

Secretary:

Greetings Area! I have a receipt to present for paper this month. I did not copy the scanned pages of the minutes to bring to Area, but they can be read online. I will also only copy the contact information if it has been updated that month.

In Loving Service,

Brenda D.

Treasurer:

Mike VP. (See scanned financial report)

RCM:

Present, verbal report, vote of confidence given on motions to be voted on at Region

RCM Alternate:

Present, no report

Sub-Committees:

Literature Committee:

Literature is now more expensive starting in July. Request \$36.

Angel N.

Activities Chairperson:

Greetings Area from the Activities Chair! Sorry I'm unable to attend Area this month; I'm recovering from back surgery and am doing well, still unable to sit for more than an hour at a time. Flyers are out for Luau, Basic Dance, and SWINA. Still need speakers, Workshop facilitators, and to decide whether or not to provide a meal at SWINA. We have \$70.08 in checking account and \$44.03 in cash and a total of \$114.11. I would like to ask for \$100.00 in financial requests to bring the Activities fund up to \$214.11 so that there's enough money to purchase items for the Luau. Also, please discuss SWINA shirts and hoodies. I didn't get a response from the printer in Harlan. Hopefully Mary has prices from the printer in the city.

In Loving Service,

Bill D.

IRCNA:

Kim, Laura, and Mary attended IRCNA 28, we sold 50 plus registrations and a few online registrations. Contracts sent to DJ Mike D. and Medicine Hat. At our last meeting we looked over merchandise and are continuing to look at catalogues. We are looking for submissions of speaker tapes, please send speaker tapes to: P.O. Box 393 Council Bluffs, IA 51502. The next meeting to be held late this month, date and time to be announced. Next meeting after July will be August 7th at 1 pm at the Red Oak Inn in Red Oak.

In Loving Service,

Brandon S.

PR Sub-Committees:**H&I:**

Absent, no report

PI:

Greetings from your PI chair! The RAGBRAI ad is complete and to the Atlantic paper. They are going to be sending me a bill for \$75.00 which I have already received. I have also gotten the information to the RAGBRAI website which will post the meeting information as the website for no cost to this body. I have printed flyers to be posted throughout the city. I am in the process of getting a list of newspapers together to make sure that all meetings are being printed correctly. I have overlooked the Flyer Day. I guess I need to know if you guys want to do this and when you want to do it. Meeting lists are here today, I have updated the Regional Website with our meetings and just a note, the Recharge Group will be included in the meeting list next

month. I've submitted a receipt to the treasurer for reimbursement of the RAGBRAI flyers and the meeting lists.

In Loving Service,

Charlotte S.

Phone Line Liaison:

Open, no report

Web-Servant:

Absent, no report

Group Reports:

Clean & Free:

Meeting is doing well. The Federal individuals are no longer attending due to their staff changing rules. Meeting is down to approximately 15 people. We have an Area donation of \$100.00.

In Loving Service,

Angel N.

Runnin N Gunnin:

Absent, no report

Discovery Group:

Absent, no report

Just for Today:

Absent, no report

Living Clean:

Meeting attendance is up. Seventh tradition is up a little. We are excited for the Luau. We have no literature order or donation at this time.

In Loving Service,

Brandon S.

Never Alone:

Absent, no report

Nobody's Group:

Absent, sent report

Greetings Area from Harlan's Thursday night Nobody's Group! Recovery is strong and growing in Harlan. We've been averaging 13 addicts attending meetings. We gave out 1 – 60 day tag and 1 newcomer tag. We have a literature order for \$19.97 and no Area donation this month.

ILS,

Bill D.

New Way:

Mike VP., verbal report

Reaching Out:

Absent, no report

Saturday Serenity:

Hello Area from Harlan's Saturday Serenity! Meetings are going well. As opposed to summer's past our treasurer has been committed to keep this meeting open in the absence of addicts attending other NA functions. I personally want to say thank you to Harry. Attendance has been good averaging 9. Sharing has been truly moving. We have a small literature order of \$12.10 and are holding off on an Area donation to build a newcomer fund for SWINA. What doesn't get used is returned to our Area and benefits both the individual addict and Area. We are looking forward to the Luau and the Basic Dance.

ILS,

Sari M.

Stairway to Freedom:

Hi! The meetings are doing great. There are 10 people at every meeting and people from Zion coming to the meeting too.

Love,

Sheila

Straight Friends:

Greetings Area! I just wish to report that I had an excellent time at IRCNA although not as long of a time, but I loved it. As IRCNA Co-Treasurer, I personally think we did well as far as early registrations and learned a lot of good information. I got a lot of new numbers. I'm getting very excited for all the upcoming events and look forward to seeing all of you at the Luau and the Basic Dance and some of you at SWINA! Recovery is strong in Villisca and doing wonderfully!!

In Loving Service,

Laura W.

New Freedom:

Absent, no report

Visions of Hope:

Meeting is going well. Attendance is up. We have a literature order and an Area donation.

ILS,

Mary R.

Simple Serenity:

Absent, no report

Recharge Group:

Greetings ASC from all of us at the Recharge Group! We are experiencing recovery and unity that exceeds the boundaries of 4 walls. We have a literature order of \$45.39 and an Area donation of \$15.00.

ILS,

Tamra B.

VI. Financial Requests:

\$100.00 – Activities for Luau supplies

Brandon S. moved to get the Activities fund to the prudent reserve amount of \$250.00 by changing the request to \$136.00, 2nd by Laura W., passed with 8 votes.

\$6.41 – Secretary for paper – approved expense

Amount unknown – Mike VP. for workshop copies

Charlotte S. moved to pay, 2nd by Brandon S., passed with 7 votes and 1 abstain

VII. Sharing Session:

A. Charlotte S. shared her concern that our web master has not attended Area for several months and suggested we reach out to him; Nate M. will contact him.

B. Charlotte S. commented on the value of workshop on the “Service Proposals”. She suggested we have a workshop on the new literature being proposed, “Living Clean, The Journey Continues”. She has the approval draft that is to be voted on in April at the WSC 2012 (World Service Conference).

Sari M. stated that many failed to attend the workshops on the New Basic Text and that we need to do a better job learning about new literature we are voting on to approve.

- C. Laura W. expressed her concerned about how rude Gene, Regional Service Office Manager, was at IRCNA and she hoped he would not be at IRCNA 2012 in Red Oak.

VIII. Unfinished Services:

- A. Phoneline Liaison is still open. We need nominations. The next meeting is the 3rd Sunday at 6pm in Omaha at 60th and Walnut.
- B. USSC – those interested in attending the gathering in Tulsa on October 28-30, need to research the cost for attending, gas, hotel, etc.

- C. SWINA

T-shirts – Bill D. needs the logo for the t-shirt sleeves to get a price quote. Mary R. is getting another quote from Council Bluffs. Once the quotes come in, a pre-order form will be emailed for sweatshirts.

Speakers – we want speakers who live out of our Area. Names are needed so we can write the program. Area will pay for gas and camping fees for the main speaker and the choice of gas or camping fees for the spirituality speaker. Both speakers will receive a t-shirt. Charlotte S. called Cindy N. from Kansas City and she agreed to be out main speaker. Vince P. is contacting John L. to see if he will be our spirituality speaker.

Workshop facilitators – The following people have agreed:

- Sponsorship – Cary H.
- Steps 6&7 – Shawn K.
- Reservations – Jennifer P. and Mike VP.
- Take Aim at Recovery – Laura W.

We will be filling the remainder 3 openings.

Meal – Bill D. will get quotes for 350 pieces of chicken from Hy-Vee in Shenandoah to have with a potluck. Quotes will be emailed to GSR's and the executive committee members to vote.

- D. Literature orders will be gotten from Wisconsin.
- E. RAGBRAI – the news ad is done, the ad is on the website, and the flyers are done.
- F. Flyer Day – will be held in the month of September and Charlotte S. will hand out the flyers at the August Area meeting.

IX. Current Services:

- A. SWINA – no Adhoc committee will be formed. Laura W. will organize BINGO and bring all of the supplies. Bill will get prizes for the BINGO.
- B. Halloween Dance – Mike VP. will see if the church in Council Bluffs is available.
- C. Workshops to review the new piece of literature, “Living Clean, The Journey Continues” will be at the Basic Dance and one at the Gratitude Dance.

D. IRCNA – Laura W. will handle the IRCNA registration table at SWINA. Leftover Koozies (28) will be sold at SWINA

***4:30 – Charlotte S. moved to continue the meeting 15 minutes, 2nd by Brandon s., passed with 8 votes.**

E. IRCNA – Sari M. made a motion to give SWINA a raffle item – an IRCNA 2012 full registration for \$54.00, 2nd by Mike VP., passed with 8 votes. GSR's are going to take this back to their groups for a group conscience.

X. Announcements:

A. Charlotte S. - IRCNA needs more people to serve on committees.

B. Brandon S. moved to close, 2nd by Sheila H., passed with 8 votes.

XI. August ASC to be held on the 14th in Griswold, IA.

Motion 3:

Change Policy of the Iowa Regional Service Committee of NA (Revised June 2009) 6. Sub-Committee Officer Requirements:

From:

6. Sub-Committee Officer Requirements

1. Hospitals & Institutions

2. Chair Responsibility.

E. Submit a annual report as defined in Section 5. III ~~at the Spring IRSCM (June).~~

6. Sub-Committee Officer Requirements

II. Public Information

2. Chair Responsibility.

E. Submit a annual report as defined in Section 5. III ~~at the Spring IRSCM (June).~~

6. Sub-Committee Officer Requirements

3. Literature

2. Chair Responsibility.

E. Submit a annual report as defined in Section 5. III ~~at the Spring IRSCM (June).~~

To Read:

6. Sub-Committee Officer Requirements

1. Hospitals & Institutions

2. Chair Responsibility.

E. Submit an annual report as defined in Section 5. III.

6. Sub-Committee Officer Requirements

II. Public Information

2. Chair Responsibility.

E. Submit an annual report as defined in Section 5. III.

6. Sub-Committee Officer Requirements

III. Literature

2. Chair Responsibility.

E. Submit an annual report as defined in Section 5. III.

Intent 3: To bring all yearly reports in line with the fiscal year of the IRSC of NA.

Motion 5:

Change Policy of the Iowa Regional Service Committee of NA (Revised June 2009), 12 Finances:

From:

12 Finances

VI. The Treasurer shall make a written financial report of contributions and expenditures at each regularly scheduled meeting of the IRSC ~~as well as, an annual report at the Winter IRSCM.~~ The Treasurer may also be responsible for bulk purchases of literature for the Region.

To Read:

12 Finances

VI. The Treasurer shall make a written financial report of contributions and expenditures at each regularly scheduled meeting of the IRSC. The Treasurer may also be responsible for bulk purchases of literature for the Region.

Intent 5: Removes the annual report that was given an assigned person in Motion #4. It leaves the remainder of the section intact.

Motion 6:

Insert into Policy of the Iowa Regional Service Committee of NA (Revised June 2009), 12 Finances, and renumber XVIII to XXIV:

12 Finances

VI. All Subcommittees and Regional Officers shall submit a budget to the IRSCM at the Fall (November) IRSCM and shall be approved at the Winter (February) IRSCM.

Intent 6: To provide the areas of the Iowa Region a more interactive role in the planning and expenditures of the IRSC.

Motion 7:

To add to the Policy of the Iowa Regional Service Committee of NA, Section 11 (IRSCM Business Meeting Guidelines):

11. IRSCM Business Meeting Guidelines.

X. Planning Session:

1. A Planning Session shall be held at the November (winter) Regional Service Conference for the Public Relations subcommittee to include at minimum:
 - A. Goals for the next year.
 - B. Projects for the next fiscal year.
 - C. Formation of the Budget for the next fiscal year.

Intent 7: To allow for the orderly establishment and planning of annual goals, projects and expenditures of the Iowa Regional Public Relations Subcommittee of NA.

Motion 4:

Change Policy of the Iowa Regional Service Committee of NA (Revised June 2009), 7 Officers of the IRSC, III, Treasurer:

From:

7. Officers of the IRSC

III. Treasurer:

3. The Treasurer will give a ~~yearly report at the Winter IRSCM~~, The report will include the following: Expenditures of the IRSC: i.e., donations to WSC, cost of minutes, RD and RD-A travel expenses, PO Box rental, etc.
4. The Treasurer should have basic bookkeeping and accounting skills, be able to balance a checkbook, and have proven successful group and/ or Area level Treasury experience.
5. The Treasurer needs to have the time and resources available to devote to fulfilling their Regional Service commitment.
6. Suggested clean time requirement for Treasurer is four (4) years.

To Read:

7. Officers of the IRSC

III. Treasurer:

3. The outgoing Treasurer shall make a written and verbal report on the fiscal year at the Winter (February) IRSCM. This report should include at minimum: Contributions to the IRSC, Expenditures of the IRSC: i.e. meeting rental, Post Office Box rental fee, Subcommittee expenses budgets and non- budgeted items, RD and RD-A Travel, cost of minutes and other copies; Donations to NAWS or NA Communities in need.
4. The newly elected Treasurer shall make a written and verbal report on the proposed budgets for the fiscal year at the winter (February) IRSC
5. The Treasurer should have basic bookkeeping and accounting skills, be able to balance a checkbook, and have proven successful group and/ or Area level Treasury experience.
6. The Treasurer needs to have the time and resources available to devote to fulfilling their Regional Service commitment.
7. Suggested clean time requirement for Treasurer is four (4) years.

Intent 4: To bring all yearly reports in line with the Fiscal Year of the IRSC. This motion assigns the responsibility of who gives what report and includes more details of what should be in the report. This motion also would extend the commitment for the Treasurer. The Treasurer would have to attend the February IRSCM to give the annual report. This would ensure a uniform transition of the Treasury.