Southwest Iowa Narcotics Anonymous

Minutes for February 13, 2011

I. Opening:

The meeting was called to order @ 2:30 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer.

*Mary R. requested the nomination and election of the secretary position be done at this time so the secretary elect could begin taking notes for the meeting. Brenda D. elected

II. Readings: Laura W. requested the following be read:

"The Twelve Traditions", read by Kim B.
"The Twelve Concepts", read by Mary R.
"The Service Motivation", read by Sheila H.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Laura W.

Vice-Chairperson: Nate M.

Secretary: Brenda D.

Treasurer: Mike VP.

RCM: Mike R.

RCM Alt.: Tim C.

Sub-Committees:

Literature Chairperson: Mary R.

Activities Chairperson: Bill D.

IRCNA Adhoc: Kim P.

PR Sub-Committees:

H&I: Paul S.

PI: Charlotte S.

Phone Line Liaison: Mike VP.

Web-Servant: Dave R.

Groups:

Clean & Free: Angel N.

Runnin N Gunnin: Absent

Discovery Group: Dave R.

Just for Today: Kim P.

Living Clean: Absent (sent report)

Never Alone: Nate M.

Nobody's Group: Bill D.

New Way: Mike VP

Reaching Out: Absent

Saturday Serenity: Absent

Stairway to Freedom: Sheila H.

Straight Friends: Laura W.

New Freedom: Paul S.

Visions of Hope: Mary R.

Simple Serenity: Mike R.

Live and Let Live: Lisa J.

There were 12 out of 16 groups at area this month.

IV. Correction & Approval of Minutes:

Motion to approve minutes with correction made and passes. Charlotte S. moved, 2nd by Mary R., and passed with 12 votes.

V. Reports

<u>Executive Committee:</u>

Chairperson:

Greetings Everyone!! Thank you for attending today on this "fine" Sunday afternoon. It seems like forever since we've met!! HA HA! Looking forward to the events coming up and very excited about the (maybe) upcoming IRCNA bid and working toward making that and every other function a roaring success! Thank you for all the attendance and donations to area!!
In Loving Service,
Laura W.

Vice-Chairperson:

Looking forward to the events and activities coming up in the near future, and also have several people interested in getting involved in H&I up our way.
ILS,
Nate M.

Secretary:

No report, elected 5 minutes before reports were given.

Treasurer:

Beginning balance: $507.71
December income: Group donation from New Way was $25.00, RCM expense return was $68.00, and the total deposits were $93.00.
Expenses:
Ck 1078 - Mary R. - $10.78 – ink for printing
Ck 1079 – Charlotte S - $18.37 – printing for PI
Ck 1080 – SWINA Literature stock - $89.89 – GSR handbook items
Ck 1081 – Griswold U.M.C. - $60.00 – Sept., Oct., Nov., and Dec. 2010 rent
Total Expenses: $179.04
Ending Balance: $402.45
ILS,
Mike VP.

RCM:

Greetings Area! The big news, of course, is Regional coming up next weekend in Des Moines. Business will be done on Saturday and the Service Assembly on Sunday (see flyer). I have a couple of flyers passing around which are also available on the Regional website. I will bring back all relevant information for you next area, whenever that may be, as well as funding for June Region. That
Mike R.
*On a personal note, I was blessed with celebrating my 10 years on January 15th. Thanks to all for your support over the years.

RCM Alternate: No Report

<u>Sub-Committees:</u>

Literature Committee:

Greetings Area - from your Literature Sub-Committee. We have $23.00 in the bank. No literature was sold last month, because we had no area. We sold $225.95 this month which brings our total to $249.57. With a literature order from the RSO of $243.50, we will have $6.07 left in the bank. Bank statements are always at area if anyone needs to look at them.
In Loving Service,
Mary R.

Activities Chairperson:

Greetings ASC - from the Activities Chair. I want to thank you for giving me the opportunity to serve SWINA. I'm hoping it will only strengthen my recovery and fellowship of NA as I've seen service work do for so many other addicts. I opened a Business Checking Account at the Shelby County State Bank in Harlan with Nate M. as a co-signer. After paying all expenses for the Gratitude Dance and New Years Eve Dance, we have a balance of $233.24 in the checking account and I kept $41.40 in cash for making change at the next function.
In Loving Service,
Bill D.

IRCNA Adhoc:

Greetings from your IRCNA Adhoc. We have the bid together for the Convention of 2012, which will be taken next Saturday on the 19th of February. At that time we will find out if we have the bid. More will be revealed.
ILS,
Kim P.

PR Sub-Committees:

H&I:

Greetings area, it's been a long 10 weeks. I have been working with the Zion Treatment Center and have gotten approved for a Saturday night speaker meeting at 7 p.m. They are very excited about this. They are wanting whatever we can provide them. The speaker meeting is at 7 p.m. every Saturday in Clarinda. They ask that the speaker have 6 months clean time. They also ask for large print basic test, 30 day tags, and also Spanish literature. After talking and looking over things we could use a literature rack and more literature. I also contacted the Treatment Center in Adair and they said "No NA Way"! I will need help with speakers.
In Loving Service,
Paul S.

PI:

Greetings from your PI Committee. As reported in the previous meeting, the mailings to the 4th and 5th judicial courts have not been completed due to the issue with the meeting list. Hopefully we can get then corrected soon so that the mailings can get out. We have also been approached by Iowa Western Community College in Council Bluffs to do a Public Information booth to be held on March 17, 2011. As reported earlier, we will need to get a few volunteers as well as a speaker to speak for about 15 minutes. I am hearing that there is some discussions regarding an 1800 that the Region is looking into. More will be revealed.
In Loving Service,
Charlotte S.
P.S. Due to the issues of the meeting list, I did not print any, but hopefully we will have them here next ASC.

Phone Line Liaison:

Not much new with Phone Line other than the fact that Jim McF. Has stepped down and was succeeded by the Vice Chair, Karen P. Otherwise things are going well with the Phoneline.
In Loving Service,
Mike VP.

Web-Servant:

Things seem to be going well. Send me an email with any corrections or opinions on the website. Your proofreading is the only way (only) to keep the information correct. Email is the best way to communicate with the web servant.
ILS,
Dave R.

Group Reports:

Clean & Free:

Hello Everyone. The Clean & Free group of NA that meets Friday night at mercy Hospital in Council Bluffs, IA, is doing well. Our average attendance has been 40 people per meeting. The group is still adjusting to the recent increase in size of the group and some of the issues that can arise. Having some trouble finding people to hold positions but we're doing fine otherwise. We had a $100.00 donation.
In Loving Service,
Angel N.

Runnin N Gunnin: Absent

Discovery Group:

Greetings Area. Meetings are going well. Attendance is fluctuating wildly. Recovery sharing is good. We have a $100.00 donation.
ILS,
Dave R.

Just for Today:

Greetings area from Just for Today. Our meetings have been going great, no literature order, and a $25.00 area donation. In the last month we have had 3 newcomers; lots of young people. We have celebrated 30 days, 90 days, 3 years, 1 year, 12 years, and a 5 year. It's great to see Red Oak with working recovery. We've been seeing 10-18 people weekly. I myself had 12 years on January 15th.
In Loving Service,
Kim P.

Living Clean: Absent – sent report

SWINA ASC report for 2-13-11 - Greetings area and fellow SWINA members. Living Clean is doing well. Attendance is steady, meetings are going very well. We're happy to continue seeing newcomers coming regularly and familiar faces as well. No literature orders at this time. Living Clean has a donation of $50.00 for SWINA this month. (Congrats to all the birthdays, and a special thanks to Charlotte S. for speaking New Year's Eve)
Thank you for allowing me to serve, with love, yours in recovery,
Brandon S.
P.S. Where that is trusted servant contact sheet? (Insert smiley face) :o)

Never Alone:

Greetings area from Harlan's Monday night Never Alone Group. Meetings have been doing well, averaging 12-14 addicts. We have given out several clean time medallions over the last 2 months, including a 17 years, 2 five years, and also a 6 year. We do have a $60.00 area donation.
ILS, Nate M.

Nobody's Group:

Greetings ASC from Harlan's Thursday night Nobody's Group. Recovery is going strong in Harlan. We've had 11-18 addicts attending meetings regularly. We have an $80.00 area donation and no literature order.
In Loving Service,
Bill D.

New Way:

Things are going well with New Way Group. We started Step 3 in the step working guide. We have a good core group averaging about 10 per week. We have no donation or literature order this month.
In Loving Service,
Mike VP.

Reaching Out: Absent

Saturday Serenity: Absent

Stairway to Freedom:

The meetings are doing OK. We have 3 to 5 people at each meeting. I got my 5 years on 1-23-2011.
Love,
Sheila H.

Straight Friends:

Greetings area, recovery is alive in Villisca. We've had a lot of younger members join our group lately and it's great to see! Celebrating life everyday clean is awesome! We had a literature order of $45.77 this area and no area donation at this time! Looking forward to upcoming functions!
ILS,
Laura W.

New Freedom:

New Freedom Group is going very well. We have 14-20 addicts attend. We have given 2 18 month medallions and 1 24 year medallion. We are having our 3rd Annual Fun Run on June 18th. Flyer will be coming at a later date. We have a $100.00 donation.
ILS,
Paul S.

Visions of Hope:

Greetings from Visions of Hope. Meetings are going well. Attendance is down due to the weather and change with the RFC and Ledral Halfway house. We do have an area donation of $200.00 and a literature order of @132.59. This group has a nomination for IRCNA Treasurer.
In Love and Service, Mary R.

Simple Serenity:

Greetings family from Simple Serenity, meetings are going swimmingly with 8-12 addicts on the average. We've received the key to our meeting place and got visitors from Tabor, Thurman, Riverton, Siten, and Sidney. We have a literature order and a $25.00 donation for area.
ILS,
Mike R.

Live and Let Live:

Greetings from Live & Let Live. We are doing well and our current attendance rates are between 4-5 people a week. Our meeting is still occurring on Mondays at noon. At this time we have no contributions for area. No literature orders at this time either.
In Loving Service,
(GSR) Lisa J. :o)

VI. Financial Requests:

Ck 1078 - Mary R. - $10.78 – ink for printing
Ck 1079 – Charlotte S - $18.37 – printing for PI
Ck 1080 – SWINA Literature stock - $89.89 – GSR handbook items
Ck 1081 – Griswold U.M.C. - $60.00 – Sept., Oct., Nov., and Dec. 2010 rent
H&I – Literature Rack or Zion - $57.60
$24.90 – printing – approved Expenses

VII. Sharing Session:

A. H&I – Charlotte S. stated that the interests for H&I in Harlan suggests we provide services in our own towns and report back to Paul S. She suggested we train in each town for home groups to provide services in their own communities. Paul S. said he would be willing to go to each town and hold training. Charlotte S. suggested we have discussions with our home groups and get individual plans that would meet the needs of each group or community and bring those ideas back to area.
B. RAGBRAI – Charlotte S. shared that RABRAI would be in our area again this summer. It starts in Glenwood and goes through Atlantic. She volunteered to see about organizing and advertising meetings for the event.
C. U.S. Service Assembly – Charlotte S. shared that it is coming up, but don't get too excited yet because more will be revealed!

VIII. Unfinished Services:

A. Area Audit – Joe W. shared his findings after doing an audit on our books. He found a few inconsistencies between checkbooks and suggested a form that we could use that had three points of accountability. He also suggested we have an alternate treasurer to be trained 6 months prior to taking over the position and to serve as an extra set of eyes. He said that NA needs a tax ID # and has to pay taxes on all

purchases. Mary R. stated that deposits needed to be made as soon as possible so they would show on the next statement. Mike VP. Assured the group that he would make deposits the Monday after each area.

B. Area Treasurer – Mike VP. Was voted in as the new treasurer last month and will need to go to the bank to be a signer.
C. IRCNA – Region is next Saturday. They will be presenting a bid for the 2012 Region to be held in Red Oak.
D. IRCNA Nominations and Elections –
    1. IRNCA Chair – Kim P. – nominated by Laura W. and 2nd by Lisa J. – Kim P shared her resume – Mike R. motioned to close nominations and 2nd by Dave R. – vote passed 11 out of 12
    2. IRCNA Treasurer – Mary R. – nominated by Dave R. and 2nd by Kim P. – Mary R. shared her resume – Mike R. motioned to close nominations and 2nd by Dave R. – vote passed 11 out of 12
    3. IRCNA Co-Treasurer – Laura W. – nominated by Mary R. and 2nd by Dave R. – Laura W. shared her resume – Mike R. motioned to close nominations and 2nd by Paul S. – vote passed 11 out of 12
E. Area Secretary - completed at beginning of meeting – Brenda D.
F. Chili Cook Off – April 2, 2011, Presbyterian Church, Villisca, IA, 4 pm service learning, 6 pm supper/fellowship

IX. Current Services:

A. IP – pending and tabled
B. Activities Events
    1. Memorial Day Campout – May 28th – Pioneer Park
    2. Chili Cook-Off – April 2nd
    3. Anniversary Dance – May 7th or 14th – take back to groups to get a bid to host
    4. Region – 1st weekend in June – SWINA hosting Saturday night activity – game night and fellowship
C. PI – Charlotte S. is correcting the meeting list and will get printed
D. H&I – Paul S. needs 4 volunteers for the next 4 Saturdays to cover meetings at Zion in Clarinda – all were covered
E. Region – help will be needed on June 2nd at Region for food, serving, etc.
F. Discovery Motion –

Motion for Addition to Guidelines

Discovery Group 01-08-11

We would like to make a motion to provide for the removal of trusted servants from the remainder of their commitment to service to the Area.

The proposition is that commitment is a two way relationship. The trusted servant commits to perform a designated task for a certain period of time. The area should commit to assist the servant to perform the task.

If for any reason things are not working out and a motion has been made to remove the servant, there will be no vote taken at the time of the motion

Two members of the Area will do twelfth step call to the trusted servant to find out what the particular problems are that they are having.

The Area will see if the servant even wants to continue the task. If not, the call is done.

If the servant is having problems, the Area can see if there is anything the Area can do to assist the servant to complete the service commitment. There are no guarantees that this can be done, as the Area must vote on any help or adjustments to be made.

In any case, the servant is notified of the Area's concerns and given the opportunity to come to the Area to answer any and all questions concerning their performance.

We believe that the election of trusted servants is a commitment from both sides to benefit everyone and the removal of this commitment should not be taken lightly, or too quickly. We are all recovering addicts and a lot can, and usually does, happen during the period of time we set out to accomplish this thing. It's a part of every ones recovery. We need to act with love and care in our actions and realize there are real human consequences to everything we do.

ILS,

Dave R.

Discovery Group

G. Extension – Motion was made by Mike R. and 2nd by Paul S. to extend the meeting 15 minutes to for a discussion on the Discovery Motion – Discovery Motion was tabled

X. Announcements & Flood Meeting:

A. Balance - $847.12 - $600.00 is for reserve - $250.00 donated to Region – Motion made by Mike VP. and 2nd by Mike R. – passed 12 out of 12 votes
B. Flood Meeting – Thursday – 7 pm – Sidney – Methodist Church

XI. March ASC to be held on the 12th in Griswold, IA.

SWINA – Trusted Servant's Contact Information as of 2-13-11

Clean and Free – Angel N. – GSR	402-651-6592	rostamom0811@gmail.com
New Freedom – Paul Stolk – H&I	641-202-0795	naharleyman@gmail.com
New Way – Mike VP - Treasurer/Phone Line Liaison		
	402-612-8134	iservena@hotmail.com
	2741 Avenue North	
	Council Bluffs, IA 51501	
Never Alone – Nate M. – V. Chair	712-790-1507	nmclaren@harlannet.com
Nobody's Group – Bill Defenbaugh – Act. Chair		
	712-579-9875	bdefenbaugh@harlannet.com
Simple Serenity – Mike R. – RCM – Sidney, IA		
	712-215-3339	blurrr@itworkz.org
Discovery Group – Dave R.	712-322-0394	davelisa2004@cox.net
RCM Alt. – Tim C.	712-314-4244	timlc71@yahoo.com
Mary R. – Lit Chair	402-699-4984	maryriyana3@cox.net
Straight Friends - Laura W. – Chair – Villisca		
	712-303-0440	lwwiechman@hotmail.com
Stairway to Freedom – Sheila H.	712-246-2126	
Live and Let Live – Lisa J.	712-327-8856	asilsmada@live.com
Just for Today – Kim P. – Red Oak	402-669-1994	colene-kay@live.com
PI Chair – Charlotte Sondag	402-658-5774	CSondag@wd-wpp.com
Secretary – Brenda Defenbaugh	712-579-2826	bbdn8kids@harlannet.com