

Southwest Iowa Narcotics Anonymous

Minutes for December 11, 2011

I. Opening:

The meeting was called to order @ 2:30 p.m. by Mike R. with a moment of silence followed by the Serenity Prayer.

II. Readings: Mike R. requested the following be read:

“The Twelve Traditions”, read by Brandon S.

“The Twelve Concepts”, read by Bill D..

“The Service Motivation”, read by Jennifer B.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: absent

Vice-Chairperson: Mike R.

Secretary: Brenda D.

Treasurer: Mike VP.

RCM: Tim C.

RCM Alt.: Brandon S.

Clean & Free: absent

Runnin N Gunnin: (closed)

Discovery Group: absent

Just for Today: absent

Living Clean: Brandon S.

Never Alone: absent

Sub-Committees:

Literature Chairperson: absent

Activities Chairperson: Bill D.

IRCNA: Brandon S. (Vice-Chair)

Nobody’s Group: Jennifer B.

New Way: Mike VP.

Reaching Out: absent

Saturday Serenity: Brenda D. (alt.)

PR Sub-Committees:

H&I: absent

PI: Charlotte S.

Phone Line Liaison: open

Web-Servant: Mike R.

Stairway to Freedom: Sheila H.

Straight Friends: absent

New Freedom: absent

Visions of Hope: Mike D.

Simple Serenity: Mike R.

Groups:

Let It Be: Maud C.

Straight N Grateful: absent

Recharge Group: absent

Carrying the Message: Charlotte S.

There were 9 out of 18 groups at area this month.

Visitors: Stacy J., Lilly B., Don N. (Let It Be Alt.), Barry B., and Laurie D.

IV. Correction & Approval of Minutes:

- Nate M. (Chair) gave Brenda D. (secretary) an Activities report for Bill D. (Activities Chair) but who knows what happened to it.
- USFA report from Brandon S. will be this month. (report at end of minutes)
- Secretary couldn't find the financial report in her emails
- Brandon S. moved to approve, Sheila H. 2nd, passed with 9 votes

V. Reports

Executive Committee:

Chairperson:

Absent, no report

Vice-Chairperson:

Sorry for missing last Area. Had a great time at Halloween Dance and missed Holiday dinner.

ILS,

Mike R.

Secretary:

Brenda D., no report

Treasurer:

Mike VP., will email report

\$458.00 last month income and beginning balance \$615.94

RCM:

Present, Tim C., report will be given by alternate

RCM Alternate:

The annual fall **IRSCM** was last month in Okoboji, IA. I was planning to go with Tamara, but we ran into a set back the day I left. So, I had to attend the IRSCM alone. SWINA ASC allowed \$250.00 for the November IRSCM. I am returning \$44.87 IN CASH. SWINA ASC made a \$200.00 donation to IRNA. The receipts for all monies spent and donation made are in an envelope I am giving to the ASC treasurer today.

Along with the receipts I have typed up an expence report for the treasurer. Just a note, when I was aware that I would no longer be needing a large room for two people at the motel I called and requested a smaller room at a reduced rate. They granted my request for a smaller room, however the rate was not reduced because they said the rate they gave me was already the lowest in town. Following is my report from the PR committee and IRSCM on Sunday. Im sure there are things absent from my report, and for this I apologize. As only one person, I served to the best of my ability. IRSCM – PR Committee **1-800 Phonenumber** – The workshop in Cedar Rapids went well, 50 in attendance. Phone.com was the cheapest phonenumber service that the Region could find for the proposed Regional Hotline. Phone.com does not require a longterm contract or commitment for the 1-800 hotline. The first year for the phonenumber would cost more than any following year just because of setup fees and for training days across the region. Mark said he would email the information to me, I have yet to receive the email and will contact him in a couple of days to remind him. The PR committee made a proposal to stop talk about a phonenumber and set up ASAP. A proposal will be made next region to adopt a 1-800 number. Mark set a budget for the next year at \$1,200 for the Phonenumber workgroup. Breakdown for the phonenumber workgroup proposed budget is as follows
First year of service - \$500

Literature (PR handbook/Phonenumber Guide) - \$50

Copies - \$250

Learning Day - \$300

Travel - \$100

Total= \$1,200

H&I – The H&I workgroup coordinator would like a list of all Area's H&I commitments. This list would be appreciated at every IRSC-PR meeting. I missed most of what happened in H&I, sorry. The proposed budget for H&I this next year is as follows:

Rent spaces - \$150 x 2

Mailings - \$100 x 2

Gas (upto) - \$50 x 2

Misc. - \$50 x 2

Total= \$700

Survey Workgroup – Not enough interest, workgroup coordintor moved to disband the workgroup and post a link on the Regional website to the NAWS membership survey, **which ends on December 21, 2011!** Motion was passed, and workgroup disbanded....link to the NAWS membership survey is now posted on the regional website....CHECK IT OUT BEFORE THE DEADLINE!

Web – The Regional website has received 3 requests for information, 121 web contacts on sign up list. Updates need to be made to meetings on new website, which will be online January 1, 2012. Regional Website proposed budget for the next year as follows:

Current web fees - \$180

Additional Component - \$120

Total= \$300

PI Conferences – There are two conferences this year. The first is the Governors Conference in April. The second is a Corrections conference later in the year, I am not sure when but I can gather that info if you request me to. The proposed budgets for these conferences are as follow:

Gov. Conference - \$306

Corrections Conference - \$856

Total= \$1,262

The deposit for the Gov. conference is required by February 1, which is before the next Region. So the request was granted. These conferences are a great place for us to get the message out to professionals and helps us network with people who normally wouldnt see much of NA. The extra money from not doing the State Fair Booth would be mostly absorbed by these two conferences.

Literature proposed Budget -

Copies - \$150

Workshops - \$150

Total = \$300

IRCNA Standing proposed Budget -

Travel - \$500

Total = \$500

TOTAL proposed PR Budget = \$3,362

30th Anniversary Adhoc – Mark F. said the event was a SUCCESS! They had 34 paid admissions, gave a registration and Basic Text to an addict with 8 days clean. The budget for the event was \$850.00 they returned \$963.00 to the Region.

Open Forum & Business

Regional Map – With the new web meeting tool there are holes in the southeast section of the region. Meetings in these areas have been removed and it is not known if they are still active. There are no contacts that can be reached. Southern Miracles Area and Freedom of Growth Area are the two areas mentioned. In Southern Miracles some meetings have joined with HANA and some with SCANA. In Freedom of growth there are only 2 meetings known to be active, in Muscutine. If anyone has contact with members in these areas please call and find out what can be done to get the meetings on the Regional list.

IRCNA Insurance – Gary will be doing research to find out about insurance for IRCNA, whether it can be a per Event or annual insurance we will need. As soon as he has more information we can look at Region will discuss the issue further.

USFA – I had brought up the topic so that there could be some discussion about the proceedings and to inform the Regional fellowship better. I had hoped to have some time set aside to discuss the USFA at this Region, but it was clear that there were no plans to do so. I figured Open Forum would be a good start. There was a lengthy discussion and we found that some area RCM's and members had no idea what we were talking about. Amanda stated that it was frustrating to try to get the information out and not have RCM's relaying it to the ASC's. She said it was a damn shame people still have no idea about the USFA in our Region. She didnt share too much, and Bob wasnt present to give a report on the USFA. Amanda said she is willing to travel to inform, but she will be too busy to make special trips between February and May. I later made a proposal in New service to have a workshop centrally located in the Region, or where needed sometime in December or January. There were too many variables and I eventually withdrew the motion. Amanda later told me that it might be possible for a workshop on the USFA in late May. It was brought up that people need to submit a motion or proposal at least 45 days prior to IRSCM in order to be placed on the agenda...Oh, FYI Amanda returned

\$171.00 and Bob returned \$50.00 to Region from their trip to the USFA in Tulsa. Split the Region – T-bone suggested we split the region into an east side and west side, have two regional meetings that would work separately and then bring their ideas together. He said the purpose would be to conserve resources and money. Some people, especially those who whined about driving so far, liked the idea. Others weren't so happy with it. **RD Report-** Plains States Zonal February 3-5 CAR on Saturday...more will be revealed. (Zonal Secretary resigned, position open if anyone is interested).

- P3 – sent 53 Basic Texts in July to facilities. 304 total Basic Texts have been sent to facilities mostly in our Zone.

- The CAR is released on November 28, 2011. And is available online for review.

- Issue Discussion Topics out o at www.NA.org

- WCNA Discounted Merchandise Available online..

Old Business

Motions -

IRVANA Motion – passed Denny will be the Ad-hoc chair in charge of changing

Guidelines to include the PR committee/subcommittees Motion #7 – passed

IRCNA Standing nominations – Esti Y. nominated and elected IRCNA Standing Chair.

Co-Treasurer position still open.

Regional Nominations/Elections-

Secretary – Kathy

Treasurer – Denny

New Service

Proposed Regional Officers Budgets for next year -

Vice Chair - \$20.00 for postal boxes (for forwarding mail to her)

Secretary -

Agenda/minutes/policy - \$140

\$20 for copies after policy change.

Total= \$160

RD - RD Budget as follows:

WSC - \$2,000

2 Zonal - \$1000

Print outs - \$50

Workshops/Handouts - \$150

Random Workshop - \$500

Total= \$3,700

Treasurers Report -

final balance \$5874.23

(\$1000 donation to world) (I suggested \$500, but I dont think they thought that was appropriate.

It was called out of order)

Brandon S. (RCM-Alt.)

Sub-Committees

Literature Committee:

Absent, no report

Activities Chairperson:

Greetings ASC from the Activities Chair. Sorry I've been absent for a while. I think I'm back on track now. The Gratitude Dance went well. Thanks to all of those that cooked the turkeys and hams. Also thanks to everyone that pitched in and helped. We had \$427.93 in checking and \$40.00 cash to begin the Gratitude Dance. Expenses for the dance were \$208.68. I deposited \$249.75 into the checking account. We had \$592.57 in checking and \$40.00 cash to begin the Christmas Bash. Expenses for Christmas Bash was \$57.54. I will deposit \$61.53 into checking giving us a balance \$596.56 in checking and \$40.00 cash. I will write a check to SWINA –ASC fro \$246.56, leaving a balance of \$250.00 in checking and \$40.00 cash. Need bids for SWINA Chili Cook Off/Learning Day in March. Mike R. is coming up with the title for Service Learning – What service work has done for Individual Recovery.

In Loving Service,

Bill D.

IRCNA:

Greetings SWINA,
IRCNA29 is coming along great with planning. We have decided on a few specialty items for our merchandise. Currently working on our budgets and selling registrations. Dont forget to book your hotel room ASAP, they will start going fast in a few months. We are always looking for people to volunteer for helping with the committee. If you are interested in helping out in any capacity please get ahold of Kim P. , myself, or anyone else on the committee. We are also looking for a spiritual speaker for Sunday and for a speaker for a late speaker meeting on Friday night. Donations of Basic Texts, How & Why Books, and Just For Today Books are needed for something special we have planned. Ask your group to donate, or donate yourself. Donate a single book or the set of three. Looking forward to an awesome convention in 2012, hope you see everyone register and join us in the festivities.

Brandon S.

IRCNA Vice Chair

PR Sub-Committees

H&I:

Absent, no report

PI:

Greetings from PI:

Allis well. Meeting lists were supplied to the Adult Probation in Council Bluffs, IA. I spoke to Pam Taylor regarding the issues Council Bluffs has with both facilities attending the meetings at the same time. She has assured me that the policy of them attending alternate nights is still in place. She also requested that we host an H&I meeting in both facilities. More will be revealed.

In Loving Service,

Charlotte S.

Phone Line Liaison:

Open, no report

Web-Servant:

You have until January Area to review test site bearhead-test.net and send flyers/info to blurrr@itworkz.org

ILS,

Mike R.

Group Reports

Clean & Free:

Absent, no report

Runnin N Gunnin:

Meeting closed

Discovery Group:

Absent, no report

Just for Today:

Absent, no report

Living Clean:

Living Clean group is doing very well. Attendance is steady at about 5 to 10 members at Monday and Saturday night meetings. We have had a handful of newcomers in the last month, happy to have them and hope to see them more often. Sponsorship for our female members has been an issue coming up

often in the last year. We have several females in our meetings who are in need of sponsorship. At our literature nights every other monday (usually the 2nd and 4th monday of every month) we have a great reaponse. It's great to see members get excited about NA literature. We have run short on litertaure and will be making an order today. Living Clean does not have a donation to make at this time.

ILS,

Brandon S.

Living Clean GSR

Never Alone:

Absent, no report

Nobody's Group:

Hello Area,

Happy Holidays from Nobody's Group! We continue to have strong attendance with numbers from 15 to 22 in attendance. We have a literature order amounting to \$30.57. The Gratitude Dance was a success, even though the attendance could have been higher. Thanks for allowing me to serve as GSR.

In Loving Service,

Jenn B.

New Way:

Mike VP. – emailing report

Reaching Out:

Absent, no report

Saturday Serenity:

Brenda D., no report

Stairway to Freedom:

Hi! The meetings have been doing good. We have been getting more people and newcomers. Merry Christmas and Happy New Year.

Love,

Sheila H.

Straight Friends:

Absent, no report

New Freedom:

Absent, no report

Visions of Hope:

Greetings Area! We have been doing well. Meetings are going pretty good. We have lots of people in meetings, lots of cards, and little money. That is ok though. Message seems to be sticking with a few. That makes it worth it. Had a good time at the Gratitude Dance. Great message there as well and seeing the newcomer feel welcome there was awesome. We have a \$100.00 area donation.

Mike D.

Simple Serenity:

We need support badly on Thursday at 7pm at the United Methodist Church.

Mike R.

Recharge Group:

Absent, no report

Carrying the Message:

Greetings from Carrying the Message group!

All is well with the meeting. Our average attendance is 12 per meeting. We have had 6 newcomers in the month of November and have given a 12-year and a 6-year chip away. Our rent is paid and we had a literature order. Come and see us sometime.

In Loving Service,

Charlotte S.

Let It Be:

My name is Maud C. and I am an addict. I am the newly elected GSR for the "Let It Be" Group and I am glad to be here at the SWINA Area meeting. We have many old timers attending our daily meetings and we have great on-going recovery messages. Our average attendance is around 15 per meeting and 10 newcomers a month. We have a \$123.75 literature order and a \$40.00 area contribution. I look forward to personally interacting with all of you in the future.

In Loving Service,

Maud C.

VI. Financial Requests:

\$49.28 – Brenda D. paper and ink for minutes

VII. Sharing Session: (Lead by Tim C.)

A. Barry B. – meeting lists – CB meetings listed in fine print because they are not part of SWINA

Don N. – thinks we should be concerned about this

Bill D. – groups are responsible to contact us of mistakes on the meeting lists

Charlotte S. – SWINA meetings only on the list – as PI I can put On The Right Track and Sunday Spiritual Breakfast on the list

Barry B. – if following the 12 steps it should be on the list

Mike R. – “greater good of NA” we should list all meetings in our area

Bill D. – get information out to all addicts

Charlotte S. – I’ll add to list – areas can take care of putting in newspaper

VIII. Unfinished Services:

A. Activities Chair no longer open

B. Phone line Liaison – Don N. is willing, Brandon S. motion to close, 2nd Mike VP, passed with 9 votes

C. Phone bill for 2010 has been paid -from Joe W. (Treasurer of ENNA)

IX. Current Services:

A. Literature Chair – Charlotte S. – Nate asked Angel N. and she said she was willing, but her behavior hasn’t changed so we need to call her and let her know her responsibilities.

Don N. – Vice Chair needs to oversee the sub-committees

Charlotte S. – sub committee responsibilities are vague

Brandon S. – need to do it soon!

Mike R. – I will call tonight – you need to be here or the literature needs to be here each month

B. CAR – Conference Agenda Reports from NAWs – plan date to discuss information and a date to place vote sometime in February or March; we have resources to inform Area and not have RD (Regional Delegate) come.

RCM and RCM alt. will pick a date for Area CAR to report information by next ASC

C. Bid for Chili Cook-off on March 3rd – bring bids to next ASC

D. Final Treasure report - \$727.74 Beginning Balance, \$458.00 Deposit, \$569.80 Expenses

X. Announcements & Flood Meeting:

A. Maud C. moved to close, 2nd by Brandon S., passed with 9 votes.

XI. February ASC to be held on the 12th in Griswold, IA.

USFA Report to SWINA ASC

Greetings SWINA ASC,

First of all I would like to thank you for allowing me to serve. The area sent us down to Tulsa to get more information on the USFA. I will include the numbers from the voting first and then discuss other information I gathered in Tulsa.

Voting: 1 Area

1 Region 125 groups (161 groups were registered to vote. Only 125 of the 161 registered groups participated in the voting procedure (which took place online). It is not known whether their votes were meant to be counted as abstentions or if they misunderstood the voting process.)

Proposition 1:

Yes(in favor) 107

No(not in favor) 20 total votes: 127

Proposition 2:

Yes(in favor) 38

No(not in favor) 50 total votes: 88

Proposition 3:

Yes(in favor) 40

No(not in favor)48 total votes: 88

(Again, note the absence of 39 votes from voting participants on prop 2 and prop 3 out of the 127 total voting participants on prop 1. It is not known whether they abstain from prop 2 and/or prop 3.) Discussion after the voting was mostly about moving forward. A member noted that this was the first ever electronic(internet) based voting in NA history. Other members also spoke about their concerns pertaining to the future of the USFA and forming an ad-hoc committee to plan the next meeting of the USFA. The RD's who were present decided to gather over lunch and talk about discussing future proposals (if ready) and other USFA information at C discuss meeting with all other US RD's during the WSC to have a discussion about the USFA (but on their own time not to take away from the WSC). Two speakers were invited to come from separate countries and share their experience in working with the assemblies in their respective areas of the world. The Friday night speaker was Sammy who serves with the APF(Asian Pacific Forum). Sammy shared about his experience with the love and compassion he has witnessed in the fellowship of NA. He said that a service body in NA needs room to grow; to become what they want to be; to find their own way and operate in a manner which suites them. He added, saying that if a service body takes root and serves with the love we find in NA, it will in turn receive the support it needs. Rick from Canada spoke Saturday night about his experience serving with the Canadian Assembly, shortly after it was established as a viable NA service committee. He said that, like the

USFA, CANA (Canadian Assembly of Narcotics Anonymous) was started by a

few addicts from the Canadian fellowship who saw a need for such a service body. The trust and support they sought wasn't received overnight. Like the USFA, CANA was not formally within the service structure of NA at the time it was conceived. So,

in its birth CANA received some of the same resistance and trust issues that have been seen with the USFA. Rick shared that the CANA had to demonstrate some validity and credibility in what they were doing before some of those issues were dissolved. Forming Standing committees in H&I, PI, and outreach were some of the first projects that helped build the support and create credibility
CANA

sought. CANA today functions as a body within the current structure of NA, with support and recognition from WSO and NAWs. A member at the USFA meeting in Tulsa asked Rick if CANA has helped. In his response he stated that CANA's coordinated efforts have helped in many ways. Most of the work that has been done within the CANA has been focused on H&I, outreach, fellowship development, PR information, and Literature. One project they are currently working on is to translate the Basic Text into Native Inuit language. Other efforts of the CANA are to try to include ASC participation when an interest has been shown. Funds for the operation of the CANA come from holding conventions and from donations made by groups, ASC's, and Regions. To learn more about the purpose and functions of the CANA see their website <http://www.canaacna.org> .

From both speakers, it's my belief that, there was a lot of information and direction being offered. I am truly grateful to have been there and had the opportunity to hear their experience with both the APF and CANA. During business on Sunday there were a lot of discussions on many topics. Some of those discussions led to action being taken,

those I will share with you. Bids were placed for the next USFA(III). Fort Worth, Texas ; Fort Lauderdale, FL ; and Wisconsin were the three bids placed. It was decided that USFA (III) would be held in Wisconsin sometime in June of 2012. A motion went to the floor to form an ad-hoc committee. The majority agreed and a group of people went up to place their information on a contact list to be part of the ad-hoc. The ad-hoc later was determined to have three responsibilities, as follow:

A) Draft a basic statement of purpose for the USSC

B) Form a vision statement for the USSC

C) Participate in the service structure that exists in the current NA service system

A motion was also placed to conduct business by Roberts Rules of order. The majority agreed. There were many other motions placed on the floor during business, however most of them were withdrawn or called out of order. It was a lengthy process, which went on for awhile. I am grateful, however, that such care and thought is being given to the formation of this body. I am confident that the ideas shared throughout the weekend and the effort to continue this work will guide the USFA in the spiritual direction to better serve the United States fellowship. The perception of people afterwards seems to be that they were disappointed in that not much was accomplished. Through my eyes it seems that the value of what was accomplished should be measured in the quality of care that was given to the process, not in the quantity of motions that were passed and positions

created and filled. Rome was not built in a day. As for the support of the USFA, certain Iowans at the USFA(II) offered, “ If you build it, they will come”. Hopefully my report has been informative and useful to SWINA. Thank you for this opportunity, and allowing me to serve.

ILS,
Brandon S.

SWINA – Trusted Servant’s Contact Information Updated as of 1-3-12

Clean and Free – Angel N. – Lit.Ch.	402-651-6592	Rastamom0811@gmail.com
New Freedom – Paul S. – H&I	641-202-0795	naharleyman@gmail.com
New Way – Mike VP - Treasurer	402-612-8134	iservena@hotmail.com
	2741 Avenue North	Council Bluffs, IA 51501
Never Alone – Nate M. – Chair	712-790-1507	nmclaren@harlannet.com
Activities Chair – Bill D.	712-579-9875	bdefenbaugh@harlannet.com
Simple Serenity – Mike R. – V. Chair – Sidney, IA		
	712-215-3339	blurrr@itworkz.org
Discovery Group – Dave R. Web	712-322-0394	davelisa2004@cox.net
RCM – Tim C.	712-314-4244	timlc71@yahoo.com
Mary R. –	402-699-4984	maryriyana3@cox.net
Straight Friends - Laura W.	712-303-0440	lwwiechman@hotmail.com
Stairway to Freedom – Sheila H.	712-246-2126	sheilahiggins1@hotmail.com
Just for Today – Kim P. – Red Oak	402-669-1994	colene-kay@live.com
PI Chair – Charlotte S.	402-658-5774	CSondag@wd-wpp.com
Secretary – Brenda D.	712-579-2826	bbdn8kids@harlannet.com
Living Clean – Brandon S. Alt RCM	712-246-8778	blueboytrue82@gmail.com
Saturday Serenity – Sari M.	712-733-8804	nmclaren@harlannet.com
Alt. Brenda D.	712-579-2826	bbdn8kids@harlannet.com

Recharge Group – Tamra B.	402-714-8552	silencescreams68@yahoo.com
Let It Be – Maud C.	402-812-8069	nana_creations@yahoo.com
Visions of Hope – Mike Droescher		mdroescher@gmail.com
Nobody’s Group – Jenn B.	402-650-8574	jennbails@yahoo.com