

Southwest Iowa Narcotics Anonymous

Minutes for April 10, 2011

I. Opening:

The meeting was called to order @ 2:30 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer.

II. Readings: Laura W. requested the following be read:

“The Twelve Traditions”, read by Brandon S.

“The Twelve Concepts”, read by Mike R.

“The Service Motivation”, read by Mike VP.

III. Roll Call/Visitors:

Executive Committee:

Chairperson: Laura W.

Vice-Chairperson: Nate M.

Secretary: Brenda D.

Treasurer: Mike VP.

RCM: Mike R.

RCM Alt.: absent

Sub-Committees:

Literature Chairperson: absent

Activities Chairperson: Bill D.

IRCNA: Kim P.

PR Sub-Committees:

H&I: Paul S.

PI: absent

Phone Line Liaison: Mike VP.

Web-Servant: Dave R.

Groups:

Clean & Free: Angel N.

Runnin N Gunnin: Al C.

Discovery Group: Dave R.

Just for Today: Kim P.

Living Clean: Brandon S.

Never Alone: Nate M.

Nobody’s Group: Bill D.

New Way: Mike VP.

Reaching Out: absent

Saturday Serenity: absent

Stairway to Freedom: Sheila H.

Straight Friends: Laura W.

New Freedom: Paul S.

Visions of Hope: absent

Simple Serenity: Mike R.

*Third absence in a row for Reaching Out and Saturday Serenity – no vote next Area

There were 12 out of 15 groups at area this month.

Visitors: Chris D. and Wendy

IV. Correction & Approval of Minutes:

Mike VP. added an itemized report from the Area treasurer to the March minutes. Motion to approve minutes with correction made by Dave R., 2nd by Paul S., and passed with 12 votes.

V. Reports

Executive Committee:

Chairperson:

Greetings Area! As you all may know, new nominees will be taking their seats next month and this will be my last Area as chair. I'm disappointed as I have to let go of the "Control" but at the same time, excited to see new faces and learn their ways of running things! Don't worry, you will all still see me at ASC's for I now can officially give my home group a consistent GSR!! Thanks you so much for allowing me to serve as your Chair for 2 years. I've learned so much and have grown in my recovery as well! Congratulations to the new nominees, I know you will all do very well in your positions! Also, I would like to congratulate Bill D., Activities Chair, for a job well done on the Chili Cook Off!! It was a roaring success and I personally have not seen a Chili Cook Off with the attendance that great in a long time! Thanks you and good job!! Again, thank you for allowing me to serve!! I'll see ya around!!

ILS,

Laura W.

Vice-Chairperson:

Greetings Area from the Vice Chair. I am looking forward to stepping up to the Chair position if I'm voted in. I am also looking forward to the many activities coming up this spring and summer.

ILS,

Nate M.

Secretary:

Greeting Area! Let me know if you did not receive the email with the minutes for last month and I will send them again. I will try to be timelier getting the minutes done next month. Thank you for letting me serve you as secretary since this will be my last time with nominations being this month!

ILS,

Brenda D.

Treasurer:

Hello ASC! I am Mike, I am an addict. A few things having to do with the treasury, I had \$10.00 overage when I made the deposit which I marked down as a miscellaneous donation since I was not sure who to credit it to. We forgot to pay rent last month for Area, oops. This week we will get the bank account taken care of.

ILS,

Mike VP.

RCM:

Greetings Area! First, I want to say thank you for allowing me to serve as RCM-Alt/RCM for the last 3 years. It has been a pleasure. The second draft of the Service System Proposal is available online at na.org/servicesystem. The regional meeting lists have been updated and are available at iowana.org. Please review. Changes should be sent to request@iowa-na.org.

ILAS,

Mike R.

RCM Alternate:

Absent, no report

Sub-Committees:**Literature Committee:**

Greetings Area! The cost of literature for PI to use for the IWCC booth was \$24.97. The cost to replace and update the stock pile with new literature was \$27.15 for a total of \$52.47. Area literature orders were \$162.00 and the ending balance was \$6.67.

ILS,

Mary R.

Activities Chairperson:

Greetings ASC from the Activities Chair. There's a lot going on this summer and I'm looking forward to the camping events as we just got our new/used camper home last weekend. The Service Learning Day/Chili Cook Off was a great success. I was very pleased at the turn out and the vast variety of chili was great. Still need logos for SWINA campout. We had \$132.01 in expenses for the Learning Day/Chili Cook Off; we had \$23.03 in proceeds from pop sales. I

deposited \$24.00 in the Activities checking account, giving it a balance of \$125.23 and \$40.53 in change giving Activities a balance of \$165.76. Thanks for all the help and support!

In Loving Service,

Bill D.

IRCNA:

Greetings from IRCNA! We have an approved contract! We have our bank account open and a P.O. Box. Our first meeting will be April 17th; next Sunday at 1:00 pm at the Red Coach Inn in Red Oak. We have our Chair, Co-Chair, secretary, treasurer, and co-treasurer. We are looking for our hospitality chair and merchandising chair. I can't wait to get started. Anyone that wants to be on this committee can contact Kim P. or Brandon S.

More will be revealed.

ILS,

Kim P.

PR Sub-Committees:

H&I:

Hello, Area. H&I is still having a lot of positive feedback from Zion Treatment Center. Spoke at IWCC for PI, only had 5 minutes to get all the information out. But I did alright. We donated a Basic Text to their library for more information. I would like to thank Tim and Mary for their support. Have set up a H&I learning time in Harlan on April 30th at Harlan Saturday Night meeting at 6 pm.

ILS,

Paul S.

PI: absent – sent a report

Greetings Area from PI:

Sorry I am unable to attend the ASC today, I am in Phoenix for the birth of my second grandson. I notified Laura, at the service learning day of my absence.

I thought the service learning day went okay. The only recommendations I might have for next year, is to not do the small groups. It was very loud in the room and hard for anyone to hear that was on the opposite end of the table from me. Just a thought. The second recommendation is this, we seem to have a lot of local people attend the service learning day/chili cook off. People that I do not know,

which is great. We might want to look at that next year, and make it a habit of keeping this event moving around the area.

Not much to report on the PI side. I have re-printed meeting lists, we were out and we had some changes as far as the details of a meeting. We have removed the noon Red Oak meeting. I have been told the meeting is no longer open. I have requested that Dave remove it from the website. I have sent the meeting lists to the ASC with Mike VP. I hope you all get what you need. Please send any left over back with Mike so that I can keep track of them. Mike also has the receipt for the printing, I spent \$34.00 and some change I think. He can let you know.

Finally thanks to Mike R. for the email regarding a meeting for Ragbrai in Glenwood, IA on April 14th. I plan to attend this meeting, and hopefully will be able to bring some information back to you guys for the May ASC.

In Loving Service,
Charlotte S.
I am

Phone Line Liaison:

Hello everyone, I am Mike, I am an addict. The only thing I have to report for phone line is that the phone line meeting has changed. It will still be on a Sunday at 6 pm. I just don't know which Sunday, just not the first Sunday. MWBR.

ILS,

Mike VP.

Web-Servant:

All is well. Thanks to all who have emailed corrections and submissions.

ILS,

Dave R.

Group Reports:

Clean & Free:

Greetings from Clean and Free. Attendance continues to be in the 40's. I have been attending the METRO meeting on the last Monday of the month. We changed our meeting format to meet some of the issues we were having. The meeting format was taken to the METRO meeting to confirm that the format is appropriate. At this time we have no area donation or literature order.

In Loving Service,

Angel N.

Runnin N Gunnin:

Greetings Area from the Thursday night Lenox group. Our attendance has dropped as it always does in the summer. We had a group conscious and Alan is now the new GSR. We'll keep the doors open for those who seek recovery.

In Loving Service,

Finster Muldoon

Discovery Group:

All is well. Attendance is about 12-15 per week.

ILS,

Dave R.

Just for Today:

Things are going well. We don't have a literature order or area donation this month. We just took care of our year rent at the church. We are looking forward to having the Anniversary Dance in Red Oak. The noon Red Oak meeting has been closed due to working conflicts; there just wasn't the time. Thank you.

In Loving Service,

Kim P.

Living Clean:

Greetings Area! All is well at Living Clean. We have several newcomers in the rooms. Attendance is up and down averaging at about 10-12 addicts at both our Monday and Saturday night meetings. Chili Cook Off rocked, thanks to Bill D., Villisca, and SWINA. We are looking forward to the Anniversary Dance and Memorial Day Campout. No donations at this time or literature order.

In Loving Service,

Yours in Recovery,

Brandon S.

Never Alone:

Greetings Area from Harlan's Monday night Never Alone group. Meetings have been doing well with an average of 10-12 addicts. We are looking forward to the upcoming events, especially my wife celebrating 10 years of recovery on May 12th. We do have a small literature order, but no area donation this month.

ILS,

Nate M.

Nobody's Group:

Greetings ASC from Harlan's Thursday night Nobody's Group. Recovery is going strong in Harlan; we've been averaging 10-12 addicts attending meetings on Thursday night. We have a \$30.47 literature order and no area donation.

In Loving Service,

Bill D.

New Way:

Hello ASC! I am Mike, I am an addict. We are currently on Step 4 in the step working guide. Attendance fluctuates between 8 and 20 addicts per week. We have no literature order and a \$50.00 donation to Area.

ILS,

Mike VP.

Reaching Out:

Absent – no report

Saturday Serenity:

Absent – no report

Stairway to Freedom:

Hi! The meetings are good. We have been getting 7 to 10 people at each meeting.

Love,

Sheila H.

Straight Friends:

Laura W. – no report

New Freedom:

Hello Area from the New Freedom Group. Meeting attendance has been up with 14 to 18 addicts sharing recovery. A lot of clean time has been celebrated: 4 newcomers, 2-30 day, 1-90 day, 1-18 month, 1-1 year, 2-8year, 1-10 year, and 1-29 year this month. Recovery is awesome.

ILS,

Paul S.

P.S. Flyers for "Fun Run" can be picked up.

Visions of Hope:

Greetings Area! Meetings are good! We have an area donation and a literature order. We vote “Yes” for all of the nominations being voted on today.

ILS,

Mary R.

Simple Serenity:

Greetings Family, Simple Serenity is doing simply fabulous! We have regular members, periodic visitors, and some in-and-outs, averaging 10-12 per meeting. Please stop in for a visit.

ILAS,

Mike R.

VI. Financial Requests:

\$24.97 – IWCC booth

\$27.15 – update Area Literature stock pile

\$52.47 – Total for Area Literature

\$34.24 – Charlotte S. – printing meeting lists

VII. Sharing Session:

Laura W. shared that the Chili Cook Off was awesome!

VIII. Unfinished Services:

A. Activities – Bill D. shared that ENNA wants SWINA to join them at their picnic on May 22nd. Instead of their usual softball tournament, they want to hold a Unity Scavenger Hunt. The directions for it would be handed out at the picnic in May and it would end in June at an event of some kind hosted by a Council Bluffs group. A flier will be posted soon. The Unity Scavenger Hunt would be based on a point system for attending meetings in the ENNA and SWINA areas.

-Bill D. also shared that he was researching Botna Bend near Hancock as a potential sight for SWINA this Labor Day Weekend.

-Logos are still needed for SWINA.

B. Region, June 4th and 5th – Brandon S. moved to decide next month about the food and activities for the event, 2nd by Nate M., passed with 11 votes.

C. H&I – Paul S. will go to individual group meetings to train and certify people to take meetings into jails and institutions. These have to be scheduled with Paul S.

D. IRCNA – Kim P. – the contract was passed around the area meeting to be viewed.

-The contract has been approved by IRCNA Standing.

-It was suggested that the word “buffet” be removed from the wording. It will be a sit down dinner with a choice between 3 different meats.

-They are still in need of a chair for the hospitality and merchandise committees.

-The first meeting will be in Red Oak on April 17th, see the flier.

E. Nominations – service positions for the next year to be taken over in May

Chair – Nate M., Paul S. moved to close, 2nd by Dave R., elected with 12 votes

Vice Chair – Mike R., Mike VP. moved to close, 2nd by Nate M., elected with 12 votes

Secretary – Brenda D., Bill D. moved to close, 2nd by Nate M., elected with 12 votes

Treasurer – Mike VP., Mike R. moved to close, 2nd by Dave R., elected with 12 votes

RCM – Tim C., Brandon S. moved to close, 2nd by Dave R., elected with 12 votes

RCM Alt- Brandon S. – Bill D., moved to close, 2nd by Mike VP., elected with 12 votes

Literature Chair – Angel N., Dave R. moved to close, 2nd by Mike VP., elected with 12 votes

H&I – Paul S. – Mike R. moved to close, 2nd by Brandon S., elected with 12 votes

PI – Charlotte S. – Brandon S. moved to close, 2nd by Bill D., elected with 12 votes

Phone Line Liaison – Mike VP. rescinded the nomination because he is already treasurer. Mike R. moved to table it until May, 2nd by Brandon S.

Web Servant – Dave R., Mike R. moved to close, 2nd by Bill D., elected with 12 votes

IX. Current Services:

A. USSC – Charlotte S. will have a report next month.

B. Nominations for Phone Line Liaison is open.

X. Announcements & Flood Meeting:

A. No appointed Flood meeting this month, go to a meeting you normally don't attend and take a sponsee with you.

B. Paul S. moved to close, 2nd by Bill D., passed with 12 votes

XI. May ASC to be held on the 8th in Griswold, IA.

SWINA – Trusted Servant’s Contact Information Updated as of 4-10-11

Clean and Free – Angel N. – GSR	402-651-6592	Rastamom0811@gmail.com
New Freedom – Paul S. – H&I	641-202-0795	naharleyman@gmail.com
New Way – Mike VP - Treasurer/Phone Line Liaison	402-612-8134	iservena@hotmail.com
	2741 Avenue North	
	Council Bluffs, IA 51501	
Never Alone – Nate M. – V. Chair	712-790-1507	nmclaren@harlannet.com
Nobody’s Group – Bill D. – Act. Chair		
	712-579-9875	bdefenbaugh@harlannet.com
Simple Serenity – Mike R. – RCM – Sidney, IA		
	712-215-3339	blurr@itworkz.org
Discovery Group – Dave R.	712-322-0394	davelisa2004@cox.net
RCM Alt. – Tim C.	712-314-4244	timlc71@yahoo.com
Mary R. – Lit Chair	402-699-4984	maryriyana3@cox.net
Straight Friends - Laura W. – Chair – Villisca		
	712-303-0440	lwwiechman@hotmail.com
Stairway to Freedom – Sheila H.	712-246-2126	
Live and Let Live – Lisa J.	712-327-8856	asilsmada@live.com
Just for Today – Kim P. – Red Oak	402-669-1994	colene-kay@live.com
PI Chair – Charlotte S.	402-658-5774	CSondag@wd-wpp.com
Secretary – Brenda D.	712-579-2826	bbdn8kids@harlannet.com
Living Clean – Brandon S.	712-246-8778	blueboytrue82@gmail.com
Saturday Serenity – Kelly K.	712-579-5778	kellyandkim@fmctc.com
Runnin N Ginnin – Alan C.	641-344-7273	alclayton65@g-mail.com